



first Avenue

TREND TO TRY
VALENTINO
PINK
COLLECTION

FASHION REPORTS
ELIE SAAB
ZUHAIR MURAD

BVLGARI
CARTIER
TIFFANY & CO.
HIGH JEWELRY
COLLECTION

POWER
FOOD
FOR
WOMAN

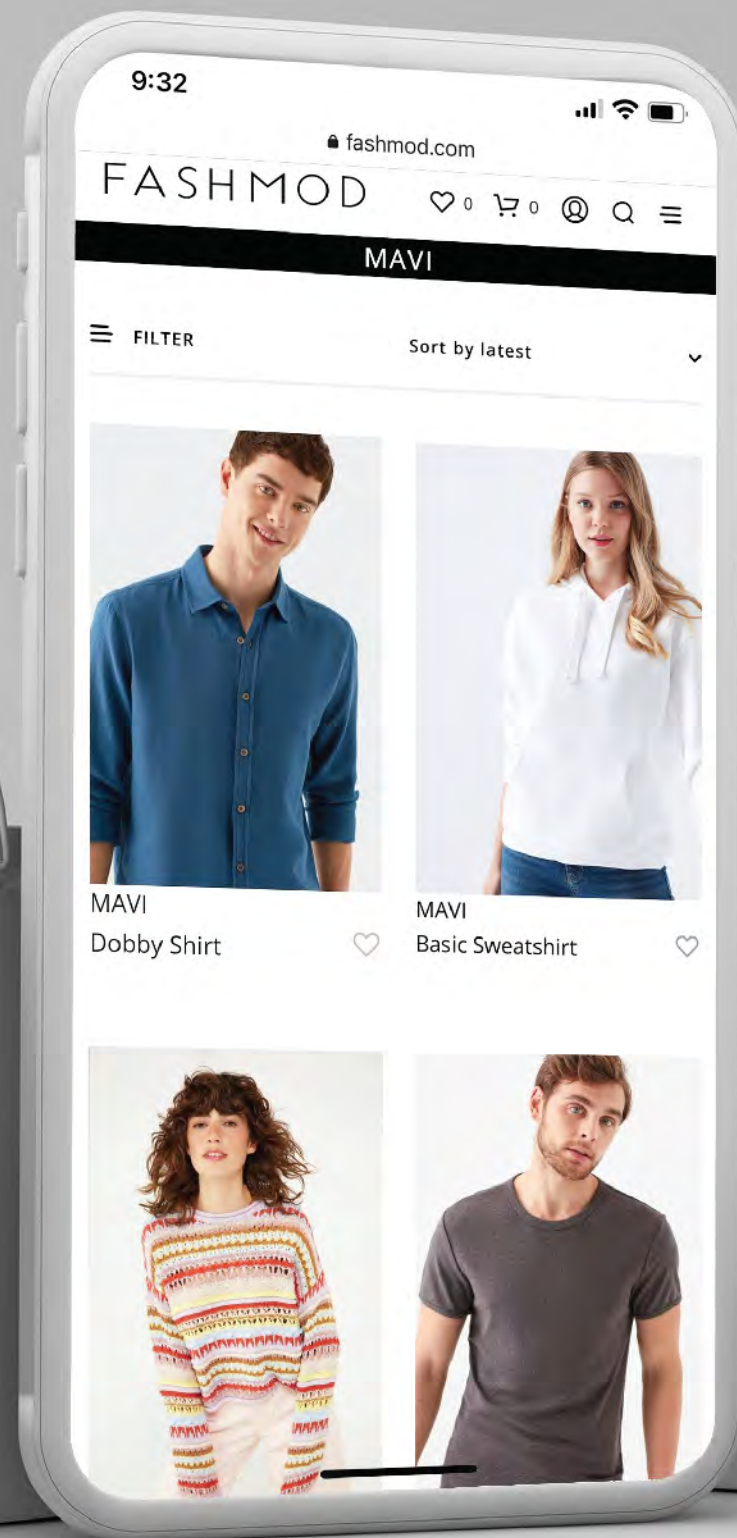
JULIA ROBERTS

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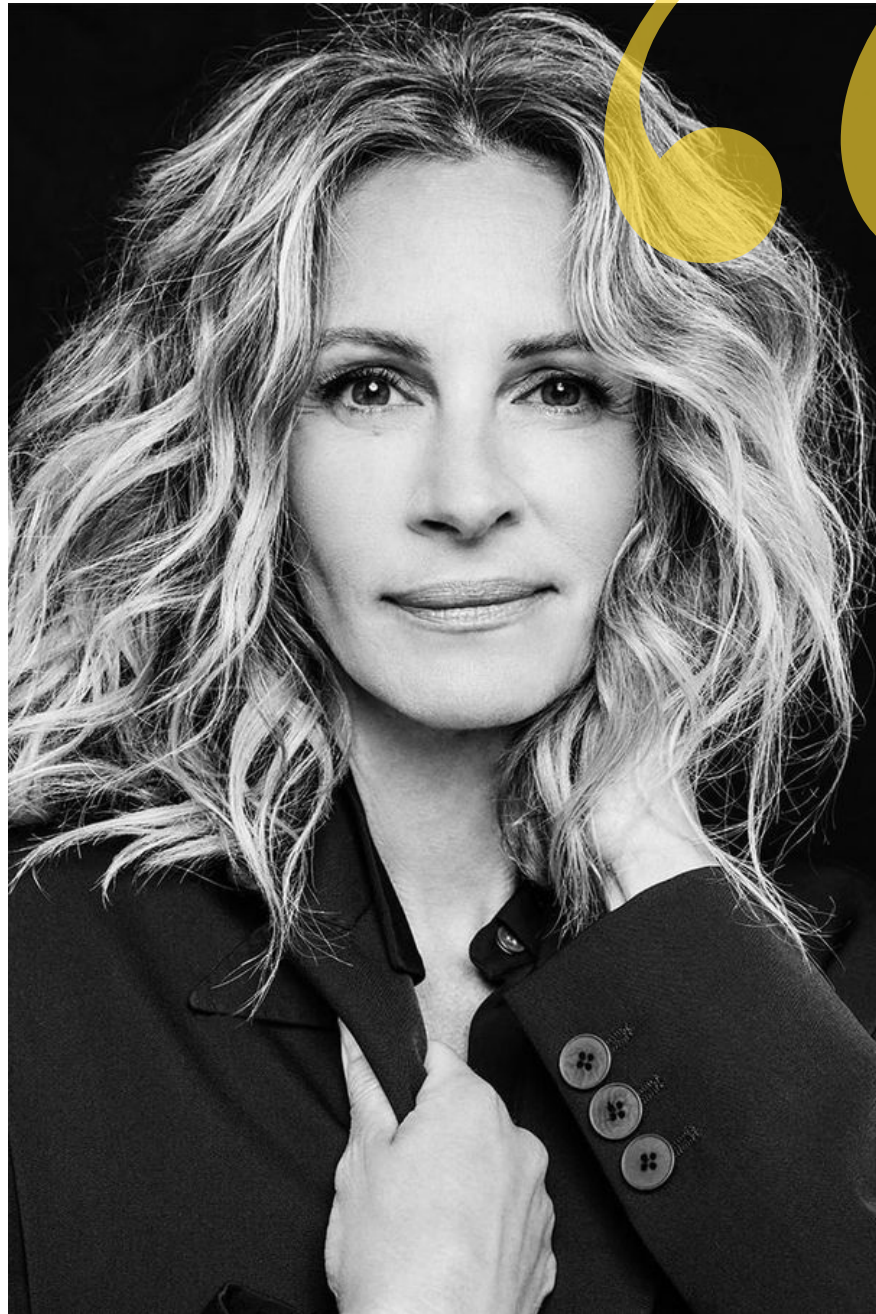
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Editor's LETTER



JULIA ROBERTS - PAGE 26

In this issue, we obsess over Julia Roberts and her phenomenal style that only seems to get better with time, and her most dazzling looks to date. We also get serious about jewelry fashion, showing you some of the new trends that have gone down sustainable & ethical. You might be surprised by what you discover... There are lots of other surprises in store for this issue, including a covetable edit of wonderful bags, as well as luscious denim style that are never- and we repeat, never going to go out of style!

So lets get started.....!

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DAISY DIXON
LONDON



DOLCE & GABBANA

THE NEW SOLAR GLOW COLLECTION

Bianca Balti, the face of the new Solar Glow Collection campaign, is the perfect ambassador of Dolce&Gabbana Beauty. In the video, she portrays the Mediterranean Glow,

which becomes even more alluring with the application of the new Solar Glow Illuminating Powder Duo in Tender Apricot.

