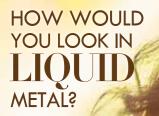
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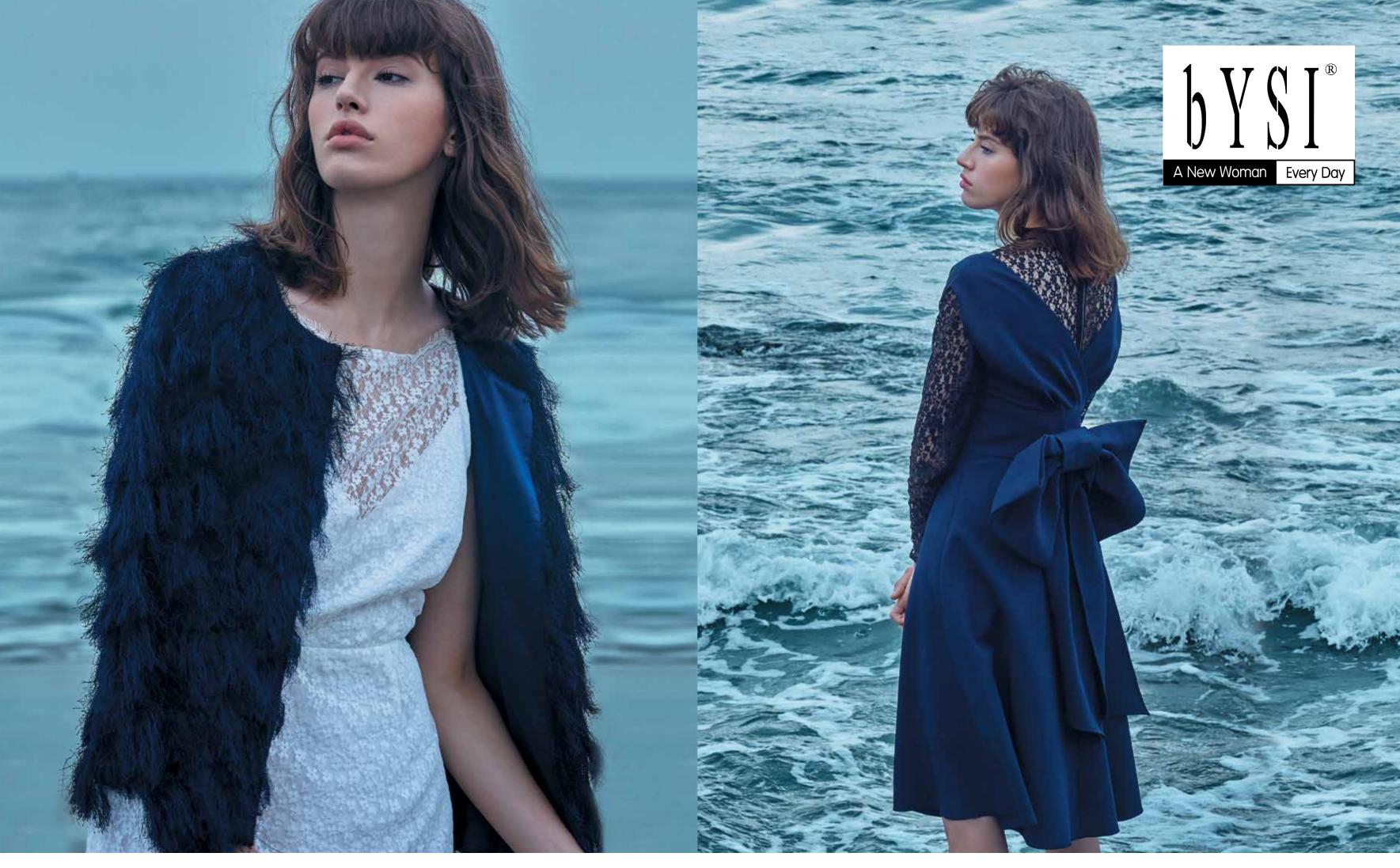
 STEAL AMAL CLOONEY'S RETRO 70S LOOK

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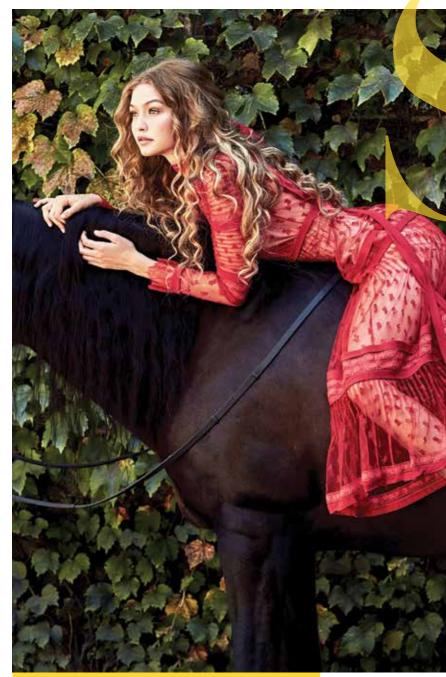




JAMES

REGULAR RISE, SUPER SKINNY

EDITOR'S LETTER



GIGI HADID - PAGE 30

Spring is a time of change and choices....

As we look forward to spring, we think of awakening and future and promise.

In this issue we are ablaze with colorful new trends and tips to match the feeling of the season.

We suggest how you can "style crush" Gigi Hadid or steal Amal Clooney's retro look from the 70s.

Her jeans remind us of the power of "Flower Power." If you are thinking of a new hairstyle, consider the low pony, the wet look or glamorous curls. Take a peek at ways to wear them that are guaranteed to turn heads.

Spice up your life and startle your friends with "Gothic eyes." We cover the new "liquid metal" shirts and boots. This look is almost a Star Wars throw-back but

hints at the future of fashion with a touch of "Bladerunner." You have to see it!

As you flip the pages, look out for gorgeous scarves and floral dresses. Yellows and pinks are in!

Prepare to dazzle with the simplicity of pure white.

Look for the new patterns in the Gingham look.

If you like stripes you are in luck as they are in style this spring. As usual, you can select shirts, skirts, dresses, scarfs, and coats from your favorite brands such as Nina Ricci, Dolce and Gabbana, Jason Wu, DKNY, Louis Vitton, Stella McCartney, Burberry, Missoni, Gucci and more...

For those traveling away from the high temperatures of Dubai, we present a collection

of winter wear. If you are visiting London, Paris, Rome or maybe Prague.... you want to look

the part and not freeze to death!

Take in the stunning offerings from the runways of the latest fashion shows including the new AW16 Mulberry Show.

While everyone wants to keep pace with the ever-changing world of high fashion, it's great to

see the options and take away the dress that suits you personally. Our goal is to help you choose your look and stay with the trends at the same time. To indulge your inner "wild woman," put on some liquid metal, try a wet look, go to your next date with a pure white dress and as you shop in London or Paris, wear a Burberry.... Life is here to be lived to the fullest... what you wear says a lot about you. First Avenue is here to bring you the latest and help you with your choices...

Myles Mellor





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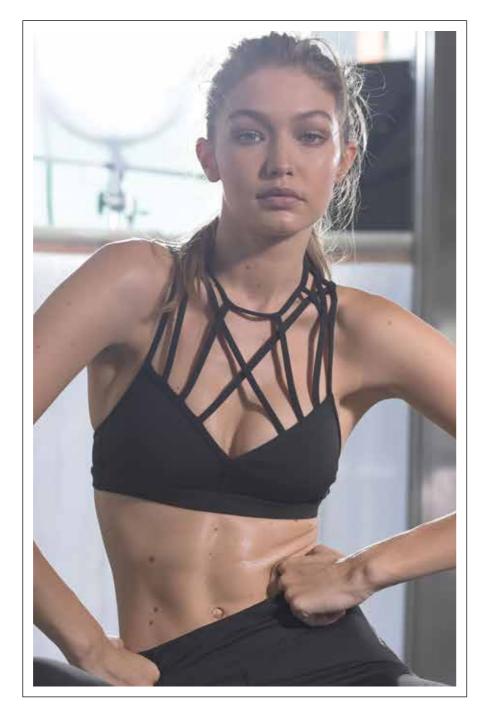
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Sixties hair and make-up is totally in right now, but that's not to say we are done with the seventies, either. Case in point: Amal Clooney's gorgeously groovy seventies inspired look.

