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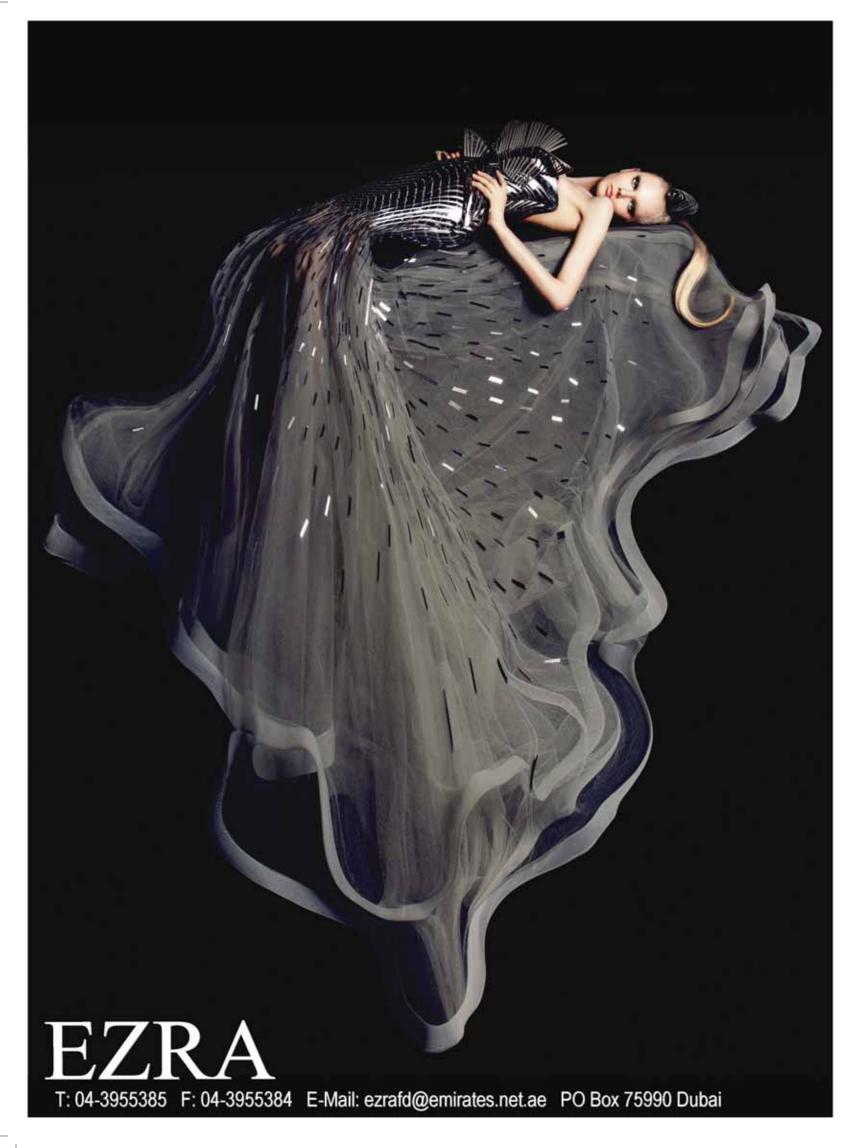
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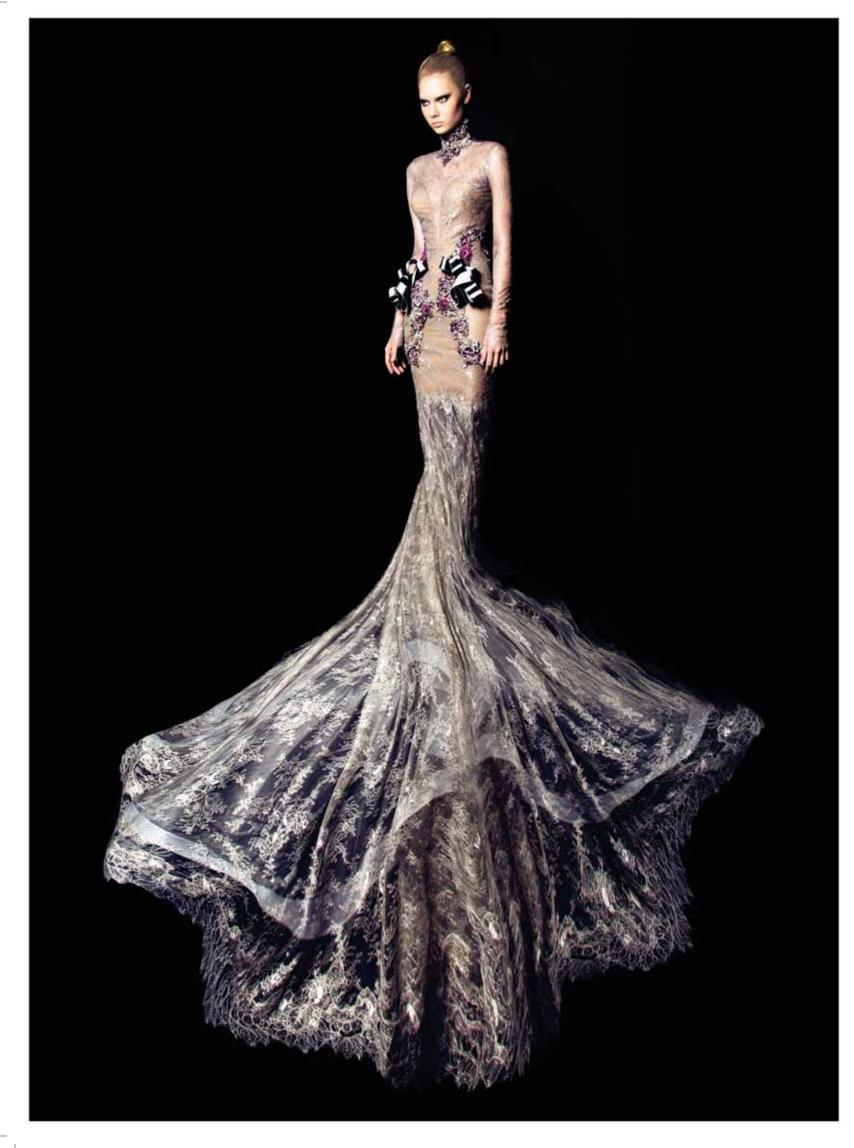


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We bring you the First Avenue!



EDITOR'S NOTES

Welcome to the latest issue of the First Avenue Magazine, where we strive to bring you the best from the world of fashion, luxury and lifestyle. As the temperature in Dubai has started to rise, our thoughts turn to sunny skies, warm temperatures and clothes designed for hot days in the city. Because there is no better time for dressing than the season when sandals come out to play and hemlines get shorter, First Avenue Magazine presents our most complete, painstakingly put together 2013 spring fashion and lifestyle features ever.

Offering everything you need to amp up your chic spring style, check out our feature, *Spring 2013 Trends*. With the new season everything takes on a new look, our fashion must haves section is filled with choice products that you may wish to purchase and which are sure to inspire your next big look, from bags to accessories, there's a fashion fit for all your moods.

Since spring is what everyone is talking about, this month's health and fitness feature is all about staying happy. Learn how small changes can make a huge difference in making us feel contended and satisfied. Our cover girl, the Academy Award winning actress, Anne Hathaway, talks about her character in Les Miserable, her on stage experiences and stardom. This month we also introduce a whole new section dedicated to what's hot and happening in Dubai, where we pick a handful of places for you to visit and entertain yourself. With all this don't forget to check out the travel and stay feature on Australia and discover the landmarks of this far off land.

So, now that you have learnt to look smashing for this spring, discovered far off places, learnt what's hot, you may as well consider getting into the kitchen and cooking some spring recipes. Try out our collection of mouthwatering recipes from the chef at the lvy, and discover the real taste of spring.

Of course there's plenty to buzz about, fashionable home décor ideas, musings from Dubai's style setters and more, we hope to see you around D town...

Enjoy reading..

