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First Avenue

EDITOR'S NOTE

The happiest time of the year is here... full of festive cheer!

It really is the happiest time of the year for all of us for two reasons. One is, of course, the festive season is here and such exuberance is in the air that it is almost contagious, and secondly because we have put in a great deal of effort to pull this festive issue together and bringing it out, has been the most intense and yet the most fascinating and happiest job to accomplish!

Starting with our Cover girl for the month it is none other but the very beautiful and talented **Rachel Weisz**. We talked to her about her two latest ventures, her family life, about becoming the real time 'Bond Girl', and her plans for the upcoming joyful season...

This month we are not just reveling in the festivities but also **commemorating women** and their **empowerment**. For that reason we sat down with the very fascinating **Fatima Batook** - a fitness trainer/entrepreneur from Saudi Arabia, whose passion exudes positivity and true grit, an essential blend for the modern independent woman. We also chatted with the very sweet, **Aziza Al Banna** the GM for Life Cosmetics and a passionate beauty expert. We talked to her about her business, the beauty within and what it takes to be beautiful from the inside, and we had our fair share of insight that invigorated our hearts and minds with **pro-activeness!**

Since it is officially the winter season in Dubai, our Beauty and Style sections are all about the wintry blues. For those who suffer from dry skin, check out the interview with **Susanne Kraus** - Brand Manager for Eucerin, all about dealing with sensitive skin. Our Health and Fitness section is all about **staying fit during the holiday season**. Check out the simple work out ideas and tips for holiday eating, and just a little bit of motivatin' for every one of us.

Our section, **I ♥ Dubai**, is drenched in holiday fever. Check out the best places to dine out this **Christmas and the following New Year**, discover places to be and events that are sure to leave you hankering for more and with all this... do not forget to check out our gift guide, a selection of cool and romantic **gift ideas** for him and her.

All this and a lot more, festive home décor, Fashion must haves and for a fresh perspective on the fashion scene, check out our **beautiful fashion spreads...**
There's everything you would want to look for and the best part is... it is here!

Happy Holidays...

& wishing you a Happy New Year

Lamiya Sami

It's that time of year

when the world falls in love

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may your New Year

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CONTENTS

In the Spotlight Latest celebrity fashion updates	16
Fashion Must Haves Fashion accessories, make-up & more to complement the season	22
Face to Face *Exclusive interview with Rachel Weisz *Aziza Al Banna GM Life Cosmetics *Fatima Batook Fitness Expert & Entrepreneur *Susanne Kraus Senior Brand Manager Eucerin	28 34 36 48
I Heart Dubai Ultimate festive guide to the hottest places, offers and events in town	38
Style Roundup Taming the locks for a younger look	26
Health & Fitness *Dining out the healthy way *Push your way up to a brand new you	50 52
Beauty Secrets to a younger looking skin	54
Travel Feature Talking Tourism	56
Home Décor Furniture Fest Decorating for the holidays	60 64
Fine Dining Festive Recipes Food Fetish	66 70
Fashion Shoot Ho-Ho-Holiday Fashion	72
Watch & Jewelry Collections Collection of exquisite haute horlogerie & joaillerie	86
What's New A scoop on the latest news, events, launches, exhibitions and more	92



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Cancer not only affects your health, but also your family and lifestyle. Understanding this, the Center for Cancer Care at American Hospital Dubai has launched the first Linear Accelerator Unit serving Radiation Therapy patients in Dubai.

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Kristen Stewart

Kristen Stewart looked uber chic while stepping out to attend a fashion show at Cinecitta in Rome, Italy. The 25-year-old actress starred in a new short film titled, *Once and Forever*, which was directed by Karl Lagerfeld.



Salma Hayek

Salma Hayek looked pretty while attending the premiere of her latest film, *The Prophet*, held at the Institut du Monde Arabe in Paris, France. The 49-year-old actress was accompanied by her husband Francois-Henri Pinault.



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Victoria Beckham
at Global Gift Gala 2015

Victoria Beckham struck a pose on the red carpet while attending the 2015 Global Gift Gala held at the Four Seasons Hotel in London, England. The 41-year-old fashion designer- Victoria, presented, founder Mitch Besser with The Global Gift Our Heroes Award.

Naomie Harris
at Omega Celebration in Tokyo

Naomie Harris struck a pose in a floral gown while attending the Omega celebration for her film, Spectre in Tokyo, Japan. The 39-year-old actress wore an Alexander McQueen dress, Giuseppe Zanotti shoes, Dauphin earrings and ring as well as an Omega watch.