The human rights lawyer - who might as well double up as a style icon if her appearances on and off the red carpet are anything to go by visited her husband Mr George Clooney on the set of his latest film in Los Angeles recently, and chose to do so in this courageous, colourful throwback ensemble.

We've been style stalking Amal for quite a while now (you heard what we said about her being a style icon in the making, right?), and this is easily one of our favourite looks of the year. A bold statement, but one that we would be happy to back up; this picture is pretty much all the evidence we would need though.

Would you be brave enough to try this look? If the answer is a big fat yes, keep reading...

It's actually really easy to recreate Amal's seventies look, even if you don't manage to grab the exact same pieces she has. (FYI: her Alice & Olivia jeans have been so popular this season it comes as no surprise to learn that they have already sold out. As have some of the other pieces Amal is wearing. But don't fret, because there are tons of similar pieces available right now – hooray!)

Amal's Pepa Pombo mustard yellow ribbed cropped top has also sold out everywhere (we hate being the bearers of bad news, sorry!), which is great news if you don't want to show your midriff. It's also another plus as it means you can skip the gym, indulge in dessert, and leave the ab crunches for another day. Or two...





Max Mara Tacito zip back long sleeve jumper, £140, available at House of Fraser

Affordable, modest, what's not to love about this jumper? Additionally, it can be worn with a number of other different outfits too, so you don't have to feel like you've entered a time machine every time you put it on. Win, win!



Gucci appliquéd midrise flared jeans, £1,400, available at Net-a-Porter As we said above, the exact pair Amal is wearing have actually sold out everywhere, and we really do mean everywhere. However, these Gucci ones are hardly a consolation prize as they are equally as gorgeous and attention-grabbing. You didn't expect Gucci to disappoint, did you?

Here's what you'll need to channel Amal Clooney:

Linda Farrow oversized Truffle sunglasses [exact match!], £511.29, available at Linda Farrow

A woman can never truly have enough pairs of sunglasses. Whether that's because you keep losing

them or breaking them (hands up if you're left them on a sun lounger and then sat down on them, or if they've flown off your head while on a jetski...) or because there are simply too many styles, sizes and colours to choose from, there's no such thing as "too many" when it comes to sunglasses. We adore this pair, and know you will feel like a Hollywood screen siren when _.. wearing them. ------



Jimmy Choo 'Praise' nude patent leather sling back peep toe wedges [exact match!], £325, available at Jimmy Choo

Whether you want to copy Amal Clooney or not, we definitely think you need to treat your feet to these Jimmy Choo wedges. Elegant, versatile - we're already picturing the hundreds of different outfits we can wear these with. Summer dresses? Check! Every other pair of flared or wide leg trousers? Check! Jumpsuits and playsuits? Check. Need we go on?



Rebecca Minkoff 'Finn' fringe leather bag, £166.51. available at Neiman Marcus

This bag goes hand in hand with every other part of Amal's outfit, but it doesn't mean you should throw it away as soon as you're done copying this look. Fringe has been a big hit for a lot of designers recently, and we would bet good money that it will make an even bigger return in the not so distant future.



No breaking news klaxon necessary, we already know that metallics have been hotting up the streets, red carpets and catwalks for a while now. And luckily for all metallic fans (that's everyone, by the way) the trend doesn't seem to be going anywhere for the foreseeable future. So speaking of future... We need to temporarily say goodbye to vintage

(sorry!), because it's all about the future, as the space age has never been more in demand. Remember Gigi Hadid and Zayn Malik on the Met Gala red carpet earlier this year? We guess you have them to thank for the rising interest in the trend; not that we have a problem with that.

This fascination with the metallic trend bodes extremely well for fashionistas looking to incorporate the spring/summer 2017 trends into their current wardrobes, because there is already so much out there. No need to gently whet your appetite with a little teaser – you can full on embrace the trend without a

second to spare. We already know that Burberry and Topshop are among the brands who famously drop their new-season runway collections into stores as soon as the last model has left the catwalk, but that's not the only way you can rock the new-season pieces before anyone else.

There are countless metallic items already available from some of our favourite and most trusted brands and designers. No need to be a famous blogger, street style star or celebrity to get your hands on the shiniest (literally, this time) new pieces.

Sophia Webster Bibi butterfly metallic leather flats, £240

So you like things subtle, do you? No problem – these beauties from shoe guru Sophia Webster will the show the world you're on board the metallic trend without looking like the Tin Man from the Wizard of Oz.





3.1 Phillip Lim cotton blend dress, £270

What better way to wow the crowd than turning up to the event of the year in this attention-grabbing dress. And for quite a reasonable price too, given all the compliments you're undoubtedly going to get all night.

So make like an A-lister and get these things into your wardrobe pronto:

Dolce and Gabbana Floral-brocade wideleg jumpsuit, £1020 We thought we'd end with a bang, and this is definitely the way to do it. Can you think of somewhere glamorous enough to wear this brocade wide leg jumpsuit to?



Gucci long metallic gloves, £390 Is anything more fabulous than long, Gucci, metallic gloves? Of course not!





2MeStyle metallic iPhone case, £169.33

Carry your love for metal with you wherever you go. And let's be honest, this is 2016, your iPhone does indeed go everywhere with you. Also a great way to ease your way into the trend slowly if you're still not quite brave enough to don a metallic outfit.

Miss Selfridge metallic tie neck blouse, £24.50

What's better than a standard tie neck blouse? A metallic tie neck blouse. And the thing that's even better is a metallic tie neck blouse that's only £24.50. Wear yours tucked into a cute pair of skinny black or dark wash jeans, and strut your stuff. Let the blouse work for you!







Whistles 'Logan' square toe metallic boot, £175

Akin to the Sophia Webster pumps, these boots are another great way of rocking the metallic trend in a less in-your-face way. This goes to show that fashion has come a long way, because we never thought we would put metallic boots in the subtle category.



Oscar de la Renta metallic wool and silk blend jacquard cloqué škirt, £1502





PS by Paul Smith metallic dress, £170

Perhaps this is the only piece to potentially have a chance at upstaging the 3.1 Phillip Lim dress we showed you earlier. We love how clean and simple this dress actually is, yet how much of a statement it really is.

Coast 'Rita' metallic maxi skirt, £179

If you were paying attention to our trend roundup, you'll already know that stripes are making a huge comeback this season. And not just any old stripes - bold stripes at that. This is definitely the way to do it. Tone things down by teaming your skirt with a simple black t-shirt, or go all-out and opt for a fitted top in a contrasting colour. Dare we suggest a top to toe metallic look? Luckily there are lots of metallic tops to choose from if you were to be so bold...







Wal G metallic wide leg jumpsuit £38

Never has there been a more appropriate outfit for a night out with the girls at the end of a long week. Team your jumpsuit with the highest heels you can find; we love the idea of going monochrome with this one. Black heels and an oversized black clutch bag with minimal accessories are what we are envisioning. Do you see it too?





Metallic bomber jacket, £75

Ah, now here's something you could potentially wear every single day (weather permitting, obviously) and never get bored of it. You don't have to be attending the fanciest event or hanging out with your fellow fashionista friends to show your love for the metallic trend. Bomber jackets are all the rage right now, and this metallic one will definitely set itself – and you – apart from the rest.