Lamiya Sami

ESCADA





The Leading Luxury Retailer

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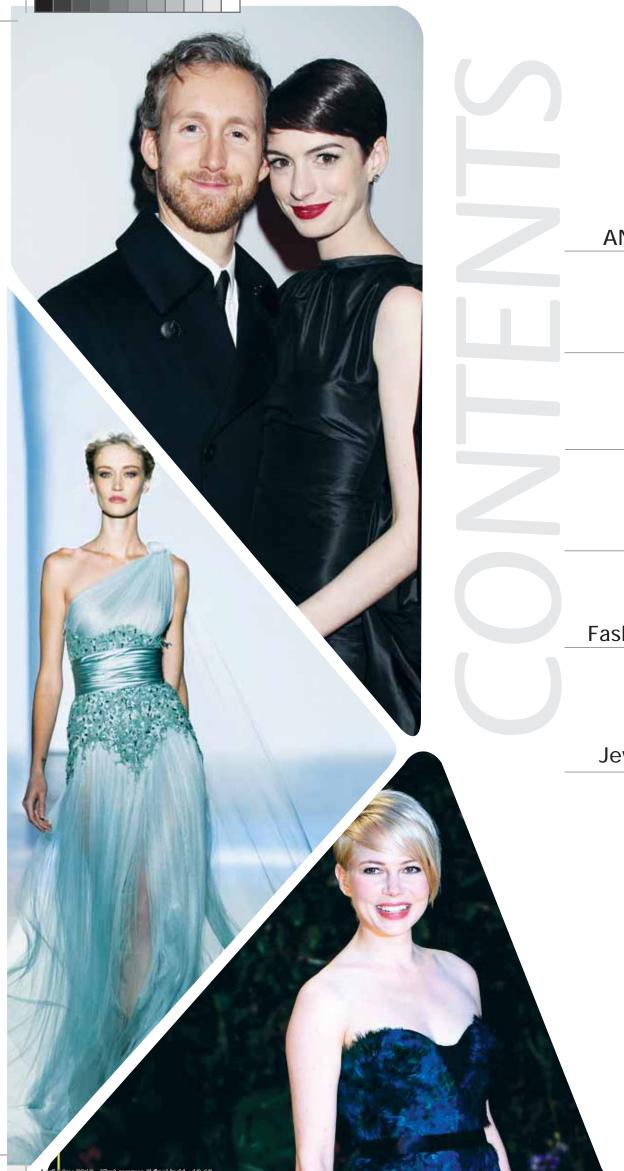
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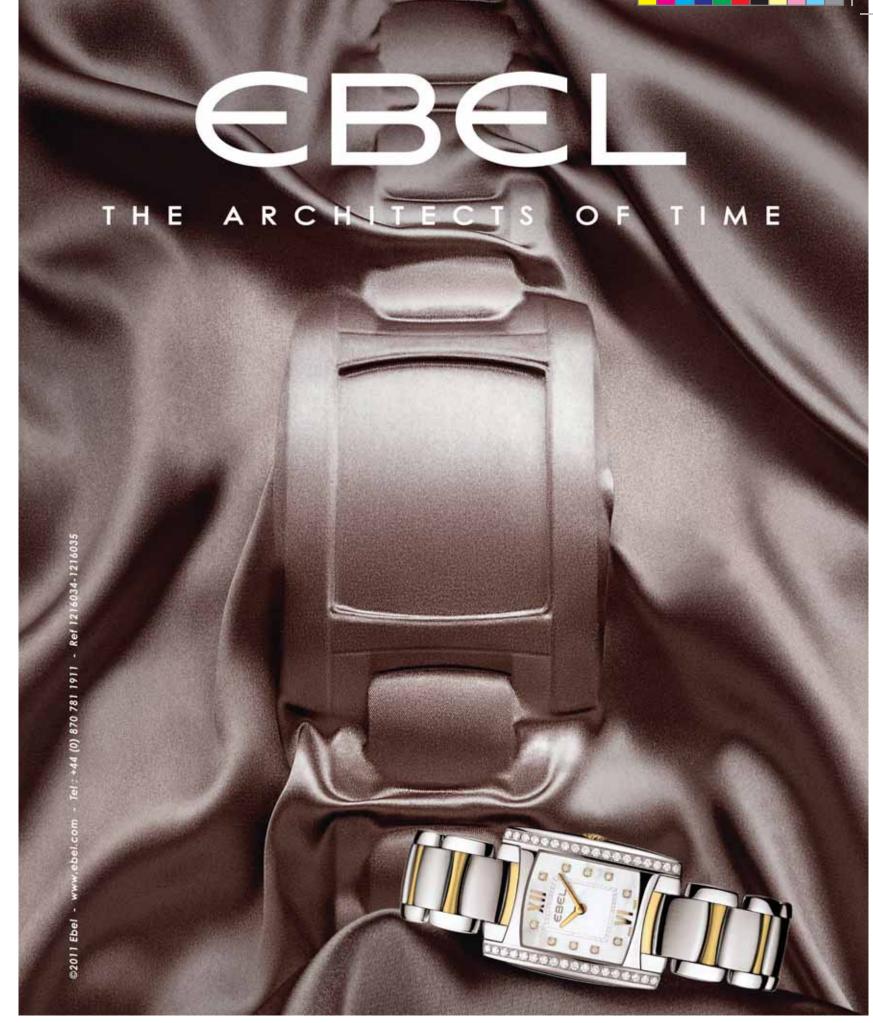
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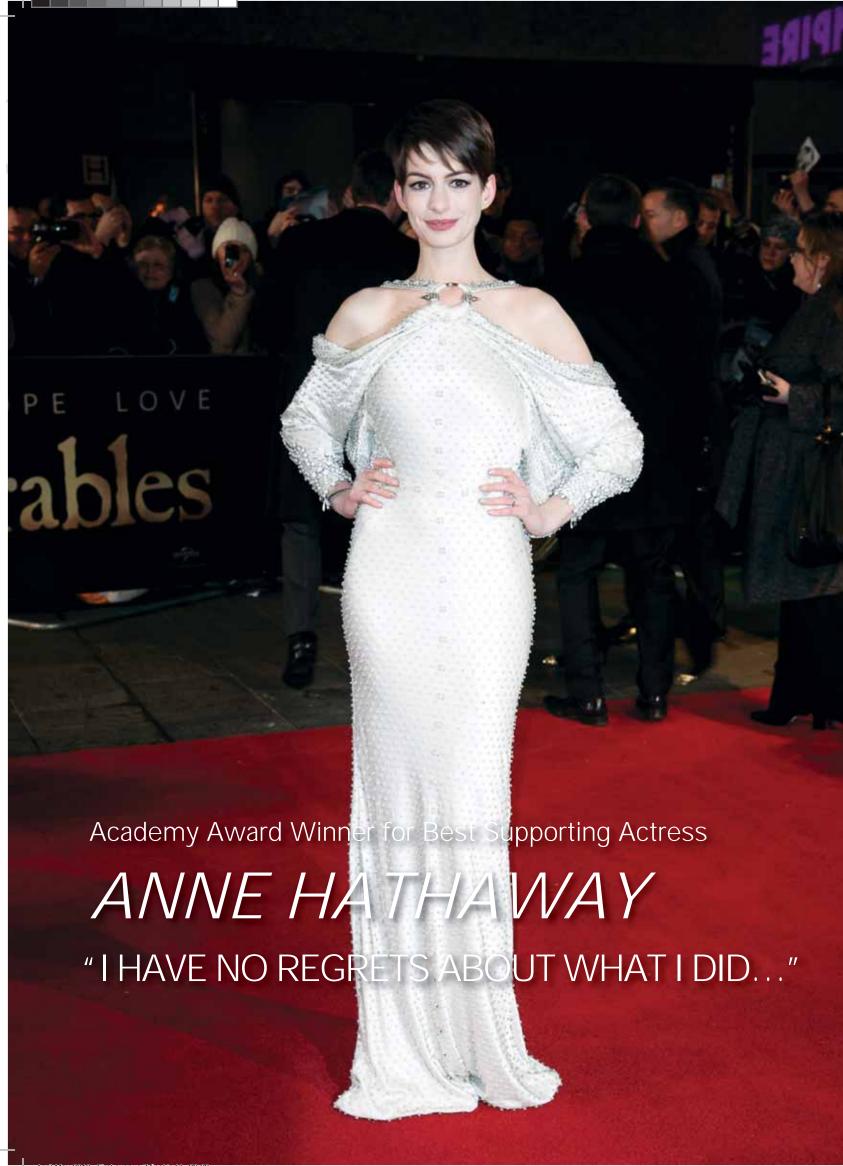


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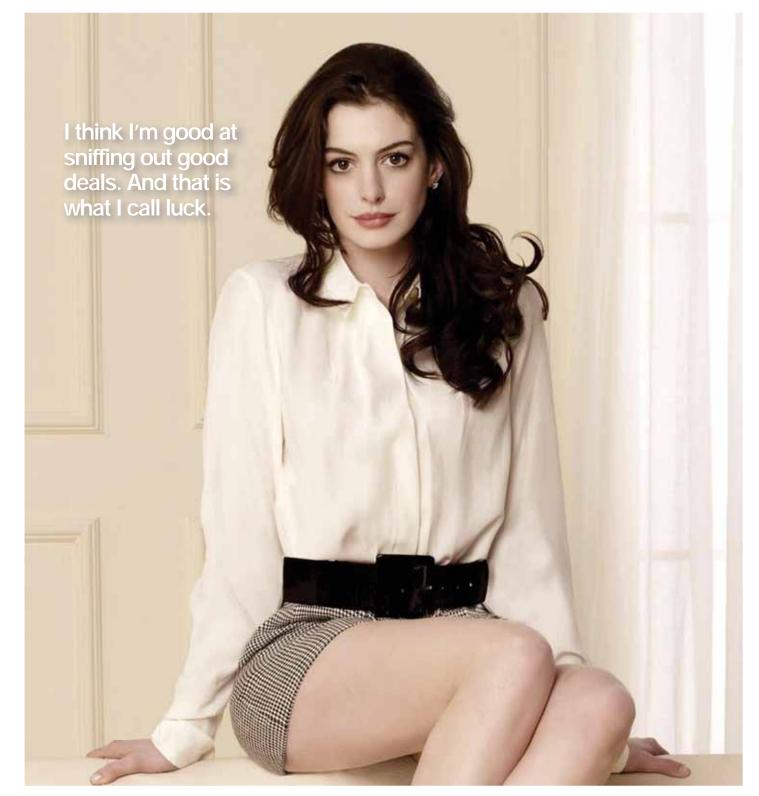
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She started out performing in plays while in High School and won the Paper Mill Playhouse Rising Star Award nomination for best performance by a High School Actress, where she sang the song 'Shy' by Princess Winnifred in the musical, Once Upon a Dream. In 2012, the Soprano sang the haunting notes of, I dreamed a dream, for Les Misérables and won the Oscar!

running stage musical that had been created in the early Capital's most prestigious hotels: The Bristol. eighties in London and Broadway by Alain Boublil and

The glamorous Anne Hathaway has won the Oscar for Claude-Michel Schönberg, before being shown worldwide. Best Supporting Actress for her role in Tom Hooper's On the occasion of the Paris launch of the cinematographic musical film Les Misérables in which she co-starred version of Les Misérables, a few days only before flying to Los with Hugh Jackman, Russell Crowe and Amanda Angeles to attend the Oscar ceremony, Anne Hathaway met Seyfried. The film is the screen adaptation of the long with "First Avenue" in an exclusive encounter held in one of the



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Face to Face

FIRST AVENUE: How does it feel being nominated for the Oscar in the Best Supporting Actress category?

ANNE HATHAWAY: It feels very, very good actually. I hope I'll make it.

F.A: What if you don't?

A.H: Then I shall say that whoever got it deserved it, which will be the truth

F.A: Had you seen the play Les Misérables before getting involved in the film project?

A.H: I saw it as a kid in New York. I must have been ten years old at the time, and the play had already been as the songs are always recorded

running for about a decade. I never imagined playing the part of Fantine or singing that wonderful song that I Dreamed a Dream is.

F. A: Since you bring up singing, and since you performed by yourself in Les Misérables, how long did it take you to prepare for the part of Fantine?

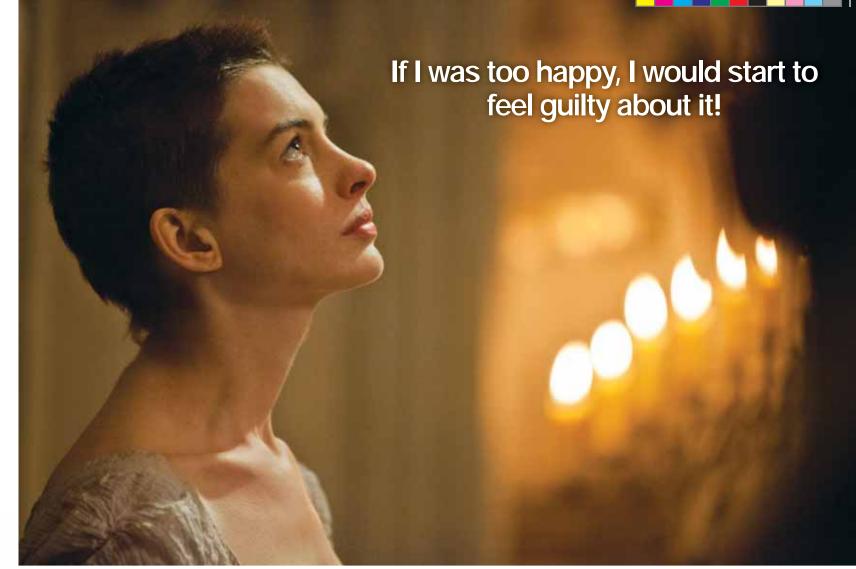
A.H: I spent six months rehearsing the singing under the supervision of a coach. I had sung before on stage but never in a musical, and I must tell you that the songs in Les Misérables were shot directly like any other normal scene in the film, which is very unusual in musicals

afterwards in the studios. It was difficult but it brings a reality to the film that was quite unseen before.

F.A: You lost weight for the part of Fantine as you look really skinny on screen. Was it hard to achieve?