Rachel McAdams
at Gotham Awards 2015

Rachel McAdams looked amazing on the red carpet at Cipriani Wall Street for the 2015 Gotham Independent Film Awards in New York City. The 37-year-old Spotlight actress wore a black Noam Hanoch jumpsuit with sheer details, Christian Louboutin shoes, Ileana Makri earrings, and rings by Nigaam, Graziela Gems and Efly Jewelry to the premiere.



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Eva Longoria
at Global Gift Gala 2015

Eva Longoria looked gorgeous on the red carpet while attending the 2015 Global Gift Gala held at the Four Seasons Hotel in London, England. The 40-year-old actress also hosted the event. The Global Gift Foundation is a philanthropic nonprofit organization whose main objective is to create a positive impact and influence on women, children and family's lifestyle who live in a situation of need.



Julianne Moore
at the Gotham Awards

Julianne Moore sparkled in silver while on the red carpet at the 2015 Gotham Independent Film Awards held at Cipriani Wall Street in New York City. The 54-year-old actress won the Gotham award last year for her brilliant work in 'Still Alice'!



Toni Collette
at the Krampus Premier

Toni Collette flashed a big smile on the red carpet while attending the premiere of her latest film Krampus, held at Arclight Cinemas in Hollywood, California. The 43-year-old actress was joined by her co-stars Adam Scott, Allison Tolman and more.



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FASHION

Must Haves



From cosmetics, shoes to handbags and perfumes. check out the latest fashion accessories and trends that you may want to consider purchasing...

Alterna Caviar Perfect Texture Finishing Spray

Alterna Caviar Perfect Texture Finishing Spray instantly adds dimensional texture, shape, and movement to all hair types, boosts fullness and locks in volume. The bodifying polymers create an "invisible scaffolding" between strands to keep them from clumping together. Available at leading luxury salons nationwide, the spray is especially effective when used after blow-drying, to add dimensional texture to hair.



Burberry Autumn/Winter 2015 Runway Make-Up

The new Burberry look features an earthy, sun-kissed palette of smokey shades, smokey eye inspired by natural earthy tones, matte nude lips with warm, matte skin. The make-up collection is now available on Burberry.com, at Areej stores and selected Burberry stores and retailers.

La Perla Pocket-Belt Special Accessory A/W 2015 Collections

Conveying a transitional state between the world of lingerie and that of clothing, the Inside/Out concept is the stylistic theme running through the new Autumn/Winter 2015 La Perla collections. The pocket-belt is one of a kind belt with maxi-pockets that sit on the hips, made from either silk or satin, serving as a complementary piece to the La Perla Maison garments, or neoprene, for a bolder more contemporary style.



Versace Fall/Winter 2015-16 Eyewear

The new Versace Fall/Winter 2015/16 Eyewear collection is edgy, elegant & sensual. Boldness, audacity, originality, the unique traits of the true Versace personality find their perfect expression in this new collection. The bright colors in glitter and matte variations further embellish the selection, specifically created for modern women and men who are always seeking uniqueness.



Illamasqua New Equinox Collection

Equinox signifies a desert night, engulfed by the starry skies and the constellations of the universe above, which resonates beautifully through the shimmering textures of this collection. From broken gold to glistening oyster, the tranquil mystic sight of the stars comes to life. "Equinox is a desert princess. A luminous, nomadic beauty adorned in resplendent broken golds, lustrous pigments, deep burnished hues and sparkling accents, which are inspired by the depth and mystery of the deserts endless canopy of stars." Illamasqua Creative Director, Alex Box



Clarins Joli Rouge

Clarins has revamped Joli Rouge, and created a wide array of shades to express every mood and every make-up desire. For the irresistibly pretty mouth first, the new lipstick guarantees lips enhanced by subtle light pinks or neutral shades or a classic, ultra-feminine red and perhaps a touch of coral...





GKhair New Color and Treatment Collection

GKhair, has launched its next generation of hair styling products in U.A.E. The revolutionary new collection consists of Shield Additive, Cashmere, Lock Me Color Masque and Juvexin Shield Shampoo & Conditioner. The entire GKhair collection is Juvexin infused, sulphate free, and is designed to keep hair looking young, healthy and vibrant. GKhair is the first and only company to harness the beauty benefits of Juvexin, which restores hair by repairing and providing long-term conditioning and protection.

Eva Garden's 6-in-1 CC Primer

For those craving flawlessly beautiful skin, Eva Garden presents its wonder CC Primer. With a rich fragrance and paraben free texture, the primer is simply smooth, youthful skin in a bottle. Made of Lotus Flower extract and soothing water lily extract, this wonder primer provides uniform, even texture, opaque color correction, skin brightening and it has anti-ageing properties with a soft-matte finish.



