

first **AVENUE**

**DIOR
BACKSTAGE
THE NEW
MAKE-UP
COLLECTION**

**SUN-KISSED
SUMMER**
10 OF THE BEST
FAKE TANS

**STEAL
SELENA
GOMEZ'S
ODLR STYLE**

**MARGOT'S
NEW ROLE
CHANEL
COCO NEIGE**

THE GREAT

ZENDAYA





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A New Woman Every Day



Editor's LETTER



ZENDAYA COLEMAN - PAGE 42

We're back with another jam packed issue! Former First Avenue cover star Margot Robbie has returned as the face of Karl Lagerfeld's brand new Chanel collection – Coco Neige – and we are utterly obsessed! As you will be too...

And the "all white" trend has also got us pretty excited – who knew that a lack of colour can be so exhilaratingly stylish? And speaking of stylish, we show you how to steal Selena Gomez's style (with the help of a certain Oscar de la Renta) and also explore all your false tanning options to guarantee your sun-kissed golden glow this summer. Trust us on this.

And finally we'll leave you with these two words: Zendaya Coleman. Remember the name, the face, and most importantly, the style. Zendaya has stolen our hearts with her fierce and fearless red carpet presence... and we have a feeling that the best is yet to come!

Myles Mellor

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Full of surprises.

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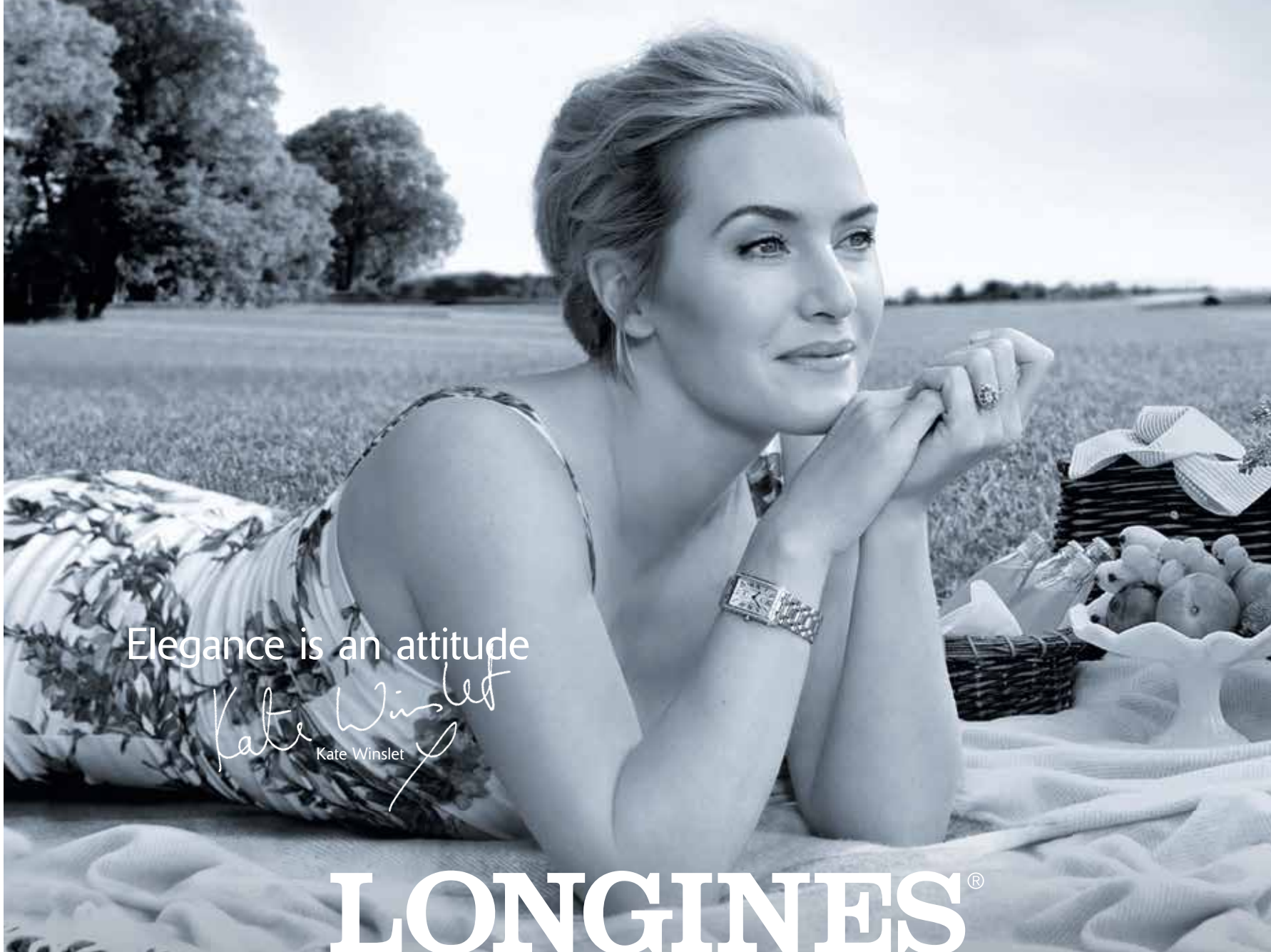
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the new ALL-INCLUSIVE collection



Elegance is an attitude

Kate Winslet
Kate Winslet

LONGINES®



Longines DolceVita

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Distributed in U.A.E By Dar Al Hekma
Kuwait, Qatar, Bahrain, Oman



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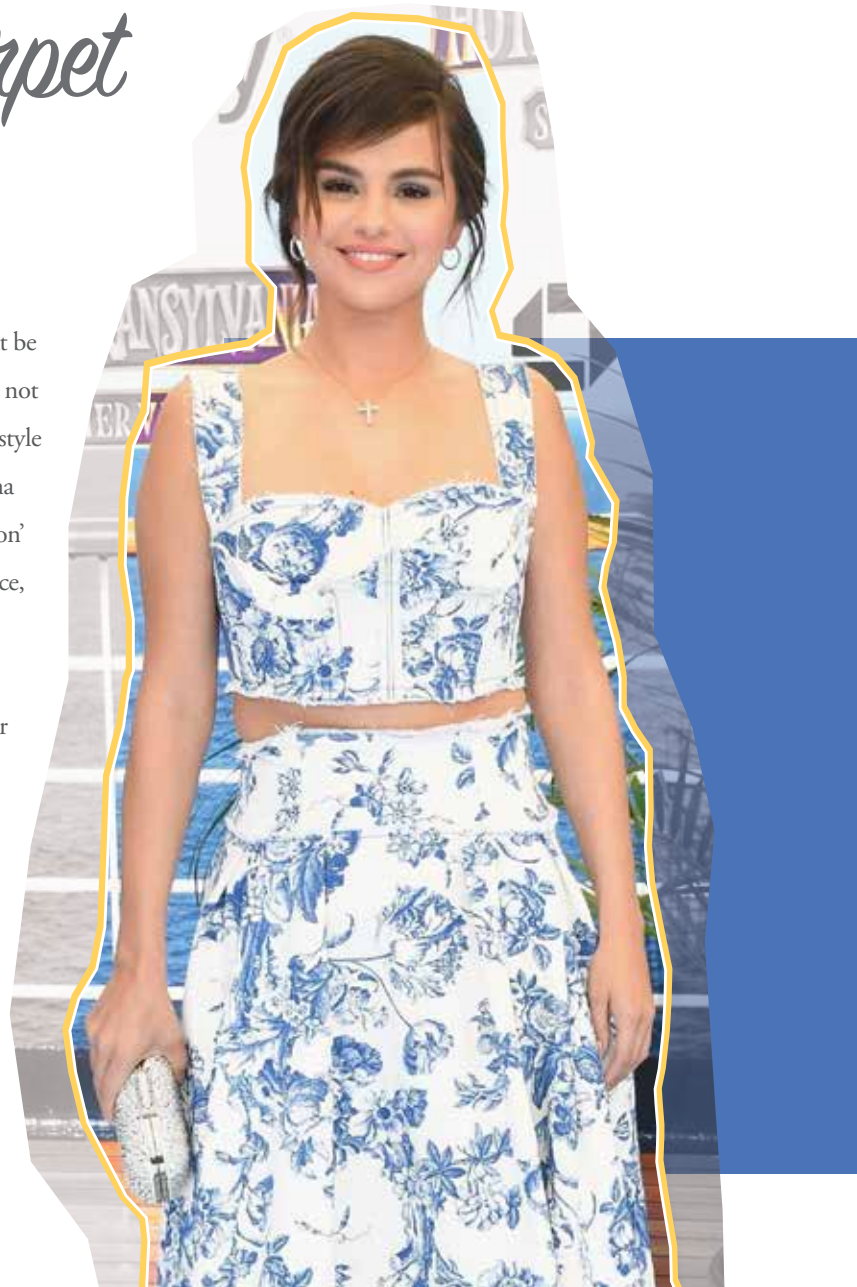
Get SELENA GOMEZ'S