A.H: I lost about 24 pounds for the part of Fantine and yes it was hard to achieve as I had to stop eating. And I am a person who normally loves to eat. But I have my priorities, and to be fit for that part was one of them. So I have no regrets about what I did or how I did it especially that it was me who asked the director to allow me to lose weight and not the other way round. Now I am racing for the Oscar!





from that, since each patient has his own life and reacts emotionally to the illness in his own way. So I created some sort of mixture between what generally happens and the events that shook my character's personal life in the story.

F.A: But have you ever met people with this disease while you were preparing for the part?

A.H: No. I have a friend who has a friend who in turn is affected. But I've never had the opportunity to meet this person or anyone else sufferring from Parkinson's disease.

F.A: The film contains many explicit love scenes between your lover played by Jake Gyllenhaal and yourself. What was the need in your opinion, for including such scenes in the dramatic context of the film?

A.H: These scenes are in my opinion, since you ask for it, essential to the film. They show how people, especially the young women in

particular, approach their love life through their illness. A woman with a serious illness can continue to have a love life and a partner as long as they both learn to deal with that particular situation. The success of the love life in a case like this, depends heavily on the partner. We all wanted, the director, Jake (Gylenhaal) and myself, to approach my character's daily life from all angles, including love.

F.A: How did the shooting of these particular scenes go with Jake

A.H: We got to know each other during rehearsals, but it took us both the courage to dive into the sheets together in front of the camera and all the technicians and look as if we were two passionate lovers whereas in fact we hardly knew one another. But we fortunately quickly developed a professional closeness that has saved us all for the remaining days of the shooting. I mean that we saved time by doing things quickly and in the right way.

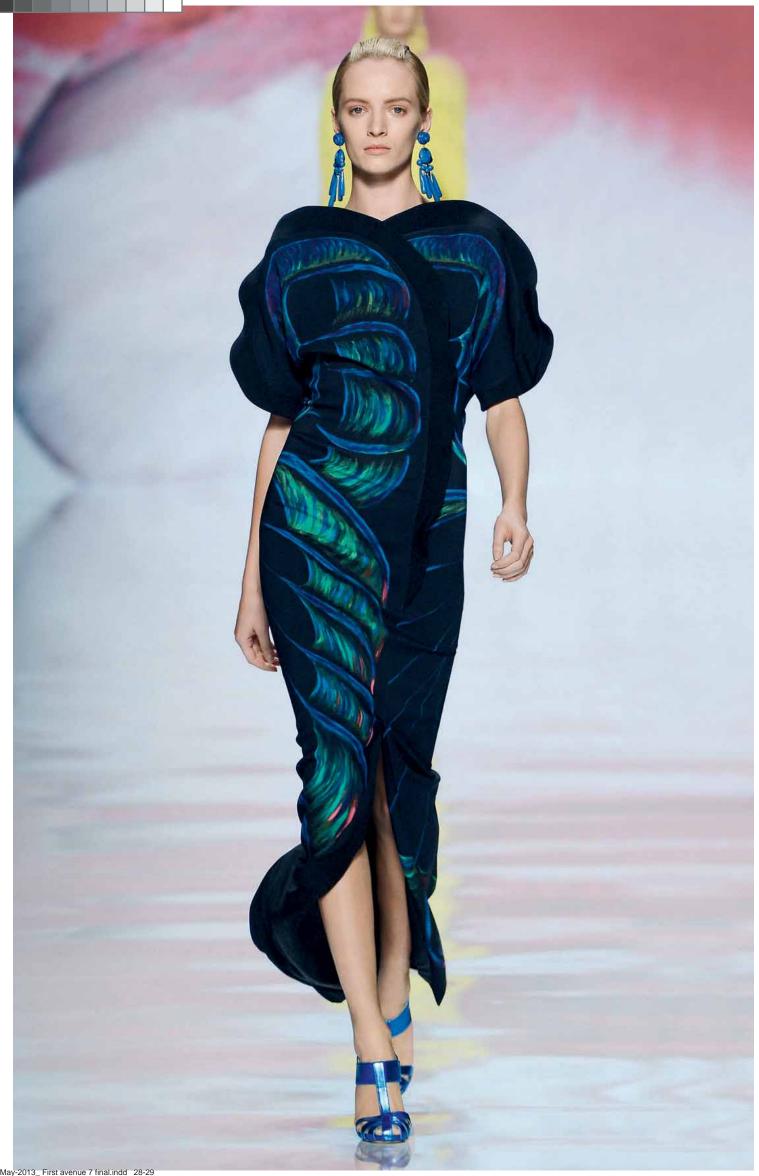


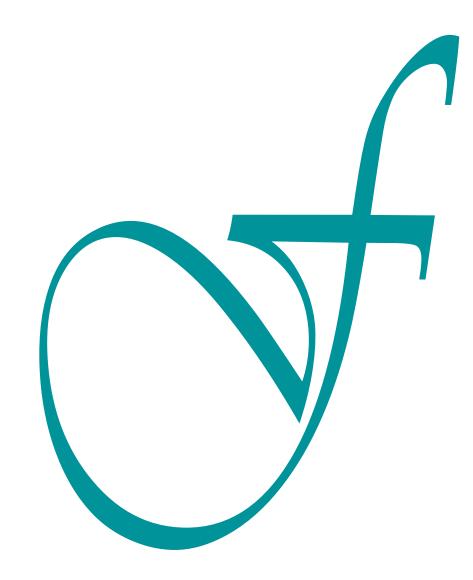






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Spring / Summer 2013 Collections

Check out the exclusive photos of the Spring / Summer 2013 collections, from top fashion designers of the world.



Chanel - Spring 2013 Couture

The Chanel spring 2013 couture show rendered a Mediterranean beachside forest, alive with birdsong, sweet-scented pine trees reaching high into the monumental dome of the Grand Palais. The collection, exhibited a streak of German Romanticism bringing a touch of drama to summer's lightness and grace. The models eyes were made up to look like "birds' eyes" with fluttering organza eyelashes and asymmetric fall of hair and feathers.

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In the spotlight

Celebrity Fashion



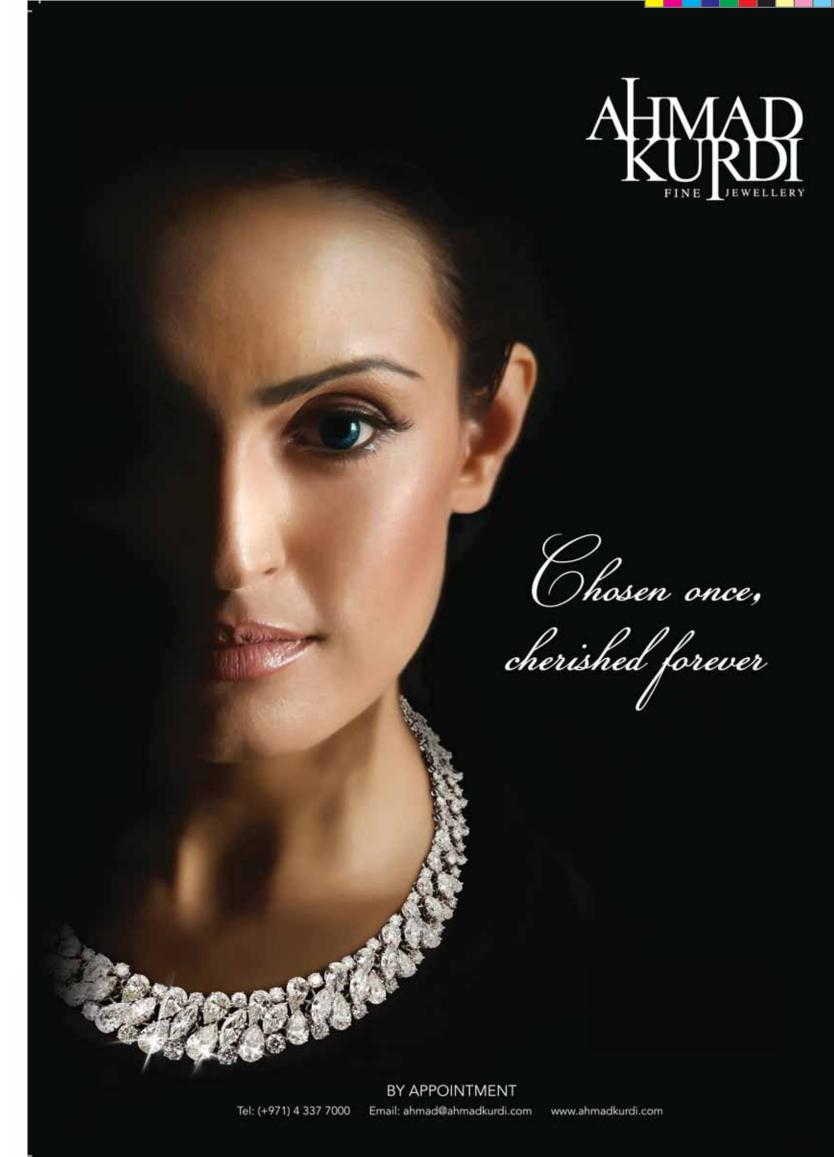
Kristen Stewart - Kids' Choice Awards 2013 Red Carpet

Kristen Stewart looked fresh on the orange carpet at the 2013 Kids' Choice Awards held at the USC Galen Center in Los Angeles. The 22-year-old actress wore an Osman dress, Christian Louboutin shoes, and Karen London's Caradona ring.



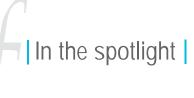
Jennifer Garner : Neutrogena Skin Summit!

Jennifer Garner looked gorgeous as always at the Neutrogena Sun Summit held in New York City. The 40-year-old actress stepped out, to create awareness about the changing environment's impact on overall skin health. Jennifer wore an Oscar de la Renta dress and Brian Atwood shoes.



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Madeleine Stowe - Hollywood Domino Pre-Oscar Gala

Madeleine Stowe looked stunning at the Hollywood Domino and Bovet 1822 Pre-Oscar Gala held at the Sunset Tower Hotel in West Hollywood, Calif. The Gala benefiting Artists For Peace And Justice held one of its most successful fundraisers, raising over half a million dollars and which is still growing.

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Michelle Williams - 'Oz the Great & Powerful' UK Premiere

Michelle Williams looked absolutely gorgeous at the premiere of the film Oz the Great and Powerful held at the Empire Leicester Square in London, England. Michelle rocked in a Burberry Prorsum dress, Jimmy Choo shoes, and a Solange Azagury-Partridge ring.



Rachel Weisz - 'Oz' Japan Premiere

Rachel Weisz was all smiles at the premiere of her new film Oz The Great and Powerful held at Roppongi Hills in Tokyo, Japan. The actress wore a Lanvin dress and clutch paired with Jimmy Choo shoes.



Charlize Theron at the 24th Annual GLAAD Media Awards

Charlize Theron sparkled in Van Cleef & Arpels jewelry, wearing a pair of ear studs with 2 estate bracelets in yellow gold and diamonds, at the 24th Annual GLAAD Media Awards, honoring President Bill Clinton.

