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CELEBRITY
FASHION

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Editor's LETTER



JENNIFER LAWRENCE - PAGE 24

Get ready for an exhilarating journey in this issue! We present the first glimpse of what's set to trend during the autumn 2023 season, with a special nod to the timeless appeal of TARTAN.

As the social calendar comes alive, gear up for the buzz that's sure to keep us engaged. Our cover star this month is none other than the youthful and accomplished Academy Award-winning actress, Jennifer Lawrence. Known for her on-screen versatility and genuine off-screen persona, she stands as one of the highest-paid American actresses.

But that's not all—don't miss our Celebrity Fashion section, featuring glamorous Hollywood red carpet ensembles.

With all this and much more, let's not waste another moment and dive headfirst into one of the most exciting issues ever!

Enjoy Reading!

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Steal Her Style....

Jennifer Lopez's Effortless Shopping Look

In her signature fashion-forward style, Jennifer Lopez effortlessly strolled through her shopping spree, exuding pure elegance. The actress elevated a simple look to luxury status, accessorizing with a stunning matching red crocodile Hermes Birkin bag, Gucci Carolina Crystal wedges for a touch of glamour, and Valentino Garavani Gold XVI

Michael Kors Collection - Halterneck Backless Dress

The Michael Kors Collection Halterneck Backless Dress is a striking embodiment of modern elegance. In a vibrant poppy red, this dress features meticulous pleat detailing that adds depth and texture to its flowing silhouette. The halterneck design is adorned with a chain-link neck strap, drawing attention to the shoulders and neckline. The dress's daring backless style adds a touch of sensuality, while the high-low hemline creates a dynamic and graceful movement. With its long length, this dress is perfect for formal occasions, making a bold and unforgettable statement with every step.



sunglasses for added sophistication. Her Jennifer Fisher hoop earrings framed her face with a timeless charm. With every detail impeccably coordinated, Lopez showcased her innate ability to transform any outfit into a high-fashion statement, proving once again why she's an icon in the world of style and glamour.

Michael Kors Collection - 35 Braise Lipstick Red Porosus Crocodile Bag Gold Hardware

The Hermes Birkin 35 in Braise Lipstick Red Porosus Crocodile with Gold Hardware is the epitome of luxury and sophistication. Crafted from exquisite Porosus Crocodile leather in a stunning shade of Lipstick Red, this iconic bag exudes timeless elegance. The gold hardware accents add a touch of opulence to the design. With its spacious interior and meticulous craftsmanship, the Birkin 35 is not only a fashion statement but also a functional accessory for the modern woman. This bag is a true collector's item, showcasing Hermes' dedication to creating enduring pieces of art in the world of fashion.



Gucci - Crystal Embellished Leather Espadrille Wedge Sandals

The Gucci Crystal Embellished Leather Espadrille Wedge Sandals are a dazzling blend of style and comfort. Crafted from high-quality leather, these sandals feature intricate crystal embellishments that add a touch of glamour to any outfit. The espadrille wedge heel provides both height and stability, making them perfect for day or night wear. The combination of luxury materials and expert craftsmanship exemplifies Gucci's commitment to creating iconic and fashionable footwear.

Jennifer Fisher - 3" Thread Gold-Plated Hoop Earrings

Jennifer Fisher's "Thread" earrings are one of her most lightweight designs - even in this huge three-inch size, you won't have to worry about them feeling heavy throughout the day. They're cast from gold-plated brass and delicately curved into a slender, simple hoop shape. Bella Hadid loves wearing hers with slicked back hair and double denim.



Valentino Garavani Gold XVI sunglasses

The Valentino Garavani Gold XVI sunglasses are a true statement piece that embodies luxury and style. These sunglasses feature a bold and distinctive design with oversized, square-shaped frames in a stunning gold-tone finish. The striking "V" logo on the temples adds a touch of opulence and instantly recognizable branding.



Trend to Try

TARTAN

Tartan patterns, with their rich heritage and timeless appeal, are making a resounding comeback in the world of fashion. This season, fashion enthusiasts are invited to explore the classic allure of tartans in a fresh and contemporary light.

The beauty of tartans lies in their versatility. From traditional kilts to chic blazers, designers have incorporated these iconic patterns into various wardrobe staples. Embrace the trend by adding a touch of tartan to your ensemble, whether through a statement coat, a cozy scarf, or even daring tartan trousers.

Tartans effortlessly blend sophistication with a touch of rebellion, making them a must-try trend for those who seek to stand out with elegance. Whether you opt for bold, oversized checks or subtle, muted tones, tartans offer an array of styling possibilities. Incorporate this timeless trend into your fashion repertoire and celebrate the rich history and enduring charm of tartans. It's time to make a bold statement with this classic pattern that's as relevant today as ever. Why else would the world's hottest

designers have teamed up to tempt us with stunning tartan pieces worthy of wearing the whole year round? Avid stylistas may remember that Vivienne Westwood used to hold the monopoly on tartan print, but many other designers have caught up with the trend and given her a run for her money. That's not to say that Vivienne Westwood isn't a contender in the tartan game, but she has a lot more company than she used to in seasons past. And that's what makes fashion so exciting, are we right? Burberry took the tartan theme and ran with it, giving us some of the most lust worthy pieces we think we've ever seen. Balmain gave it a very good go as well, providing covetable piece after covetable piece. Tartan is associated with many things – Scotland, punk, schoolgirls, Paddington Bear, and the elite social status thanks to fictional characters such as Blair Waldorf from Gossip Girl or Cher Horowitz from Clueless. Today, we want you to also associate tartan with some of the finest clothes and accessories of the season. Take a look at some (but sadly not all because we don't have enough pages!) of the most tantalising tartan treats our favourite designers have to offer right now...



Ralph Lauren
Collection
Kellin tartan wool blazer

Kellin tartan wool blazer from Ralph Lauren Collection featuring wool-cashmere blend, tartan check pattern, notched lapels, double-breasted button fastening, long sleeves, chest welt pocket, two front flap pockets, straight hem and bright red/jet black.



Roberto Cavalli
Tartan-print leather boots

Crafted from panels of smooth leather in tartan and ocelot-print calf hair, these boots by Roberto Cavalli exhibit the brand's eclectic aesthetic. The pointed design is set upon a gold-tone metallic heel and complete with a rear zip fastening.



Comme des
Garçons TAO
Check-print knitted midi
dress

The "Comme des Garçons TAO check-print knitted midi dress" features a striking red hue, a wool blend that offers warmth and comfort, and a captivating check print. This stylish piece is elevated with ruffled detailing, a rear button fastening, and a round neck. It boasts long sleeves and a mid-length design with a straight hem for a fashion-forward look.