Los Angeles red carpet look!

Selena Gomez has hit the red carpet looking flawless yet again. (Might that be the most used phrase in the world? It wouldn't surprise us!) We know you're not shocked by this statement, as Selena Gomez has been giving us style hit after style hit for as long as we remember. However, this particular look – which Selena rocked at the Los Angeles premiere of 'Hotel Transylvania 3: Summer Vacation' – has really earned our applause not only because of its sheer class and elegance, but because we too can replicate it in all its glory.

Although Selena has made it look like this outfit was made especially and exclusively for her, we're pleased to report that it's actually readily available for us to buy ourselves. Every. Single. Piece. We can't guarantee we will look as sensational as Selena Gomez though, but when – spoiler alert – Oscar de la Renta plays a big part in an outfit combination, you know you've got a great chance!

Take a look at every piece you'll need to channel one of the biggest trend setters and style mavens the A-list world has to offer. And it goes without saying, but don't leave it too long as you'll risk some of the pieces selling out...



Oscar de la Renta bustier top

Yes, there may be a number of different styling options with the ODLR midi skirt, but nothing can really beat the bustier top that the designer and his team had dreamed up, right? We love the chic design and the floral pattern that epitomises summer without being too in your face; the formula for perfection! Oscar de la Renta bustier top, £780, available at Moda Operandi



Jimmy Choo 'Cloud' crystal covered clutch bag

We don't really need Selena Gomez to persuade us to buy yet another embellished clutch bag – especially when it's a Jimmy Choo one – but she certainly hasn't deterred us either. The Jimmy Choo 'Cloud' clutch is not only perfect for this outfit, but also the only bag you need for the finest black tie ball imaginable. And anywhere else you feel could do with a little bit (but more like a lot) of sparkle. Jimmy Choo 'Cloud' crystal covered clutch bag, £1,995, available at Jimmy Choo



Miu Miu embellished leather sandals

Buy now, wear forever. Or until another embellished pair of sandals catches your eye! Selena and her styling team couldn't have chosen a better pair of sandals for this outfit (although we may have toyed with the idea of adding a hot pink or red pair to go for higher impact) and we know that if we purchase the Miu Miu embellished leather sandals to channel Selena we will get a lot more wear out of them. How can anyone resist? Miu Miu embellished leather sandals, £645, available at My Theresa

Tiffany & Co 18K gold cross pendant

Cross pendants have always been quite the fashion statement, and we can bet that Selena Gomez knows it! Whether you catch the light or not, it's impossible not to shine with this 18K gold pendant thanks to the round brilliant diamonds. Tiffany & Co 18K gold cross pendant, £2,525, available at Tiffany & Co



Tiffany & Co platinum hoop earrings

Nobody makes jewellery quite like the iconic Tiffany & Co, and the proof is in these timeless hoop earrings. We know that Selena Gomez has chosen one of the larger pairs, but with various different sizes to choose from, it's impossible to go wrong! Going for a smaller size doesn't mean compromising on the sparkle – we guarantee it! Tiffany & Co platinum hoop earrings, \$12,000 available at Tiffany & Co



Oscar de la Renta floral midi skirt

We can only dream of the movement and fluidity this Oscar de la Renta midi skirt has to offer. Although it works seamlessly with the matching cropped top, we wouldn't think twice about mixing it up and teaming it with another top too. Make the skirt stand out even more by opting for a plainer top, or add a pop of colour by adding something in a soft pink. Or go totally bold and swap the soft hues for something a little louder. May we even suggest a contrasting print? There is no wrong way to wear this skirt, so wear it, play with it, enjoy it, and love it! Oscar de la Renta floral midi skirt, £1,208, available at Moda Operandi



10 of the best... SELF TANNERS!

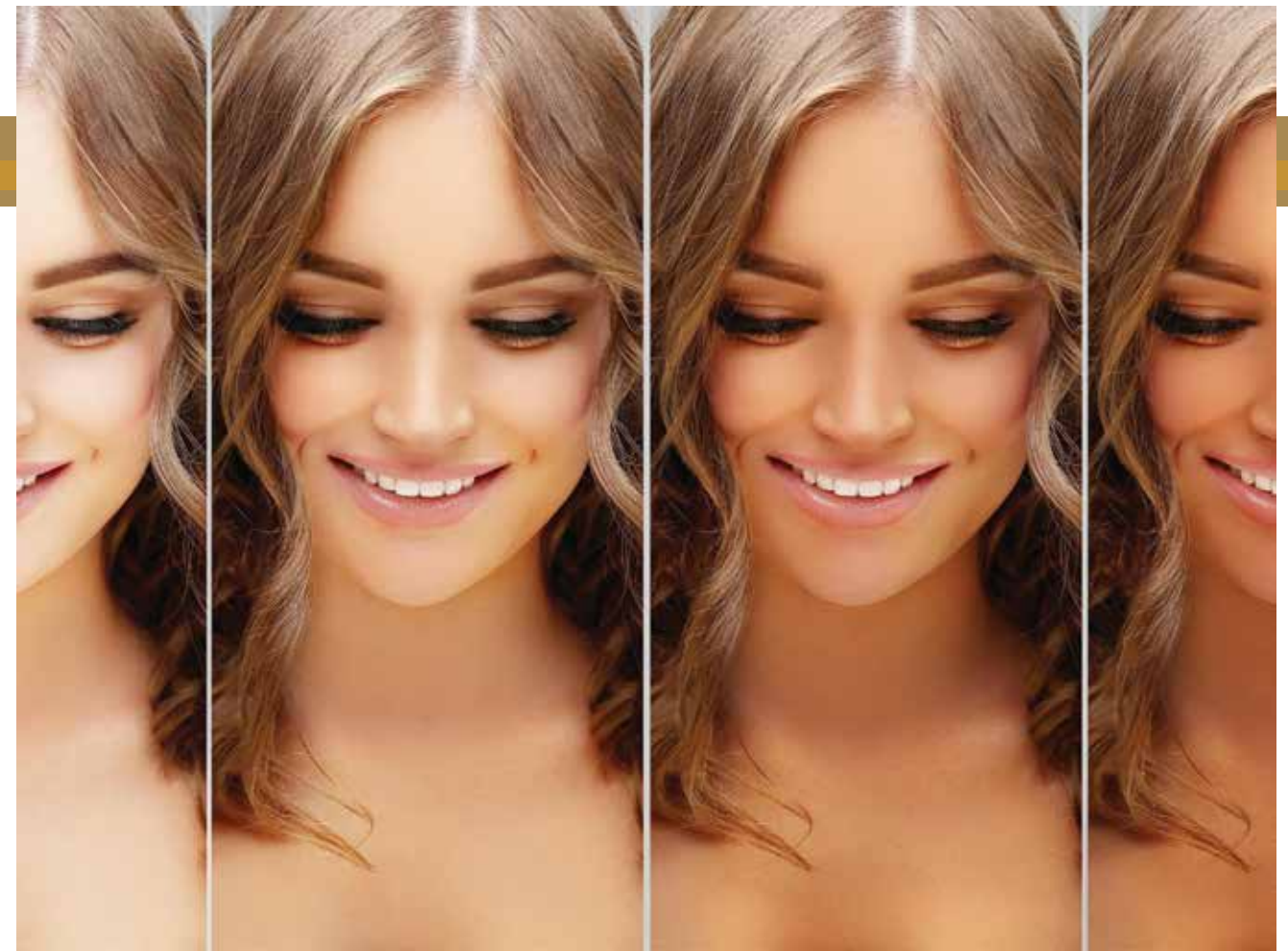
Welcome to our brand new feature, where we'll be bringing you a carefully and expertly curated list of some of our favourite and must-have items. This issue, it's all about that perfect summer glow, which is why we've turned our minds and our hearts to... fake tan!