L'Oreal Paris Color Riche Lipsticks

To mark the 30th anniversary of L'Oreal's line of Color Riche lipsticks, the beauty brand has launched glamorous new shades to pay homage to Color Riche with 20 new lipsticks in creamy and matte colors. Inspired by French attitude and flair, each shade boasts creamier texture and lacquered shine.



SVELTA Skincare Luxe Coffee & Raw Sugar Body Scrub

SVELTA Luxe Coffee & Raw Sugar Body Scrub leaves your skin silky, supple and invigorated with 100% natural, ultra-nourishing botanicals. Created by Dubai-born Entrepreneur, Moe Kittaneh, the luxurious skincare line is inspired by his home in Dubai. Using luxurious ingredients such as Organic Raw Sugar, Olive Oil, Coffee, and the scent of the Middle East Cardamom, which adds a delicious, luxe aroma, SVELTA skincare is a must have for organic savvy fashionistas. The products can be purchased online at sveltatan.com.



Chloé - A Snow Capsule Collection

Chloé introduces Snow 2015 – an après-ski-inspired capsule collection for winter escapes and chic chalet-style. This season's Chloé girl, Veronika Heilbrunner transports us to the picturesque snow-capped peaks of the Alps, from the cosy interiors of a mountainside cabin in Courchevel to the powdery slopes and stylish restaurants of Swiss ski resort St. Moritz. The collection is available exclusively from Chloé boutiques.



Zoya Naked Manicure

Want to dress your nails with perfection this festive season! Zoya Naked Manicure System instantly transforms the cosmetic appearance of nails by immediately correcting cosmetic nail problems and delivering therapeutic benefits to nails, long term. The six Perfectors use optical diffusers, keratin fillers, micronized reflective color pigments and micro thin film formers to create an ultra-sheer veil which ensures the natural vibrancy of the nails. Therapeutic benefits are delivered through a meticulous blend of vitamins, proteins and botanicals carefully infused in the Naked Manicure Treatments. The treatment is available at leading luxury salons nationwide.



Misslyn new Oriental Spirit Collection

This New Year, be enthralled as Misslyn has cooked up a collection inspired by the hot dessert sand, exotic spice market and luminous fabrics of the Middle East. The new 'Oriental Spirit Collection' by Misslyn is as magical as your imagination can be. It comprises Color Kiss Shiny Lip Balm, Effect Nail Top Coat, Sensual Lipstick, Perfect Match Eyeshadow, Waterproof Color Liner, Multi talent volume mascara and the highlight of the collection, new long 'n' wild lashes mascara.



Tiziana Terenzi Four Stellar Creations

Literary tradition states that all lost items, or items that have gone astray end up on the moon. The moon is the place where dreams and tears, love and reason, days of idleness and unfinished deeds are kept in precious glass ampoules. These bottles are quite similar to those, used to contain Tiziana Terenzi's precious essences today. After years of toil, seeking and preserving rare components, Tiziana Terenzi presents four fragrances that embody the brand's most complex project yet; Tiziana Terenzi Luna, including Andromeda, Ursa Major, Draco and Cassiopea.

I miss Violet eau de parfum

The exclusive, French Haute Parfumerie, The Different Company launched their new, season scent in the Middle East - I miss Violet, a fragrance based on a floral-leather accord, evoking the fragile and subtle delicacy of emotion. Eau de parfum 50 ml – AED 930 available at Areej store, Mall of the Emirates, Bloomingdale's Dubai, Harvey Nichol's – Dubai.



Maybelline New York Lash Sensational Mascara

Maybelline's Lash Sensational Mascara, with its revolutionary curved brush, captures even the smallest of lashes, and volumizes them to make them look longer. The brush's curved shape coats the lashes from inner corner to outer corner for maximum visibility of lashes. It incorporates 6 types of bristles, with the inner micro bristles reaching the smaller lashes you didn't know you had, while the outer full bristles capture and coat the longer lashes.



Stenders Pearl Collection

Stenders introduces exquisite elegant pearls in a bottle, named the Pearl collection for youthful, opalescent skin like never before. The collection includes Pearl Body Lotion, Pearl Shower Gel, and Pearl Soap, the products are available at The Galleria Mall, Al Wasl Road in Jumeirah.