Comme Des Garçons Pre-Owned

Asymmetric tartan jacket

Inventors of defying silhouettes and reinvented techniques, challenging notions of beauty and aesthetics, Comme des Garçons recategorises what is called luxury fashion. Crafted in Japan from wool blend, this tartan jacket features long sleeves, a cropped length, a draped design, a ruffled hem at the back and a tied neck fastening. Please be mindful that this piece has led a previous life, and may tell its story through minor imperfection.

Purchasing this item continues its narrative, so you can be confident that you're making a POSITIVELY CONSCIOUS choice for the planet.

Circa 1990.



Philipp Plein Tartan pencil skirt

Red wool blend Tartan pencil skirt from Philipp Plein featuring a high rise, a belted waist, a silver-tone buckle, a fabric mix, a knee length and a back slit at hem.



Alessandra Rich studded tartan-check headband

Defined by contrasts, this Alessandra Rich headband is made from traditional tartan fabric and adorned with spikes at the top, exemplifying the brand's seamless fusion of edginess and sophistication.forward look.



Comme Des Garçons Wallet Tartan wallet

Red wool tartan wallet from Comme Des Garçons Wallet. This item is unisex. Please note, the print may differ slightly from the item pictured.



CHANEL'S MAKEUP COLLECTIONS:

A SYMPHONY OF ELEGANCE

Chanel's makeup collections redefine elegance with timeless allure. Set Le Vernis offers a spectrum of enchanting nail colors, while Les 4 Ombres Byzance delivers captivating eyeshadow palettes. Sublimage L'Essence de Teint boasts sublime foundation for flawless radiance. Experience the epitome of luxury with Chanel's makeup masterpieces.

SET LE VERNIS

A limited-edition kit featuring 2 shades of the iconic CHANEL nail colour, a long-lasting top coat and decals depicting treasured codes of the House. For artistic manicures created at home. Enriched with a high concentration of pigments, plus naturally derived camellia eco-ceramides developed exclusively for CHANEL, LE VERNIS delivers a glossy finish with unparalleled hold.

LE GEL COAT is formulated with film-forming agents, including fortifying resins, that enhance nails with a protective layer of shine.



LES 4 OMBRES BYZANCE

The CHANEL Makeup Creation Studio presents limited-edition eyeshadow palettes inspired by the Byzantine influences in Gabrielle Chanel's jewelry pieces. The 4 colour harmonies, reminiscent of the sparkle of her bijoux, become dazzling, contrasting, opulent jewels for eyes. Emerald green, ruby red... The shades, as precious as gemstones, create a mesmerizing look. The exclusive case is enhanced by a golden interior with a hammered design, recalling Mademoiselle's cuff bracelets.



SUBLIMAGE LE TEINT

An exquisite liquid foundation with the ultimate sensorial touch. The creamy texture offers light-to-medium coverage for a glowing, healthy and luminous look.

The formula harnesses the intense power of Vanilla Planifolia—the signature ingredient of SUBLIMAGE—along with the luster of diamond powder and the comfort of plant-based ingredients, to leave the complexion looking hydrated, radiant and revitalized.

Includes a brush for seamless application



SUBLIMAGE L'ESSENCE DE TEINT

An exquisite liquid foundation with an unprecedented serum-like texture that melts into skin and instantly creates a smoother, more radiant-looking complexion. Day after day, skin maintains a sublime, luminous appearance.

Infused with Vanilla Planifolia—the signature ingredient of SUBLIMAGE—along with soothing vanilla enfleurage oil and light-reflecting mica, this sensorial formula moisturizes, comforts and plumps the look of skin. Antioxidants help protect against external aggressors. Includes a signature brush for seamless, customizable coverage.



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RED CARPET RUNWAY ROYALTY IN THE SPOTLIGHT: LEADING ACTRESSES WHO DEFINE ELEGANCE

In a world where talent and glamour seamlessly converge, these leading actresses are not only making waves on the silver screen but also etching their names in the annals of fashion history. Jessica Chastain's graceful presence, Emma Watson's timeless elegance, Emilia Clarke's enduring style, and Selena Gomez's avant-garde fashion

choices collectively epitomize Hollywood's finest blend of talent and fashion finesse. They serve as inspirations to both aspiring artists and fashion enthusiasts, embodying the true essence of red carpet runway royalty. Have a look below to witness their captivating red carpet looks.



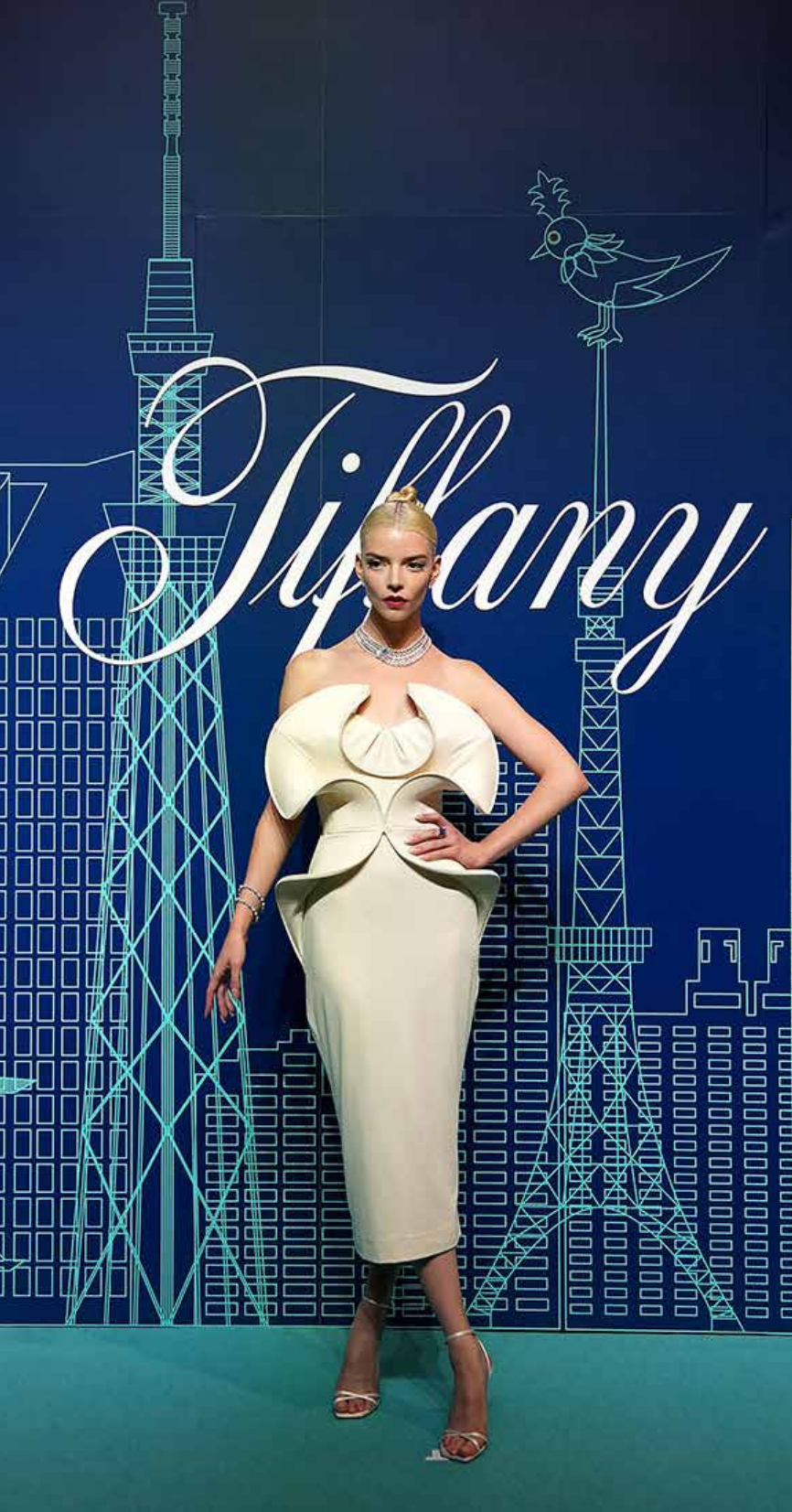
Jennifer Lopez Dazzles in Gucci at 'The Flash' LA Premiere