Some people might be scratching their heads at the thought of searching for a tan from a bottle when the sun is beaming at scorching and skin bronzing temperatures every single day. After all, the UAE is filled with tourists who come virtually all year round for the very purpose of topping up their tans. However, if you find the sizzling temperatures of the UAE just a little too unbearable for extended periods of time, then we're pleased to tell you that you're not alone. When we go to the pool with our girlfriends, we're more into sipping cocktails and having a girlie catch up in cool and slightly shady areas, as opposed to baking in the sun – and that's totally okay!

We love having a year-round summer glow, and have found that when we can't quite hack the UAE sun – or when we just want a little bit of extra or instant help – then faking it is the way to go. Plus, there's also the added bonus of eliminating the risk of wrinkles and other forms of sun damage. That's fake tan 2, real sun 0.

If you haven't been a false tanner before, we have a feeling that you just might be persuaded to try it out by the time you've finished reading. Some of the false tans we have selected not only give you that year round golden glow, but they also smell absolutely incredible too. Like summer in a bottle, some might say. We've chosen a tan to suit everyone – whether you just want a subtle hint of colour or if you really want to glow from head to toe – especially on nights out – then we have something for you too.

TANNING TIP: Make sure skin is clean and exfoliated prior to application, and moisturise dry areas such as knees and ankles. Go hard on other areas of the body, but go soft on the dry areas we mentioned. We like applying fake tan to hands with a make-up brush, with a very light hand. Alternatively, simply brush over hands with your tanning mitt – don't add any extra product – and ensure palms remain tan-free with a make-up removing wipe or dedicated fake tan removing wipes.



Fake Bake Flawless Coconut Tanning Serum For Face and Body, £29.95, available at Look Fantastic

If you're looking for a lightweight consistency, then serums will be your best friend. Moisturising, nourishing and bronzing all at the same time? We're in! This deliciously smelling serum doubles up as a top skincare product that leaves the skin looking and feeling smooth and luxurious. We love that the tan fades evenly too, so no harsh scrubbing to remove the tan required!



Bondi Sands Self Tanning Foam, £14.99, available at Feel Unique

For self tan virgins, foam is the way to go as it is one of the easiest and smoothest application methods. Bondi Sands in particular is one of the most effortless self tans to use, and it won't even feel like a chore as your nose will be graced with that holiday-ready coconut smell. Plus, the aloe vera and vitamin E infused formula is an added bonus for silky smooth, hydrated skin! Leave on for just an hour for a subtle glow, or reapply after 30 minutes for a deep tan!

Clarins - Liquid bronze self tanning for face and décolleté, £20, Debenhams

Designed specifically for the face and décolleté areas, you know this is going to be as gentle as it is powerful. Clarins has always been a force to be reckoned with in the beauty game, and it's excelled in the fake tan game too. We especially love using this in the winter to bronze up our neck and shoulder areas – any skin that is exposed, basically – but it also works nicely in the summer for that added sun-kissed glow.



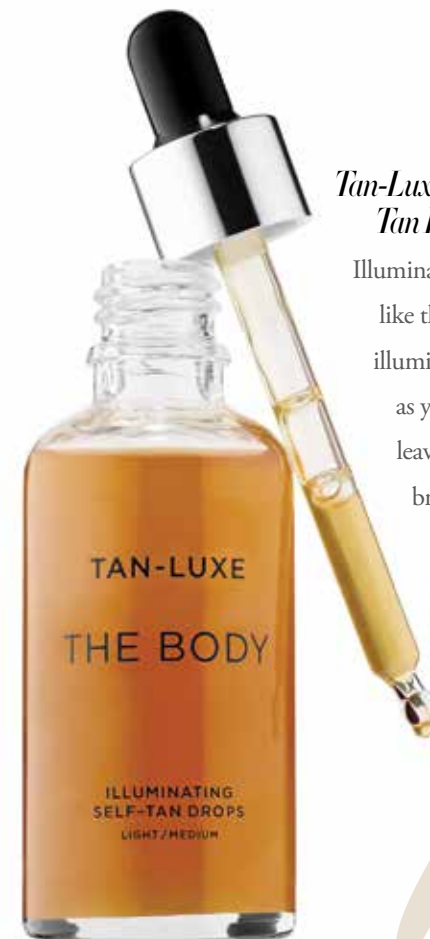
La Mer The Face and Body, £80, available at La Mer

You know anything with the La Mer name is going to be luxurious and worth every penny – and the fake tan is no different. As the name suggests, this is suitable for both the face and the body, so no need to add another product into your tanning routine. The colour and texture, as you would expect, is divine!



Tan-Luxe The Body Illuminating Tan Drops, £22, Space NK

Illuminating drops? Say more words like that, we hear you cry! These illuminating drops are as luxurious as you would imagine, and will leave you with the most glowing bronzed skin you ever thought possible. Add it to your favourite body lotion or even body oil for that extra hydration, and you're good to go. You never knew faking it was this simple, did you?



James Read Gradual Tan Coconut Water Tan Mist, £25, available at Feel Unique

Feels like a refreshing spritz of water with a deliciously coconutty smell (the temptation to eat it is all too real!) but actually gives you one of the most coveted golden glows of all time. There's nothing worse than heavy creams in the blistering heat, so this coconut water tan mist is the perfect light formula we need to withstand scorching UAE temperatures.