SOL Holistic Wellness Creation

For LING Skincare's celebrity clients, Ling Chan has created a body collection SOL (Spiritual Organic Lifestyle); a holistic wellness creation designed to enhance well-being for the mind and body, with an inspiration to merge organic ingredients with pure intentions to rejuvenate our soul and senses. Certified organic formulas for the face & body are carefully blended in-sync with Asian health principles with positive mind and open heart techniques to enhance a journey of inner wellness. The products can be purchased from www.lingskincare.com

TAMING

the Locks for a

YOUNGER LOOK

by Asgar Saboo

Women around the world are always looking for ways to halt the ageing process, and this can be done in a variety of ways; with makeup, a good skincare regime, and with your hairstyle. Curiously, your hairstyle is something that is often overlooked but yet it is such a simple step for taking years off your looks, as seen on celebrities from Jennifer Aniston to Cameron Diaz and Sienna Miller. Hairstylist to the stars, Asgar Saboo, who has worked with renowned celebrities, including Cindy Crawford, Eva Longoria and Aishwarya Rai, reveals his top hairstyle secrets to look younger for longer.

1. Update your up-do

A classy chignon is favored by many actresses on the red carpet, but many don't realize that this style can look dated and harsh instead of young and fresh, especially if the hair is scraped back too harshly. If you want something more youthful, go for a looser style and add braids, as seen on Drew Barrymore and Sienna Miller. They look modern and, as part of an up-do, will look stylish and sophisticated. Start at the front of your hair and loosely braid the hair, then loosely tie your locks on top of your head and pull out some hairs for something more put together, then secure with a glossing mist. This is guaranteed to knock ten years off your look.



2. Add youth with a centre parting

Brushing the hair back with no parting can look very stuffy – it can remind you of the dated eighties or nineties style and will make you look older than your years. Refresh your look with a centre parting, as seen on Amy Adams, Cameron Diaz and Elizabeth Banks. This looks modern and is a simple step which takes less than a minute – try it and see how youthful you'll look! If you're not sure then try a side parting, which can feel more comfortable and will still look fresh.



playfulness to your looks. Try a mousse before roughly blow-drying your locks, or simply use a salt spray at the ends of the hair when it's dry to add a sexy, tousled look which looks young and modern.



3. Lighten your locks

Certainly, dark hair can look beautiful and attractive, but a single tone of color can look flat and make your hair look dull and aged. Instead, try a lighter shade of your regular tone, or add some natural highlights at the front and crown, as seen on Cate Blanchett, Reese Witherspoon and Mena Suvari. This will brighten up your complexion, add shine to your hair and help you on your way to looking younger.



5. Protect against sun damage

We're all aware of how damaging the sun is to our skin, but did you know that its harmful UV rays can penetrate your hair and make it age faster? Overlooking this can cause serious breakage, so make sure you wear a hat in the sun to protect your hair. I also recommend a protection spray which should be used before hitting the beach, and make sure you indulge with plenty of conditioning treatments while you're away to minimize any damage.



4. Use texture to make your locks playful and fresh

Although a straight, high maintenance look can be glamorous, having hair which looks too perfectly styled can look dated and make you look much older than your years. Dare to try something different with a messier texture, as seen on style icons including Jennifer Aniston and Drew Barrymore, which will bring youth and

RACHEL WEISZ

“I dedicate a passion to Porsche”

Rachel Weisz is one of Hollywood’s most serious actresses, and her success can be traced as a gradual process of dedicated roles and characters that represent great or grand ideas and ideals. Hailing from the UK, Weisz is one of many Oxbridge-educated exports to succeed in the film industry. Winning an Oscar (Supporting Actress, The Constant

: Gardener, 2005) and a prestigious Olivier Award (for playing Blanche Dubois in A Streetcar Named Desire at the Donmar Warehouse in 2009), Rachel is the real life Bond Girl having married fellow Brit actor Daniel Craig – yep, James Bond himself! With two movie ventures up her sleeves, Youth by Italian filmmaker Paolo Sorrentino, in which she co-stars with two Hollywood Giants, Michael Caine and Harvey Keitel, and The Lobster by Greek

: director, Yorgos Lanthimos where she has Colin Farrell and Léa Seydoux as partners. This latest movie received the Jury Prize at the Cannes 2015 Film Festival; a jury under the chairmanship of American filmmakers Joel and Ethan Coen. First Avenue met Rachel at the Bristol Hotel in Paris, for an exclusive interview, to discuss her success, characters, family and the upcoming festive season...

“My first movie experience dates back to the mid 90s.”



What a successful career since your early beginnings- under Bernardo Bertolucci's direction in *Stealing Beauty*.

Right. My first movie experience dates back to the mid 90s. So, twenty years have now passed since I played in this beautiful film under the direction of an Italian master, Mr. Bertolucci, who is very sick now, and I salute him by the way. I keep a very positive memory regarding the character of "Pumpkin" that I played alongside Jeremy Irons, Sinéad Cusack, and Liv Tyler in this film. The success achieved by *Stealing Beauty* has helped me build my career thereafter.