Jennifer Lopez graced 'The Flash' LA premiere in an exquisite Gucci ensemble, radiating elegance and star power. Her choice of Gucci for this high-profile event showcased her impeccable fashion sense and further solidified her status as a style icon in the world of entertainment.



Jessica Chastain in Armani Privé at 'Memory' Premiere

Jessica Chastain, the acclaimed actress, graced the Toronto Film Festival Premiere of 'Memory' in a stunning Armani Privé creation. Her choice of Armani Privé for this prestigious event was a testament to her impeccable taste and red carpet allure, cementing her status as a fashion icon in Hollywood.



Anya Taylor-Joy in Del Core at Tiffany & Co. Omotesando Store Opening

Anya Taylor-Joy, the talented actress and fashion icon, graced the grand opening of the Tiffany & Co. Omotesando store in a captivating Del Core outfit. Her choice of Del Core for this high-profile event was a stunning blend of modernity and elegance, embodying the essence of Tiffany's timeless luxury.



Selena Gomez in Oscar de la Renta at 2023 MTV VMAs

Selena Gomez, the multi-talented artist, made a stunning appearance at the 2023 MTV VMAs in a mesmerizing Oscar de la Renta ensemble. Her choice of Oscar de la Renta for this high-profile event showcased her fashion-forward style and undeniable star power, solidifying her status as a trendsetter in the music industry.



Emma Watson in Dior Haute Couture at Soho House Awards

Emma Watson, the ever-stylish actress and activist, graced the Soho House Awards in a breathtaking Dior Haute Couture ensemble. Her choice of Dior for this prestigious occasion showcased her enduring fashion influence and commitment to sustainable luxury, making her a trailblazer both on and off the red carpet.



Emilia Clarke in Chanel at 'The Pod Generation' Premiere

Emilia Clarke, the talented actress known for her roles in "Game of Thrones" and beyond, graced the premiere of "The Pod Generation" at the Deauville American Film Festival in a stunning Chanel creation. Her choice of Chanel for this prestigious event showcased her refined fashion sensibility and star power, capturing the essence of timeless elegance.

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Crushing On...

Jennifer Lawrence

Rising to stardom like the select few, cementing her name forever in the hierarchy of Hollywood elite, with an Academy Award to her name and a plethora of variant characters that one can only just dream of, Jennifer Lawrence is one of those actors who has tasted the fruit of absolute success with only a small amount of time spent in the industry.

Whether a dramatic indie or huge blockbuster franchise, Jennifer Lawrence is the most electric talent to hit Hollywood in a generation. Prior to her Oscar winning performance in the Silver Linings Playback, she was accepted as a budding talent with her emotional and moving performance in Winter Bone.

Lawrence began acting in her early teens, when she played a 14-year-old overachiever in Lori Petty's semiautobiographical, The Poker House (2008), and as a young woman dealing with the sudden onset of adulthood and her own burgeoning sexuality in Guillermo Arriaga's tragicdrama. The Burning Plain (2008). Her other mega projects include The Hunger Games and the

X-Men, which finally made her a house hold name. She also received Golden Globe Awards for her roles in both of these films, and for her lead performance as Joy Mangano in the biopic Joy (2015). She has since starred in the science fiction romance Passengers (2016), the psychological horror film Mother! (2017), and the spy thriller Red Sparrow (2018).

Jennifer Lawrence remains an influential figure, a symbol of both talent and authenticity, continuing to inspire and entertain audiences worldwide. Her legacy is a testament to her unwavering commitment to her craft and her ever-evolving impact on the world of cinema.

Jennifer's upcoming projects include "Don't Look Up," where she plays Kate Dibiasky, "Mob Girl," portraying Arlyne Brickman, and "No Hard Feelings," in which she delivers yet another compelling performance. With her talent, charisma, and impressive body of work, Jennifer Lawrence is poised to remain a Hollywood icon for years to come.





At 'No Hard Feelings' New York Premiere in Dior

Jennifer graced the 'No Hard Feelings' New York Premiere in a stunning Dior ensemble. Her choice of Dior, known for its timeless elegance, perfectly complemented her charismatic presence. Jennifer's fashion-forward style continues to captivate audiences, making her a true trendsetter on the red carpet. Hollywood's most stylish actresses.



At the 'Bread and Roses' Cannes Film Festival Premiere in Dior Haute Couture

Jennifer Lawrence exuded timeless elegance at the 'Bread and Roses' Cannes Film Festival Premiere, dressed in Dior Haute Couture. The gown featured exquisite craftsmanship and intricate detailing, creating a stunning visual impact. Its modern design and elegant silhouette perfectly complemented Jennifer's radiant presence, making her a captivating figure on the red carpet. The dress exemplified the timeless charm and sophistication associated with Dior Haute Couture, solidifying Jennifer's status as a fashion icon.





At 2022 Gotham Awards in Dior

Jennifer Lawrence graced the 2022 Gotham Awards in a captivating Dior ensemble. Her choice of Dior, renowned for its timeless allure, perfectly showcased her innate elegance. The gown featured an intricate design with a dramatic flair, perfectly capturing her unique fashion sense. With Dior's timeless elegance and Jennifer's innate charm, she effortlessly stood out as a fashion icon at the event, leaving a lasting impression on the red carpet.