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Spring 2013 Trends

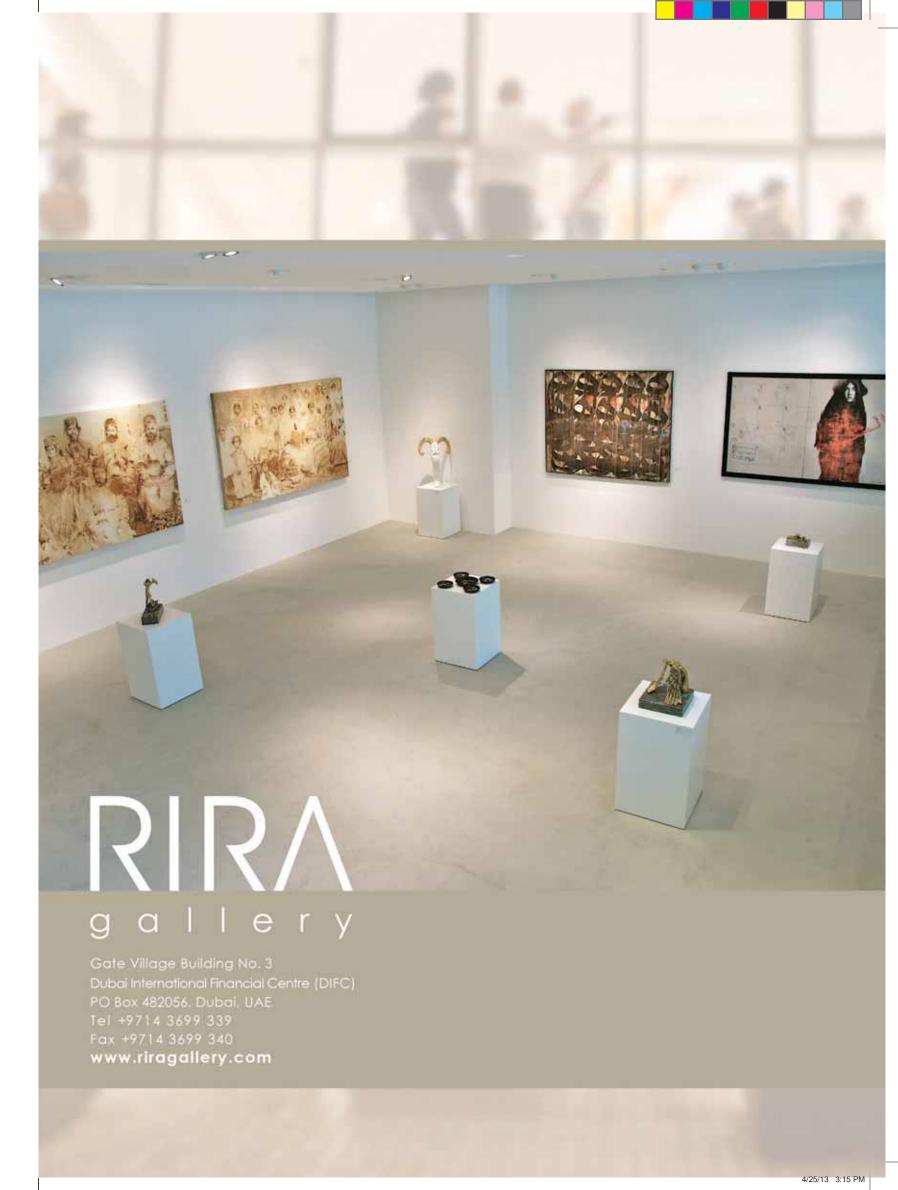
and what better way to celebrate the trends from the spring runways. Pick up one new season than a fresh perspective.

So, enough of the dreary winter months, instead step out with the colorful fresh spring

Spring is here with all its glory and glam... look. Here's our guide to the top most vital or two of these ideas and you're

set for the season. It's that easy! So, ready, steady, shop...









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Fashion Must Haves

From the cosmetics, shoes to handbags, here are some fashion trends and accessories that you may want to consider purchasing...



ROSATO 2013 COLLECTION

Rosato jewels represent and exalt everyday moments of our life through a series of exclusive charms. Each Rosato charm is part of an exclusive collection. Gold and silver jewels are masterfully crafted, engraved, polished and enriched with precious stones and colorful glosses.





See by Chloe

See by Chloe's Tomo metallic bag, perfectly matches this season's popular shades and is the ideal accessory to spice up your Spring/Summer wardrobe. Carry the pale, metallic gold bag by hand or on your shoulder and inject the right amount of cool stylishness to any outfit!



ETRO - ACCESSORIES The accessories, set off by silver metal and hard

leather, have a hand crafted feel. Natural details like hard stones or knots appear on bags, jewelry and high heeled leather sandals or flats. Chunky mirrored heels set off leather sandals, while stiff belts are in stitched cotton. The new painted floral and paisley patterns find their way onto folded handbags, while clutches with hard stone closures reveal surprising origami-like constructions.





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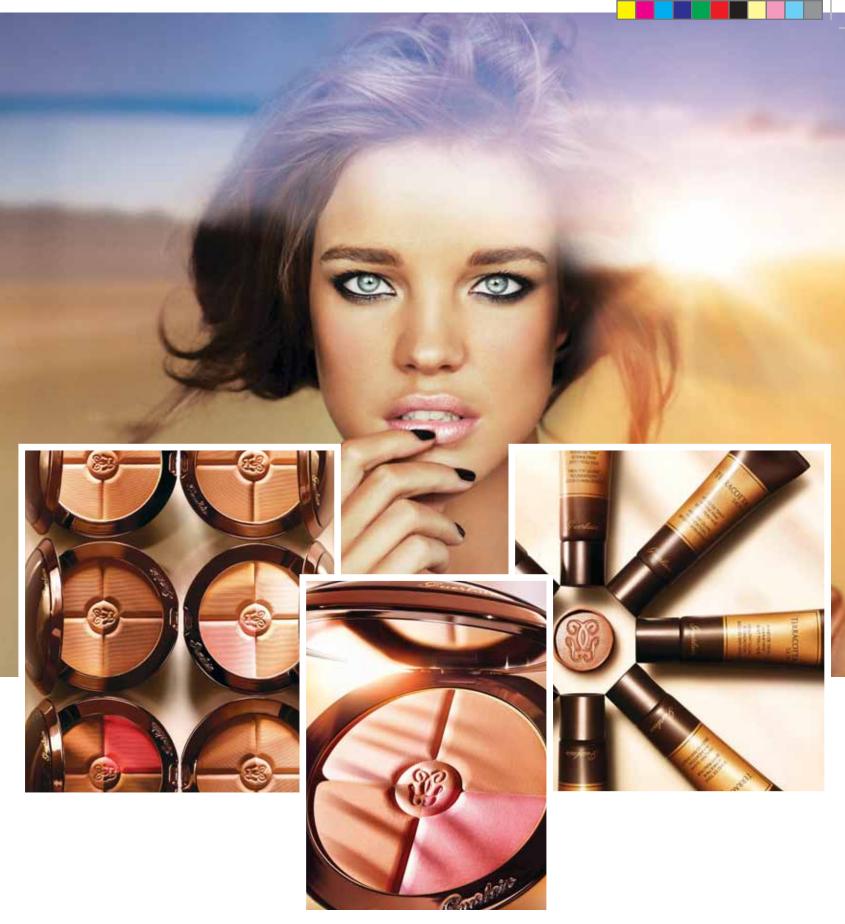
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L'Oréal – Ombrés Nature

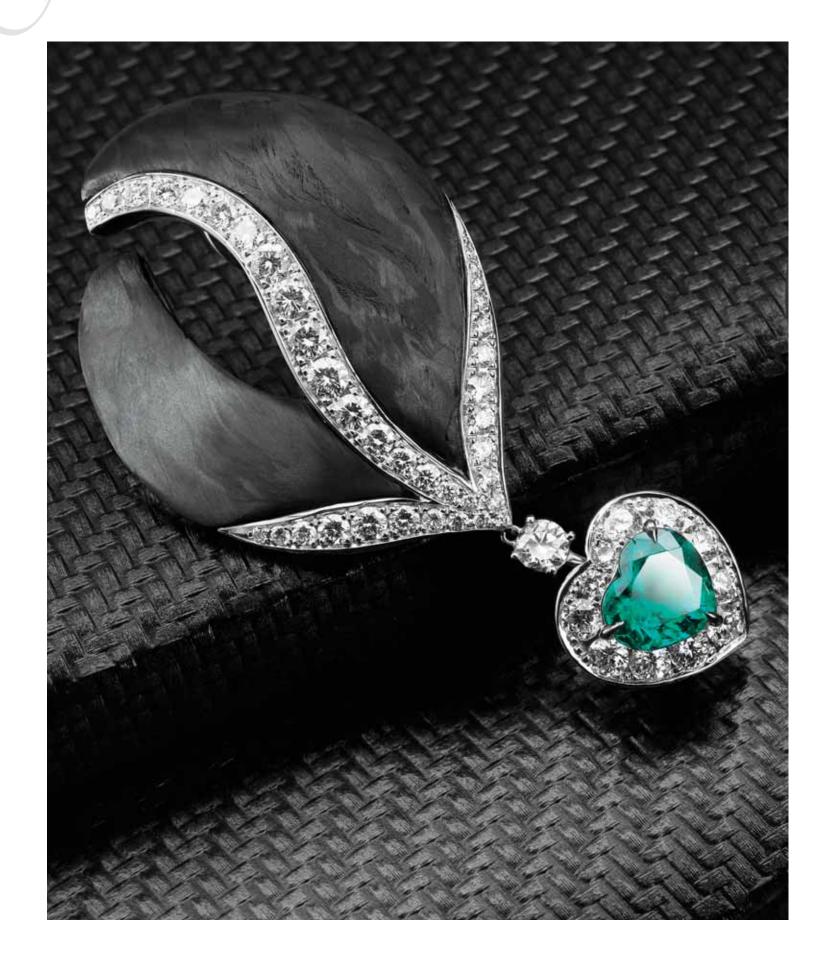
Welcoming a new era in hair color, L'Oreal Professionnel's groundbreaking, Ammonia-free INOA does not just boast of innovative hair technology and fascinating features but it has also redefined the hair color arena with its radical seasonal collections. L'Oréal Professionnel is at the forefront with its Spring/Summer 2013 INOA hair collection, Ombrés Nature and creating the look that consumers are asking for – and celebrities are wearing - right now. A current celebrity favorite, Ombrés Nature represents the modern taste for color; a refreshing change from striped highlights and uniform color as it focuses on horizontal color placement with color diffusion that is darker at the roots and lighter at the ends.