Happy to be in Paris?... with two films to defend?

A total bliss! Especially, since, both films were presented this year in Cannes, and *The Lobster* won a prestigious award there. Now, they have been released in Paris, also. I am filled with joy.

What difference does it make in the end that your films are presented or not in Cannes as long as they are released in theatres and meet their audience?

But the difference is enormous. A movie coming out on screens adorned with the label of the official competition at Cannes is much more likely to attract audiences in theatres internationally, than any other film. I mean of course art films, and not *Mad Max*. This type of big Hollywood film needs no recognition at any festival to exist.



Let's talk first of the Greek film *The Lobster*. What attracted you to the script in the first place?

This may sound strange, but the scenario in this case played no role in the fact that I accepted the proposal of Lanthimos to be in his film. I saw *Canine*, Lanthimos' previous feature, four or five years ago, and I said to myself at that time, that it had to be extraordinary for an actress working under the direction of such a filmmaker. The movie had me captivated.

But as I am not the kind of actress to write flaming letters to directors whom I'd like to work with, you can imagine my joy when

my agent told me that this same Lanthimos has offered me the female lead in his new film. I said yes, while the script that I'd received by mail, was still in its envelope. Then when I read it, I had ultimate proof that I was right all along and that the guy was indeed a genius.

In this film you play a woman who becomes blind and you are very convincing in that part, how did you approach the character?

This woman lives in a country where falling in love and living with a partner is a prohibited thing. And then she meets a man



"A movie coming out on screens adorned with the label of the official competition at Cannes is much more likely to attract audiences in theatres internationally, than any other film."



"I am not the kind of actress to write flaming letters to directors whom I'd like to work with..."

who has escaped from another territory where it is celibacy that is against the law. And the two fall madly in love with each other. She gets punished by losing both her eyes. But since she sees with the eyes of the heart, she does not ask for more than to have him by her side. Then the beloved one chooses to perform the supreme sacrifice which will make him blind also. It is a kind of Romeo and Juliet futuristic tale. I love this story. And to answer your question, I discussed the character in terms of love. It is by putting myself in the place of a woman who does not need her eyes to see what she wants, namely her lover, that I have played the role. Obviously I studied a little bit about how to imitate the blind, but it was not enough. It had to come from the heart, and that's what I've accomplished.

Now about Youth where you're portraying the daughter of Michael Caine. Did you take as much pleasure in this film as what appears to have been the case for The Lobster?

I really enjoyed doing it as well, but the experience was very different. Fortunately also, since it is the nature of an actor to pass from one life to another through the range of available roles. I was impressed to cue both Michael Caine who plays my father and Harvey Keitel, two of the greatest actors of our time. And director Paolo Sorrentino is an artist who knows what he wants and how to get it. Very patiently, he shoots the same scene fifteen or twenty times in

absolute quiet, until satisfied. He is not interested in the opinion of his players on how to compose their characters. He needs the job to be done according to his sole vision of it.

Contrary to its title that suggests young people, Youth tells the story of two old gentlemen.

Yes, two old rich men, who believe in finding the recipe for eternal youth in a luxurious care center in Switzerland. While the secret of happiness lies elsewhere.

Let's talk about you. Do you still have that considerable passion for luxury cars that has become common knowledge for a while now?

Right. You do know certain things about me! In fact I dedicate a passion to Porsche. And if one day I were to have no financial means, what I will regret most is not being

able to maintain my Porsche collection.

And the theatre in all this?

I have put stage between brackets at the moment. I have a family life and having to go and play every night is incompatible with my idea of family happiness precisely. But I'll come back, it's only a matter of time and for children to grow.

What are your plans for the end of the year celebrations?

Family, that's all there is on official occasions every year and this one will not make an exception to it.

Any resolutions for 2016?

To be a better person. Is there any more serious resolution?

Happy to be Ms. James Bond?

Laughs !



"I have a family life and having to go and play every night is incompatible with my idea of family happiness..."

MIRROR

MIRROR ON THE WALL!

Chitchat with the beauty mogul Aziza Al Banna....

As little girls we often dream of dressing up like princesses. We play tea parties with our favorite toys and try on our mom's fancy shoes, dresses and accessories and walk down the rabbit hole into a whimsical imaginarium... As we grow, the innate desire to look and feel good becomes more exacting and stressful. Interestingly, we forget how easy it was to look and feel good, back in the days when we could just be ourselves and express ourselves in simple ways. Life could, in a simple way, just be a reflection of the beautiful things we have around us... A name highly revered in the world of beauty & make up, Aziza Al Banna, is one person who knows it all too well the simple art of looking and feeling good... As the GM of Life Cosmetics, Aziza knows the Middle Eastern beauty industry like the back of her hand. Her authority on the subject is greatly recognized by the retail industry and her diligent contributions in developing creative concepts for new make-up lines is at par with the industry norms of creativity. From introducing new cosmetic shades and textures to her involvement in the packaging of all the brands she manages, driven by the passion and cultural savoir faire; Aziza knows well the art of beauty, and the simple things in life that make us look and feel better... With the festive season closing in, we sat with Aziza and talked to her about beauty, simple things that make us feel good, latest beauty industry trends and of course her invaluable advice on looking our best for the festive season...