At the 2022 Governors Awards in Dior

Jennifer stole the spotlight at the 2022 Governors Awards, dressed in a stunning Dior creation. Her choice of Dior, known for its timeless allure, showcased her innate elegance. The dress featured a classic yet modern design, accentuating her radiant presence. Jennifer's red carpet appearance was a true testament to her status as a fashion icon, leaving a lasting mark at the prestigious event.



At the 'Causeway' London Film Festival Premiere in Del Core

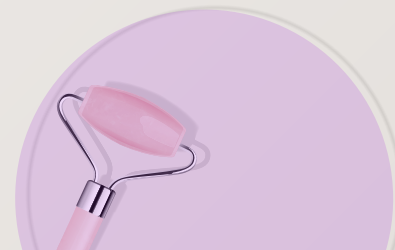
Jennifer Lawrence made a statement in a Del Core dress at the 'Causeway' London Film Festival Premiere. Her dress featured a sleek silhouette with intricate detailing, showcasing her impeccable fashion sense. The ensemble highlighted her figure while exuding modern sophistication, solidifying her status as a style icon on the red carpet.



Nisrine Daou

The Lebanese Makeup Maven Who Shines on Social Media

In the vast realm of social media influencers, where beauty knows no bounds, Lebanese makeup artist Nisrine Daou has carved her own unique path. With a formidable following of over 450,000 on her social media platforms, Nisrine's journey from Beirut to Dubai is a tale of skill, passion, and a love affair with makeup that captured the hearts of countless beauty enthusiasts.



Early Fascination with Beauty

Nisrine's love affair with makeup began at an early age, reminiscent of many beauty aficionados. "I must have been about twelve-years-old when I got into beauty. I always used to steal my mom's makeup and hide it in my closet. I used to get into so much trouble," she confesses with a gleam in her eye. Her initial tryst with makeup wasn't just youthful curiosity; it was the beginning of a lifelong passion.

A Hollywood Dream and Instagram Sensation

Splitting her time between the lively cities of Los Angeles and Dubai, Nisrine's journey took a pivotal turn when Instagram emerged on the scene. "I didn't know that I was going to be in the makeup industry, but when I was 28, Instagram happened, and I started posting my makeup looks, and so many people supported me," she recalls. Her unique approach was not only in her makeup skills but also in her use of the Arabic language, making her one of the pioneering voices to discuss beauty products in Arabic. This brought her a wave of followers from across the GCC who shared her passion for makeup and Instagram.





The Beauty Routine of a Makeup Maven



Nisrine's beauty routine is a testament to her deep knowledge of skincare and makeup. Much like her social media presence, it's a perfect blend of Hollywood glamour and Arabic elegance. Here's a glimpse of her daily rituals:



Morning Refresh:

Nisrine's morning routine begins with a gentle rinse without using harsh scrubs or soaps. She's an advocate for not overdoing it on your skin, as too much of a good thing, could be bad. she emphasises the importance of caring for your skin, gently to preserve your skin barrier. "I've used every acid, scrub and retinoid on the market and found that using less harsh products and more issue-specific products, have a given me the best skin of my life at 36 years old" she enthuses.

Dubai Glow:

Living in the heat of Dubai, Nisrine understands the significance of moisturizing. She uses Nivea's 'Natural Glow' body lotion which contains vitamin C to keep her skin hydrated, and evens out the skin tone. Perfect for anyone struggling with unwanted pigmentation on the body.

Under-Eye Magic:

Nisrine's secret weapon for banishing under-eye bags is Dr. Barbara Sturm's 'Eye Cream'. This beautiful rich cream is pure magic in her morning routine, ensuring that it keeps her under eyes looking hydrated all day.

A Makeup Maven's Skincare:

Nisrine's daytime skincare regimen is made up of the Royal Fern 'Phytoactive Anti-Oxidative Ampoules' followed by the 'Purifying Solution' from the same brand; ending with the Isdin 'Water-fusion Sunscreen'. Her night time skincare ritual includes the luxurious Estee Lauder 'Advanced Night Repair Serum'. This serum is her secret to reviving her skin.

The Pre-Makeup Skincare Perks:

Before makeup application, Nisrine swears by the 'Phytoactive Hydra-Firm Intense Mask' from Royal Fern. It's an ultra-rich mask packed with chlorophyll, hyaluronic acid, and the patented Royal Fern Complex, providing a refreshing canvas for makeup.

The Power of Professional Makeup:

Nisrine's makeup collection is a treasure trove of professional-grade products. She relies on the Hourglass 'Vanish Concealer' for flawless coverage and the Laura Mercier 'Flawless Lumiere Foundation', a personal favorite, for its perfect finish. One Size's 'Translucent Powder' sets her makeup, ensuring a long-lasting matte finish.

Contouring and Bronzing:

Nisrine's love for a soft matte complexion shines through her contouring and highlighting. Nars's 'Laguna' powder bronzer is her choice for contouring and bronzing; we love a versatile product.

Au Naturelle:

For her daytime look, Nisrine opts for natural makeup but adds a fresh perk with lots of blush. She's been a fan of Charlotte Tilbury's Matte Beauty Blush Wands, praising their pigment and lasting colour. Her trusty 'Fenty Beauty Hella Thicc' is her go-to for a bold lash moment.

Luscious Lips:

Nisrine's lips are her canvas for trying on all the different shades that a collection holds to give us the most accurate representation for people looking purchase online. Pinky Brown shades are her signature, but she occasionally indulges in bold reds and dark colors for special occasions. Her favorite is the MAC Lip Pencil in the shades Spice, Cork and Whirl topped with the 'Fenty Beauty Gloss Bomb Heat' in the shade Hot Chocolit which is a sheer rich brown, providing a glossy, beautiful, plump finish.

Advocacy for Beauty in Arabic:

Nisrine's journey extends beyond her beauty routine. Her presence on social media as a prominent Arabic-speaking makeup artist and influencer has bridged cultural gaps and empowered beauty enthusiasts across the Middle East.



CHOPARD

Alpine Eagle Watch



Let tenderness blossom.

MissDior Blooming Bouquet is a floral composition delicately wrapped in a veil of shimmering white musks like a soft and tender bouquet of newly bloomed flowers. Rediscover the scent of Miss Dior Blooming Bouquet through a fragrant declaration made by Natalie Portman.



Chopard's iconic Alpine Eagle collection comes to life in a mischievous moment with Julia Roberts, as she steps behind the lens in a mesmerising episode of the Chopard Loves Cinema campaign.