SOLAR GLOW ILLUMINATING POWDER DUO

The four harmonies of Solar Glow Illuminating Powder Duo naturally define, illuminate and enhance the complexion with colour for a truly sensual take on Mediterranean beauty. Find your perfect duo of complementary shades: Three are composed of a highlighter and a blush that brings a radiant touch to the skin, the other one contains a highlighter and a bronzer that add a natural healthy sun-kissed tone to the complexion. Its Mediterranean Glow Complex infuses the formulas with care and comfort, that bring warmth, radiance and glow to the skin. From its addictive olfactory signature to its maiolica design, Solar Glow embodies the colourful spirit of Sicily and carries the wild exuberance of the island's landscapes.



SOLAR GLOW UNIVERSAL ILLUMINATING DROPS

Capturing the essence of a healthy, luminous Mediterranean glow, the Illuminating Drops naturally bring freshness and incredible shimmer to the skin. With its weightless and buildable water-based gel formula, the Solar Glow Universal Illuminating Drops is simple to use and its universal shade matches every skin tone. Enriched with Mediterranean Glow Complex, this glow-giving elixir naturally leaves the skin refreshed, plumped and illuminated throughout the day.

As a final touch, Solar Glow Universal Illuminating Drops radiates with the Solar Glow fragrance, a floral-oriental scent inspired by the Sicilian sun, transporting the wearer instantly to the landscapes of the Mediterranean.



Trend to Try

VALENTINO

PINK PP

Collection

NEW CONTEMPORARY CODES INTERPRETED BY ZENDAYA



A monochromatic journey into the realm of possibility. Zendaya and a rampant pink, star in the new Valentino Pink PP Collection. Together, they become an expressive manifestation of Pierpaolo Piccioli's contemporary codes, narrating absolute individuality.

Euphoria director, Marcell Rev, blurs the lines between reality and a dreamlike state. Like a short film, the new campaign video challenges the meaning of truth through a modern aura

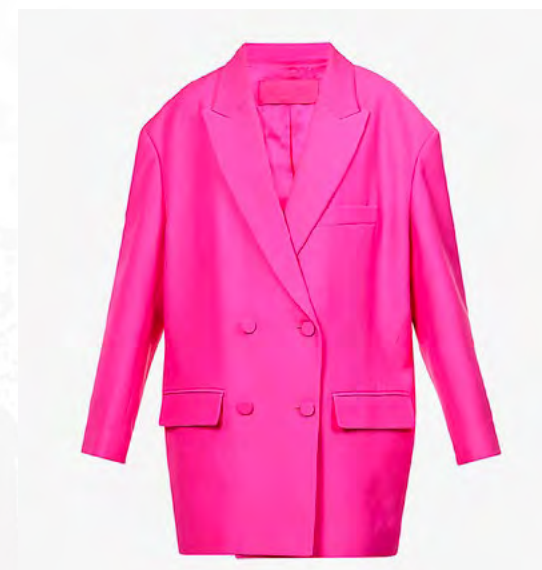
ORGANZA TOP

Women's organza top with Necktie detail and Rear keyhole and button closure. Its Organza (100% Silk) with detachable camisole in Georgette Stretch.



CREPE COUTURE BLAZER

Women's Crepe Couture blazer with a oversize fit. Its double-breasted with front button fastening. Lovely crepe Couture (65% Virgin Wool, 35% Silk). It has VLogo Signature jacquard lining, detachable camisole in Georgette Stretch.



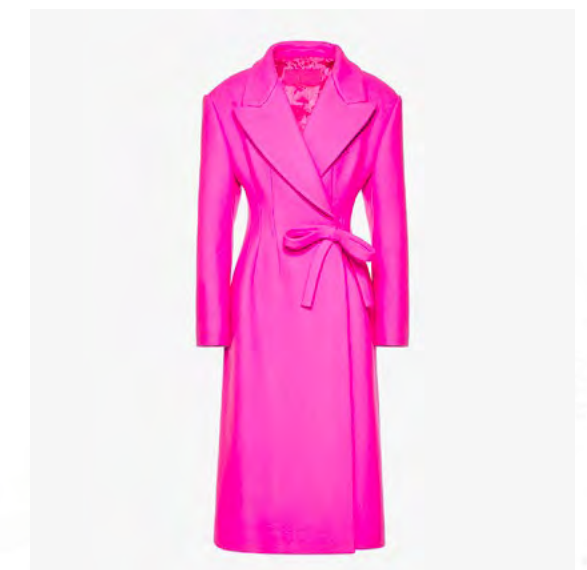
CREPE COUTURE PANTS

Women's Crepe Couture stylish pants with straight fit. It has a front zipper closure and hook and eye fastening. Its Crepe Couture (65% Virgin Wool, 35% Silk) and unlined.



DIAGONAL DOUBLE WOOL LONG COAT WITH BOW DETAIL

Women's long Diagonal Double Wool coat with Barrel fit, Side bow detail and Front button closure.



VALENTINO GARAVANI DISCOBOX PATENT LEATHER PLATFORM PUMP

Valentino Garavani Discobox patent leather platform pump. Ankle strap with adjustable and customized stud trim buckle and leather-covered platform and block heel.



SMALL ROMAN STUD THE SHOULDER BAG

Straight from the Dolce & Gabbana runway, this mini edition of the ‘Devotion’ bag is made from supple quilted leather. The structured silhouette is centered with heart-shaped hardware surrounded by scores of tiny faux pearls. It opens to reveal a zipped pocket, perfect for your cards.

The legend rules!

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PAJERO

Nothing says power and prestige like the Mitsubishi Pajero. Sleek yet rugged, this exclusive, all around SUV is ready to take on any environment, from crowded city streets and bumpy back roads to unpaved paths just waiting to be explored. With premium features, exhilarating performance, and urban style that just won't quit, the Pajero will take you further than you've ever dreamed.



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A close-up, low-angle shot of a woman's face. She is looking upwards and slightly to the right. Her lips are coated in a vibrant red lipstick. Her hair is dark and pulled back. The background is split diagonally: the top-left portion is a deep red with a subtle floral pattern, and the bottom-right portion is a clear, bright blue. The lighting is bright and directional, coming from the upper left, which casts soft shadows on her forehead, nose, and cheek, highlighting the texture of her skin and the intensity of the lipstick.

ROUGE DIOR

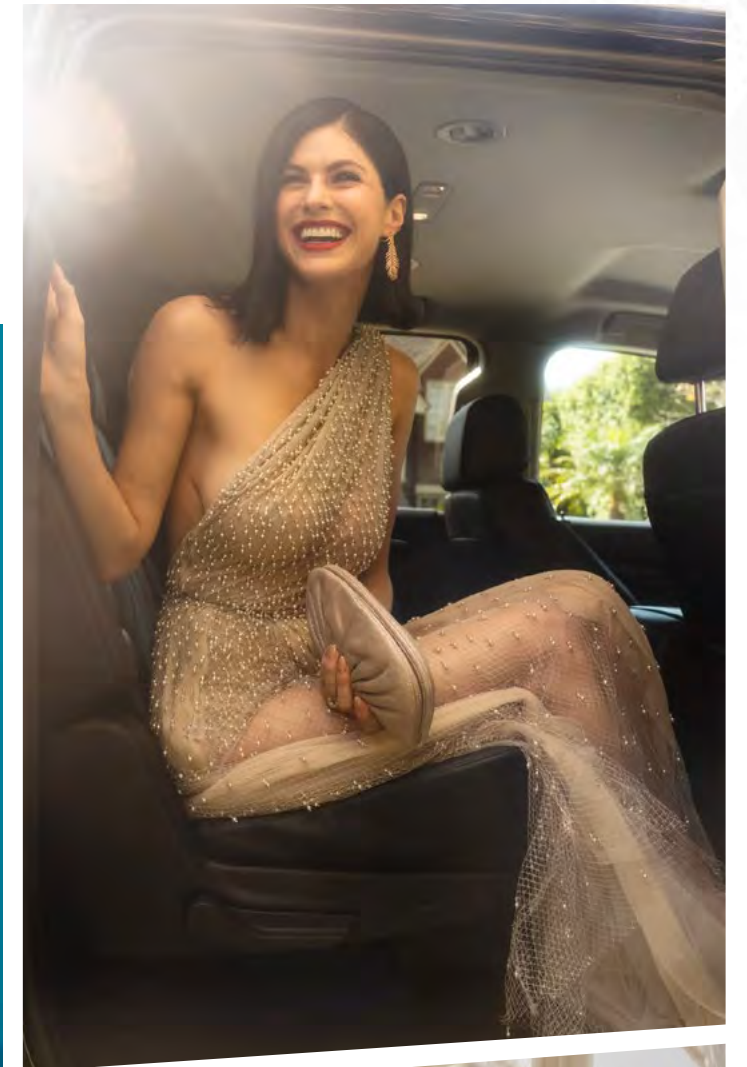
THE NEW TRANSFER-PROOF
FOREVER LIPSTICK



The Best *DRESSED STARS* From the 2022 Emmy Awards

Alexandra Daddario in Dior Haute Couture

The dress was topped off with a pair of leaf-shaped diamond earrings and white sandals. Daddario strutted its stuff with a playful spin, revealing the skirt's delicate pleats.