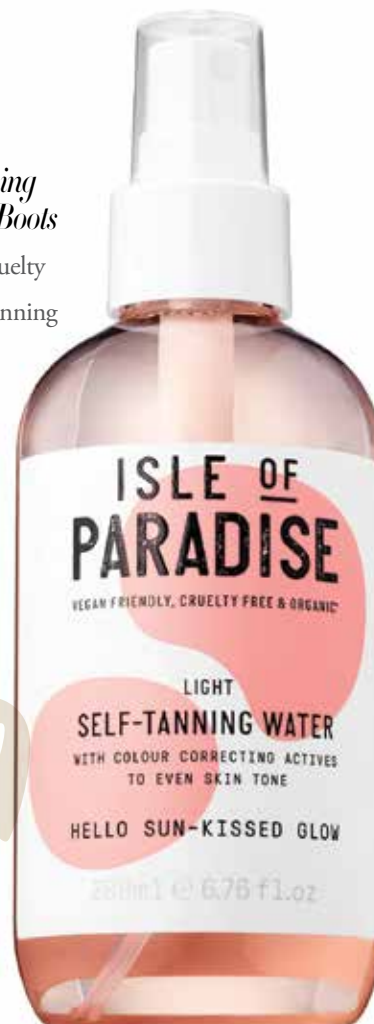
Xen Tan Transformation Ultra, £49.99, available at Look Fantastic

A fake tan that doesn't look or feel like a fake tan? Yes, you read that right. This Xen Tan Transformation Ultra product is something quite magical, as it develops even after you've washed it off. Seriously. The tan applies clear, so it's great if you want to keep your tanning as low key as possible. Wash it off after just an hour for a subtle glow (or 10 for maximum bronzed-ness) and prepare for it to keep developing as you go about your day, with everyone around you completely none the wiser. No tell-tale signs or tan build-up, no need to stay home for hours as it develops – just simple tanning for the on-the-go woman.



Isle of Paradise self tanning water, £18.95, available at Boots

100% organic, vegan and cruelty free, the Isle of Paradise self tanning water is an ethical fake tan if ever there was one. A fake tan like no other, the light, medium and dark water comes in peach, mint green and lilac shades respectively to colour correct itself while you tan. Brilliant, no?



Benefit Hoola Zero Tan Lines Body Bronzer - £25.50

If you regard tanning as just another part of your make-up routine, then you've probably already come across the Benefit Hoola body bronzer and stuck with it ever since. And as the name suggests, it's also great for blending in pesky tan lines or any colour imperfections. The sponge cleverly disguised as a hula skirt makes application a dream! Oh, and did we mention that it stays on for 12 whole hours?



St. Tropez One Minute Pre-Shower Tanning Mousse, £14.50, available at Look Fantastic

If you want a fake tan without the hassle – that's everything from the mess, to the application time to the dreaded drying time – then this is the tan for you. Probably the most fuss-free fake tan we've ever come across; simply apply onto dry skin, wait for one minute, and then rinse off in the shower.



DIOR BACKSTAGE



Introducing the new
ALL-INCLUSIVE COLLECTION
(and some other all-inclusive faves)



The Cruise collections have delighted us for yet another season, but we're sure you'll agree that Dior's brand new make-up collection, Dior Backstage, was the undisputed highlight.

If you don't know what we're talking about, let us fill you in. Dior unveiled a brand new diffusion make-up collection alongside its latest Cruise Collection and fashion and beauty aficionados are quite rightly losing their minds over it. It's being marketed as a luxury professional performance make-up line for millennials, and even includes a contour palette designed by the one and only Bella Hadid. (She's also the face of the collection!) You can't get more contoured or more millennial than that, right?

There were many talking points of Dior's new make-up line – in particular because it's widely believed that Meghan Markle wore it at the Royal Wedding a few months ago – but the biggest one definitely revolved around how versatile it was. Dior has worked hard to ensure its new make-up collection catered to every single woman of every single skin tone around the world, and for that, we take our hats off to them. Safe to say that this sneaky new collection with 40 (yes, 40!) dreamy foundation shades was definitely worth the wait!

We love the whole Dior collection in its entirety, but it certainly isn't the first make-up line to make catering for different skin types a top priority. Remember how crazy the world went when Rihanna released her Fenty beauty collection with a whopping 40 foundation shades? There are many other make-up brands out there that haven't discriminated either, and have made it their mission to include a wide variety of skin colours in their collections. We're going to talk you through just a few of our favourite all-inclusive make-up brands, and some of our top rated products from their collections...

OUR PICK

Dior Backstage face and body foundation

Although we are obsessed with the whole collection, this is definitely one of our stand-out, must-have products. It sets itself apart from its competitors because of its unique fluid texture which allows for different coverage each and every time. The texture makes it perfect to wear for a light glow during the day while still allowing your natural beauty to shine through – Meghan Markle’s make-up artist, Dior brand ambassador Daniel Martin, reportedly used this foundation to allow her iconic freckles to show through during the Royal Wedding. However, if you’re after a more dramatic and totally bold look, this foundation is perfect too as it allows for extra buildable coverage to hide every blemish and imperfection. All the foundations you need in one handy bottle; see, we told you it was a must-have!

Dior Backstage face and body foundation, £29, available at Dior.com



OUR PICK

Bobbi Brown skin foundation



With 24 options, it offers just over half of the shade colours as Dior’s and Rihanna’s, but it’s still pretty extensive as far as foundation shade variations go. It provides a wide spectrum of warm to cool to natural shades, meaning that most women around the globe will be able to find a hue that suits them perfectly. And if you find yourself in-between skin tones (or in-between countries and therefore find your skin colour changes as quickly as your nail polish) then have no fear, because the shades are easily blendable, meaning you can mix and match to your heart’s content. We know we aren’t the only ones who optimistically pack a darker shade of foundation to mix into our existing one when we head off to sunnier climes.

Bobbi Brown Skin Foundation, £34, available at House of Fraser



OUR PICK

Nars radiant creamy concealer



We love a concealer. We love anything that helps us say goodbye to those dark under eye circles that have no doubt crept up on our faces after one too many late nights. Something we are all too familiar with during Fashion Month, let us tell you. So a big cup of freshly brewed coffee and the Nars creamy concealer are the first things we reach for when the alarm brutally wakes us from our much needed slumber. And luckily, there are 16 deliciously creamy shades to choose from. Whether you choose to wear it alone or use it alongside your foundation – both are totally acceptable – you will see results. The best thing about the award-winning Nars creamy concealer is that it isn't strictly for covering dark circles under the eyes. Use it in your highlighting and contouring routine or use it to define your brows after you flawlessly pencil them in – the choice is yours. Women of colour have quite a few sumptuous options to choose from; dark coffee, Amande, cafe and cacao shades have proven exceedingly popular.

Nars radiant creamy concealer, £24, available at Space NK



OUR PICK

NYX mineral stick foundation



Once again, NYX has delivered in an area which so many other make-up brands have failed. Many NYX products come in a wide variety of skin colours to suit our palest and darkest sisters alike – as well as everyone else in-between. Sure there's room for improvement, and by improvement we mean more diversity, but that can be said for the majority of make-up brands. Now that Rihanna has given us what we want, we have become rather spoilt. As we should!

With the right primer, these foundation sticks are perfect for foundation on the go. And you'll be pleased to know that they're very buildable, which means you can play around with different shades to achieve your dream colour.

NYX mineral stick foundation, £11.50, available at Nyx



OUR PICK

Laura Mercier tinted moisturiser

All-inclusive skincare is also high on our list, and there are quite a few high end and high street make up brands that have done well to target as many women as possible in terms of the variation of shades they offer. Laura Mercier's oil free tinted moisturiser has been a firm favourite in our make-up bags for quite some time- especially in the daytime of the hottest summer months when we want a lighter alternative to foundation – and we aren't alone. With 15 shades to choose from, countless women have found their perfect shade, meaning they can enjoy a lightweight, effortless daytime make up look. Unlike the foundations, the tinted moisturisers sadly aren't as blendable, meaning it's a lot tougher to find the perfect shade as mixing and matching is a no-no. The shades do seem to favour lighter skin tones, as there are many more options to choose from, but our darker skinned sisters from around the world have expressed that they haven't struggled to find the perfect match. Porcelain and natural are the lightest shades this collection has to offer, while mocha and walnut are the darkest. Always room for improvement, but this is a pretty good start. We hope Laura Mercier and her team are listening!