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ELIE SAAB

Bridal Spring 2024

A SENSE OF WONDER

ELIE SAAB BRIDAL SPRING 2024 is an imagined universe of indulgent grace and iridescent serenity suspended somewhere between the heavens and earth. Much like the flowering realms of Katsushika Hokusai, the collection endeavours to capture a contemporary and fleeting moment by a sense of wonder. Intentional in composition and intricate in detail, each exalted gown is a haiku to the beauty of evanescence. Budding sakura (cherry blossoms) delicately unfold, petal by petal, through terrains of sweetheart necklines and voluminous ballroom skirts. Wispy tulle mists carry delicate beads and sequins to radiance, bringing a touch of effervescence to thriving appliqué flowers. Sumptuous ruffles embellish off-the-shoulder necklines, cascading down fitted ballerina bodices and luscious silk. Lace embroideries dance with large crystals and silk thread, moving

through illusions of opacity and transparency. Such otherworldly textures and ethereal fabrics become pristine silhouettes that invoke reverence. Sleek mikado folds into an origami bolero worn over a tightly draped and contour hugging gown. Like the white crest of the great wave, soft and supple silk fans into large pleats that ripple across strapless necklines. A floral embroidered veil envelopes a boat-neck mermaid gown with an open back, bringing blooming adornment and organic movement to the pure surface below. Organza foliage vines across a delicate neckline of a short gown with a tutu skirt and billowing trail. Complementary veils and contour defining ribbon belts bring final strokes of composure and poise. **ELIE SAAB BRIDAL SPRING 2024** transcends the magnificence of the ephemeral. The collection invokes a sense of wonder and inspires movements of awe through its visions of a floating world.





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ZUHAIR MURAD

Bridal Spring 2024

At the heart of the Bridal Spring-Summer 2024 collection, a romantic Italian 70s wedding unravels. The bride sails across a calm lake or strolls around the lush Florentine gardens.

Upon her promenade, she is seduced by the white lily radiating purity and celebrating rebirth. The flower wanders unto the silhouette in ethereal crystal beadings and translates into scents of lace appliques in wondrous bouquets

Inspired by traditional moldings and refined handmade tiles, architectural motifs are embroidered unto vaporous tulle dresses unraveling into A-line silhouettes cinched at the waist with a detachable bow.

Both sensual and voluptuous, an airy organza dress is ornated with ruffles across the neckline revealing the shoulders for the slightest of enticements while the majestic skirt embodies finesse.

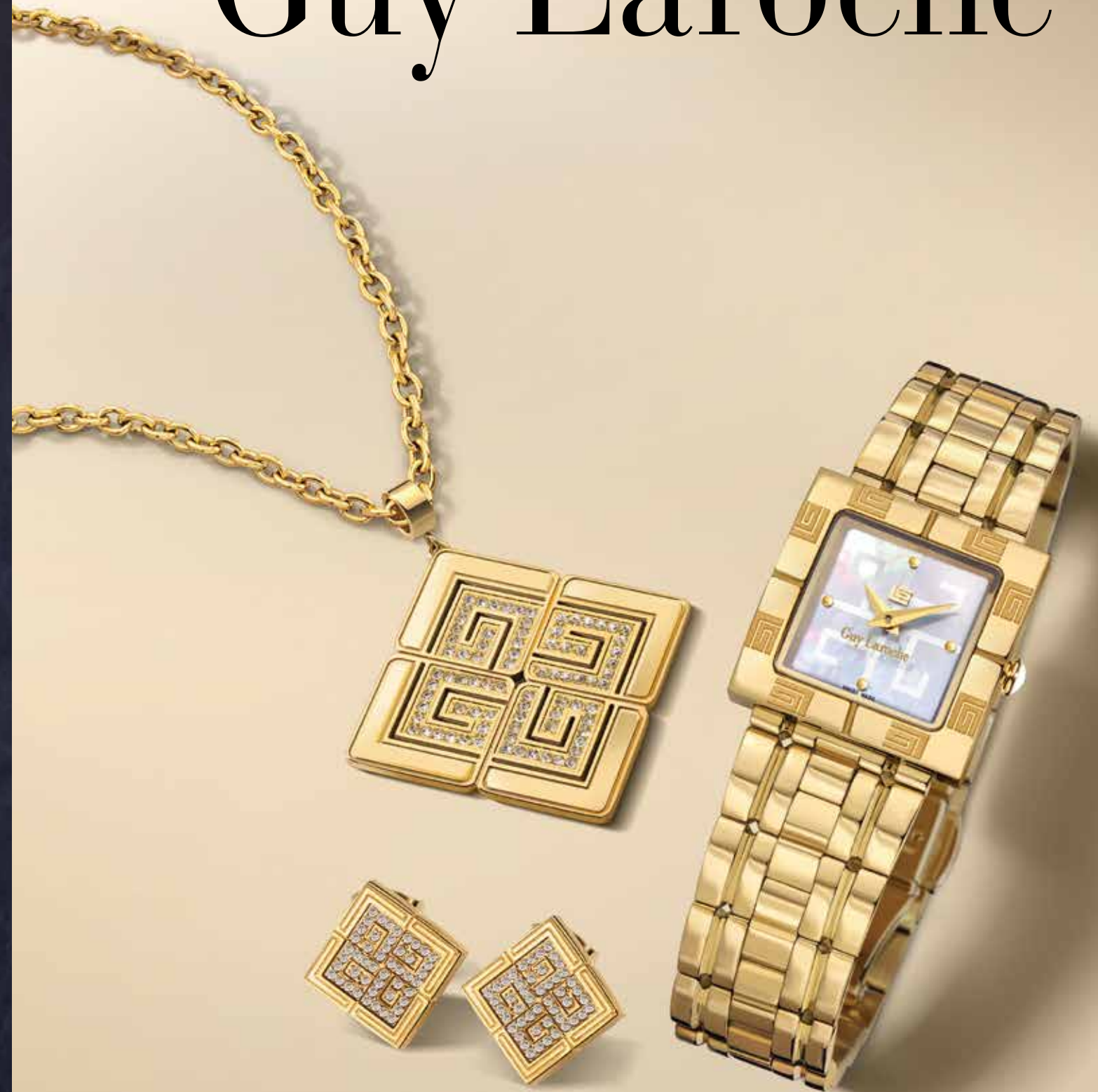
Enfolding the body in structured corsets, the mermaid silhouette outlines the elegant curvatures while voluminous dramatic sleeves, lavish plunging necklines and seductive open backs combine for a charming finish.

The collection flirts with hues of vanilla, flaunting the epitome of romance.