Burberry lightweight cashmere scarf, £495, available at Burberry. Perhaps with the most iconic and instantly recognisable print, this Burberry scarf is a true classic, and will remain a wardrobe staple/winter essential for the rest of your life.

wrap it up

the chicest scarves to see you though the A/W season!

Don't you just love the winter months? Don't get us wrong, there's nothing better than lounging by the pool on a hot day with a long, cool drink in one hand and a good book in the other. However, we're all about finding that silver lining, and one of the best things about the colder seasons is the ability to really layer on the winter accessories – in particular, scarves!

Luckily, there's no shortage of luxurious scarves on the market right now; from designer staples to one-off masterpieces, we guarantee there will be than a few pieces of neckwear to get you reaching for that credit card. Take a look at our top picks of the scarves currently on the market. Whether you want to grab a bargain or want to make a true investment, we definitely think you'll find what you're looking for. Or more dangerously, fall in love with something you didn't even know you wanted. We've all been there; how many of you can honestly say that the majority of your wardrobe consist of things you actively sought out to buy? We thought so...





Topshop Geo check oversized scarf, £25, available at Topshop

In one of the hottest prints of the season, this scarf ticks all the boxes. Not only will it add a pop of colour and dimension to a monochrome outfit, but it will keep you snug and cosy thanks to its oversized nature. What more could you want?

Stella McCartney printed silk scarf, £295, available at Net-a-Porter

People say "crazy cat lady" like it's a bad thing. No one will have anything negative to say about your love of feline friends when they see this scarf. A printed scarf with a cute and quirky difference; is this not why Stella McCartney is and has always been one step ahead of the fashion game?



Alexander McQueen classic floral scarf, £620, available at Far Fetch

If you thought Alexander McQueen silk scarves were all about skull print, then you clearly haven't seen some of the latest collections. We love everything about this intricate floral design – especially because it can be teamed with virtually anything.



Balenciaga Intarshia shearling scarf, £1495, available at Net a Porter

If subtlety isn't your thing and you want to have your designer gear as visible as possible, then this is the scarf for you. This oversized beauty will actually keep you pretty warm too, so everyone's a winner!



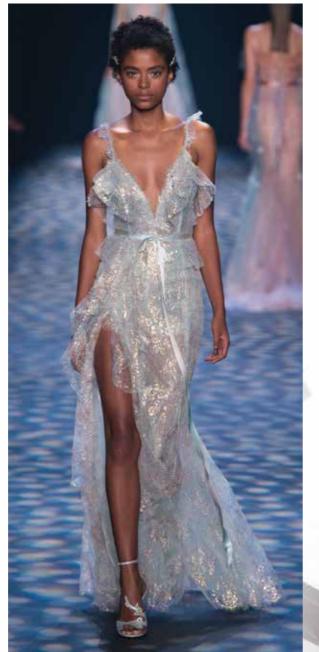


Paradise! Emilio Pucci feather print scarf, £182.87, available at Far Fetch

Miss the sun, the birds, and the summer in general? Still reminiscing about your last tropical holiday? Now you can bring your favourite climate with you thanks to this divine Emilio Pucci feather print scarf.

the biggest beauty trends to try this season





The SS17 season is vibrant, experimental, and totally 'out there' as far as beauty looks are concerned. Make-up has never been more exciting, and there are a handful of beauty looks we are dying to try out. Whether you're looking for natural or something for that all-out wow factor, we have you covered.



'No make-up' make-up Yes, you read that right, looking like you have no make-up on is a huge trend this season. This doesn't mean you should neglect your daily and nightly skincare routines and ceremoniously burn your make-up collection. (We don't recommend burning at all, actually - we're pretty sure make-up is highly flammable!) Instead, it's all about being clever





with your make-up application, and choosing products that will give you a subtle, dewy, glowing, natural look.

Choose hard-working moisturisers and primers to really prep the skin, and go for a light foundation that will complement your skin-tone accordingly. Yeezy, Rodarte and Marchesa all sent their models down the catwalk with barely there make-up.

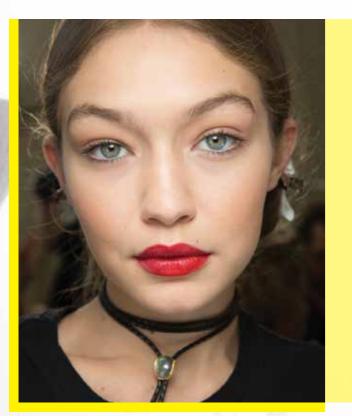




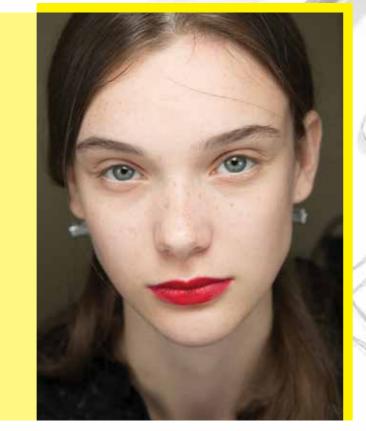


All about the lips

Great news for lipstick lovers – the bare/natural eye and bold lipstick look is back and better than ever. The hot red lip was prominent at the Giambattista Vali fashion show, and now it's going to be one of our go-to looks of the season. What could be more effortless and more effective?

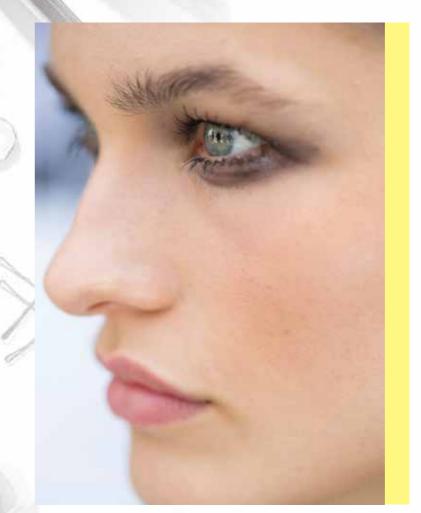


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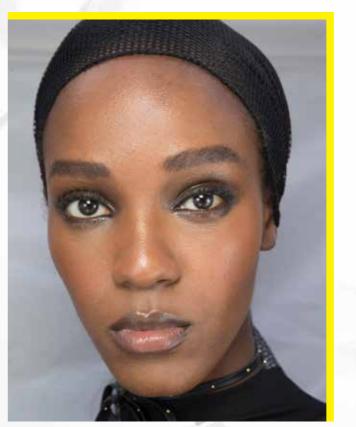
If you're feeling brave and want to go one step further than the classic Parisian chic red lip, may we suggest something in the bright and neon department? Look to Thom Browne, Jason Wu, Cushnie et Ochs and Mary Katrantzou for colour inspiration!