Guerlain Terracotta Spring / Summer 2013 Collection

Sun Scrub, Terracotta Sun Serum and Terracotta natural-looking glow, indulge in the Terracotta ritual. Sunless Self-Tanning Gel. The Terracotta product has Now also available in a fair version for Asian women. always been one of the best sellers for Guerlain and is

The fabulous new Guerlain Terracotta Spring / Summer considered a woman's best friend when the sun's rays 2013 makeup collection includes; Terracotta 4 Seasons are scarce. It's an irresistible ally any woman wishing to Browsing Powder, Terracotta Skin Foundation, Terracotta look sun-kissed. For a radiant complexion and a flawless Jewelry Collections





Jewelry & Watch Collection

Inspired pieces to unique and exceptional creations, contemporary gem stones to innovative and revolutionary designs; check out our selection from the latest high-end jewelry and watch collections

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Jewelry Collections



Adler - Green Envy

the boundaries of beauty and perfection. The collection fine jewellery. The Green Envy collection is crafted in dazzles with a set of jewels in which the emeralds seem 18k white gold and it is available at ISTANA outlets in to burn with an inner fire, blended with diamonds, an The Dubai Mall and Burjuman Centre.

Adler's set of Green Envy necklace and earrings push eternal stone, and carbon, a newcomer in the field of

PALMIERO - Nuovo Evo Collection

by nature's timeless essence. Each of these high exclusively at Levant outlets across Dubai.

PALMIERO, one of the most sought after high end end creations, hailed as haute couture jewels, blends jewellery brands unveiled a stunning range of rings! superior materials to present bewitching accessories. Part of PALMIERO's Nuovo Evo collection, inspired PALMIERO's stunning line of rings is available



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Jewelry Collections

Utopia - Eden Collection

Utopia, the brand famous for its unique handmade and earrings. All created in different combinations pieces, has launched its newest collection, "Eden", colors expressed in: pendants, necklaces, rings across the UAE.

of gold, diamonds, precious stones and the beautiful in the UAE. The Eden Collection is a wonderful South Sea and Tahitian pearls. The collection is dream crafted into reality. A balance of shapes and available at select Damas Les Exclusives outlets,





Watch Collections

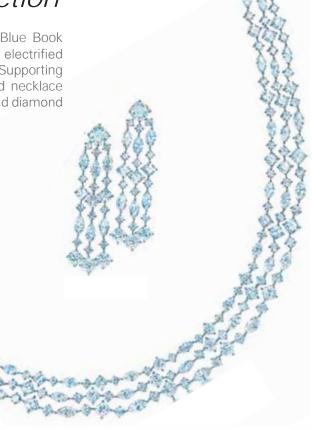
Tiffany - Blue Book Collection

As the world's diamond authority, Tiffany illuminates Blue Book collection with a wealth of exquisite stones. Tiffany also electrified the red carpet with diamonds of legendary beauty. Best Supporting Actress winner Anne Hathaway, wore Tiffany diamond necklace from the 2013 Blue Book Collection, Lucida® earrings and diamond bracelets to her big night at the Oscars.



Unique Pieces Collection from Roberto Coin

The unique pieces collection by Roberto Coin, epitomizes dreams, which are a priceless patrimony, dedicated to nourish our most joyful and romantic emotions. The collection brings the Jewels as a seductive materialization of a borderless imagination, which is called creativity in a never-ending dream.







Carlo Palmiero Haiku Jewelry Watch Collection!

Italian jewellery designer Carlo Palmiero, known for his elaborate jewellery masterpieces, launched his stunning Haiku jewellery watch collection at Jumeirah Zabeel Saray. Inspired by the poetic style born in Japan, which consists of three lines of five, seven and again five syllables, the muchanticipated Haiku jewellery watch collection, it features designs dedicated to the Four Seasons – Spring, Summer, Autumn and Winter. Palmiero's Haiku jewellery watch collection is presented in limited editions. Palmiero's highly exclusive and magical Haiku jewellery watches collection is exclusively available at the leading luxury retailer Levant stores, across Dubai.



Haute Couture Timekeeping - by Nina Ricci

You can see it in her pace, she's got style and she's got grace, she's a lady... Infatuated by the soul of the free-spirited woman of today, Paris-based fashion brand Nina Ricci has released a stunning orchestration of elegant timepieces. The beautiful creations are an ode to the refinement and confidence of the contemporary woman, who exudes charm and loves to experiment with her look each time she dresses. Independent, bold and gorgeous – catch this season's most outspoken must-haves at select luxury outlets across the Middle East.



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Watch Collections

Jaeger - LeCoultre - Duomètre Unique Travel Time

A fresh interpretation of the revolutionary Dual-Wing movement created by Jaeger-LeCoultre, the Duomètre Unique Travel Time watch reflects the technical breakthroughs achieved by the manufacturer in the field of GMT watches and offers original solutions to travelers with a love of fine watchmaking. This model enables the user to adjust the time to the nearest minute of the traveler's time zone. The world time function thus enables travelers to adjust their time-zone display to all continents and countries, whatever the time-zone difference. Issued in 100-piece limited edition series in 18-carat white gold, the Duomètre Unique Travel Time watch has been specially produced for the inauguration of the Jaeger-LeCoultre Place Vendôme in Paris.





DKNY - SPRING 2013 WATCHES

Reflecting the personality of New York, the DKNY Watch Collection comes alive with color and style. The spring 2013 women's and men's watch collection offers endless possibilities of expression, like the city itself. Watches disguised as bangles in colorful enamels such as coral, fuchsia and turquoise, perfectly complement any look.



Blancpain - Chronograph Large Date

A pioneer, since 1930, in creating ladies' watches equipped with self-winding movements, Blancpain, regularly introduces models developed for women sensitive to watchmaking complications. Loyal to tradition, the new Chronograph Large Date associates a dainty mother-of-pearl face and a self-winding heart with several complications within a model featuring generous gem-set lines. The 38.6 mm-diameter case in 18-carat red gold set with 40 diamonds is water-resistant upto 3 bar. Its sapphire back provides an opportunity to admire the finishing lavished on all its parts the graceful femininity of the petal-shaped oscillating weight. The crown is set with a diamond.



Roger Dubuis Excalibur Masterpieces

Swiss watchmaker, Roger Dubuis presents; a unique and exclusive timepiece for him and an audacious and elegant timepiece for her. These watches represent the best of the highly-regarded Excalibur range and are available at the brand's Boutiques. The Excalibur range, symbolized by the world of the warrior, emits a feeling of strength, energy and discipline that is echoed in the entire collection. It has an iconic status in the horological world with its exceptional mechanical design and powerful appearance. The Excalibur 42 watch challenges contemporary notions of elegance, using the power of its design to showcase its watchmaking pedigree and declare its unique identity. The timepiece is available in a white gold case, with an onyx dial setting off elegant Roman numerals around a black lacquered flange. This watch comes in a limited edition of only 188 pieces.



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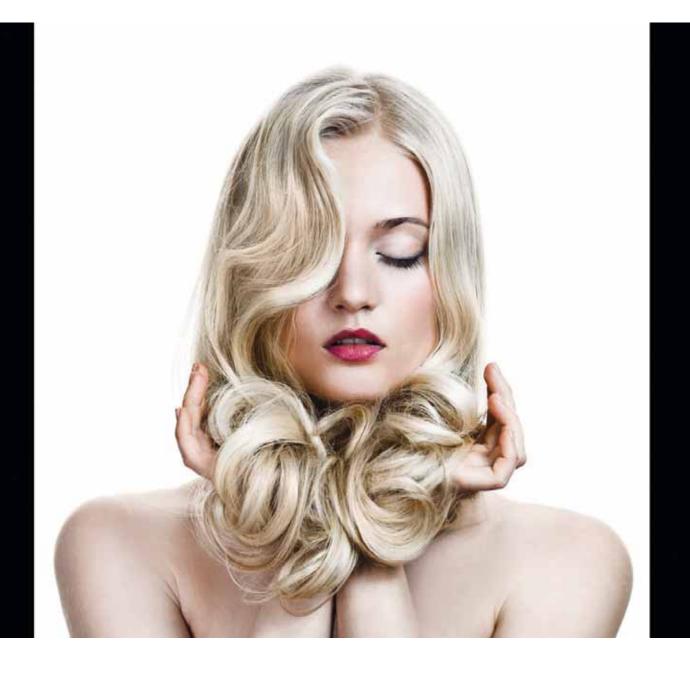
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Spring Beauty Get yourself ready for spring...

Spring is in the air and looking beautiful is on our agenda at the number one spot. It's time to refresh your makeup, toss aside your tights and step out looking like a fresh and wanton nymph. Break out of the winter blues and enjoy a change of scene and learn how to stay on track with an effective beauty and skincare routine. Here are some simple things you can do to get yourself ready for spring.





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Protecting your skin from the harmful UV rays of the sun should be your first priority and now's the perfect time to start. The weather's warming up and you will be facing a lot more of the sun. If you want your skin to look great and stay healthy remember to always use a face moisturizer containing at least SPF 15. The sun also affects your lips, and they need protection as well, so pick up a lip balm or a chap stick containing SPF.

Glow on

To get the perfect sun kissed glow this spring, use a bronzer that not only adds a shade of sultry hues but also adds drama to your look. Not only is a bronzer a healthier choice, but it will also keep your skin looking younger. Try a loose powder bronzer for a natural look.



Spring is the time of colors. Add some color to your makeup routine with coral lipsticks, which were seen on the runway throughout the season.

Perfect for spring, they add warm color to your look. Ranging from softer coral pinks to vivid shades of coral reds and bronzed dark coral, they are a great way to put the blandness of winter behind and feel happy with colors around. But remember, less is more, so if you are going to play up your lips, keep your eye makeup to the minimal.

Bold Lips

Rouge lip color is never out of fashion.
Don't throw away your red lipsticks as
the new season commences. Bright lips
are a must for spring; bold reds and pinks
look great paired with any nude eye shadow
and provide an extra pop that will keep you from
blending in, this spring.



Exfoliate

After a long, cold winter my body needs lots of exfoliating. Exfoliation is considered one of the most important practices to resolve certain skin problems and achieve a healthy and glowing skin. So before you step out, get rid of those dry patches that emerge in winter. With fresh skin and a new look your makeup will also go on smoothly.

Brush up

Spring calls for a fresh start! Along with your skin your makeup brushes also need attention and care. Wash your brushes regularly and gently with brush cleaner or with soap or shampoo. Throw out all of those dirty makeup sponges and replace them with new ones. The new ones will give you a clean spring look.



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On The Menu

Tantalize your taste buds with the ultimate spring recipes...

The Ivy restaurant Dubai offers delightful and months have to offer. We have selected a few of sumptuous new Spring-Summer menu. Showcasing to offer... So be the chef you are and try out these over 15 brand new dishes featuring only the freshest delicious recipes at home... and highest quality seasonal ingredients the warmer

refreshing flavors and tantalizing dishes in their the finest recipes from the sumptuous menu lvy has

Prawn Risotto

Ingredients for 4

1kg U-10 Tiger Prawns (ready peeled)

300g Arborio Rice

1.5lr Good quality shop bought fish stock

10g Smoked paprika

30g Finely chopped chives

100ml Extra virgin olive oil / chilli

180 Finely chopped shallots

200ml Emirates towers house wine -Nonalcoholic White wine (optional)

150g Unsalted butter

120g Parmesan cheese

Method

Begin by lightly frying the finely chopped shallots without colour in a large sauce pan. Add the rice and stir in for around 2 minutes. Add the wine if using and continuously stir the rice until the wine has been absorbed.

Warm the stock in a separate pan, and begin to add to the rice bit by bit, stirring continuously.