Guy Laroche



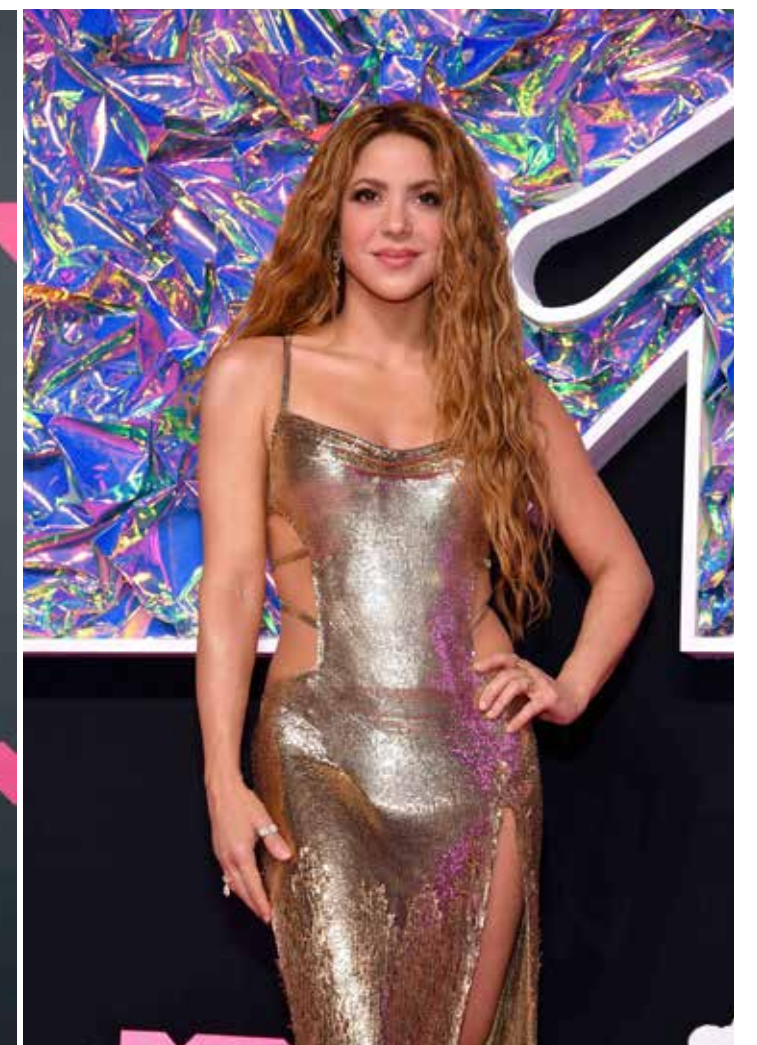
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SHAKIRA WINS 2023 VANGUARD AWARD

*Shakira Rides the Wave of the MTV VMAs
Crowd and Accepts Vanguard Award"*

Swimming is a wonderful cardiovascular conditioner that also helps tone arms and legs, and it's very easy on the joints, perfect for people who have muscle or joint problems. The weightlessness of the water helps them exercise pain-free. Swimming also increases stamina, it can also help ward off diabetes and high blood pressure, and help to relieve stress. If you do not have easy access to pools, a trip to the nearest beach can be a daylong fun activity and a healthy break...



THE PERFECT DETOX



In a world filled with daily stressors, finding the perfect detox is a quest for rejuvenation. Explore our magazine's insights into revitalizing body and mind, and discover the path to a healthier, more vibrant you. A positive healthy lifestyle requires a strong will empowered with some insight and an awareness of the challenges our bodies face such as emotional and physical stress in different environments and weather conditions.

Dr. Alejandro Junger Medical Director and Creator of the Clean Program says, "Winter throws us a few challenges as far as detoxing goes: we are more hungry in cold weather

and we need a certain internal temperature to function as mammals, which requires consuming more energy. But when we eat more and keep our bodies in continual digesting mode, we lose energy for other necessary functions and for our immune systems, which make us more vulnerable to getting sick. A winter detox allows us to harness our energy, hit reset on our food intake, and stay healthy and energized. We don't need to wait for summer to feel and look our best." NUXE a Parisian brand shares with us its best tips to start the year fresh and healthy to get rid of the toxins that we accumulate in us due to unhealthy eating habits and lack of activity...

TIP #1



Start your day by drinking a glass of warm water mixed with some lemon juice. A perfect kick start to your metabolism and a first step to detoxify your skin. Throughout the day, make sure you drink a lot of water (at least 1.5 to 2 liters a day). Water helps you to flush the toxins and keeps your skin hydrated!

TIP #2

A detox juice is a sure shot to detox. Make sure you replace your daily fizzy drink with a detox drink, if



you are a soda lover! Try to go for the ones made of lemon, ginger or black radish, which are excellent detox foods! And for women in a rush, detox water will do wonders. Our favorite one remains cucumber, lemon and ginger infused in natural mineral water.

TIP #3

Working out on a daily basis is key, to detoxify your body. A daily walk for example has proven to be very effective for both body and mind. Walking on the beach can help you to lower your stress that is also a cause of toxins. Yoga is one of the best exercises to increase your focus and stamina. Breathing techniques can reduce stress dramatically



and thus deliver life-giving oxygen to all of your body cells!

TIP #4



Lunch hour: Avoid the afternoon slump by eating a light lunch that won't weigh you down. We recommend choosing a detox soup recipe or fiber-rich cabbage salad that contains heart-healthy fats; and round out the meal with some lean protein. Take this time to eat away from your desk—put away your phone and focus on the delicious meal in front of you. Once lunch is done, allow yourself 20 or 30 minutes for a walk.

TIP #5



To end a perfect Detox day, perhaps the most important step, is to try to sleep early and get at least 7 to 9 hours of sleep per day. Indeed, your skin's detoxification starts once you're asleep and lasts approximately 2 hours, and then your cells start their renewal process.

Gucci Women's Handbags Collection: The Epitome of Luxury and Style

Gucci's women's handbags are a testament to timeless style and versatility. From classic monogrammed totes to sleek top handle bags, these accessories are meticulously crafted from premium

leather and precious materials, making them a symbol of luxury and sophistication. Elevate your wardrobe with the allure of Gucci's iconic handbag collection.



GUCCI HORSEBIT CHAIN MEDIUM SHOULDER BAG
Gucci successfully recalls its past by connecting the archives to the present day. Adorned with a maxi Horsebit, first made popular during the early '2000s, this silhouette continues to be one of the most recognizable handbags of the House. Revisited for the Fall Winter 2023 collection, it is presented in various colors and textures that follow a contemporary approach.