Laura Mercier tinted moisturiser, £34, available at Space NK



OUR PICK

MAC Studio Tech Foundation



MAC, being one of the biggest suppliers of make up around the world, was bound to have its fair share of all-inclusive beauty products. And we have to say that the Studio Tech foundation is pretty up there in terms of non-traditional liquid foundations offering wide options for women of colour. Many products from different brands seem to be lacking in variety when it comes to non-liquid foundations, but MAC has done its homework and includes a wide spectrum of colours. Again, with 16 colours, it barely scratches the surface when we compare it with what the likes of Dior and Fenty Beauty have to offer, but it's a start. NW47 and NW50 are deep, gorgeous colours for dark skinned vixens, while porcelain skinned beauties with both warm and cool undertones also have a lot of options to explore.

MAC Studio Tech foundation, £27.50, available at House of Fraser

A vibrant advertisement for Menchie's frozen yogurt. At the top, there's a kiwi slice and a strawberry. The Menchie's logo is prominently displayed, followed by the tagline 'frozen yogurt'. Below this, the text 'Mix & Chill' is written in a large, pink font. The main image shows three cups of frozen yogurt in pink containers with the Menchie's logo and the slogan 'we make you smile'. The cups are topped with various fruits like blueberries, raspberries, and kiwi, as well as chocolate shavings and colorful sprinkles. In the background, there are two glasses of smoothies: one chocolate and one pink, both with a straw and a strawberry.

Mix & Chill

Summer time, Beach time, Menchie's time

Love to Lust

CHANEL'S

brand new Coco Neige collection



Well, if it isn't former First Avenue cover star, Margot Robbie. And it seems like she's landed herself a brand new job since the last time we spoke of her, as she is none other than the face of Chanel's brand new Coco Neige collection. (She's also the newly appointed Chanel Brand Ambassador, just in case you thought her new role wasn't big or exciting enough!) And what is Coco Neige, we hear you frantically exclaim? Let us fill you in...





Karl Lagerfeld, he who seemingly never sleeps as he has so many projects to take care of, has embarked on yet another adventure. He has made sure that our wallets never get a break as he has introduced not one but two covetable new lines for Chanel. Coco Beach, which is a brand new line of vacation-wear fit for the beach and the pool – which should be unveiled in due course – and Coco Neige, which is essentially the same thing, but is dedicated to winter holidays. Think the finest and most practical winter sports pieces and the most luxurious après-ski attire you’ve ever seen all rolled into one.

And let us tell you, from what we have already seen, the entire Coco Neige collection is pretty lust-worthy! Put it this way, we’ve already ambushed our local Travel Agent and searched for flights to places with cold and snowy climates... and have a feeling that you will follow suit too.

Now we can’t go any further without mentioning and appreciating the stunning ad campaign that Karl Lagerfeld shot Margot Robbie for. Just look at those pictures! It isn’t just us who are mesmerised by the shoot though, as Margot herself said that photographing the campaign was one of the highlights of her entire career...

“This shoot was one of the greatest experiences of my career,” the Oscar-nominated actress and new Chanel ambassador said in a statement.

“The energy and vibe on set was so wonderful and collaborative. One of the first things Karl Lagerfeld said to me was that we never need to take ourselves too seriously. “He has such a creative mind and he knows exactly what he wants and the minute he captured it, we were moving onto the next shot. It was amazing.”

She certainly looks like she is enjoying herself if the campaign images are anything to go by. And how can being draped in Chanel’s take on winter sports and après-ski not put a giant smile on your face?

As well as Margot Robbie’s stunning ad campaign, we also have the lookbook images to try and tempt us. And tempt us they have. Ski suits, jackets, boots, and some chic and totally fabulous hats are just a few of the key pieces in the Coco Neige collection. We’re hooked!

Are you ready to be the chicest woman on the slopes? Coco Neige is now available in Chanel boutiques, along with its Autumn/Winter ready to wear collection. Happy shopping!











Trend to try

All White

Although we are gearing up for yet another season of Fashion Week (make sure you grab the next issue for your first look at the hottest SS19 trends) there's one trend that we can't seem to get enough of right now. It's simple, yet it has the capability to speak volumes and make the biggest sartorial statement of all. In case you hadn't figured it out, this issue's trend – nay, obsession – is none other than everyone's favourite non-colour... white!

There are a lot of things we need to thank for the reintroduction of white into our lives and wardrobes. The exclusive Wimbledon tennis championships with its essential all-white dress code has certainly played a part. Us being in the height of summer and in desperate need for the coolest shades and materials also has a lot to do with it. And thirdly and most prominently, even though it's been several months since the Royal Wedding, the world is still fascinated with Royal Bride Meghan Markle's respective Givenchy and Stella McCartney dresses, doing anything and everything they can to recreate even the smallest part of her wedding look. Did you know that "high neck white dress" was among the most searched for search engine terms? Well, if you like to lead as opposed to follow, we found a pretty special alternative which we think might just get an even bigger reaction than the new Duchess's wedding dress; but you'll have to read on to find out...

Are you ready to see some of the hottest white pieces we want to get our hands on?



A sleek and slinky floor length gown is just what every glamorous event needs. Leave the colour to someone else, and channel your inner ice princess and match with frosty white accessories; the more sparkles, the better! Minimal colour and maximum impact; thank you Galvan! Galvan Salar sequin-embellished column gown, £1095, available at Matches



It might not look the same as Meghan Markle's wedding dress, but who wouldn't feel like a Princess when making their grand entrance in this show-stopping Alessandra Rich gown? This sequin, embellished masterpiece is not one for wallflowers, as it will guarantee full attention and appreciation the whole night long. The exaggerated shoulders and daring front slit are the perfect additions to make the dress fashion forward, seductive and modern; if Cinderella was made in 2018...

Alessandra Rich gown, £2,300, available at Harrods



We love how this skirt is marketed as a bridal skirt for brides looking to shun tradition and go for something a little unconventional.

Teamed with a fun matching cropped top from the same collection or anything else that takes the bride's fancy, this skirt certainly ticks all the boxes when it comes to thinking outside the box. Half of the time, we're picturing a beach wedding at sunset. And the other half, we're abandoning the idea of the wedding skirt altogether, and just wearing it to our next big event. Who's with us?

Rime Arodaky Salem embroidered tulle and crepe maxi skirt, £2,825, available at Net a Porter



These cage sandals are just what we need to show you that white most definitely does not equal boring. Far from allowing you to blend into the background, these Jimmy Choo beauties will help you walk the walk, talk the talk, and exude all the confidence and attitude you want.

Jimmy Choo Sheldon 100 pumps, £750, available at Far Fetch

Embrace the white trend as you go about your everyday life – who said you had to wait for a party to show off your fashion credentials? Although white sneakers are in no way a new and ground-breaking creation, we think you'll struggle to find someone with white sneakers as glamorous and edgy as these Valentino ones. Plus, they're the perfect substitution for when you want to give your feet a rest from your classic

Valentino rock stud heels. You know the ones we mean...
Valentino Garavani 'Rockstud Untitled' 11 Open Sneakers, £610, available at SSENSE



There's so much detail on this Balmain scalloped skirt, so keep all other pieces and accessories to a minimum to let it shine the way Balmain intended. We're all for dressing head to toe in white, but we also believe in breaking the rules and adding a black blouse for other occasions to truly make the skirt pop. There are endless styling possibilities, so go wild!