After around ten minutes of the rice cooking, it should be ready, with a slight bite to it still, not too soft, and all the stock should have been added.

Take the prawns and chop all but four of them into one cm cubed

Add the prawns to the rice, and cook for a further 2 minutes.

To finish, add the grated pamersan, butter, paprika and chives then season to taste

The consistency should be quite thick, without being gloopy. Pan fry the remaining 4 prawns, then split the risotto into 4 servings, and place one of the pan fried prawns on top of each serving. Drizzle chilli oil over the risotto to finish if desired, then ready to serve.



Welsh Lamb with Braised shoulder

Ingredients for 4

480q Welsh Lamb rack -- French trimmed and portion @120g keep the bones from

The rack for the stock

400g Lamb shoulder -- boneless and cut in to chunks

Baby leeks -- Washed and peeled

Baby carrots -- Washed and peeled

Baby turnip -- Washed and peeled

Salt and pepper

Mint leaves as garnish

Braising liquid

200g Onion -- peeled and roughly cut

150g Leeks -- peeled, wash and roughly cut

Bay leaves -- dried

Tomato paste

150g Carrot -- peeled and roughly cut

150g Celery -- peeled and roughly cut

10g Black pepper corn

Thyme 5g

Salt to taste

Lamb bones -- roasted

4litre Water -- hot

Method

To make the braising liquor

On a deep pot, sauté onion, carrot, celery, leeks until they are soft. Add the tomato paste, bay leaves, black pepper corn and thyme. Add lamb bones, cover with water and bring to the simmer and reduce by half and strain.

In a pan seal of the lamb shoulder, remove and drain any excess fat. Place into a deep sided tray cove with the braising liquid, and cover with foil. Put in the oven for 2-3hours at moderate heat to 170°C or until it the lamb is soft top the touch. Remove the lamb and reduce the braising liquor to make the sauce.

Season the welsh lamb rack with salt and pepper, in a hot pan

with a little oil seal on both sides, Put it in oven at 190°C for 8-10 minutes for medium or a little longer if required. Remove from

Bring a pan of water to the boil, add salt and blanch the baby vegetables, remove and dry. Heat a pan and sauté the vegetable in oil until lightly coulored, fish with a nob of butter and correct the seasoning

the oven and allow to rest for 3 minutes, then cut in to half.

Put the shoulder on the plate and lay the lamb rack agents, garnished with the seared baby vegetables and drizzle the reduce lamb sauce, Garnished with mint leaves.

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The Ivy Eggs Arlington

Ingredients for 4

2 English muffins 4 organic eggs Smoked salmon (100g roughly) Malt vinegar (large table spoon for poaching) Ground black pepper

For the Hollandaise sauce

360g clarified butter (ghee)
20ml tarragon vinegar
Half a juiced lemon
4 large organic egg yolks (fresh)
Table salt and ground white pepper

Method

To make the Hollandaise, take a large heavy bottom sauce pan and fill with water, and bring to the boil and reduce to a simmer. In a glass mixing bowl, take the egg yolks, add the tarragon vinegar, then place the bowl over the top of the saucepan of boiling water (a bain marie) to heat gently. Whisk the egg yolks until they double in volume, until you have a fluffy egg mix, being careful not to over-cook the yolks to avoid scrambling. Remove the egg yolk mix from the heat.

Warm the clarified butter to liquid form, and then slowly add into the egg yolk, until combined. Season with salt and pepper and add lemon juice to taste. Place the hollandaise sauce in a container and store at room temperature.

Add a tablespoon of white wine vinegar to a saucepan of water and bring to the boil then reduce to a simmer. Crack



the eggs and pour each into a separate ramekin (note: add a dash of vinegar in each ramekin to help the white of the egg form around the yolk when poaching)

Gently pour the eggs into the water, one at a time, until all 4 are in the simmering water, and leave in the water for 3 minutes until cooked.

Cut the muffins in half lengthways, and toast until golden brown on both sides. Place the ham on top of the halved muffins and warm under the grill for 30 seconds.

Drain the excess water from the poached eggs on a kitchen cloth, place the muffins with the smoked salmon on the centre of a plate, and place a poached egg on top of each muffin. Finish with two tablespoons of Hollandaise sauce and a generous twist of black pepper and serve immediately.

Scandinavian iced berries



Ingredients for 4

1kg frozen berries (100–120 g per person) (strawberries, raspberries, blackberries, redcurrants, blackcurrants)

For the sauce

600g white chocolate buttons 600ml double cream

Method

Place the chocolate buttons and the cream in a bowl over a pan of simmering water for 20–30 minutes, stirring every so often. When the sauce is hot, it is ready to go.

Five minutes before serving, put the berries on to dessert plates and leave at room temperature to lose a little of their chill. Transfer the chocolate sauce into a serving jug. Place the berries in front of your guests and pour the hot chocolate sauce at the table. Insist that you cover the berries generously for the best result!



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Find out what's happening and trending now...

malls, array of exciting restaurants and a happening and some of the best that Dubai calendar buzzing with events all year round, has to offer...

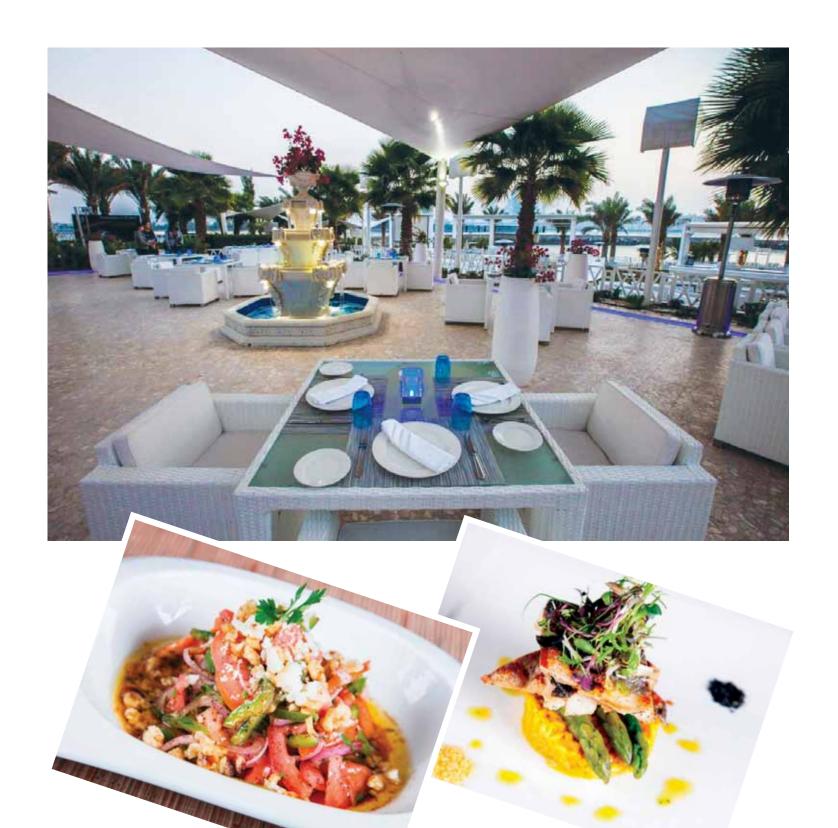
at Jumeirah Emirates Towers, The Ivy Restaurant, Bar and

Jazz Lounge is an elegant and relaxed international brasserie

open for breakfast, lunch, dinner and Friday Brunch.

With luxurious hotels, incredible shopping Dubai is the destination to be at! Here's what





Seafood Fare

Salt - Rixos, Palm Dubai

Salt takes simple elements from the sea, suitably seasons, carefully prepared with fresh seasonal ingredients and with artfully prepares and serves them in a contemporary Aegean meticulous attention to the fusion of flavours. Inviting you to setting. The cuisine is dominated by liberal use of olive oil, herbs, fresh fish, sea food and many mezzes. All dishes are the Aegean Sea.

indulge in a sensual feast and enjoy a culinary journey into

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Magical Dubai





Miracle Garden Dubai

Considered the most beautiful and the biggest natural flower contains different types of flowers, some of which have garden in the world, Dubai Miracle Garden is the newest been planted for the first time in the Gulf Region. Containing sensation around town. The Miracle Garden contains special more than 45 million flowers, it is a perfect place to feel the vertical and horizontal landscaping designs. The garden beauty of spring and enjoy the pleasant weather.

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Exploring Australia

Diversity defines Australia; a country whose landscape ranges from sand dunes of the dessert to the eucalyptus covered peaks of the Blue Mountains. A colour palette of red dessert hues,

coral blue and green shades of the coastline reflected on thousands of beaches, along miles and miles of coastline, set the perfect scene for a vacation.

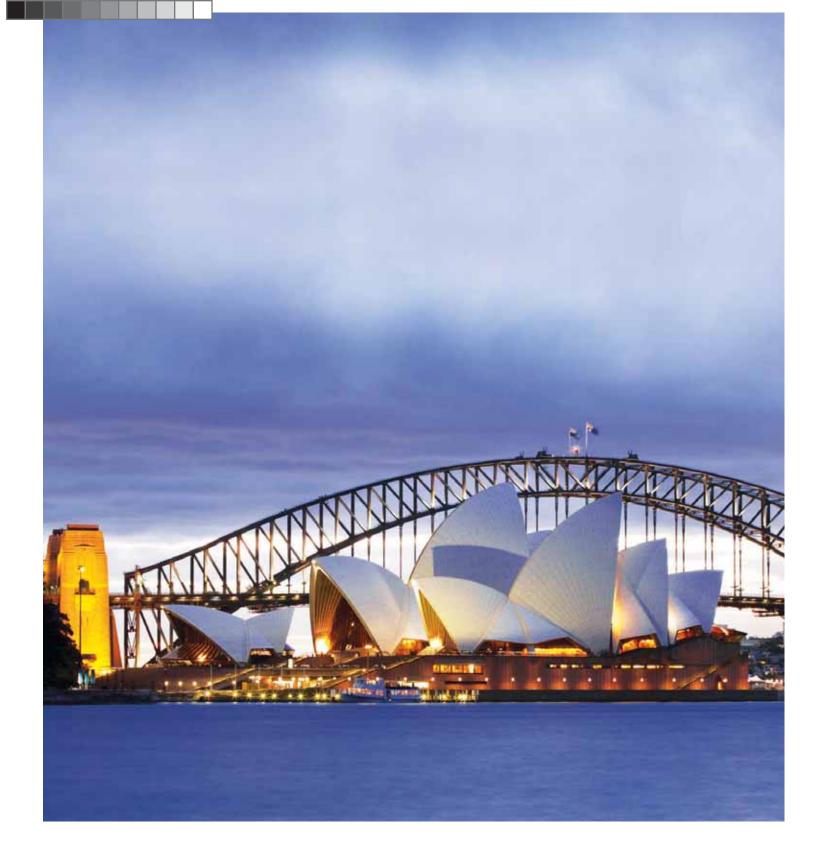




The Great Barrier Reef

The foremost vacation destination in Australia is the living coral reef along the north eastern shores of Australia. The renowned eighty million acre natural wonder, the Great Barrier Reef is so large, that it stretches for 1200 miles, made up of 2,900 reefs and 900 islands. So sizeable that it can be seen from space. (Not that we will be viewing it from outer space!) To enjoy this multi island wonder, one can head out to one of the pontoons with underwater

viewing platforms, or explore the coral reef swimming, snorkelling and scuba diving or just enjoy the calm serenity of the azure coral seas on a cruise. Home to four hundred coral species, a variety of fishes, sharks, turtles, manatees and if you're lucky you may even see the great humpback whales. Then, write all about it on a postcard and mail it to friends at home from Australia's floating post-office, forty five miles from Port Douglas.