Aziza Al Banna

How would you define beauty?

Beauty is a part of life. Without beauty we cannot live. Beauty is everywhere, it is in our face, it shows in our attitude and our behaviors and also how we treat other people.

What are the essential things needed to look and feel good?

First of all I totally believe that to feel good you have to cleanse your heart. Take out the darkness and the negativity from within your heart. The negativity ruins everything, relationships, your focus and even your health and wellbeing. When you clean your heart of such, you will start to feel the beauty around you... Being from the makeup industry, I believe that of course makeup helps you look beautiful but you have to work on both sides, make up from the outside and making up from within...

Do you believe in beauty from within? And that it reflects on the overall personality?

100 percent! If you are beautiful from the inside, it reflects outside. You can add a touch of beauty or enhance your beauty by using make up but the most important thing is to be good inside. Internal beauty means the kindness in heart, a positive attitude and optimistic outlook towards life and a forgiving nature...

What part does makeup play in making us look and feel good, inside out?

I believe that every woman should first love herself. Women often complain of little imperfections, like having a big nose or small eyes or very dark, uneven skin tone... this is not a big problem with makeup you can cover these problems. But first you have to love yourself, accept your skin and body and then choose the right makeup... Don't select something that you saw a celebrity wear or your friend told you to... select things that suit you and compliment your face and personality... make up also expresses your feeling sometimes when you are feeling happy you put on bright makeup and sometimes if you are feeling tired you just go for a simple look, makeup expresses your moods and highlights your personality. It is an expression of how you look and feel.

Looking at your success, who made you what you are today?

My son has made me who I am today. To be strong you have to have someone close. With him I felt so responsible for bringing him into this world, he made me strong by his presence. My hard work has also played a huge role in helping me get to this point. I started with nothing, literally nothing but hard work and persistence eventually helped me climb up the ladder, and above all... the

"The most important thing for winter and holiday season are warm colors. Matt Dark lipstick is in."

existence of my son continuously helps me achieve and has helped me get to where I am today. Do you have any special collection for the festive season, from the brands you work with? We have two new collections coming up for Christmas and the New Year Season. There is a glamour collection especially for the Christmas season and we have one collection especially for the romantic New Year evening. Two beautiful collections from Misslyn, it is full of colors and different (a



variety of) products to play with your looks.

Being an expert in your field, what beauty advice would you like to give our readers for the upcoming festive season?

Now the most important thing for winter and Christmas is... I prefer that women wear warm colors. You cannot wear pink or summery colors with layering, long sleeves and dark colors. Matt Dark lipstick is in trend throughout the world. Also, it is very important to keep your foundation light for the winter, than summers, as during summer we tend to go darker and also tan and use dark blusher. For winters, we have to keep the tone lighter because we are also using dark lipsticks and there's less sun... even if you have dark skin I prefer to use highlighter to lighten the skin tone. These tips are in general whether you live in colder

regions or tropical environment, because the color of the dresses changes, even the color of the hair changes... in summer people also go blonde or go for lighter shades. In winter, they usually go for darker shades so with that hair, we cannot have dark foundation...

What are the beauty and makeup trends to look for this season?

For the upcoming season we focus more on giving the right knowledge to the people than giving them a certain trend to follow. That's what we teach our Beauty consultants as well, to teach people what looks good on them. When you give them the right product you let the customer love your brand. This region needs more knowledge of this kind, because there are so many nationalities. When you live in your country you have the same thing, same beauty concepts... but here it is difficult, you see so many changes and trends and all... so it is more important for people to have the right knowledge of what looks good for them rather than following the seasonal trends.

How do you celebrate festival season? And how do you manage to keep up with your beauty regimen?

At work, we celebrate festival season by making our customers and consumers happy, by giving them what they need. I work real hard and learn trends, so that we offer our customers, the knowledge they need to have and the quality they deserve. We also give them special offers & gifts which I'm sure makes them real happy... Myself, I celebrate it with my family... first with our team and employees and then later with family and friends... I like myself because I am happy for who I am. Every other week for three four hours, I simply rest, listen to music and eat what I like. I take care of my skin a lot. I never

put on makeup without first following a skincare regimen.