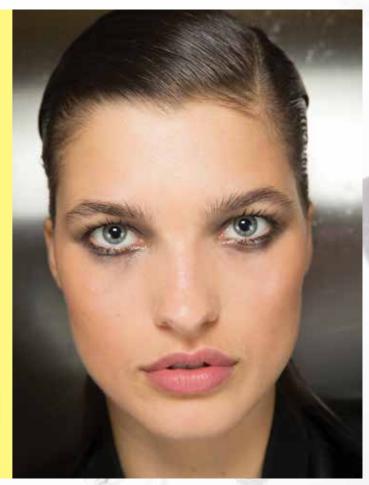
Bushy brows

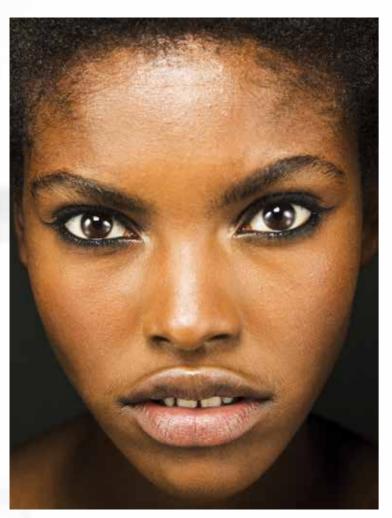
Sorry Kylie Jenner and modern-day Instagrammers, there's no place for your intricate ombre brows this season. Instead of plucking your brows within an inch of their life only to spend the next hour drawing them





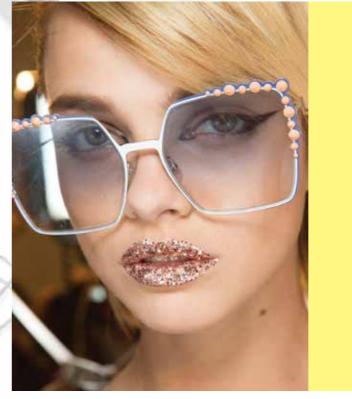
back on with delicate precision, let them grow out to add some true depth and definition to your face. A great trick from a fashion week make-up pro is to flare the eyebrows in an upward direction, and add some brow gel to thicken them up and keep them in place. Plus, think of all the time you'll save during your beauty routine!







Line your lids and waterlines with the darkest eyeshadow you can find, and prepare to turn heads. Bonus points if you go for a smudge effect! Prabal Gurung, Altuzarra and Rag & Bone all got it right on the catwalk this season.



Sparkles! Dig up those retro make-up palettes, because sparkles and glitter are definitely your friends this season. If you're not quite ready to brave



Don't worry, there's no sign of a revival of the goth or emo trend, but that's not to say dark eyes aren't making a reappearance. Forget subtle, sultry smoky eyes, this season it's all about daring to go bold.



E.







a glitter lip a' la Fendi, then how about a nice colourful, sparkly eyeshadow instead? Marc Jacobs nailed this look during his latest catwalk outing, and now you can too! Dreadlocks of course, optional...



style crushing on... Gigi Hadid

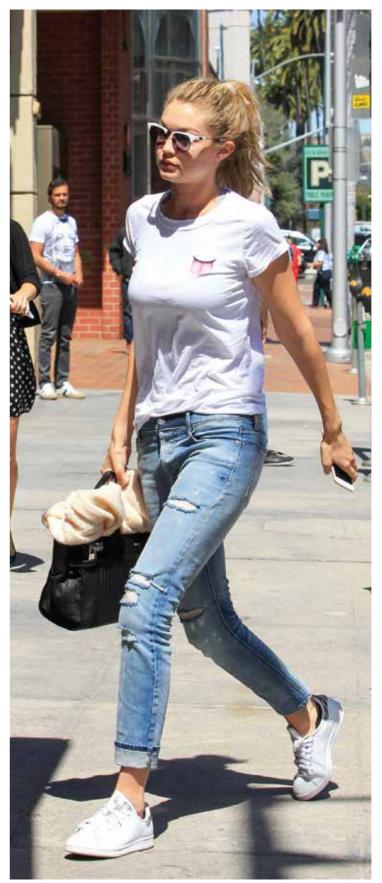
Unless you've been living under a rock for the past few years, you'll know that Gigi Hadid is a name hot on everyone's lips; in particular when it comes to raving about her chic, casual and just too-cool-for-words sartorial style.

From hot red carpet appearances to cool catwalk outings and enviable off-duty street style, Gigi Hadid seems to get it right every single time. Let's marvel at some of this year's best looks...



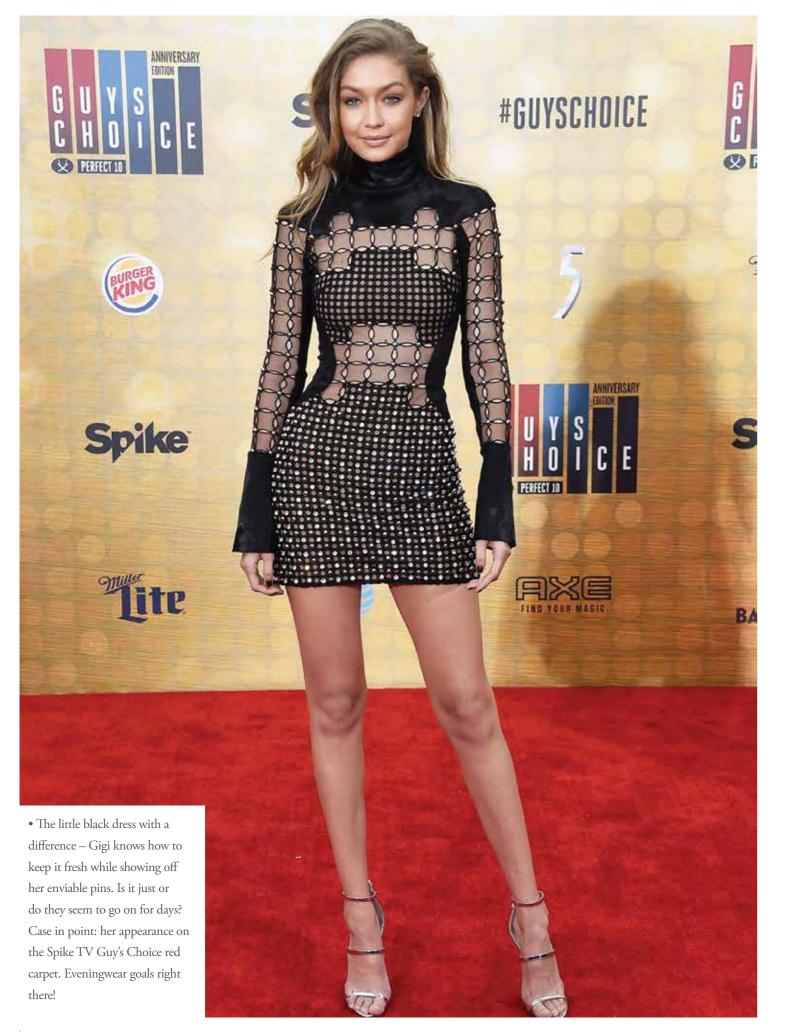


Don't say you have nothing to wear ever again, because Gigi is walking proof that you can make a simple jeans and tee combo look more stylish than the newest, priciest ensemble imaginable. We think it's all about confidence. Confidence and a statement red lip. Extra points if you add a pop of colour by way of handbags and nail polish in the same shade.
Rocking a gargantuan beehive and sultry sixties eyes at the Anna Sui





• Who knew it was possible to look this stylish in a pair of old dungarees? Well actually these aren't just any old dungarees – they're fresh from her TOMMYXGIGI collaboration with the one and only Tommy Hilfiger. (Definitely one of fashion's most exiting partnerships this year, don't you think?)There are actually some killer items in the collections – but don't be too disheartened if you don't look quite as good as Gigi in them. You have been warned!







• We all know it's both an honour and a privilege to walk in the annual Victoria's Secret Fashion Show, and Gigi popped her VS cherry last year with a multitude of jaw-dropping looks - this one being our firm favourite. We know this technically happened at the end of last year, but the look was too spectacular not to include. At time of print, Gigi and sister Bella have yet to walk in the 2016 catwalk, but we have a sneaky suspicion that they're going to blow us all away.