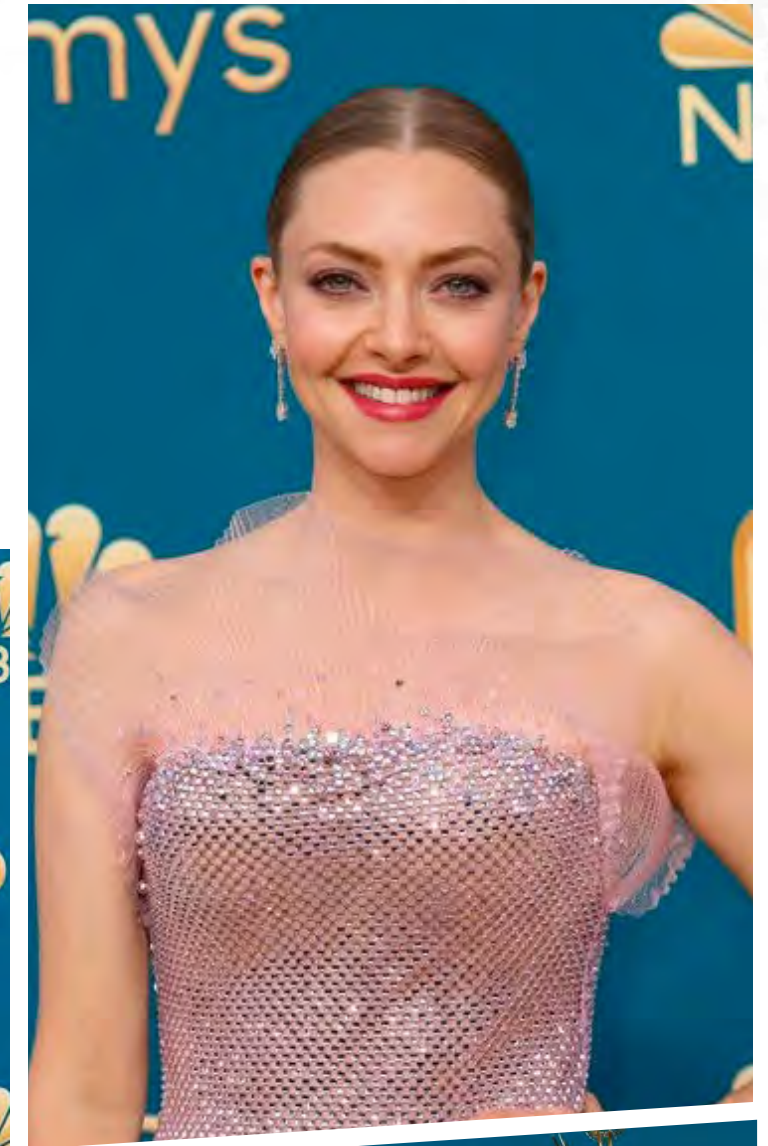
Zendaya in custom Valentino

Zendaya makes history with second Emmy win. She won her second Emmy Award for best actress in a drama series for her portrayal as Rue in “Euphoria.” Her win made history – she is the only Black woman to win two Emmys in this category.



Amanda Seyfried wearing JAEGER-LECOULTRE

Friend of the Maison Amanda Seyfried, winner of the award for OUTSTANDING LEAD ACTRESS IN A LIMITED OR ANTHOLOGY SERIES in “The Dropout” was proudly wearing a JAEGER-LECOULTRE 101 Reine. The stunningly symmetrical design features 110 diamonds with a silvered opaline dial which gives the piece a timeless grace with an air of classic sophistication.



BULGARI EDEN, THE GARDEN OF WONDERS



THE HIGH JEWELRY COLLECTION

Forget the ordinary and prepare to enter a fabulous world of wonders. Bulgari invites you to discover the breathtaking masterpieces of the

Eden High Jewelry collection, where boundless creativity and limitless artistry come together.



A MAGNIFICENT SET

Eleven magnificent pear-shaped Colombian emeralds, totaling 42.02 carats, have been painstakingly assembled by Bulgari's gem hunters into a stunning set, with a balance of clarity, color, shape and size which is seldom achieved.



The necklace embodies the concept of uniqueness in the realm of High Jewelry: rich in sparkle and radiance, the creation features individual elements that have been ingeniously connected, one by one, to achieve its remarkable wearability. Each white gold element is individually molded to best frame the 73 pear-shaped brilliant-cut diamonds (110.39 carats) and exalt their exquisite radiance and delicate grace.

CARTIER

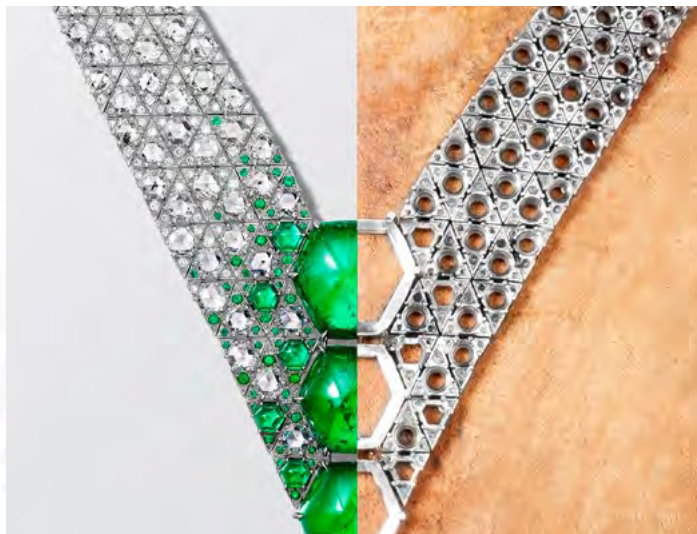
BEAUTÉS DU MONDE

Seeing the beauty of the world, preserving it, and above all, enriching it, are values that have continuously influenced the Maison's philosophy. The latest Beautés du Monde High



THE IWANA NECKLACE

Texture and dimension, it is the skin of the green iguana that inspired the Maison's design studios to create this jewellery set. It reveals its beauty through a necklace abundant with diamonds and emeralds. As is often the case with Cartier, the idea is not to imitate nature, but rather to suggest and convey an impression of it through an abstract composition.



Jewellery collection continues this tradition. It is a testament to this fascination with the diversity of beauty that is so dear to Cartier.



SAVOIR-FAIRE

The central motif is made up of three uniquely-shaped Colombian emeralds weighing 43.45 carats: cabochon-cut hexagons with very pronounced edges. The facets of the cabochons multiply into a weave of openwork triangular motifs, set or paved with diamonds and emeralds whose location and orientation have been rigorously studied. Connected by tiny metal rings, these elements create a highly flexible necklace. This comfort is the result of the Maison's genuine expertise.