Any last words of advice to our readers to help them look beautiful and feel good inside out?

They should love themselves. Think positive even if you are doing your make up, because if you feel positive you will also like the results and feel more beautiful... if you take things negatively then you are taking too much stress inside and then it shows on your skin in the form of wrinkles and dark circles. Feel positive, look at things from outside the box. Food is also very important, healthy food with water is essential. I personally use ginger for its therapeutic benefits, I use it with water and lemon, it has so many health benefits like helping to reduce weight, unwanted fats and it also burns cellulite. Ginger is really good...

BLOOD, SWEAT & TEARS

"Look well into thyself; there is a source of strength which will always spring up if thou wilt always look."

Marcus Aurelius



Fatima Batook

A pioneer whose indomitable will, vigorous strength and ground breaking, inspirational spirit changed the sports and fitness scene for women in Saudi Arabia; Fatima Batook is a renowned Fitness Trainer extraordinaire with a number of training certificates testifying to her range of expertise in the field. As an entrepreneur who owns and runs her own fitness center, Studio 55 in Al-Khobar, Fatima recently launched the first activewear brand in Saudi Arabia, called TIMA. A fitness apparel brand launched with the vision to become the sports wear of choice for women around the world and 'to inspire women to move and feel peacefully powerfull'. This inspirational vision of power and strength is evident in Fatima Batook's commitment and hardwork since her first

spinning class in the year 2000. A class she joined because of a personal decision to change her lifestyle when her father passed away due to complications caused by his weight. Her father was obese and so was she, weighing 132 kg at the age of 19. When her gym was shut down due to licensing issues, Fatima set up a mini gym and started offering classes in spinning, which captured the governments interest. They asked her to join Young Saudi Business Women of Eastern Province association, where her efforts led to the establishment of the first licenses for women and their fitness clubs. Today, Fatima is a star-level 3 Spinning® instructor, CanFitPro group fitness instructor, CanFitPro personal trainer, ACE certified personal trainer, YogaFit instructor, TRX trainer, PeakPilates trainer, Kickboxing

trainer and the first Piloxing® instructor in the Middle East. A testament to her stamina and endurance is the role reversal from student to that of a mentor to trainers and clients that she trains at her studio. She plans to open 20 more such facilities across Saudi Arabia. She has continued to work with Spinning® and to participate in many events like the WSSC for the past 6 years, SPEC and underground 13 hour ride. Inspired by the women around her and to generate interest in fitness, Fatima created TIMA. Established in 2012, TIMA's first line of Sport Apparel appeared in April 2013. The first Brazilian made Saudi brand for sport apparel, the brain child of Fatima Batook, endeavours to spread a healthy and positive lifestyle and tries to create a state of "Self Love" in people through dedication and commitment.

Tell us about yourself? And how did you enter the world of sports and fitness training?

I am from Saudi Arabia, and for most of my career I've worked in the field of business and marketing. Then in 2014, I left the "corporate world" completely in order to focus on my personal passion- fitness. I entered the world of fitness through my own journey to become healthier and fitter, at a time when I was going through a weight loss transformation. I became curious about the way the human body works, and wanted to understand more about how the body burns fat, gains and loses weight, and how nutrition has an impact on it. I've taken so many courses for my own knowledge never thinking that I would one day be sharing it with others through fitness training. I started with spinning classes which helped me lose weight dramatically and changed my mind before it changed my body so it grew to become my core passion and addiction. I'm very keen on taking that forward to Saudi and Arab women, inspiring them to find their fitness ways.

Would you say that you are passionate about health and fitness?

I am super uber passionate. It's the reason I wake up in the morning, it's my mission in life and my true calling. I feel that it's my duty to share this passion with everyone I meet or interact with.



Tell us about your own routine as a proactive instructor?

As proactive instructor, I'm always keen on learning more and more about fitness because it doesn't stop with one certification. It's an ongoing process of learning and progressive knowledge, so I make sure to attend at least 10 trainings a year. As part of my role as a leader of my fitness studio in Saudi Arabia, Studio55, I take it upon myself to educate as many Saudi women as possible, to become trainers. I often take them with me to get the knowledge from the best master trainers around the world! All of this has an effect on the members and the women I train- they never get bored and always have something new to look forward to.

It is not often that we see woman from the region, involved in fitness sports, how does it feel to be in control of things, and also to be physically strong?



It will surprise you to see how women are changing in this part of the world! It's liberating and gives women so much freedom to let go within their workout, and to be reenergized for the rest of the roles they play in their daily lives.

What is one sport that you love teaching and training?

Spinning

Tell us about TIMA?