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• Talk about celebrating in style Gigi Hadid once again didn't put a foot wrong when planning her 21st birthday outfit. She pulled out all the stops for the Las Vegas bash – we didn't have to be there to guarantee that all eyes would





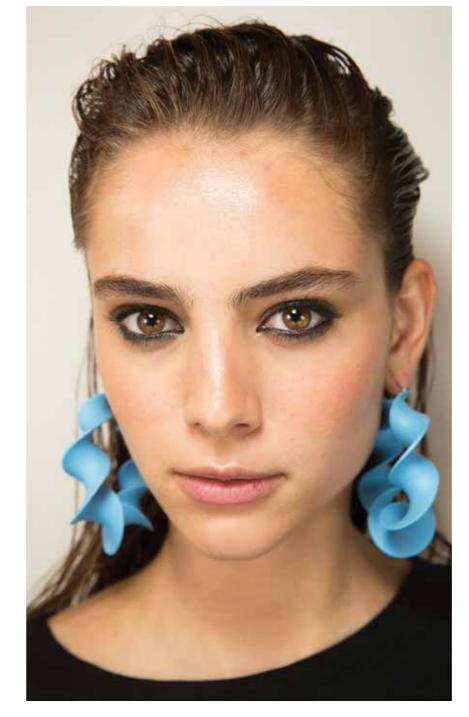


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Wet look



All hail the wet look – the look all lazy girls have been waiting for. We've waited patiently for this look to return to the runway, and we are welcoming it back with open arms. From Altuzarra to Loewe and many more in-between, we saw models parade down the catwalk with slicked back hair that we are only too willing to recreate. Think more sleek and sexy as opposed to tousled surfer girl beach wave (although this style was also prominent on the Alexander Wang and Isabel Marant SS17 catwalks.) You're going to want to tame your hair first with a shiny blow dry and even straighteners, before wetting the top and running hair serum and gel or wax (whatever your product of choice is) through the top.

six sizzling spring-ready hanstyles to try today!

If you're looking for a hairstyle to rip out and take to your local salon to recreate, then you've come to the right place. While we do admire your devotion and dedication to your hair, some of these styles have actually made it onto our list due to their sheer effortlessness and simplicity.

We predict these styles are going to sizzle in the spring/ summer months, but there's nothing stopping you from practicing them today and learning what suits you and doesn't suit you. Besides, who doesn't want to be fashion forward and ahead of the game? Here are our favourite spring-ready hair trends that we can't wait to try out:



Glamorous curls



The ultimate super-glam look for those "go big or go home" social events. Nothing screams class, power and sexiness quite like a voluminous curly 'do – and luckily there are many different curls to choose from thanks to all the catwalk outings from the likes of Dsquared² and Topshop Unique. Ringlets, tight curls, loose curls, you name it, they are on-trend. Great news for ladies with naturally wavy or curly locks. Body and volume are definitely the order of service here, so get your teasing combs out of hibernation!



Accessories



Yes, nineties kids, hair accessories are back with a multi-colour vengeance. Forget headbands and clips, this season the designers have gone all-out in the hair accessory department. Carrie Bradshaw may have made fun of the hair scrunchie in Sex and the City, but we would bet good money that she'd eat her words once she saw their return at the infamous Chanel show. After all, what could be classier and more en-vogue than tying your hair up with that instantly recognisable double C logo? (Hint: nothing!)



Side Parting



Kim Kardashian may have convinced you that it's all about the middle parting, but even style maven KK herself may be changing her mind once she sees all the gorgeous side partings of the new season. Bottega Veneta and Michael Kors debuted some to-die-for hairstyles, all of which came with very precise and defined side partings. Sleek and straight or tousled and effortless, the choice is yours. And that's exactly what we like to see!



Braided buns



So we all know that braids have been the 'it' style for many seasons now, and luckily for all plait fans, they aren't going anywhere. They have, however, got a shiny new make-over for the spring/summer season, and we must admit that we are huge fans! The regular hair bun looks so dated compared to these intricate plaited styles. The perfect updo for those warmer months; it still depicts class and sophistication, but with a modern twist. Definitely something we recommend you ask your skilled friend or hairdresser to do. They can be as high, low, clean or messy as you (and the look you're going for) can dream of. And best of all, there's virtually no end to the ways you can wear this style; just look to Dior, Erdem and Kenzo for some tip-top inspiration.



Low pony tails



See we weren't lying when we said the new season has brought with it some of the best, low-maintenance hairstyles! What could be easier than a lovely low ponytail to accommodate the majority of your looks? Experiment with a low pony today – at the office, while shopping, even during a leisurely stroll at the beach.





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love to lust the new multiple to loss

We watched the AW16 Mulberry show with our hearts in our mouths, as we really weren't sure what to expect from new creative director Johnny Coca's first catwalk outing. He had big shoes to fill, and that's putting it lightly. Luckily, the former Céline employee didn't disappoint, which meant that we had super-high expectations for the SS17 collection too...



As everyone knows, with such high expectations comes great pressure, but we don't think Coca crumbled in the slightest. Instead of playing it safe for the SS17 season and sticking to all things British and traditional, he decided to go bold, incorporate some of his Spanish roots, and take the brand in a whole new direction. This was particularly noticeable in Mulberry's most iconic and best-selling pieces – the handbags – and it's one handbag in particular we want to talk about...

If you live by the motto "go big or go home" then the entire new collection is going to be right up your alley. Save for a few miniscule bags that go in the totally opposite size direction, the majority of the new-season bags are big, enormous, and full-on gargantuan! But the one handbag that we can't wait to talk to you about is the Bayswater. Sure, you've heard the name and seen the pictures, the Bayswater is hardly a new phenomenon. It's been on our radar and on the arms of the most fashionable women around the world for over ten years now, but it got a modern make-over last season, and we are dying to tell you why you need the updated version in your lives. We love the updated Bayswater not just for its gorgeous, artisanal aesthetics and everything else we see on the outside (and indeed on the inside) but for what it represents as a whole. We feel a sense of empowerment when we see and dream of carrying the new Bayswater,

because it was designed for the busy woman in mind.

Couldn't fit your laptop or work portfolio in your old bag? No problem – because this is exactly what the new Bayswater was designed for. With more women than ever taking on powerful and influential jobs, the brand new Bayswater was designed to not only accommodate this, but also celebrate it. And so what if you don't need to carry important work documents on the go. The beauty of the Bayswater, old and new, is its sheer versatility. There's no denying that it's a practical bag for the working woman, but it's also an extremely reliable travel bag too; perfect for the jetsetter to keep all her essentials with her on board. Off to the gym and then heading out for lunch with the girls? It's the perfect size for your gym gear and a brand new lunch outfit – sky high heels included – without being weighed down by an abundance of bags.

Basically, the Bayswater might just be one of the best bags you'll ever own. Now the hard part is deciding what colour to go for... [You can grab the A/W 2016 new Mulberry Bayswaters from a variety of different online department stores or directly on the Mulberry website. (http://www.mulberry.com/gb/shop/bayswater-search) Or if you have the willpower and patience, the brand spanking new oversized bags from the spring/summer 2017 season will be making their way in stores and online very soon. Watch this space!]







貅

Ok, so we're not exactly talking torrential rain and inches of snow like a picturesque postcard from our favourite winter ski resort, but that's not to say we don't feel the temperature slowly drop here in Dubai. And let's not forget the chilling temperatures in other parts of the world too...

業

We know that packing our bags and heading off to explore different countries and cultures is a big part of life – it isn't much fun staying in the same place the whole year round, is it? So with that in mind, we have to keep colder temperatures in our minds, and more importantly, in our suitcases. Travelling to other parts of the globe as far away from Dubai as possible means we have to wrap up warm and make sure every inch of our bodies is protected.

If you find dressing for the winter weather a little bit tricky whether it's here or in a different part of the world, then let us guide you through the best and most stylish warmers of the season; we have you covered! Geddit?