The Sydney Harbour & Sydney Opera House

An iconic building with its expressionistic design resembling the sails of a ship, is the Sydney Opera House, combine this with the world's largest steel arch bridge, the Sydney Harbor Bridge against a backdrop of blue skies, reflected in the deep blue sea and you've got a stunning sight. A tour through the multi-venue performing arts centre, the Sydney Opera House is an opportunity to understand the story behind the white

sails or buy a ticket to live through a dramatic performance, after which you can step into one of the restaurants and bars at the Opera House. Right across from the Sydney Opera House is the Sydney Harbour Bridge, known locally by the moniker, the Coat-Hanger. This coat hanger's surface area is equal to sixty sports fields. Walk across the outer arch or sail under the bridge to truly appreciate this marvel.

Uluru-Kata Tjuta National Park

In the middle of the Simpson Dessert is Uluru, Ayers Rock. It is a sacred landmark of the Aborigines. According to the aboriginal legend, there was an ocean that covered the centre of Australia, but there was a battle and a lot of bloodshed on the shores of this ocean. Revolted by this carnage, it rose up and created the blood-red rock, Uluru. Covered with caves of spiritual significance, the Aborigines hold complete rights over

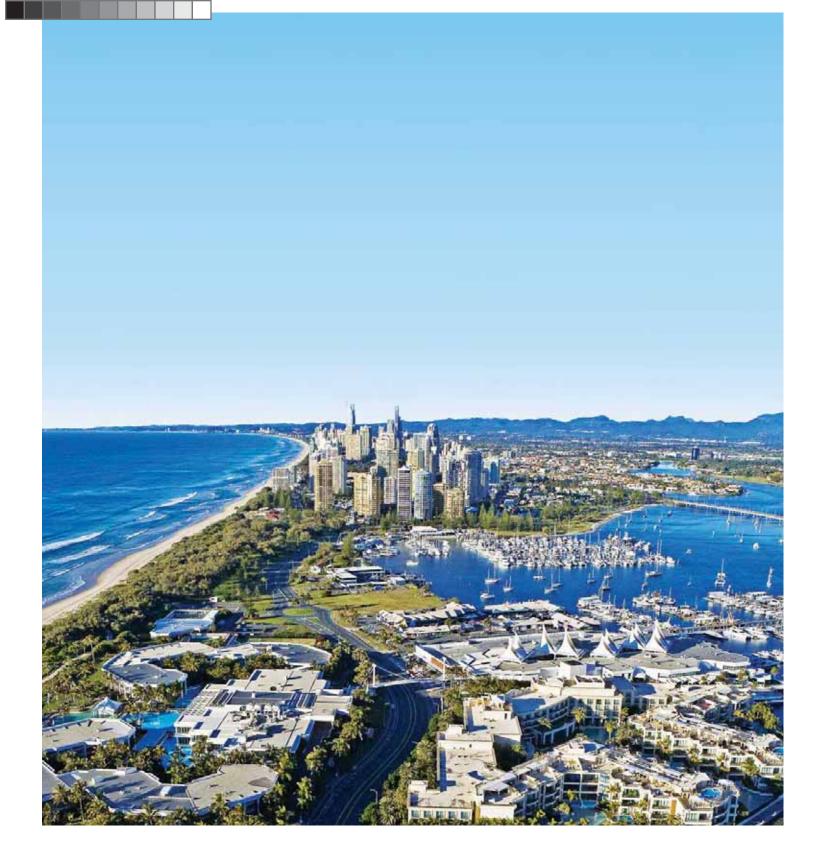
the site. At Uluru-Kata Tjuta National Park you can learn about Aboriginal creation stories or take a four wheel drive and explore the rugged splendour of the Australian outback. Enjoy barbecues of kangaroos, barramundi or crocodiles, dig into bush salads or savour desserts under the stars.





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The Gold Coast

The Gold Coast is a well developed coastal city renowned for its beautiful beaches with opportunities to lie back and soak in the sun or surf the waves on the Coral Sea. Discover the Gold Coast with a canal tour or submerge yourself in the natural wonder of the hinterland; volcanic plateau of Tamborine Mountain, the Lamington National Park and the Springbrook National Park with its cliffs, forests and waterfalls are idyllic spots to take in magical sunsets. The Gold Coast is known not only for the surfing scene but also

provides exciting opportunities to explore the Outback on 4WD tours, adventure drives, car racing. Plus aerial exploits in the form of hot air ballooning, bungy jumping, helicopter rides in addition to jet skiing, sailing, scuba diving, deep-sea fishing and combine the two for parachute-sailing! The city also caters for theme park thrill seekers, who can indulge themselves at places like Movie World, Dream World, White Water World, Sea World, Wet'n'Wild and Currumbin Wildlife Sanctuary.

Darwin & Kakadu National Park

On the coast of the Timor Sea, Darwin is a multicultural hub with a big harbour, where one can cruise next to crocodiles. As you walk through the city, its mellow yet modern earthy feel and its eclectic mix of cultures is evident in the festivals and the makeshift market stalls in the city, particularly the weekly Mindil Beach Sunset Markets. The city has a number of art galleries and museums through which one can explore its dramatic history; its role in World War II, devastation caused by Cyclone Tracy and its traditional Aboriginal(Larrakia) heritage. The city has a lot to offer from traditional to modern venues for entertainment as well as tours to explore the natural and vibrant surroundings, like Kakadu, Litchfield, Arnhem

and the Tiwi Islands in the north. Southeast of Darwin in the Alligator rivers region, lies the Kakadu Gorge and Waterfall, the traditional home of the aborigines. There one can truly appreciate the Aborigine rock art sites, explore the floodplains, billabongs, spectacular waterfalls, rock pools, gorges, the mountain ranges, tidal flats and coasts, savannah woodlands, monsoon forests, and the sandstone escarpments of Mount Brockman which make up the Kakadu National Park and appreciate the diversity and richness of life in Australia. Wherever one looks, somewhere out there in the land, called 'down under', you will find the ideal conditions to go out and explore the sand, the sun and the surf and a lot more....



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Spring Decoration Ideas

Kick off spring in style with our inspiring spring decorating ideas...

way to celebrate this great weather is by decorating new season.

Spring is finally here. It's the time to celebrate the your home for spring. Spring is the time for renewals, new season of the year and enjoy the beautiful fresh bright colors, and beautiful flowers. Add to that weather, before it gets warm and quite hot. One spring cleaning and you'll have a home as fresh as the

Cherry Blossom Display

The beautiful and delicate cherry blossom is known for its subtle beauty and exquisiteness. It blooms for just a few weeks in spring; it is this short life span for which cherry blossoms are famous. If getting them fresh is difficult, artful renditions of them from glassine or vellum, can equally add the same pleasure as fresh exquisite blooms all year-round.





Reorganize Bookshelves

Book shelves tend to pick up clutter as time passes. Sort out your books by size and subject, remove and discard anything that is old and ripped, and get rid of the dust sitting on the book covers. Arrange the books, some vertically, some horizontally, in a rhythmic pattern. This will relieve the monotony of rows, and add a cool new touch to your space.

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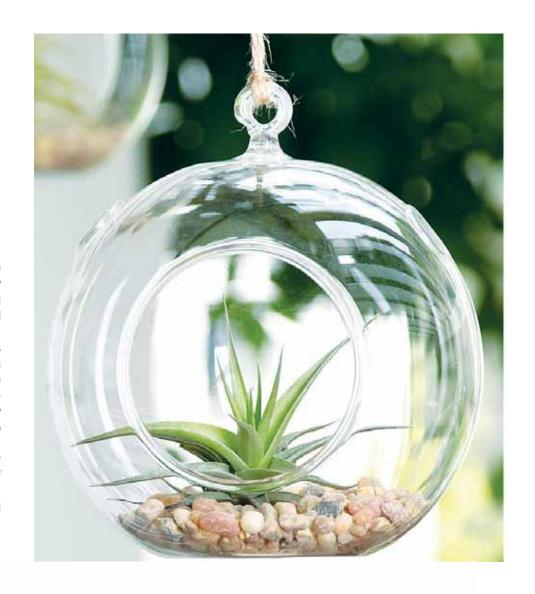
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Home décor

Use Something Natural

Bring on the green! Now, is the time to get rid of those old dusty silk plants and flowers, bring out some fresh flowers and add a touch of nature in your space. Buy some green and lively plants which can instantly add depth to your living space. Place the plant in the loneliest corner of the room and watch as it instantly transforms the dull corner to a lively space full of potential, adding an extra dimension to your room, just by standing there. If you want to go the extra mile, stick some lights behind it, to add a bit of drama.

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Flower Arrangement

No spring décor is complete without fresh flowers. If you still haven't learned flower arrangement, it's the time to learn it. Start by arranging one type of flower in one color. Buy twice as many as you think you can handle. Then work your way up with arranging different types of flowers and by adding other elements to it.

Think Nature

Gather some easily available natural objects, like spring branches, pebbles, shells, fresh fruits, spring flowers and place them in simple containers around the house. They will create an uplifting still-life look, which enhances the natural appeal of the décor. You may also use containers made of natural materials such as wicker or those with light spring colors.





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Home décor

Paint Your Door

Spring is the time for something new... why not try a new color for your front door, and paint it in something that makes you feel refreshed, like green, lilac or even blue....





Set a New Table

Entertain your springtime guests with seasonal tabletop design. Plant wheatgrass and daisies in a naturalroot centerpiece bowl or a small planter; serve fresh salads on leafstyle plates atop woven placements.





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Health & Fitness

Be Happy The Secrets of Happiness!



Infested with stress, anxiety and a bottomless rat contentedness and spiritual wellbeing, which race for the material gains of the modern world, we are often left with a feeling of emptiness and an individual. Contrary to the common belief, lackluster existence. To be happy, seems like happiness doesn't appear by magic. It's not such an impossible task of nerves, which can, on something that happens to you, it's something the other hand actually create a healthy balance you can cultivate. If you're looking for real in life. In terms, happiness is synonymous with happiness, here's what you should work on.

in turn is beneficial for the overall health of





What makes you happy?

Reflect on times when you felt happy from within. What made your inner contentedness come out... the place where you were and who you were with? Think about feelings that made you real happy. Choose to make more time in your life to do more of what is important to you and makes you feel happier. To be happy, you have to make happiness a priority in your life.



Appreciate whatever is working in your life right now. Although many people think that happiness comes from being rich or beautiful or living a stress-free life, but on average people who have wealth, beauty or less stress are not happier in reality any more than those who don't enjoy those blessings. So appreciate whatever you have in life.



Invest in relationships...