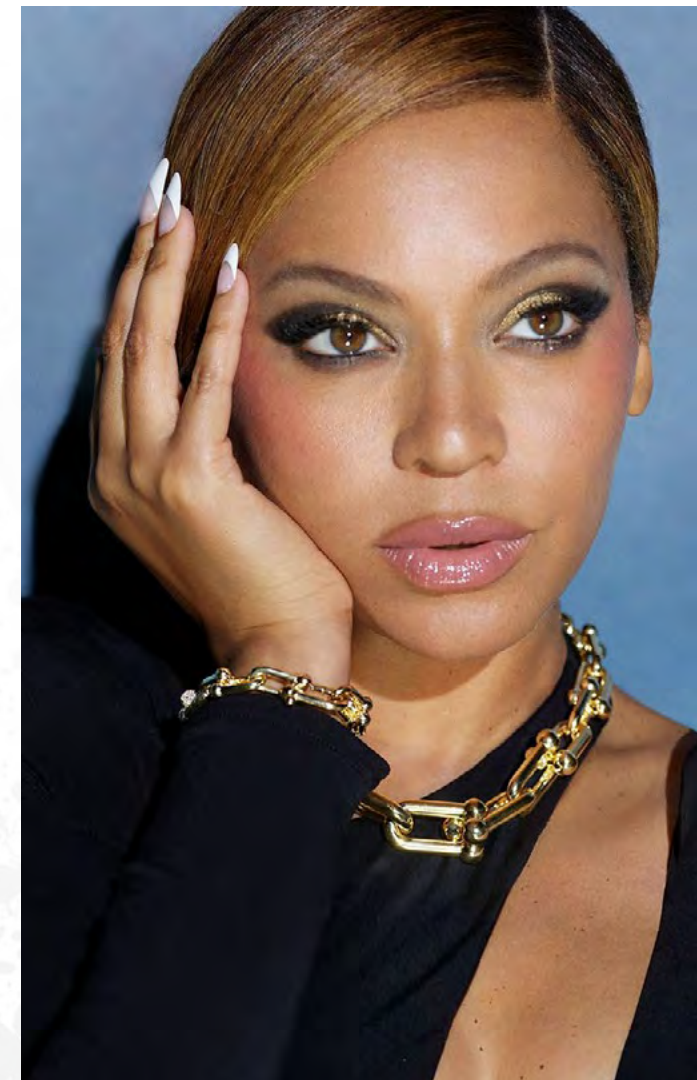
LOSE YOURSELF IN LOVE

Beyoncé for Tiffany & Co

Tiffany Lock

Beyoncé wears our latest design symbolizing togetherness and inclusivity. Tiffany Lock features an innovative clasp and diamonds that are hand set by Tiffany master artisans to maximize brilliance.

No rules. All welcome. Inspired by the power of togetherness and inclusivity, Tiffany Lock is a bold and visual statement about the personal bonds that make us who we are. Designed to be worn by all genders, the Tiffany Lock bangle features an innovative clasp that echoes the functionality of a padlock, an important motif from The Tiffany Archives. This style is expertly crafted in 18k yellow gold.



Tiffany HardWear

The Tiffany HardWear collection is inspired by the bold energy and powerful architecture of New York City. Signature gauge links play with tension, proportion and balance for designs that turn heads. Tiffany HardWear is elegantly subversive and captures the spirit of the women of New York City. Bold gauge links—unique to this collection—create a bracelet that embodies the city's industrial spirit.



Style crushing on...

JULIA Roberts

Julia Fiona Roberts is an American actress. One of Hollywood's most bankable stars, she is known for her leading roles in films of several genres, from romantic comedies and dramas to thrillers and action films. Many of her films have earned over \$100 million worldwide, and six have ranked among the highest-grossing films of their respective years. Her top-billing films have collectively brought in over \$3.8 billion globally. She has received various accolades, including an Academy Award, a British Academy Film Award, and three Golden Globe Awards. Roberts was the world's highest-paid actress throughout the majority of the 1990s as well as the first half of the 2000s. Her fee for *Pretty Woman* (1990) was \$300,000, while she was paid an unprecedented \$25 million for her role in *Mona Lisa Smile* (2003). As of 2020, Roberts' net worth was estimated to be \$250 million. *People* magazine has named her the most beautiful woman in the world a record five times.

Following her first television appearance as a juvenile rape victim in the first season of the series *Crime Story*, with Dennis Farina, in the episode "The Survivor", broadcast on February 13, 1987, Roberts made her

big screen debut with an appearance in the dramedy *Satisfaction* (1988), alongside Liam Neeson and Justine Bateman, as a band member looking for a summer gig. She had previously performed a small role opposite her brother Eric, in *Blood Red*, though she only had two words of dialogue, filmed in 1987, although it was not released until 1989. In 1988, Roberts had a role in the fourth-season finale of *Miami Vice* and her first critical success with moviegoers came with the independent romantic comedy *Mystic Pizza*,^[28] in which she played a Portuguese-American teenage girl working as a waitress at a pizza parlor. Roger Ebert found Roberts to be a "major beauty with a fierce energy" and observed that the film "may someday become known for the movie stars it showcased back before they became stars. All of the young actors in this movie have genuine gifts." In *Wonder* (2017), the film adaptation of the 2012 novel of the same name by R. J. Palacio, Roberts played the mother of a boy with Treacher Collins syndrome. *The Times* felt that she "lifts every one of her scenes in *Wonder* to near-sublime places." With a worldwide gross of \$305.9 million, *Wonder* emerged as one of Roberts's most widely seen films.



■ *At The 'Gaslit' New York Premiere in Gucci*

Julia Roberts has made some daring fashion statements in the past, and this time she dressed up in Gucci. Her short suit incorporated the famous Gucci plaid on the shorts and a long coat. Styling her brunette locks into soft curls, Julia looked amazing as usual.



■ *At the 2019 Oscars in Elie Saab*

Julia Roberts chose a hot pink Elie Saab one-shoulder dress for the 2019 Oscars. The magenta silk crepe gown was coordinated with a pair of sandals with a similar shade, and the waterfall draping on one side complemented the asymmetrical neckline. She paired it with coordinating sandals and went for a monochromatic look, forgetting about her usual M.O.



■ *At the 2019 Critics' Choice Awards in Louis Vuitton*

Julia Roberts looked stunning in this tuxedo from Louis Vuitton. She wore Messika jewels and black pumps with her bejeweled skirt. No doubt she set the fire as usual.



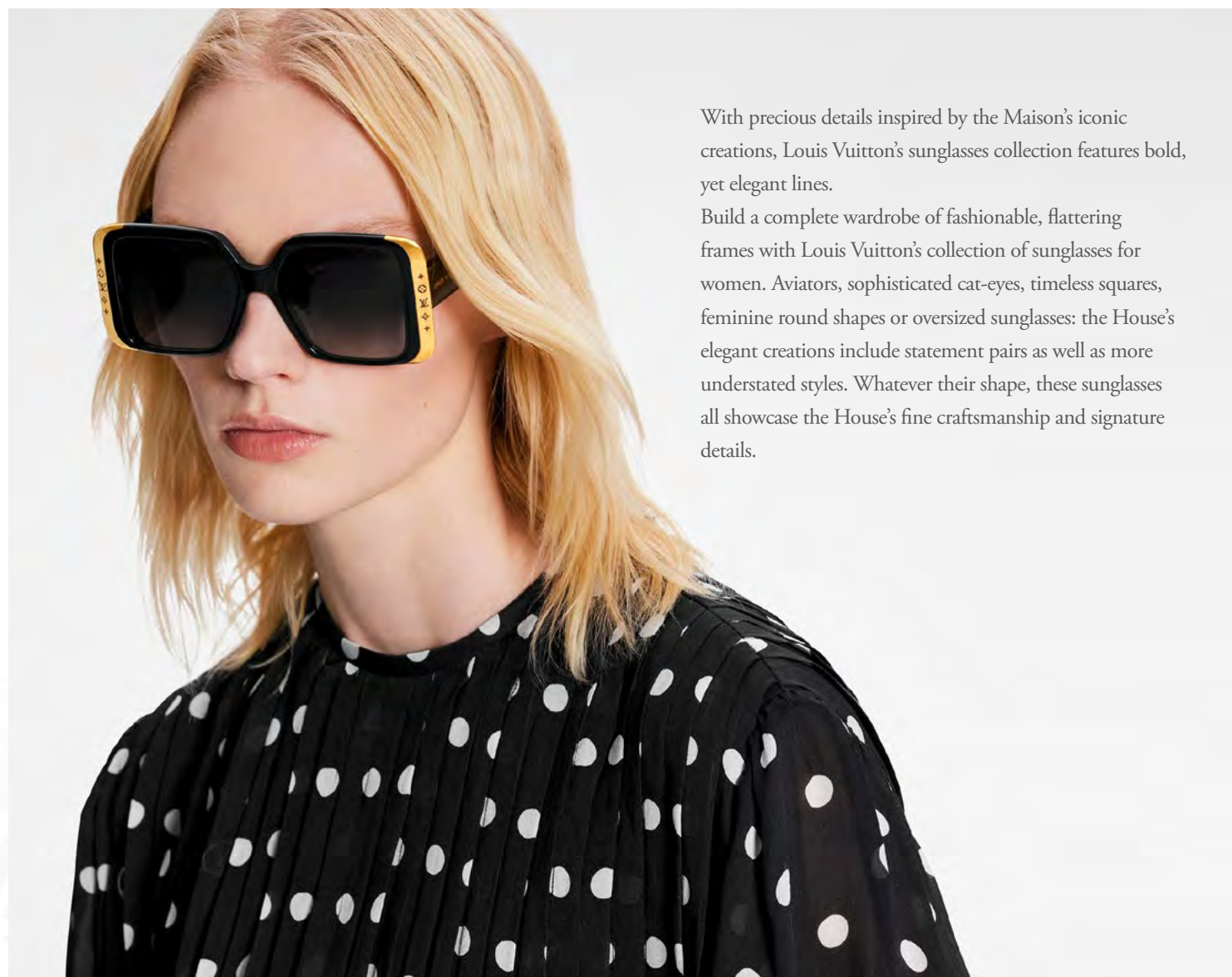
■ *At the 2019 Golden Globe Awards in Stella McCartney*

Valentino has dressed his fair share of style icons over the years for the annual Golden Globe Awards. The Hustlers star was nominated for her role in the 'Best Supporting Actress' category. She arrived at the red carpet wearing a long, white, voluminous gown, which featured an enormous gold-and-green bow at the top of the dress. We can't take our eyes off the shimmering green choker necklace and green earrings, which is exactly what the red carpet is all about! Flawless as usual, Jennifer!