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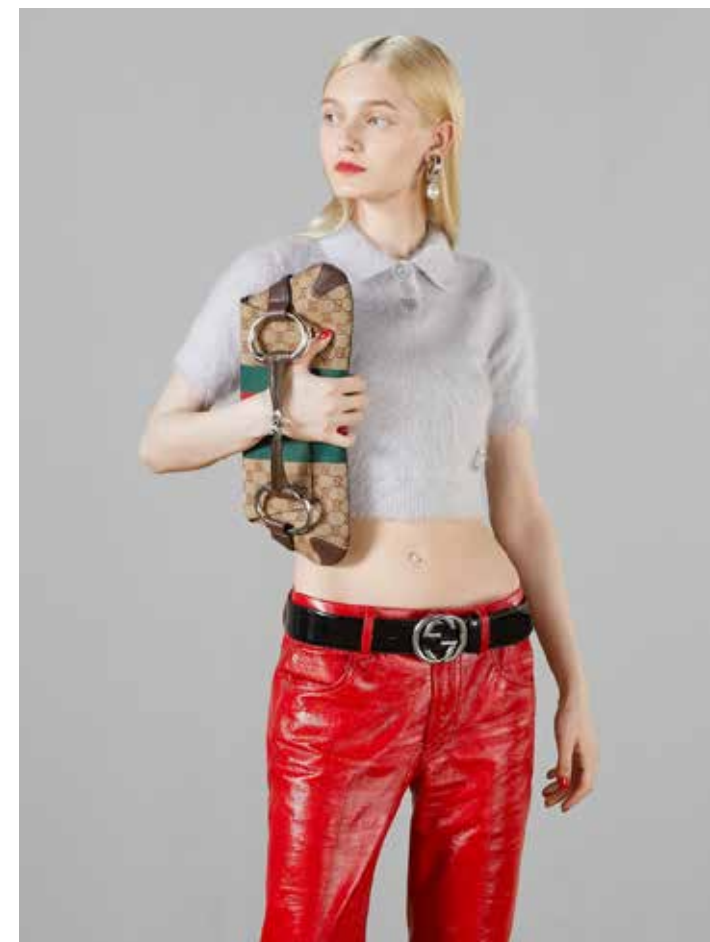
GUCCI HORSEBIT 1955 SMALL SHOULDER BAG
 Celebrating 70 years of the historic Horsebit, the hardware is revisited for the latest collection to include a sparkling crystal bezel. This small shoulder bag in black leather is elevated to luxurious heights with elegant new elements such as the Horsebit with crystals.



GUCCI BLONDIE MINI SHOULDER BAG
 Despite being one of the House's boldest and most contemporary motifs, the Gucci Blondie continues to exude subtle style, thanks to its tonal leather appearance. Formed from a rounded geometric version of the Interlocking G, the line exemplifies Gucci's *dynamicity*, like this mini size in white leather



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EXQUISITE HIGH JEWELRY COLLECTIONS:

A GLIMPSE INTO OPULENCE

Elegance knows no bounds in the world of high jewelry. Bvlgari, Cartier, Tiffany & Co., and Louis Vuitton have redefined opulence with their breathtaking collections. Each brand weaves intricate tales of craftsmanship, employing the finest materials and exceptional design

to create timeless treasures. From dazzling diamonds to vibrant gemstones, these collections transcend luxury, offering a glimpse into the pinnacle of adornment and artistry. Explore these opulent creations and indulge in the world of high jewelry sophistication.

BVLGARI

Divas’ Dream Jewelry Collection



If you look at the world with a joyful gaze, life shines in all its magnificent beauty. Elegant, naturally graceful and genuinely authentic, Anne Hathaway embodies the radiant energy of the Divas’ Dream jewelry collection as she uncovers the endless possibilities behind everyday wonders.

BVLGARI

A Feminine Signature



Embracing the magic of Divas’ Dream versatile appeal, Bulgari’s muse Anne Hathaway reveals the infinite and most joyful facets of femininity. With genuine attitude and innate elegance, she enjoys playing her own music – a harmonic symphony of extraordinary emotions and magnificent beauty.

LOUIS VUITTON

Deep Time High Jewelry Collectionn



Spanning the birth of the planet to the creation of life, Deep Time traces the profound journey of the precious gemstones at the center of the collection. Comprising over 95 masterful designs, the 13 themes weave a profound tale of metamorphosis, life, and terrestrial heritage, unveiled in two acts: Geology and Life.

Geology



Charting the planet’s extraordinary evolution, the first act, Geology, spans millennia in a voyage into the past. In an ode to the legacy of the gemstones at the heart of the creations, Louis Vuitton’s High Jewelry savoir-faire combine with the mystery and splendor of the Earth’s origins.

TIFFANY & CO.

Blue Book 2023: Out of the Blue



Legendary Tiffany & Co. designer Jean Schlumberger looked to the sea for inspiration, choreographing unparalleled manifestations of its majesty and mystery. Honoring this legacy, Blue Book 2023: Out of the Blue—designed by Nathalie Verdeille, Chief Artistic Officer, Tiffany & Co.—both perpetuates and reinvents the aquatic worlds that he dreamt up. With geometric and stylized aesthetics, each new design exudes alluring beauty, realized through unparalleled innovation and exceptional craftsmanship.

CARTIER

Le Voyage Recommencé

Every year, Cartier unveils new collections. Developed around unique stones and confirmed themes, they showcase the Maison's passion for gemstones, its mastery of design, outstanding expertise, and complete creative freedom.