Surround yourself with people who are satisfied and happy in their lives. Friends and family help you celebrate life's successes and support you in difficult times. Although it's easy to take friends and family for granted, these relationships need nurturing. So build up your emotional account with kindness and gentle actions. Be very careful with critique. Let people know that you appreciate what they do for you and you are glad to have them in your life.

Express gratitude!

Gratitude is much more than simply uttering thank you. It's a sense of marvel, appreciation and, thankfulness for life. Pretty often we go through life without recognizing our good fortune or even good times spent. Usually it takes a serious illness or other tragic event to jolt people into appreciating the good things in their lives. Don't wait for something sudden or unpleasant to happen to you. Make a commitment to practice gratitude. Each day identify at least one thing that enriches your life and makes it worth living. Let gratitude also be the first thought to come to your mind when you wake up in the morning.

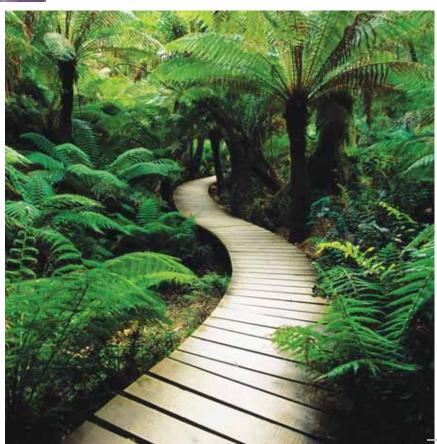


Cultivate optimism!

Another important thing to learn to stay happy is to develop the habit of seeing the positive side of things. Bad things do happen in life and it is silly to pretend otherwise, but you don't have to let the negatives color your complete outlook on life. Remember that what is right for you almost always outdoes what is wrong. If you're not an optimistic person by nature, it may take a while for you to change your negative way of thinking. Start by recognizing negative thoughts as you have them. There are specific qualities of optimists, and ways of thinking that bring more success, good health, life satisfaction, and other good things in life.

Find your purpose...

People who strive to meet a goal or fulfill a mission — whether it's growing a garden, caring for children or finding one's spirituality are happier than those who don't have such aspirations. Having a goal provides a sense of purpose, strengthens self-esteem and brings people together. Try to align your daily activities with the long-term meaning and purpose of your life. Research studies also suggest that relationships provide the strongest meaning and purpose to your life. So cultivate meaningful relationships.



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| Health & Fitness

Honor yourself!

Honor and self-respect are keys to happiness. Don't confuse these essential attributes with pride. You have to learn to respect and love yourself in order to make your life happy. Holding on to resentments, anger, and hatred only hurts yourself - and robs your life of its joy and happiness. Regret is an appalling waste of energy, so don't throw away your happiness on regret, guilt, or shame. Learn lessons from your failures, but never label yourself as a failure.

Act of kindness...

Of all the keys to happiness, acts of kindness and service to others are one of

the most significant one. There are many

ways to be of service and show kindness, this not only helps others but also helps you

to understand the greater meaning of life.

Being of service can be raising children with

love, caring for a sick relative, volunteering

with the Red Cross or any other charitable

organization. Being of service is an attitude





Lifestyle





Stuart Weitzman Creates Glass Slipper for Broadway Debut of Rodgers + Hammerstein's Cinderella and Launches "Clearly Timeless" Capsule Collection

Stuart Weitzman has been creating fantasy-worthy footwear for real life royalty -- and women with real lives -- for over 26 years. He's been called the King of the Red Carpet, and now he's the Prince of the Pump. Stuart Weitzman has been named the official designer of the glass slipper being worn in the first-ever Broadway production of Rodgers + Hammerstein's CINDERELLA: his one-of-a-kind creation makes its dazzling debut in the musical set for an official opening at the Broadway Theatre (1681 Broadway) in New York City. Weitzman also brings the fairytale to life for consumers with the launch of his "Clearly Timeless" capsule collection inspired by the lush, romantic musical. The glass slippers are the ideal accessory for the CINDERELLA costumes designed by the renowned, five-time Tony Award-winning designer William Ivey Long.

Dubai interior designer attends fashion week

Laura Bielecki of Godwin Austen Johnson Architects (GAJ) in the UAE was part of a small group of design professionals invited on behalf of Brizo, a brand owned by Delta Faucet Company, to attend its biannual Fashion Week event in New York City. The invitation-only event brought together some of the country's top names in interior design and architecture for a three-day workshop, a brand immersion session and networking experience. The programme culminated at the Jason Wu fashion show, where attendees previewed the designer's autumn / Fall 2013 runway collection and celebrated with Wu at a private cocktail reception.



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rather than an action.



Motoring - The Next Generation Nissan Pathfinder

Recently, Nissan introduced a new, totally redesigned, reimagined, reengineered Pathfinder. Nissan calls it as its "Next-Generation Generation SUV." It's a departure from the outgoing model in every way. Particularly, shifting from truck type - body-on-frame chassis to monocoque chassis design (Nissan D-platform). The most important factor that affects the buyer's decision to buy, is the the design's outlook. It seems that Nissan's fresh design philosophy is more akin to today's trend of going 'organic." So... Yes, gone are the old boxy lines of previous generation Pathfinders, say hello to the new, organic & modern Pathfinder. The safety elements are in abundance, starting with Nissan's class exclusive Around View camera, that consists of not one but a combination of four cameras that help the driver to park the car in tightest of all situations. The pathfinder is fitted with Nissan's tried and tested 3. 5I VQ35DE mill,



Infiniti presents new prêt-à-porter collection from Aiisha Ramadan

Top fashion designer Alisha Ramadan's latest prêt-à-porter collection was launched at a fashion show at the Infiniti Center of Arabian Automobiles, the exclusive distributor of Infiniti in Dubai and Northern Emirates. The fashion show, was the third annual event to combine the unique concept of Infiniti's stylish vehicles complimenting the newest fashion trends. During the event, Aiisha Ramadan launched her latest high-end ready-to-wear sub-brand 'I by Aiisha' with its first collection titled 'Mirror' composed of 42 dresses. Hussam Baghdadi, deputy general manager, Arabian Automobiles Infiniti said: "As a brand, Infiniti's essence focuses on art and this is visible in the design of every Infiniti model in the line-up. Arabian Automobiles strongly supports fashion and art events, and are happy to set our Infiniti Center as the stage, as it is becoming a regular occurrence."

honored by the Wards's 10 best engines awards, this means reduced fuel consumption, lesser stops at the fuel station and more buying power somewhere else where it matters more. In a nut shell, with the new Nissan Pathfinder You can load up all the party and picnic items easily for a relaxed weekend drive to the beach. It will drive through the sand; it's comfortable; loaded with premium features for long drives and will leave the buyer worry free for many years to come.

Hyundai Centennial 2014

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The Hyundai Centennial, since its launch in 2009 has gone on to achieve staggering sales and impressive accolades. In an exclusive test drive event, the media got the chance to be the first to experience the luxury Centennial 2014. With a significantly enhanced interior, the addition of a range of cutting-edge features and the introduction of two new, high performance GDi engines, Hyundai sets to challenge the top tier level of premium cars. Befitting a large luxury sedan, its imposing presence is helped by its striking dimensions. For 2014, customers can choose from six elegant colours, including a new option, Cona Black. The interior is equally modern and stylish, boasting a significantly redesigned dashboard featuring prominent lines and highest quality trim, all of which oozes class.





New Audi A5 range in the Middle East

Audi's refreshed A5 model series has now arrived in showrooms across the Middle East. The Sport back, the Coupé and the Cabriolet models now feature cutting-edge technologies which make them even more efficient, sporty and powerful - regarding the engines, the chassis and infotainment alike. All the engines are turbocharged direct-injection units which provide plenty of torque; even the entry-level engine delivers 320 Nm of torque. Their CO2 emissions have been reduced by up to 18 percent. The revised design gives clear visual expression to their revitalized character. The new Audi A5's exterior features a new high-gloss, black single-frame grille and bumper, sleek fog lights as well as xenon plus headlights, LED daytime running lights and rear lights. Crisply rendered edges give the Audi A5 a broader, flatter appearance while maintaining outstanding crash-safety.

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Lifestyle

Center Cut Steak House, The Ritz-Carlton, DIFC

From the moment guests enter through the ornate iron doors of Center Cut Steak House, a memorable dining experience begins. In the middle of the restaurant is a central bar area, where guests can enjoy a selection of aperitifs, absorbing the lively atmosphere and soulful jazz & blues music from the adjacent piano. Open daily for dinner, Center Cut provides the finest cuts of US and Australian beef, complimented by uniquely created condiments and paired with the finest selection of wines, which guests can enjoy on the outdoor terrace, or inside amidst the stylish décor. As appealing to the eye as it is to the palate, Center Cut provides a balanced canvas of dark burgundy wine and rich butterscotch textures throughout, balanced by wooden floors surrounded by dark green marble. Above the central banquette, a sculptural whirlwind of handmade glass leaves, supported by silver cables hangs majestically as the center-piece of the restaurant, and striking ink portraits of bulls are majestically featured around the restaurant, and in the private dining room that sits up to 14 guests.







Van Cleef & Arpels

The High Jewelry Maison, Van Cleef & Arpels strengthens its presence in the U.A.E, by unveiling its new boutique in the Mall of the Emirates, Dubai. The inauguration was held in the presence of Mr. Guy Chatillon, Van Cleef & Arpels President Europe, CIS & Middle East and Mr. Alban Belloir, Van Cleef & Arpels Managing Director Middle East and India. Located on Level 1 of the Mall of the Emirates, the new Van Cleef & Arpels boutique offers an extensive selection of fine jewelry to complement the style of its highly selective and sophisticated clientele in the emirate.

Emirates Airline at Dubai World Cup



Sheikh Majid Al Mualla, Emirates' Senior Vice President, Commercial Operations, Gulf, Middle East & Iran and Hubert Frach, Emirates' Senior Vice President for Global Sales, welcoming guests to the Emirates Hospitality Suite at Dubai World Cup



Arif Lalani, Canada Ambassador to the United Arab Emirates, and Pablo Kang, Australia Ambassador to United Arab Emirates, enjoying the horse race at the Dubai world Cup from Emirates hospitality suite



from Emirates hospitality suite.



Gary Chapman, President Group Services & dnata, Emirates Group with his wife and Popstar Jordan Sparks.



Pop star Jordan Sparks cheering participating horses with her father from the Emirates hospitality suite.

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Dubai Duty Free at Dubai World Cup



Salah Tahlak wit HH Sheikh Mansour bin Mohammed bin Rashid Al Maktoum



Touia & Salah Tahlak, Breeda & Colm McLoughlin, Carmel & George Horan, Sinead El Sibai and Colette Horan



Jihad and Sinead El Sibai with a group photo



Feed your soul.

At Center Cut, the signature steak house at The Ritz-Carlton, Dubai International Financial Centre, we'll satisfy more than just your appetite for great food, with live jazz and soulful blues now being served up alongside prime US and Australian beef. All the ingredients you need for a night to remember at the heart of DIFC.

For reservations, call 04 372 2323 or email difcrestaurants@ritzcarlton.com



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