LOUIS VUITTON

WOMEN'S SUNGLASSES



With precious details inspired by the Maison's iconic creations, Louis Vuitton's sunglasses collection features bold, yet elegant lines.

Build a complete wardrobe of fashionable, flattering frames with Louis Vuitton's collection of sunglasses for women. Aviators, sophisticated cat-eyes, timeless squares, feminine round shapes or oversized sunglasses: the House's elegant creations include statement pairs as well as more understated styles. Whatever their shape, these sunglasses all showcase the House's fine craftsmanship and signature details.

LV MOON SQUARE SUNGLASSES

The LV Moon Square Sunglasses are part of a new eyewear family. They feature an oversized shape and are engraved with the 5 Flowers signature, a motif inspired by the Coussin bag's chain links. The collection also includes a cat eye and rectangular version.



LV ICON CAT EYE SUNGLASSES

The LV Icon Cat Eye sunglasses combine classic and modern elements. The new design from the Fall-Winter 2022 Collection features a vintage-inspired cat-eye shape presented in an oversized silhouette. The beveled rims and elegantly inlaid LV Initials on the temples showcase the House's expert craftsmanship.



LV MOON RECTANGULAR SUNGLASSES

The LV Moon Rectangular Sunglasses are imbued with modern femininity. The bold frames feature metal detailing finely engraved with the 5 Elements signature inspired by the Coussin bag's chain links. A classic Louis Vuitton signature can also be found along the inside of the temples.



Best 2022 Designer BAGS

It's 2022, and we simply can't remember life without luxury bags.

Luxury bags are no longer just a status symbol—they're an essential part of our everyday lives. We can't imagine leaving the house without one, and we wouldn't dare use a cheap imitation in public.

The reasons are simple: luxury bags have become more than just a way to carry your stuff around—they're a true reflection of who you are and how you want to present yourself to the world. Whether you want to show off your wealth or are simply looking for something that will last for years, there's a bag out there for everyone.

If you want to know more about these incredible pieces of fashion history, keep reading!

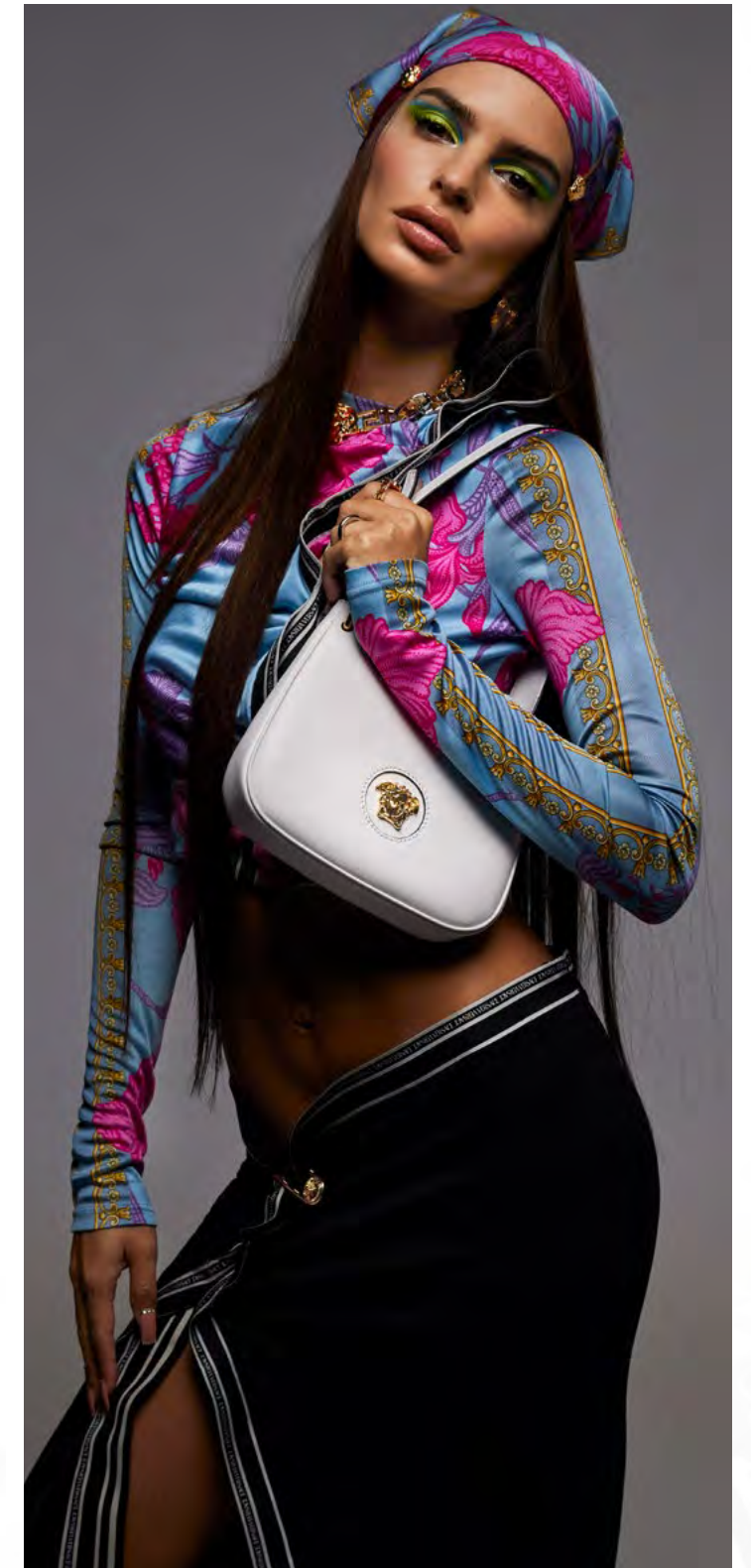


VERSACE

Mini & Mighty

The new season introduces a youthful mini bag style, available in heart-warming hues of bright yellow marigold and DV Blue—the line's definitive color created by Donatella Versace. Like many styles in the La Medusa line, the mini bag provides multiple carry options, including a stiff-chain top handle and adjustable shoulder strap.

New tote and rounded bucket bag styles are adorned with chain hardware in glistening gold or tonal colors. A perfectly petite micro bag, first introduced on the Fall-Winter 2021 runway, is finished in the season's pop-fluro tones.