Sama Necklace



Claustra Necklace

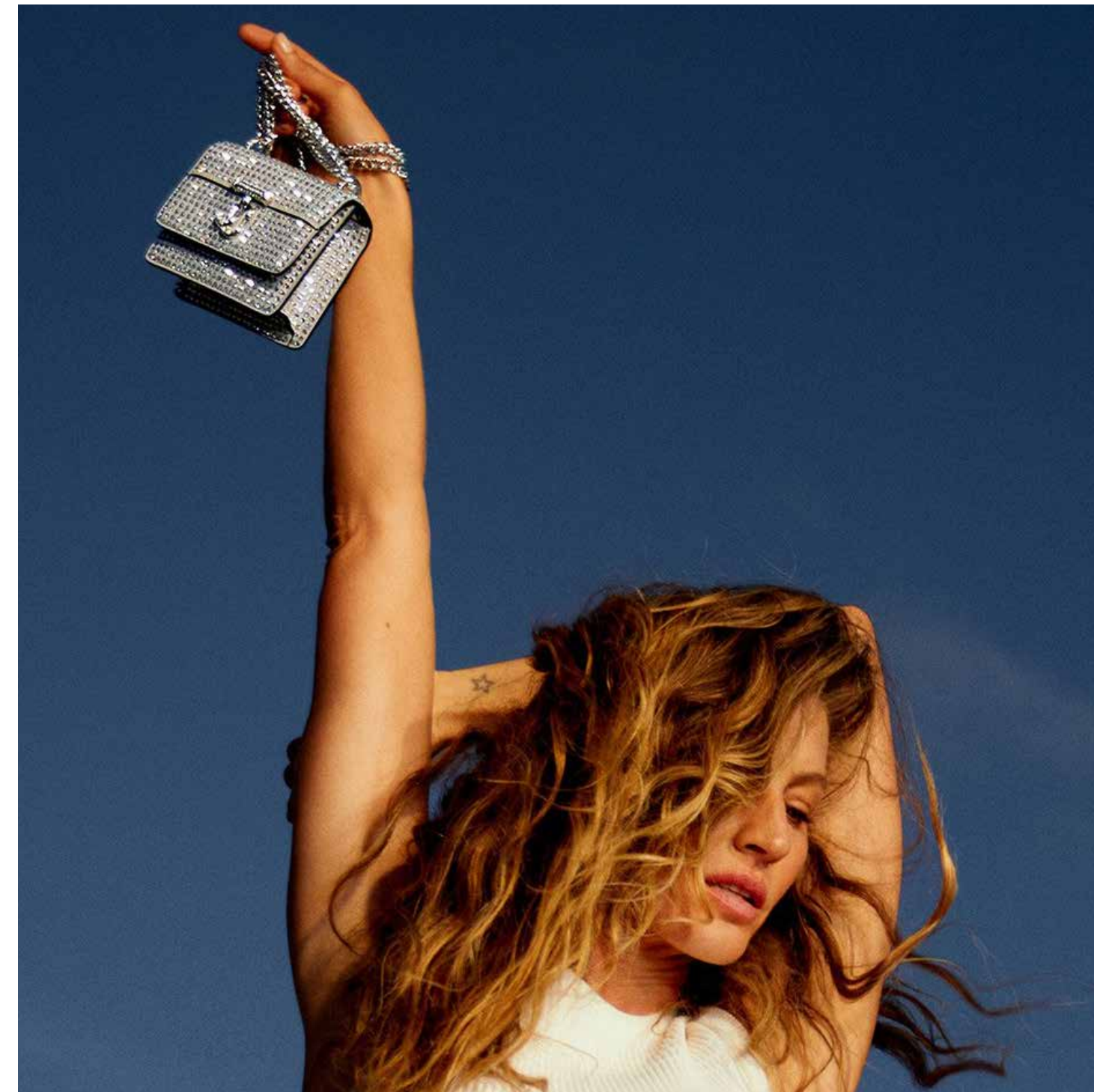


JIMMY CHOO'S

'INSTINCTIVE GLAMOUR' COLLECTION

Defined by the heat of summer, statement pieces and a suitably sun-drenched palette, our new collection is a celebration of Instinctive Glamour - as brought to life by campaign star Gisele Bündchen.

The Jimmy Choo 2023 Collection, titled 'Instinctive Glamour,' redefines sophistication and style. With exquisite craftsmanship and attention to detail, the collection showcases a fusion of modern elegance and



timeless charm. From luxurious pumps adorned with crystal appliqués to sleek stiletto sandals, each piece embodies the brand's commitment to offering women the epitome of glamour. The color palette ranges from classic neutrals to vibrant jewel tones, catering to every occasion and personality. Whether you're walking down the red carpet or attending a soirée, Jimmy Choo's 'Instinctive Glamour' collection ensures you make a lasting impression with your footwear. Explore the range and elevate your style to new heights with Jimmy Choo.

The campaign takes its inspiration from a specific time and an emotion - the height and heat of summer, specifically, the magic of summer romance. With her unparalleled presence and magnetism, Gisele embodies into the role of Jimmy Choo's modern goddess. Beautifully lit by the golden glow of the Florida sunshine, she is self-assured and alluring, exuding joy and confidence

The collection itself is a celebration of timeless style, opulent embellishment and bold proportions. The wardrobe essentials are uplifted by a heightened sense of glamour; think metallic gladiator sandals, luxe beach bags and poolside-ready slides featured alongside our iconic heels and signature handbags. The introduction of updated house heroes; from the high-octane Saeda platform to the beloved Bon Bon, which is reimagined in dégradé crystal and handwoven styles.

The platform is key to our summer story; taking delicate strappy sandals to new heights in the form of our new Cecelia and suede Gaia styles. These bold designs are a perfect complement to this season's newest silhouette, the Avenue mini shoulder; whether you opt for Nappa leather or cascading crystals, this covetable new shape can be styled for day or night. Elsewhere, the pearl-embellished Fayence slide and smoky moiré-crafted Indiya sandal will slot effortlessly into your wardrobe



THE RESURGENCE OF THE BUTTERFLY HAIRCUT: A TIMELESS TREND RETURNS



Hairstyles come and go, but some classics never truly fade into the past. The Butterfly haircut, also known as the “flippy” or “feathered” cut, is one such timeless trend that has resurfaced with a modern twist, capturing the hearts of hairstylists and fashion-forward individuals alike.

Originally popularized in the 1970s, the Butterfly cut is characterized by its signature layers and flicked-out ends, creating a light, bouncy, and feminine appearance. This iconic style was often sported by beloved celebrities like Farrah Fawcett and Goldie Hawn, etching its place in the annals of hairstyling history.

Fast forward to the present day, and the Butterfly cut is making a spirited comeback. It’s being embraced by a new generation who appreciate its versatility. Modern variations of the cut offer a fresh take on this classic, accommodating different hair lengths, textures, and face shapes. Whether you have long locks or a chic bob, the Butterfly cut can be tailored to suit your individual style. What sets the Butterfly cut apart is its ability to add volume, movement, and dimension to the hair, making it ideal for those seeking a lively and youthful appearance. The layers and feathered ends create a soft, face-framing effect that enhances natural beauty.





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With its enduring appeal and adaptability, the Butterfly haircut continues to flutter its wings in the world of hairstyling, reminding us that some trends are meant to soar beyond their time and into eternity.

The resurgence of the Butterfly haircut can be attributed to its low-maintenance charm and its ability to suit various lifestyles. It's a style that effortlessly transitions from casual to formal occasions. Whether you're heading to the office, a romantic dinner, or a weekend getaway, this haircut can be dressed up or down with ease.

One of the key advantages of the Butterfly cut is its suitability for all hair types. Whether your locks are straight, wavy, or curly, this style adapts gracefully. It's equally flattering on fine or thick hair, offering an airy quality that complements any texture.

To keep the Butterfly cut looking its best, regular trims are essential. This ensures that the layers and ends maintain their signature flicked-out appearance. Additionally, it's a style that pairs beautifully with various hair colors, from natural hues to bold, vibrant shades.





MICHAEL KORS
Gorgeous

MICHAEL KORS

Gorgeous