Balmain pleated scalloped skirt, £2,384, available at Far Fetch



Fun, chic, edgy and totally fashion forward; of course we are describing an Alexander McQueen piece! This fluted mini skirt from Alexander McQueen was influenced by Medieval times, yet still manages to look modern and trend-driven. How does Sarah Burton do it?! Team with any white top of your choice – the more elaborate, the better – or go for something gold and extravagant to complement the gold hardware.

Alexander McQueen fluted mini skirt, £717, available at Far Fetch



A great piece for casual and everyday wear with the versatility and ability to take you from day to night with ease. A crisp white blouse is a firm staple for every wardrobe, and you can't really get much better than Valentino, can you? We love the simplicity of this Valentino blouse – especially the relaxed oversized silhouette – and the exaggerated bow at the back adds just the right amount of drama if and when needed. Wear your hair in a voluminous bun to make the bow

detailing pop!

Valentino silk blouse, £522, available at Far Fetch

This dress is technically ivory, but we couldn't omit this breath-taking piece because of a tiny technicality, could we? Stella McCartney has done it again. Not only did the British designer create Meghan Markle's sensational Royal Wedding evening dress, but she is also the brains behind this truly show-stopping plunge neck dress. Embellished to perfection with the finest pearls and the most flattering, figure-hugging silhouette, this dress is, in a word, irresistible.

Stella McCartney pearl embellished gown, £2,399, available at Harrods



Now this is definitely something that confirms that white doesn't mean plain and boring. Throwing all simplicity out the window is this beyond-stunning vintage inspired 3D baroque bag from Dolce and Gabbana. We love the structured box silhouette and the petite size, making it just the perfect substitute for the more traditional eveningwear clutch.

Dolce and Gabbana Baroque top handle bag, £6,000, available at Harrods



Style crushing on...

ZENDAYA

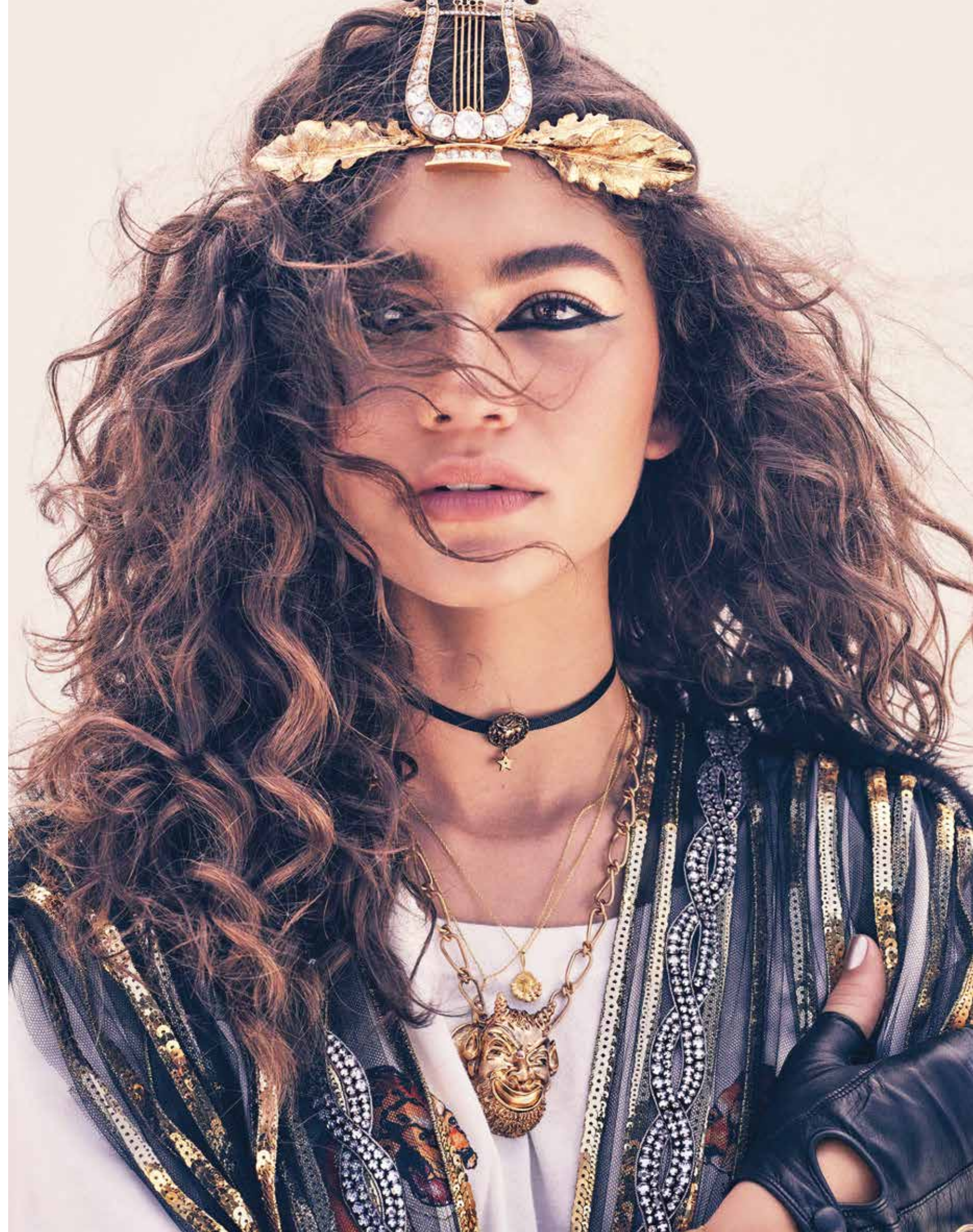
Coleman!

Zendaya Coleman blew everyone away with her stunts and vocal chords in ‘The Greatest Showman’, but she’s been dazzling us on the red carpet for a whole lot longer. And will continue to do so if her latest red carpet looks are anything to go by.

One of the many things we love about Zendaya Coleman is that she isn’t afraid to try anything new, both professionally and sartorially. Again, all you need to do is go through her history, and you’ll be pleasantly surprised with what you find. She isn’t afraid of potential criticism, which makes us respect and admire her even more. Cast your minds back to 2015 when she had dreadlocks in her hair. Wearing dreadlocks at The Oscars was a bold move – one which also came with its fair share of criticism. However, she didn’t let the naysayers put her down, and rocked them with ferocity and confidence. In fact, her response to the criticism is what earned her even more respect. “To me, locs are symbol of strength and beauty, almost like a lion’s mane,” she famously said in defence of her hair. What a woman! And if that isn’t something we look for in a style crush, then we don’t know what is!

Whether she comes out with conservative and understated looks or whether she breaks the rules with her playful and fearless red carpet outings, she never fails to turn heads. The red carpet instantly becomes more exciting when Zendaya makes her appearance, and we have every faith that she will continue to be ‘one to watch’. Although she has already made a name for herself in her industry and cemented herself as a style maven – see above re fearless red carpet presence – we know that this is only the beginning. As she’s only 21 years of age, the rising star has many years ahead of her to play around with her style – both on and off the red carpet – and we couldn’t be more excited about it. The sky’s the limit!

That’s enough fan-girling over her and her style savvy fashion choices, as it’s time to get down to business. Let’s take a look at some of our favourite Zendaya looks which prove just how far the actress has already come.



■ *At the 2018 Oscars in Giambattista Valli Couture*

We raved about her Vanity Fair Oscars after party look during our awards season red carpet roundup a few issues ago, so it's only right we give her main ceremony outfit some rightful attention too. (That's the trouble with looking flawless on each and every red carpet – there just aren't enough pages around to fully appreciate them!) We fell in love with this Giambattista Valli Couture dress when it made its runway debut, but worried how it would translate onto the red carpet as, let's face it, not many people have a supermodel body to showcase it in all its glory. Luckily, Zendaya isn't most people, and did Giambattista Valli's hard work justice. We applaud how Zendaya let the dress shine by opting for a slicked-back up-do and complementary make-up tones. Zendaya could never truly stop herself from stealing focus, though – are we right?