Bulgari

The Serpenti Metamorphosis bag

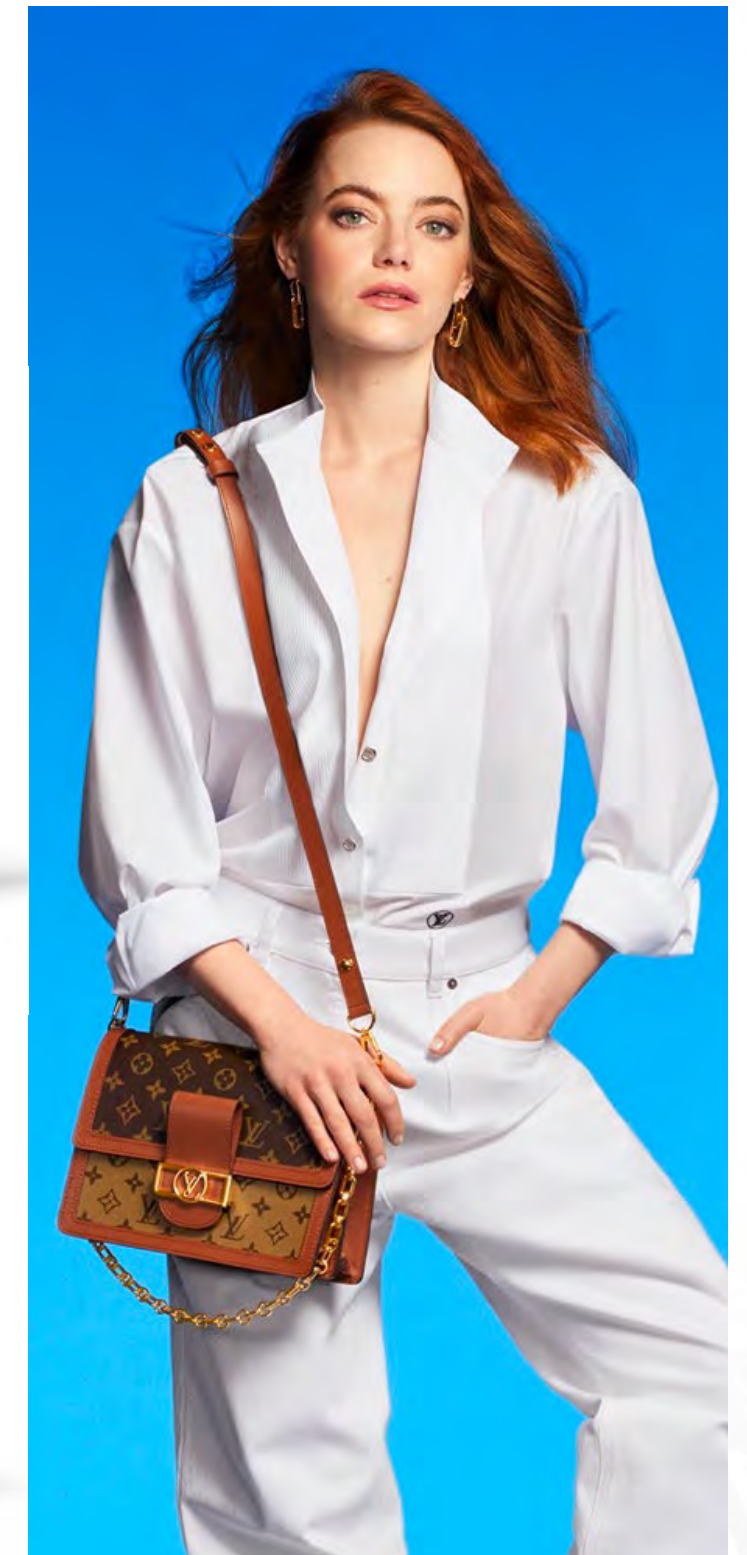
The Serpenti Through The Eyes of Mary Katrantzou collection is inspired by the designer's love for bold colors, which is reflected in the new trio of styles: the Serpenti Metamorphosis bag, the Serpenti Metamorphosis Handle bag and the Serpenti Metamorphosis minaudière. Crafted from leather with a shiny finish, they are accented with gold-tone hardware and come in vibrant hues like neon yellow or aqua blue. The iconic Bvlgari logo is featured on the front of each piece while playful jewellery-inspired touches like dangling charms on a chain add a playful twist to this collection.



Louis Vuitton

The Dauphine

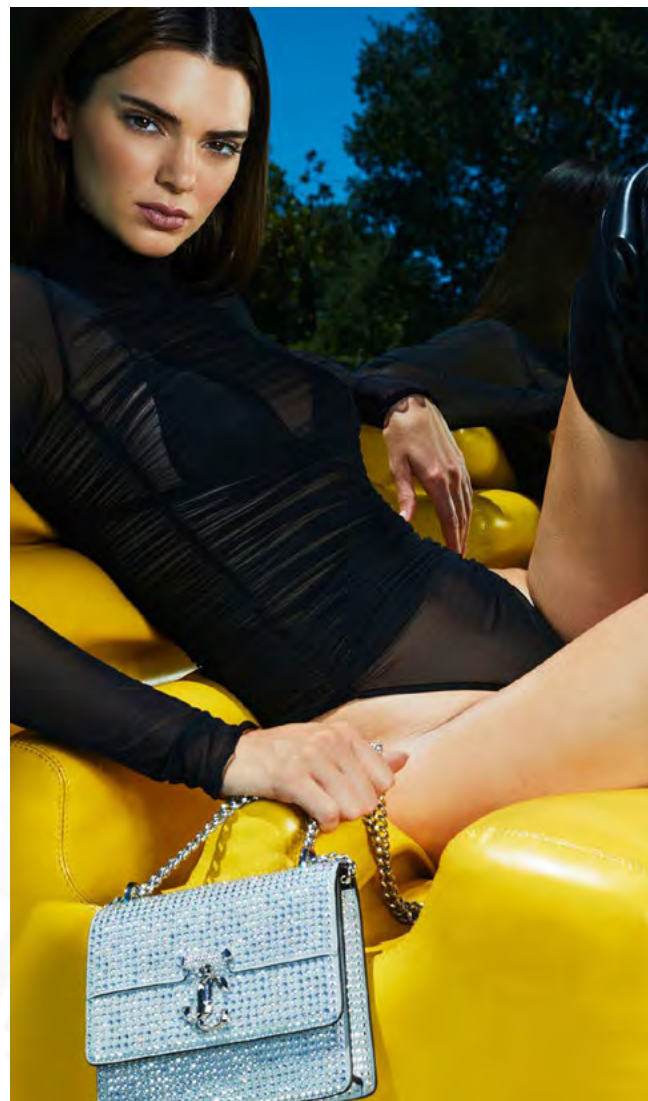
Featuring the emblematic LV Circle, the timeless Dauphine showcases Louis Vuitton's signature motif in a combination of Monogram and Monogram reverse canvas. Always retaining its elegant spirit, the bag continually inspires new interpretations.



Jimmy Choo

Varenne Avenue handbag

Through tactile matelassé inspired by multifaceted jewels and high-shine Italian-crafted leather, our key accessories are uplifted for the new season. Autumn 2022 sees the introduction of the Varenne Avenue handbag family in dynamic styles for each occasion, with our Varenne Avenue Quad being a staple of the collection. Delve into the bold mood of the season and discover soon-to-be favourite boots, handbags and accessories crafted with sensuality and wearability in mind.



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POWER FOODS *for Women*

Stop focusing your energies on what you can't eat; instead, change to what you should eat more often!

Power food are the items you should include in your diet to get maximum amount of nutrients, the least amount of calories, and a tremendous feeling of overall wellbeing and health benefits. These power food may seem ordinary, but they offer ample nutritional value, decrease the risk of illness such as heart disease and diabetics, boost the immune system, improve memory and concentration and slow down skin and body aging. So if you want to be healthy – empowered woman, check out our list of fat bursting, energy boosting healthy foods for women.



Almonds

Almonds contains antioxidants that help fight skin wrinkles, aging, cancer, heart disease and stroke. They also contain magnesium and phosphorus to build healthy bones. One single serving (1/4 cup) provides 11 grams of heart-healthy monounsaturated fat (which may help to lower blood cholesterol levels).

Apples

An apple a day, really could keep a doctor away! In a study, British researchers said that apples were more effective as compared to other fruits and vegetables, in reducing the risk of developing serious disease, including the lung cancer. Not only that but apples also contain a kind of fiber called pectin, which helps to reduce cholesterol and regulate blood sugar levels. It also contains Boron, a mineral believed to increase your alertness, improve thinking skills and reduce calcium loss which could lead to osteoporosis.



Blueberries

According to the recent studies compound found in blueberries help protect and heel the body against the diseases like obesity, diabetics, heart disease, cancer and cognitive (brain function) decline. Blueberries are full of energy boosting carbs, contain, fiber help your digestive system do its vitamin C, and anthocyanin. Anthocyanin is what makes blueberries blue. It also helps provide protection against certain types of cancer and on top of all of that, one whole cup of these tasty delights only contain 83 calories.



Broccoli

Broccoli is one of the richest vegetables source of calcium, iron, and magnesium. It is also a good source of Vitamin A and C, potassium and fiber. Broccoli also contains phytonutrients- a group of compound that may help prevent chronic disease, such as heart disease and cancer. Broccoli is low in calories and it is fat and cholesterol free, which makes it an excellent food for women who are dieting.