Who needs a front row seat at fashion week twice a year when the hottest and most stylish celebrities are rocking the biggest and latest trends right before our very eyes? And this winter, the trend of the season is without a doubt... the knit dress. No arguments, please! From reality TV stars like Kim Kardashian and Kendall Jenner to Victoria's Secret Angels such as Miranda Kerr and Alessandra Ambrosio to style mavens like Gigi and Bella Hadid, the knit dress is never far from their style radars. And this means it should have pride of place in our wardrobes. Amazingly, there are lots of different types of knit dress available – full-length, oversized, fitted, off-shoulder – you name it, it's there. And just as you can imagine, the styling possibilities associated with such a bold yet wonderfully versatile piece are virtually endless. In



Givenchy sleeveless knitted dress, £590, he model rocking this sleeveless knitted dress has hit the nail right

The model rocking this sleeveless knitted dress has hit the nail right on the head; we wouldn't change a thing about how she has styled it, and would recommend copying the look from top to toe in a heartbeat.

The knit dress

fact, we challenge you to say there's absolutely nothing you can wear yours with.

Make like an A-lister and wear yours with a fierce pair of thigh high boots – easily our favourite styling combo. Go casual and opt for a low and comfortable heel (perfect for a day of window shopping with your lady friends) or inject some wow factor into your outfit and pick a pair with the highest and thinnest stiletto heel. Alternatively, layer up with a chic but lightweight waterfall coat in a contrasting colour with bold accessories. Perfect for always being one step ahead of the weather! Feeling warm? Slip off the coat. Have a bit of a chill? Slide the coat back on. Staying fashionable in all temperatures has never been so easy, has it?



Missguided high neck knit dress, \pounds_{25} ,

We never thought we would see something so on-point with such a low price tag, but Missguided has definitely delivered. One in every colour and for every single person we know? Don't mind if we do!



Missoni sleeveless knitted dress, £810

How can you go wrong with a knitted dress in a print as iconic as Missoni's? A more toned down version of the classic Missoni print is just what we need for the colder season; we predict this piece will remain in our wardrobes for years and years to come. A potential vintage hand-me-down if you can bear to part with it...

The cape

We'll never forget the year when Christopher Bailey debuted that infamous Burberry cape on the runway a few seasons ago. We watched Cara Delevingne and the rest of the models with wide eyes; green eyes at that, and quite honestly, we've been obsessed with them ever since. Think less Batman/caped crusader, and more British runway model. Capes can undoubtedly be quite tricky to master, because of the slight restriction on arm movement. Who needs to get their arms out in the winter, anyway? We wouldn't recommend donning one for a heavy day of shopping in the malls and markets, but we would certainly encourage it for every other stylish occasion. Styling your cape is really quite simple; if you pick a bold one such as the aforementioned staple from Burberry or anything else with an allover print, then it's all about making that the key, stand-out piece and keeping the rest of your outfit and accessories on the minimal side. Another thing we feel we have to mention is that your handbag choice isn't as extensive as it could be with other types of outerwear, as we would advise against shoulder bags or anything that could interfere with the shape and silhouette of the cape. Stick to your favourite tote or clutch bag, and you'll have mastered the fine art of wearing a cape in no time!



Gucci printed wool –felt cape, £1850 Yes you can wear a bold green hue in the middle of winter, because Gucci says so. We don't think you need any more reasons, right?



Vivienne Westwood Gaia cape, £390

We love the print, we love the style, we love how gloriously toasty this will keep us on the airplane or in a cold cinema. Yes, we are totally thinking of making this double up as a blanket. Join us, won't you?



Barbed cotton cape with racoon fur, $\pounds 679$

This cape incorporates two of our favourite trends in one; no need to choose between capes and fur because this piece has everything!

The (faux) fur gilet

Akin to the knit dress, the fur gilet ticks all the boxes for all those inbetween temperatures, as well as for those colder than cold days where layering is the order of service. We dare you to go on a winter holiday to the coldest parts of Europe or America and not take your gilet. The luxurious fur (or of course, faux fur – whatever your taste is) gilet is the perfect piece to add to an existing spring/summer outfit if you're one of those people who clings to the warmer seasons without ever wanting to let go. If you want to keep the style but just want to add a subtle, extra layer to your outfit for the transitioning weather, then you



Marni Shearling gilet, £1,910

Have you ever seen anything more luxurious in your whole entire life? We love this colour too because, let's face it, we all tend to wear a lot more black in the autumn and winter months, and this gilet is just what we need to break up the black.

can't go wrong with a fur gilet in a matching or even contrasting hue. How to style the gilet? That's easy! As the temperatures here don't tend to drop too much - to the envy of many other countries in the world - simply team yours with your go-to summer outfit and layer up or down accordingly. If you're heading to a different country for a winter holiday, add an additional layer by way of a cute polo neck jumper with a statement necklace. Other outerwear is also definitely recommended...



Stella McCartney faux fur gilet, £488.30

No need to give up on what you believe in - you can still rock a wonderfully warm gilet without having to go down the animal fur route. All of Stella McCartney's pieces are ethically made and sourced - it's what she specialises in and prides herself in - so this probably won't be the only thing of the designer's to appeal to you. Just like with the Marni version above, we love the rich, deep colour of this gilet and know it will make anyone and everyone stand out when wearing it.

Perhaps the most traditional piece of outwear that keeps males and females around the world warm and toasty during their harsh winters is the long duffel coat. Made with hardworking, warm fabrics that do their best to keep out the chill, long coats are definitely recommended for those truly freezing temperatures.

With an abundance of different lengths, colours, and fabrics to choose from, you can pretty much have a different coat to cater to every outfit and occasion. You may need a whole new wardrobe to accommodate



Dolce and Gabbana collarless long coat, \pounds_{2150}

We mentioned earlier that long coats are capable of being the height of elegance and depict pure class and sophistication. Leave it in Dolce and Gabbana's hands to prove our point with this classic piece that will remain a winter wardrobe staple for, well quite honestly, for the rest of your life.

The long duffel coat

all of your long winter coats - and no matter what anyone says, that can only be a good thing.

Double breasted coats are a great way of maintaining class and elegance in the winter. Alternatively if you want to give off a more casual vibe while out in the freezing cold, then why don't you make like an Eskimo and go for a slightly shorter coat with a fur or faux fur hood? Look to the A-listers for inspiration. Hey, if they can make it work...



Burberry Sandringham extra long trench coat, £1495

Coats don't get much more iconic than Burberry trench coats - it's like wearing a little piece of history every time you slip in to it. We love the slim silhouette and the ability to nip in your waist with the classic belt. This is one coat you certainly won't look bulky in. A true investment piece!



Make like Gigi Hadid and nail this season's hottest trends before anyone else

With Gigi Hadid blowing up the spring 2017 catwalk a few months ago, it's safe to say she knows a thing or two about what's going to be big for the new season. Luckily, you don't have to be a high-earning model or dating former One Direction hunk Zayn Malik to be one step ahead in the fast moving, ever-changing world of fashion. So sit back, and let us guide you through the biggest, boldest and downright best trends for you to try before anyone else – no front row fashion week seat necessary.



Bold stripes



Truth be told, stripes are never going to stray far from our wardrobes regardless of the season. But stripes are about so much more than their slimming qualities, as this new season has boldly demonstrated. The stripe has got an almost 3D, modern make-over this season, and it's hard to believe we are so excited about something we've been wearing



for centuries. Nina Ricci has given us a bold, yet classic stripe to ease us into things. Louis Vuitton has toughened the stripe up adding studs, while over at 3.1 Philip Lim, it's all about mixing things up by interchanging colours and dimensions. We love denim on denim, but we think we love stripe on stripe even more!