■ *At the 'The Greatest Showman' World Premiere in Viktor & Rolf*

We had every faith that Zendaya would pull out all the stops for the world premiere of a movie that's literally about wowing the crowd... and she certainly didn't disappoint. Zendaya rocked her fair share of interesting wigs in 'The Greatest Showman', and we're glad that she also chose to wear one on the red carpet. It may not have been a candyfloss pink beehive like in the movie, but Zendaya still managed to turn heads. We think that's more to do with the sensational Viktor & Rolf ballgown though. She lived up to – exceeded, even – our expectations for the grand world premiere; and we wouldn't expect anything less!



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■ *At the 2018 Met Gala in Atelier Versace*

The annual Met Gala seldom comes out with a boring theme, but we think this year's Fashion and Religion theme was its most talked about yet. And its most controversial! While many models, singers and actresses chose to play it safe on the red carpet, the same couldn't be said for Zendaya, who literally took the theme and ran away with it. Rihanna and Katy Perry usually slay the Met Gala red carpet with their adaptations on the dress code, and this year Zendaya sky-rocketed to their platform, perhaps even overtaking them in the process. Zendaya channelled a Versace-clad fashion crusader with her Atelier Versace look, and even went one step further by opting for an on-theme cropped wig.



■ *At the 2018 MTV Movie And TV Awards in August Getty Atelier*

Kudos to Zendaya for wearing a leather dress in the middle of summer – talk about dedication to fashion! Zendaya always keeps things interesting and sometimes even unpredictable on the red carpet, and her style risks always seem to pay off! She commanded this look and was top to toe perfection. We love the bold shape of this dress – the clear talking point of the look – and think Zendaya did a great job of doing it justice. Sleek, slicked-back hair and minimal accessories – save for a fierce pair of gargantuan spherical earrings – completed her look nicely.



■ *At 'The Greatest Showman' Australia premiere in Moschino*

Let's all take a moment to fully digest this look and take every single detail in. We think most people will agree that this look was so show-stopping it even eclipsed the look Zendaya wore to the London premiere. And that's saying something, as we sang her Viktor and Rolf look's praises for hours. Zendaya treated her Australian fans to one of the best red carpet looks we've ever seen, courtesy of an unmistakable, out-of-this-world butterfly Moschino dress. This dress needed someone not only with a statuesque figure (Zendaya stands at 5 feet 10 inches so she certainly ticks that box!) but with a fierce attitude and unrivalled confidence – and Zendaya was just the girl for the job. The colours work with her hair colour and skin tone beautifully, making this one of our undisputed favourite Zendaya looks of all time.



■ *At the Tiffany & Co. Paper Flowers Event And Believe In Dreams Campaign Launch in Dice Kayek Couture*

Zendaya, please, slow down we don't know how much more of this we can take! We were mentally and physically unprepared for this red carpet appearance which blew us away! With empowering red carpet looks like this, it's hard to forget that Zendaya is just 21 years old. You'd be forgiven for mistaking her for a seasoned red carpet pro who's been doing this for decades! This beyond-stunning Dice Kayek Couture dress could easily drown many a celeb, but statuesque Zendaya pulled it off with ease. And what a cute finishing touch the headband and polka dot shoes were! Zendaya, you nailed it!



■ *At the 2017 Met Gala in Dolce and Gabbana*

Last year's Met Gala attendees had a hard time from the media for failing to recognise the 'Rei Kawakubo/Comme des Garçons: Art Of The In-Between' theme. And it wasn't just the media, as Rihanna herself even threw some shade at her fellow attendees for their sub-par red carpet outfits. Luckily, Zendaya was one of the few guests who not only understood the theme, but also complied with it and excelled at it. We think she was the perfect person to showcase this Dolce and Gabbana dress due to her fearless red carpet presence and willingness to think outside the box. We can't fault a single thing; and whoever told Zendaya to wear her hair like that deserves a pay raise!



■ *At the 'Without a Net' NYFF Special Screening in Elie Saab*

A pretty girl in a pretty pink dress – seems simple enough, yet somehow Zendaya seems to have left us well and truly mesmerised with this look. While this would be a go-to look for most actresses attending a premiere, we feel it's quite a different direction for Zendaya, considering how bold and out of the box her style usually is. Yet this look proves that she still has that sparkling star power as she still managed to steal the show in quite a conventional (albeit totally spell-binding) Elie Saab dress. We adore the simplicity of this look, and love how Z has chosen to rock one of the most popular hairstyles of the season!



■ *At the 2018 Beautycon Festival NYC in Akris*

Why so serious? Zendaya has walked many big red carpets wearing some truly sensational gowns, but she still manages to make her mark while rocking some more light hearted and seemingly effortless outfits too. Zendaya's never been afraid to play with colour, and she really put a smile on our faces when she attended this year's Beautycon Festival in New York wearing this bright and cheerful Akris number. It was fun, it was playful, and as always, it left us beaming from ear to ear. Matching orange heels and a long plait completed her look wonderfully.



■ *At the 'Spider-Man: Homecoming' LA Premiere in Ralph & Russo Couture*

We found this look to be a breath of fresh air as it's miles away from Zendaya's quirky red carpet choices. Zendaya debuted some style-winning looks on the 'Spider-Man: Homecoming' promo trail, but this one stands out the most for us for so many reasons. We love how she turned on the sex appeal for this look thanks to the hot pink colour and daring slit of the dress, and the voluminous goddess-like hairdo. This look just goes to show that she can rock absolutely everything

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2018 Novelties for Women arrive in Middle East
Royal Oak Offshore Selfwinding Chronograph, 37mm



A wealth of new choice for adventurous spirits, the new 37mm Royal Oak Offshore Selfwinding Chronograph collection for women offers a piquant mix of diamond-set bezel with ready-for-anything stainless steel case and rubber strap.

There are five new colours with contrasting blue counters: Pink – But in a Good Way, White Wows, Acid Green, High Energy Orange, and Luscious Plum.

This exceptional selection of funky colours shows vibrancy and style. They are the newest chapter in a legacy that goes back over 20 years and celebrate the essence of the Royal Oak Offshore.

The coloured dials feature the classic “Lady Tapisserie” pattern and the bezel is set with over 1 carat of diamonds.

CARL F. BUCHERER'S

Global brand ambassador Li Bingbing and her watch star in the MEG world premiere in Beijing sponsored by CARL F. BUCHERER



Swiss Luxury watch manufacturer Carl F. Bucherer co-starred with its Global Brand Ambassador Li Bingbing in the science-fiction movie The Meg. The world debut of the movie was held at the Water Cube in Beijing last night. The famous actress was joined on the red carpet by the movie's director, Jon Turteltaub, and the stars of the film, including Jason Statham, Winston Chao, Ruby Rose, and Cliff Curtis.

In the movie, Li Bingbing plays Chinese oceanographer Zhang Suyin, and wears a Carl F. Bucherer time- piece in every scene. The sporty and elegant Patravi ScubaTec diver's watch is distinguished by its technical sophistication and high degree of reliability even under extreme conditions, and is the perfect companion for her character in the action-packed movie. With her ability to take on new challenges that take her out of her comfort zone, the international actress demonstrates true professionalism. She is one of the lead actresses in The Meg, and her character, Suyin, works together with Jonas Taylor (played by Jason Statham) to save a group of scientists who are trapped in the depths of the ocean and keeps them safe from a megalodon – a 75-foot prehistoric shark.