Spinach

Including green, leafy vegetables in every woman's diet is a must do thing and spinach is considered as one of the best green leafy vegetables that is also pretty cheap and readily accessible throughout the world. This super vegetable is well acclaimed for its natural reserves and the main reason why it plays a vital role in a woman's diet is because spinach is also rich in calcium.



Salmon

Salmon is the best source of omega -3 fatty acids – a type of fat that may protect against heart attacks, sudden cardiac death, and stroke. Omega- 3's may also help to lower blood pressure. In addition, salmon is a good source of protein and is low in saturated salt fat and cholesterol. Eating Sea food rich in Omega 3 fatty acids, up to twice a week, could greatly reduce your risk of heart.



Tomatoes

Last but not the least; women should definitely remember to munch on a ripe tomato every day. Not only will that help women to lose those extra inches but will also improve their sex health. Apart from that, lycopene found in tomatoes, also help to keep breast cancer risks at bay.



Straight from the Runway

FASHION

Report

We're back with some exciting news—the latest collections from top fashion designers of the world have arrived! We know you're going to love what we have in store, so check out exclusive runway photos of the Spring2022 Haute Couture and enjoy the latest collections from top fashion designers of the world. There's nothing like getting us in the mood for the 2022 season quite like Haute Couture Fashion week. One of the biggest talking points of Haute Couture Fashion Week which made a spectacular entry of great models, strutting their stuff on the catwalk.

It was a breath-taking, head-turning and spine-tingling moment to say the least! Another Haute Couture Fashion Week highlight involved the Elie Saab & Zuhair Murad – in particular it's impossibly hard to miss slogan pieces. Subtle they were not. The runway is always a place for fashion's biggest names to strut their stuff, but this time around Elie Saab and Zuhair Murad made a splash with their extravagant show. The designers have collaborated on many occasions, but this year they went all out with their Spring/Summer 2022 collection. The runway was a feast for the eyes, with models wearing lavish ball gowns in luxurious fabrics and elaborate embellishments.

The show was filled with statement pieces that were hard to miss, including sheer dresses and daring lace designs that left little to the imagination. The fashion industry has been buzzing about the collection ever since it debuted, and we can't wait to see what comes next!

Elie Saab Haute Couture

Eden on Earth

ELIE SAAB Haute Couture Spring/Summer 22 is an ode to the Mediterranean, a landscape that has produced an evolution of beauty, heritage, and charm; a landscape that has always provided simple solace and joy to ELIE SAAB, who continuously finds a trove of muse and vision in its unfailing abundance. With its wild bougainvillea that bloom vivacity wherever they climb and its deep blue sea that glistens as it flirts with luminous rays of golden sun, this idyllic picturesque is a taste of EDEN ON EARTH.

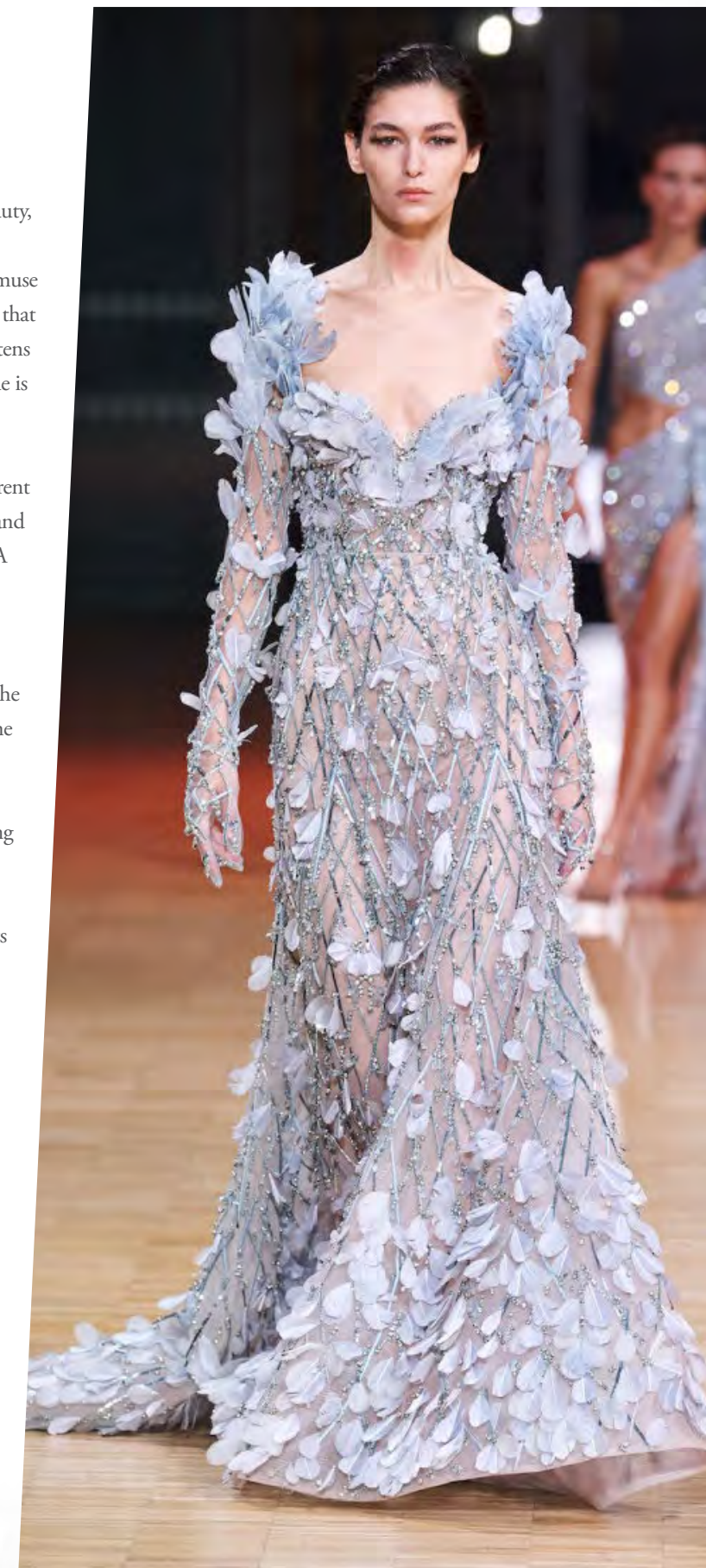
Each gown is an intricate world of its own, an assemblage of different places, flavors and forms inspired by the many histories, cultures and terrains that live together in this wonderland of pulsating plenty. A bright spectrum of colors splash across a panorama of silhouettes that take us on a marvelous journey.

Gradients of capacious feathered ballgowns capture the magic of the in between moments of dusk and dawn, as the sun tints the skyline in celestial blues and sea green.

Shimmery sequins and crystals embellish the tulle of night, guiding the exploration across a vast geography of plunging necklines and mermaid tails. Layers of fuchsia, blush and chartreuse taffeta explode into large off-the-shoulder rose petals and peony bouquets that exaggerate organic feminine curves. Each passage of this escapade through geographies and time are made unique through generous textures and distinct organic forms. Strong structured shoulders like colonnades of ancient temples, plummet into billowing trains of ivory and greige.

Sleeves continue into graceful gloves embroidered in a sun-kissed, sparkling sea of aquas and mints usher us forward, while tassels and fringe swish and sway to myths of the Greeks and Romans. Threads of silk are braided into intricate patterns that move across the body in geometrical arabesque-like curves.

As the final destination draws near, the divine pearl white bride, enrapturing in feathers, floats in on a mist of organza and tulle billowing from below. This collection is a voyage through an earthly garden of heavenly delight. The terrestrial paradise, EDEN ON EARTH, is a reminder that we are not only always surrounded by divinity, we are created of it.







Zuhair Murad Couture Fall 2022

LES ARTS DIVINATOIRES

Glimmers, stars in alignment, symbols, a virtuous serpent. Couture is a conspirator of the cosmos and its lucky stars. At times all that's needed is a gown to attract love, fortune and fame. All the legends assert this as truth, and reality at Zuhair Murad stands as testament to that mythos. For his fall-winter 2023 collection, Zuhair Murad has drawn on all the mystical arts, from Tarot and astrology to horoscopes and palmistry, to dispel the concerns of an unsettled age through the allure of their symbols.

The collection narrates ten chapters, ten successive tales woven with feathers, sumptuous fabrics, embroidery in cosmic shapes, and celestial creatures that herald good tidings.

High-cut wrap skirts accompanied by thigh-high boots, Karakou jackets, daring bodysuits, short dresses with removable trains, long sheath gowns with explicit shoulders, ball gowns or draped jumpsuits, bare midriff, accompanied by capes, all of these are the artful foundations on which astonishing motifs are applied, or tattoos embroidered on transparent tulle, the signature look of House Zuhair Murad.