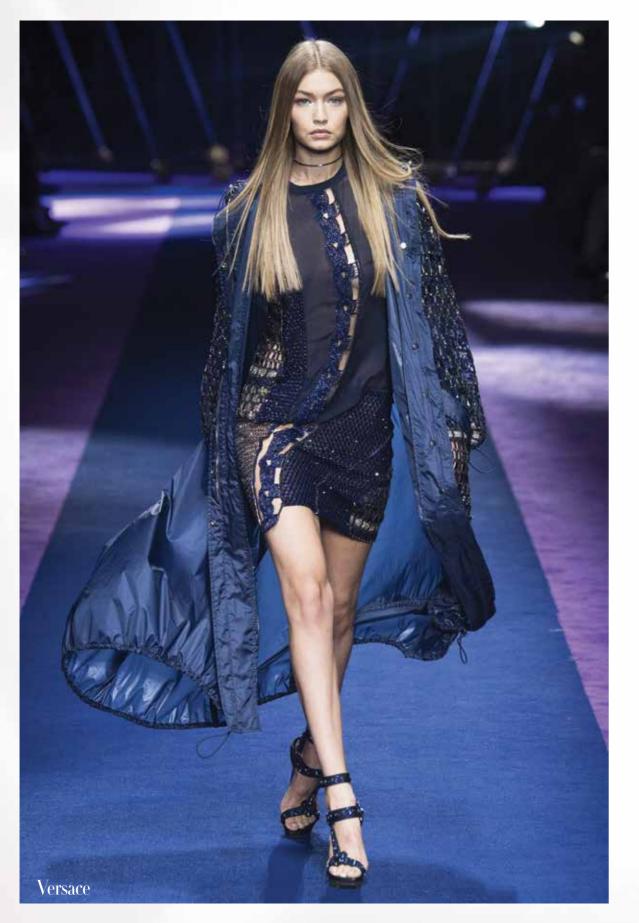
The future's bright





Not only is the future bright, but it's positively fluorescent thanks to the illuminating neon hues that are making a name for themselves this season. Marc Jacobs has given us stripes and neon, making for some trend-rich pieces that are sure to set the fashion elite's tongues wagging. Highlighter shades have been a firm favourite among the likes of Jason Wu and DKNY – the brighter and more outrageous, the better. Luckily the clothes themselves are pretty wearable, which makes it more tempting to try the trend without raising eyebrows. It definitely makes riding a bicycle in the middle of the night a lot more stylish – who needs a high vis jacket when you have a neon pink DKNY outfit? The helmet, we're afraid, is still compulsory.

Athleisure



One thing that makes us feel slightly better about our non-catwalkappropriate bodies, is the fact that aforementioned catwalk models have to work incredibly hard for their enviable figures. Don't get us wrong, we do enjoy rounding up the girls and heading to a spin class or yoga class a few times a week, but the difference between us and the A-listers is that they are rocking the latest and greatest pieces of sportswear while getting hot and sweaty. Enter athleisure! Say sayonara to sportswear and aloha to athleisure - the only items to be seen in while entering and exiting the gym this season. Who cares if you're just going to the gym to have a gossip with the girls in the café and don't actually make it inside the class... it's all about keeping up appearances!





Hot pink

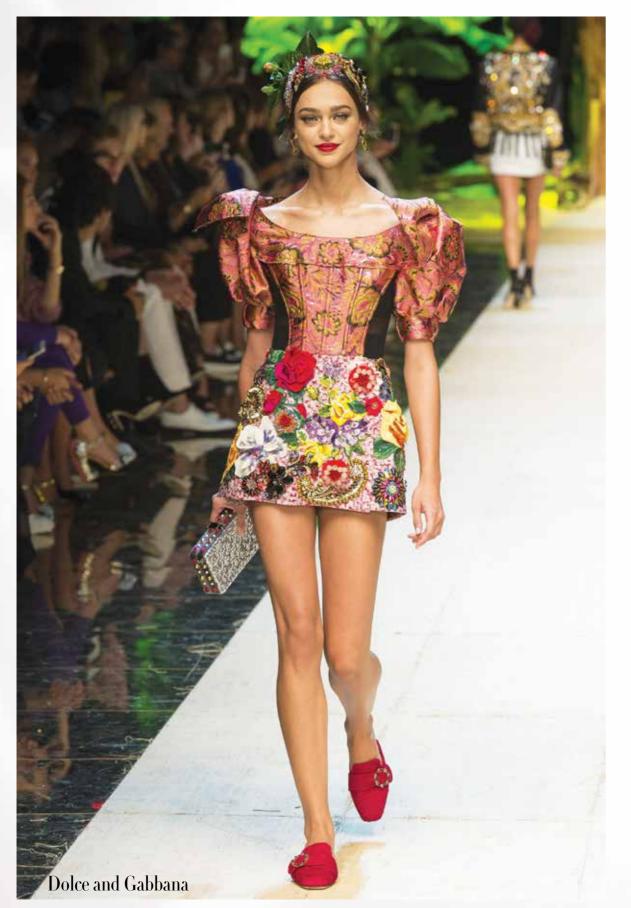


Barbie has truly cemented her status as a style icon, so we're not surprised to see an ode to everyone's favourite doll dominate the SS17 season. We bet you wish you didn't paint over your hot pink childhood bedroom wall now! Hot fuchsia colours are pretty explosive right now (think Céline, Valentino and Hermès to name just a few) so what are



you waiting for? Raid the back of your wardrobes and find a hot pink staple accessory to revive your monochrome look. Incorporate the colour into your everyday look in a subtle way by opting for a scarf or even phone case, or truly commit to the trend and go for an all-out head to toe fuchsia look. We have to admit, it's quite tempting.

Exaggerated sleeves









Gone are the days of strapless tops and dresses – the statement sleeve isn't going anywhere. Marc Jacobs and Simone Rocha have shown us how to wear the statement sleeve without looking like an extra from a Shakespeare play. Toughen up a silk blouse with a gargantuan sleeve by tucking it into a fierce black leather skirt a' la Kenzo. Simple, but sinfully striking! Alternatively, incorporating the wow sleeve into a softer and more feminine look also works wonders, as beautifully exhibited by Dolce and Gabbana. Where would we be without such high-end inspiration, eh?



Sheer

The sheer trend is also back, but once again, presents all kinds of issues for the modest dressers among us. Flashing the flesh can be a serious no go, but there's nothing stopping us from paying homage to the trend and opting for pieces with a subtle and sophisticated sheer. A few designers who have not only done sheer but done it well include the likes of Alexander McQueen, Louis Vuitton and Fendi. (Hi, Gigi!)





Gingham



Throw away your Dorothy Wizard of Oz fancy dress costume, because there are some fabulous new-season gingham pieces available right now that will change the way you view the print forever. House of Holland and Pringle of Scotland certainly know a thing or two about print





perfection if previous collections are anything to go by, and they haven't let us down this season either. Will you be brave enough to rock one of their pieces?



White hot



Forget red hot, it's all about white hot this season. This doesn't necessarily mean angelic and innocent whites; in fact the more daring, the better! Just ask Louis Vuitton and Narciso Rodriguez. Additionally, hard-working, durable black outerwear is a thing of the past, and in its



place, wonderfully white alternatives. You're going to be on first name terms with the dry cleaner by the end of the season. But with gorgeous white spring coats from Prabal Gurung and Sonia Rykiel, a larger-thanaverage dry cleaning bill is just a small price to pay.



Read 'em and weep

The slogan/word tee is back, people! And we certainly appreciate the short slogans in a large and easy-to-read font; nobody needs another excuse to stare at our chests to read what we have to say! There are so many words and phrases to accommodate your mood or the message you're trying to convey. Christian Dior thinks "we should all be feminists" while Stella McCartney is also championing women with her "thanks girl" slogan. We don't know about you, but we suddenly feel very empowered!