Talking about her role in the movie, Li Bingbing said: “It was very exciting and challenging. My character is a female scientist who is faced with a lot of challenges in deep waters. During filming, we had to make full use of our imagination to act out reactions and be at the peak of our physical fitness to create the best scenes. It was a great honor for me to wear a Carl F. Bucherer watch in a setting in which I was able to do things I thought I would never be able to do. When I look at my Patravi ScubaTec, I always sense a great feeling of accomplishment.” Sascha Moeri, CEO of Carl F. Bucherer, is proud to continue the Lucerne-based watch manufacturer's successful involvement with the film industry: “In this stunning movie, our Global Brand Ambassador Li Bingbing plays her role with the highest degree of passion and dedication. We are delighted that, with her wearing the Patravi ScubaTec, one of our watches also plays a starring role in the movie.” As the exclusive watch sponsor of the premiere, Carl F. Bucherer is also involved in the movie's international debut in Beijing. On the red carpet, Li Bingbing wore another stunning Carl F. Bucherer watch that gave her exquisite look an extra touch of glamour.

FUN GUESS

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Let your true colours come out this fall with pops of colour and playful graphics with these trendy statement handbags from GUESS. The GUESS fall collection is full of fun oversized structured totes, logo-heavy backpacks with patchwork and ultra-mini cross body bags in black and metallic hues that are practical and oh so cute!



5 FOOD

you must include in your diet every week



What to eat and what not to eat! Food fads change every day leaving you exhausted and confused. When it comes to healthy eating there are a lot of do's and don'ts, new diets and forbidden foods you crave but abstain from. Don't eat oily food, don't cook your food, don't eat sugar and salt, are some dietary comments commonly heard. So while you focus all your energy on deciding what you should not be eating we suggest you shift to thinking what you should be eating.

It is important to realize that your body requires vital nutrients to function well, and this cannot be achieved just by abstaining from the 'wrong food' instead try eating what is right. In the process of cutting out various foods (you may think is unhealthy) you may be missing

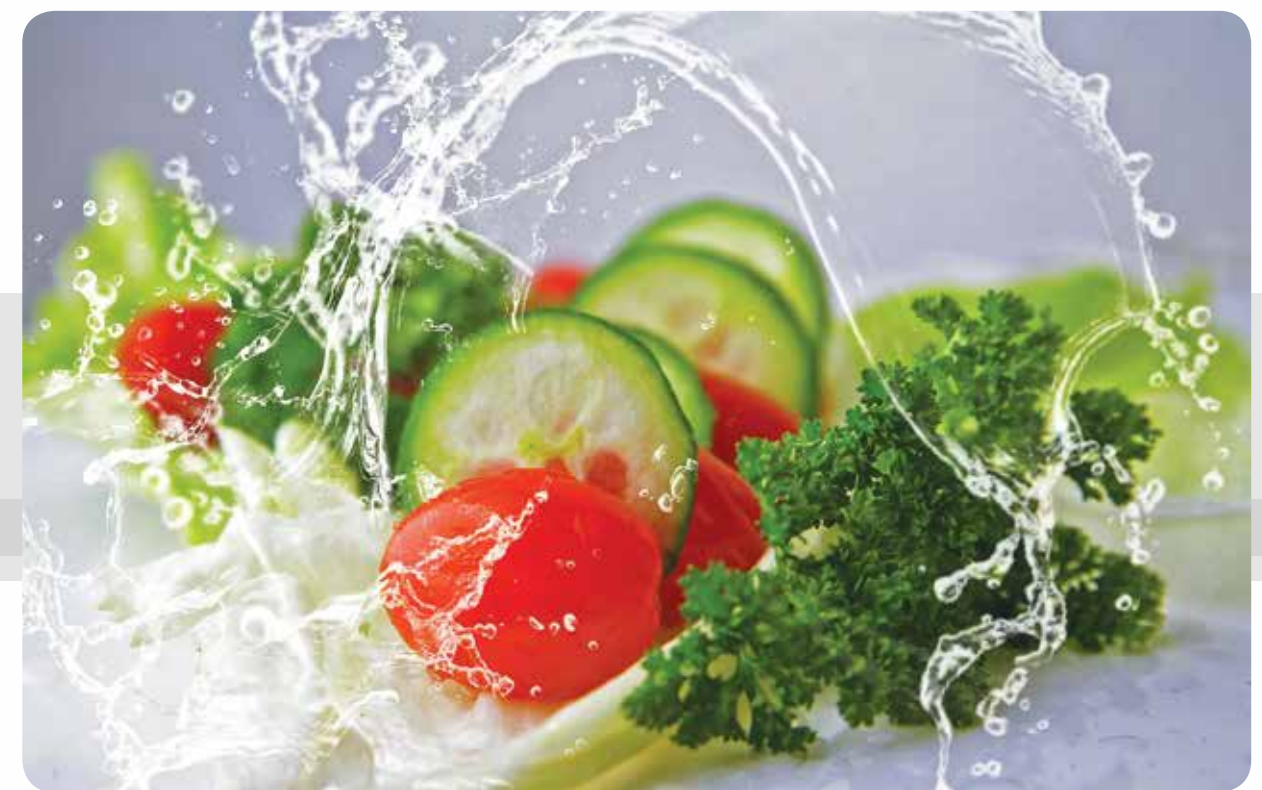
out on essential nutrients. It is natural to indulge in your sweet or junk craving once in a while, in fact you should go ahead and enjoy every bit of it, but know when to stop.

Healthy eating essentially means ensuring that your body receives a variety of foods in every meal through the week. Cutting through the myriad of diet plans and faddish eating regimes, the human body needs a balanced, right eating plan to keep functioning properly. The food you eat should ensure that your body in receiving adequate nutrients to grow and build, repair and heal, ward off illness and infection and avoid weight-related issue. It should be a balance of proteins, anti-oxidants, healthy fats, good carbs and vitamins.

As suggested by the experts at India Gate, you can now eat your way to a healthy life by including the below mentioned 5 foods in your diet:

Water rich food

We all know that drinking sufficient water is vital to the body. It helps flushing away unwanted toxins and providing nutrient. But considering the hectic schedule we live, sipping water at all times may not always be possible. You can complement your regular water intake by eating foods with high water content. This would include food like cucumber, melon, lettuce, tomato etc. These food not only make up for your inadequate water intake but also provide the body with fibre and other necessary nutrients.



Nuts

Although many people assume that nuts are loaded with the fats, but the fact is these are healthy fats that are necessary for your body. They contain healthy oils, Vitamin E and monosaturated fats that help you stay full, absorb vitamins and promote weight loss. But refrain from the salty counterparts of these nuts.



Seeds

They may look tiny but seeds are packed with dietary fibre, protein, healthy fats and many antioxidants. When made a part of your regular diet, these seeds can help reduce blood sugar, cholesterol and blood pressure.



Protein rich food

Proteins are extremely essential to support the body's functionality. Chicken and fish are high in protein and is a great option for non-vegetarians. But protein doesn't always have to mean meat. You can receive meatless protein from Quinoa, lentil and beans. In fact quinoa is a good substitute for rice.

It will help you reduce your carb intake and increase the protein.



Berries

In trying to keep up with your veggie, proteins and necessary fat intake don't forget that berries are vital for a balanced diet. They are an incredible source of antioxidant which fight various diseases and slows down the body's aging process. They are a good compensation for your sweet cravings too, as they are sweet, high in fibre and naturally filling.







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