Inspired by the ethereal art of Daria Hlazonova, Zuhair Murad engenders a collection in which cryptic and complex symbols prevail. Here immeasurable stars abound; elsewhere, myriad eyes, windows to the soul, draw benevolence and purity. A prominent place is reserved for the eye in a part of the collection, whether allowing moonlight to filter through silver embroidery, or centered on the fabrics, gathering its folds with absolute tenderness.

The signs of the Zodiac bestow an expansive astral theme onto long gowns, with Cancer, the astrological sign of the designer, manifesting on the front of a gown as a seal.

The snake, symbolizing health and vigor, boldly weaves its way to complete this monumental assortment which represents the sigil of protection.

And while the Tarot cards with all their mysteries and enigmas appear lost in geometric adornments, it is the Queen Sun that predominates all cosmic and astrological symbols and elements, illuminating in her grandeur the celestial gowns embellished with golden threads.







PRADA PARADOXE

PRADA PARADOXE

THE NEW REFILLABLE FRAGRANCE



EMMA WATSON

Master perfumers Nadège Le Garlantezec, Shyamala Maisondieu and Antoine Maisondieu collaborated with Miuccia Prada and Raf Simons to reconcile timelessness and avant-garde, nature and innovation.

The new Prada feminine fragrance embraces the paradoxes of iconic ingredients to reveal new scented sensations.

Encapsulating the very essence of Prada, the Paradoxe refillable bottle reinvents the most iconic code of the brand: its triangle logo. Titled yet powerfully grounded, the radical shape of the bottle is softened by rounded angles, while the delicate coral pink of the fragrance contrasts with the deep black cap and Prada coat.

Reinventing freshness with the first Neroli bid extraction for Prada to capture the flower fresh dimension. Reinventing sensuality with Ambrofix, a bio-converted Amber, revealing a vibrant warmth. Reinventing intensity through a new revolutionary musk molecule, the Serenolide, for an intense yet subtle and comfortable trail noticeable right from the top.



THE ART OF GUERLAIN APPLICATION



THE IMPERIAL RITUAL: A REMARKABLE TRILOGY

Teamed with the Micro-Lift Concentrate, the ultimate alchemy of nature and technology, and The Eye & Lip Contour Cream, which smooths the eye area during the day and revitalises it at night, The High Regeneration Cream releases all its regenerative force for visibly younger-looking skin for longer.

EXCEPTIONAL COMPLETE CARE
FOR A YOUNGER AND MORE BEAUTIFUL SKIN,
DAY AFTER DAY, INFINITELY.



THE GUERLAIN FORMULATION SECRET



THE IMPERIAL TRIAD™:
FINENESS, FULLNESS, FUSION

In 2022, the Guerlain art of formulation has reached its height, achieving an exceptional sensory feel infused into a highly natural formula*. Guerlain experts have accomplished the feat of enhancing the Orchidée Impériale cream's legendary sensory qualities in a formula made up of 96% naturally-derived ingredients*. The Guerlain formulators have formulated an unprecedented tri-complex behind the Orchidée Impériale The Cream's extraordinary sensory signature: the Imperial Triad™. Designed from the finest naturally-derived ingredients, it delivers unique sensory qualities that distil fineness, fullness and fusion. Ultra-fine, soft and emollient, rich and plumping in one, this exceptional formula perfectly fuses with skin, wrapping it in a protective film that hydrates it all day long.

THIS NEW CREAM REINVENTS
SENSORY EXPERIENCE IN A MORE NATURAL AND
UTTERLY UNCOMPROMISING APPROACH.

* Calculation based on the international ISO standard 16128, including water.
The remaining 4 % help to optimise the formula's integrity over time and its sensory qualities.



OUTDOOR EXERCISES

Get fit, blast calorie load, and have some real fun outside!

It is the best time of the year for the residents and the visitors of Dubai alike. A time when the sun shines happily and a certain chill in the air makes the long nights all too quixotic... With this beautiful weather, there remains no excuse to not partake in the joys of the great outdoors, when burning calories also gets a lot more fun. Exercising in the gym is great, but we wouldn't exactly call it fun! Taking your workout outside and trying some feel good sunny-weather activities, allows us to burn calories, whilst having a great time with Mother Nature. Besides the overall fun element associated with outdoor activities, research also shows that exercising outdoors is linked with good things such as greater vitality, enthusiasm, pleasure, self-esteem, and lower levels of stress hormone cortisol and lessening of bad things such as tension, depression, and fatigue. We have created a list of outdoor activities that boost calorie burn, tone and strengthen muscles, and definitely let you get connected with nature instantly.



Cycling / Biking

This perhaps is the best time of the year to master your cycling skill and burn those calories in the process. Biking is a simple, fun and effective way to get a great workout since it is an excellent cardiovascular exercise. Just imagine your cycling workout routine at the gym, and now bring it outside, the best thing is that time passes much faster and in terms of effort tends to feel a little easier, due to the pleasant distraction of scenery. Cycling outdoors also works the glutes (butt muscles), hamstrings, quadriceps, shins and calves harder than indoor cycling. Another great advantage of biking is that not only do you get the opportunity to just explore new neighborhoods, places or trails, but once you get the knack of it, you can use it as a mode of transport, for your daily household errands and even for commuting to work.



Walking

One of the most easy to execute exercises for just about everyone, walking is one of the best lifetime sports... And getting used to it is as easy as a leisurely walk around the neighborhood. The benefits of walking are that it is easy on the joints, you don't need a lot of fancy equipment, and you can still burn calories. According to the standard guidelines, walking for 30 minutes, 5 days a week, at a brisk pace (about 4 mph) helps ward off chronic ailments. It actually decreases the risk of heart disease, diabetes and high blood pressure. For those who are aiming to lose

weight, walking is essentially the easiest workout to start with. Walking for 60 minutes most days of the week with healthy meals can really help in weight loss and then to keep it off, following the same routine can have lasting effects. If this looks overwhelming, then consider incorporating walking into your daily life by breaking the time into several manageable spurts, like, walking the kids to school or the bus stop, running errands at lunchtime, and a stroll after dinner every evening.



Jogging/Running

Jogging is a terrific sport for your heart and lungs, and it also works wonders in building stamina. If you're trying to lose weight, jogging or running burns calories faster than walking & it also challenges your muscles. A study published in the Archives of Internal Medicine in 1999 found that exercise like running may be as effective as medication for treating depression in some people. However, the key is to start slowly and to gradually increase your time or distance.



Beach Volleyball

Perhaps the best time of the year to pay a visit to the beach in Dubai is Now! And one of the best beach sports of all time is Beach volleyball. It is an awesome full body workout that targets and tones the legs,

arms, shoulders and abs. During a game you're continuously on the move, changing direction, squatting, diving, jumping, serving or hitting. You're also moving on sand, which is more difficult and boosts calorie burn further.



LIVE THE SPORT OF KINGS



STABLES



POLO ACADEMY



RIDING SCHOOL



COMPETITIONS



TOURNAMENTS



EVENTS

A FIVE-STAR LUXURY AT THE HEART OF DUBAI.

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Swimming

Swimming is a wonderful cardiovascular conditioner that also helps tone arms and legs, and it's very easy on the joints, perfect for people who have muscle or joint problems. The weightlessness of the water helps them exercise pain-free. Swimming also increases stamina, it can also help ward off diabetes and high blood pressure, and help to relieve stress. If you do not have easy access to pools, a trip to the nearest beach can be a daylong fun activity and a healthy break...



Hiking

Hiking is one the most spiritually connecting sports. It provides a relaxed atmosphere for a workout that doesn't seem like a workout at all. Listening to the birds and a babbling brook, perhaps enjoying the cool breeze of the forest, provides a break from daily stresses. If you dwell in a concrete jungle don't feel distressed, a trip to a local park will instantly reveal what you have been missing. Hiking is a tremendous workout for your legs along with providing many cardiovascular benefit.



Snorkeling / Scuba Diving

If you're lucky enough to plan a beach vacation, or are even luckier still and actually live near the beach, snorkeling or scuba diving can be the most fun and entertaining of workouts. These activities combine both cardio and strength training, burning a ton of calories while tightening and toning the body. Snorkeling and scuba diving offer the benefits of cardiovascular exercise, minus the strain, sweat, stress, and discomfort of a typical workout. And because you have to work hard to push against the resistance of water (water is hundred times more dense than air) to move forward, it also really works the butt, thighs, hips, back and abs.



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