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Liquid metal



Another trend that is not only here to stay but also comes with a makeover is the metallic trend. Think liquid metal; gold, silver and bronze all make an appearance in slinky, silky, dresses that we can't wait to slip

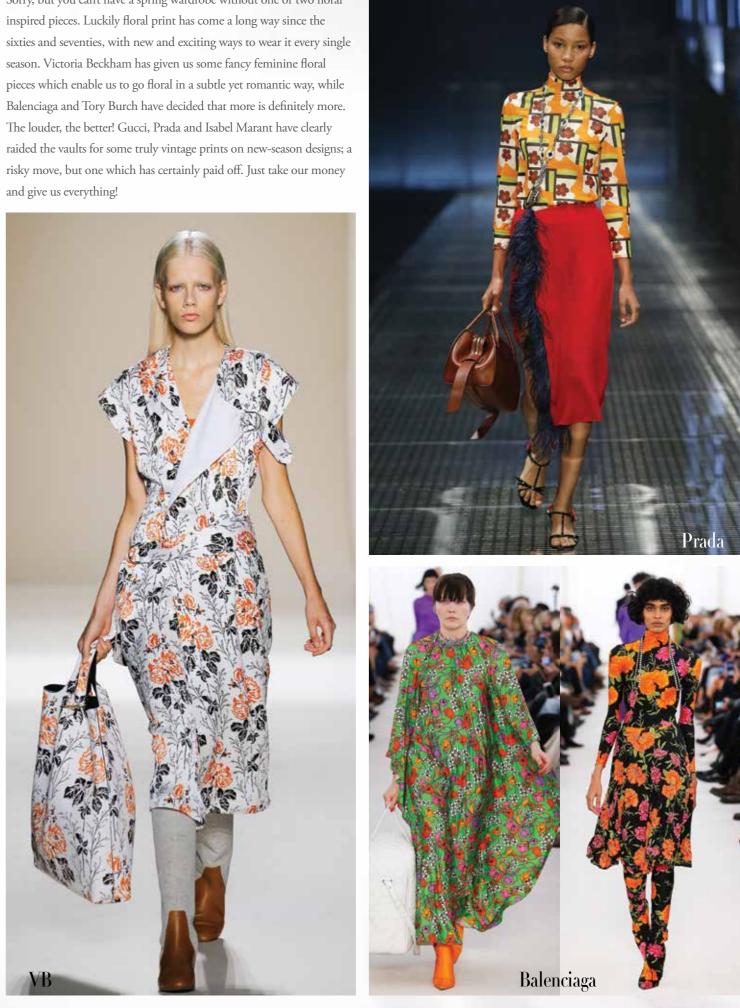


into. Isabel Marant and Saint Laurent did it particularly well this season – who fancies donning a metallic mini skirt and seeing where the night takes them?

Flower power



Sorry, but you can't have a spring wardrobe without one or two floral



A Call to Action



I am a tenth grader from Boston, Massachusetts, USA.

Five years ago, during a casual dinner conversation, my father announced that he had decided to start several autism centers in the Middle East. I was only a young child at the time and had no idea what autism meant. But I can still remember the shocked expressions on my family members' faces and the barrage of questions that ensued. In the bluster, I quietly told myself that I would learn as much as I could about this condition.

The journey began with watching several autism-related movies with my father. I especially loved Rain Man and the story of Dr. Temple Grandin. Admittedly, watching these films invoked a range of emotions for me: I sometimes felt sorry for the characters in the movies, as they were often misunderstood and mishandled, but I also had the sense that I should not really feel sorry for them. It was immediately clear to me that autism does not always mean diminished intellectual

capacity, as both the fictional Rain Man and the real Dr. Grandin have extraordinary talents that were not obvious when they were young. My opportunity to learn more about autism came when I decided to volunteer for a peer support group for children with autism at a local special education center. There, I had my first hands-on experience with children on the spectrum. The chief psychologist in charge informed me that although their students would not have a lack of intellect, they might have extreme difficulty with basic social and communication skills. I was paired with a teenage boy two years older than me, and my task was to engage him in as much conversation as possible. This sounded simple enough, but I soon found that in reality it was extremely difficult. When I introduced myself, he was very uncomfortable: I was a stranger, and he did not like interacting with strangers. It took me a while to realize that he actually had a very nice personality but this was hard to uncover since he was unable to perceive social cues. He had no filter and would say things that are





- Limited or no language
- Difficulty conversing
- Poor eye contact
- Prefers to be alone

- Applied Behavior Analysis
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KA MAA **Stepping Stones Center for Autistic Spectrum Diorders**

Signs of Autism

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- · Limited or no pretend play
- Obsessive behavior
- Repetitive play

Not responding to name

Our Services

- ComprehensiveAssessments
- Screenings
- Parent Education/Training
- School Shadowing

socially inappropriate and he would not be able to sense that he might be offending people. Often he appeared tense and uptight, but this was usually because he was uncomfortable in settings where he had to interact with people he didn't know.

Thus I knew that to connect with him, I had to transform myself from a stranger to a trusted friend. I figured out that he liked mini chocolate chip cupcakes with coconut buttercream frosting. I began to bring precisely six mini chocolate chip cupcakes with coconut buttercream frosting to our sessions. He had a distinct preference for having three mini cupcakes, with one square napkin per cupcake. Sharing food became a bonding experience. I can recall definite cupcake moments where he tried to thank me for my efforts. The fleeting eye contact and joy on his face was subtle but priceless, and eventually our monosyllabic conversations evolved into simple phrases. As we got to know each other better, he tried harder to communicate but continued to have little control over his own actions.

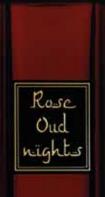
The need to understand autism is only becoming more and more important as rates of autism rise. Today, ASD is diagnosed in approximately 1 in 68 children, a 30% increase from 1 in 88 two years ago according to the Center for Disease Control (CDC) in Atlanta, Georgia. This compares with about 1 in 200 children in the year 2000. Scientists predict that by the year 2030, 1 in every 15 children will be autistic, approximately 1 in 10 boys and 1 in 21 girls. Diagnosis and treatment from an early age can greatly ease the symptoms, but currently there is no cure.

Over winter break, I visited my father's autism center in Dubai with the hope that I learn about the formal training undertaken by therapists working with autistic children. When I walked into the main room, I was virtually invisible. The group of small children made no motion or gesture towards me whatsoever even when I tried everything imaginable to get their attention. As before, I had to have patience and had to work to gain their confidence. In one-on-one sessions, I could make them feel comfortable and cajole them to make phrases and communicate. I played games with them, drew pictures with them, practiced ordering food with them at a restaurant, and would resort to any method that would encourage a child to use communication skills. At the center, I was able to see the full spectrum of autism, from lowfunctioning to high-functioning (or Asperger). Low-functioning kids had very few communication skills and were very difficult to help. On the other hand, I saw that high-functioning children, with early intervention, could one day fit into traditional social environments. The vast majority of autistic children were somewhere in between. Through my experiences at autism centers working with children, I see a future world where 7% of the population will be limited in key aspects of life. The understanding I was able to develop for children on the ASD spectrum I take to be a great gift, and I believe that awareness, empathy, and understanding are vital as we learn more about autism. But scientific research is just as important, as the causes of autism are still a mystery. Without knowing the causes, scientists cannot find a cure, nor can they determine how best to prevent autism. There is much research to be done.

If a fifteen year old kid from Boston can connect with autistic children and make a difference, then everybody needs to believe that with empathy and generosity, they, too, can make a difference. If we succeed in finding the cause and cure for ASD, that would be the greatest gift to the world's children and future generations.



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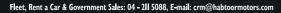
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