TIMA® is my tool or vehicle to reach out to more women outside my circle in Saudi. To share a bigger message for Saudi and Arab women of the Middle East that anything is possible and fitness can be your tool. Fashionable sport apparel is one way to reach out to these women!



Has your entrepreneurial endeavor, affected your training practices or do they go side by side?

What's beautiful about my endeavors is that they are all interlaced with each other, so it has actually boosted it.

How would you define TIMA woman? And what is your philosophy behind the brand?

TIMA® woman is the woman of today who has multiple roles, which could be family roles or career roles or even social roles. Despite all of her responsibilities, she still finds time to love herself and appreciate herself, being peaceful and powerful at the same time. TIMA® celebrates the blessing of being a woman today!

What tips would you like to give our readers for the upcoming festive season, in terms of health and fitness?

Use the 80/20 rule, try to make 80% of your choices healthy ones. And also try to squeeze in a 15 minute workout, even if you are traveling. Maybe try a sport that you can do with your family.

Would you like to give any advice to women who dream of being entrepreneurs?

My advice to women is to have the passion for whatever they do, and to turn that passion into a vision that is contagious, while building a strong team that believes in it too.

I ♥ DUBAI

The best time of the year has arrived, there's festivities in the air and a sense of joyous revelry enhanced by the feel good spirit. Christmas; the season of celebration, sharing and happiness, and it just doesn't end there, it goes on into a festive frenzy all the way up to New Year. Dubai is gearing up for the ultimate season ahead, with unmatched offerings and planned parties.

There's plenty to choose from, the only trouble is deciding what to pick and what to leave...

Here's what's hot and happening...



THE GRUB

Grand Hyatt Dubai Celebrates Festive Season in Winter Wonderland

Grand Hyatt Dubai brings in the festive season throughout December with special events and offers to add to the festivities. All throughout the month Panini gets you into the festive spirit with an abundance of retail treats to choose from. Join the extravagant celebrations on Christmas Eve or check out the New Year's Eve menus to step into the New Year in grand style with a winter wonderland theme. Throughout December rediscover the festive spirit at Panini Italian Deli & Café, offering customized Christmas themed baked treats. Andiamo is offering

an array of antipasti from the bar with assorted imported cold cuts, smoked beef, cured breast of goose and lamb prosciutto. Enjoy fresh pizzas from the wood fire oven along with hot counter and carvings. To finish there are the delicious desserts. Price: AED 200 per person inclusive of soft beverages. Friday 4, 11, 18 and 25 December, 2015 from 12:30PM – 4:00PM For more information or to make a booking please call 04 317 2222 or visit www.dubai.grand.hyatt.com



New Year Reveling at Fogueira Restaurant Ramada Plaza JBR



What better way to celebrate Christmas and usher in the New Year than to satisfy all the senses. From feasting with the eyes on stunning views of the Palm Jumeirah's fireworks display, to tickling the taste buds with signature popular dishes, Ramada Plaza JBR has a lot to offer. Spoil yourself and the entire family by indulging in authentic Brazilian fare at Fogueira Restaurant, and enjoy a special festive buffet offering live turkey carving station, 15 different unlimited cuts of meat, salad bar, side dishes, dessert buffet priced at AED 315 per person with soft drinks. Celebrate New

Year in a Brazilian way at Fogueira Restaurant. Taste the authentic all-you-can-eat Brazilian barbeque and endless meat cuts that are served straight to your table. New Year's Eve Dinner (Thursday, 31 December 2015) is priced at Regular Seating- AED 1,350 per person, Premium Seating - AED 1,600 per person with unlimited signature Brazilian drinks. Timing: From 7:30pm to 2:00am. For any festive bookings, please call 04 439 8888 or email festive.rsv@ramadaplazajbr.com or visit www.ramadaplazajbr.com

Spice Up the Festive Season at La Porte Des Indes

The festive season receives a contemporary Indian twist this December at La Porte des Indes. The acclaimed restaurant, located in The Address, Dubai Mall has created a range of seasonally inspired menus to mark the holiday period with a vibrant array of indulgent dishes to promote seasonal cheer. On Christmas Day, try the Innovative take

on the Traditional fare, available for lunch and dinner, La Porte des Indes' three-course Christmas menu. Christmas three-course set menu available for lunch and dinner on 25 December, priced at AED 285 per person. For bookings, call +971 4 438 8610 Email reservations at reservations@laportedesindes.ae



Festive Listings Na3Na3 The Address Dubai Mall

Celebrate in a truly majestic Arabian ambience with cosmopolitan flavors at Na3Na3. Embark on a Mediterranean and Middle Eastern culinary journey within contemporary and elegant surrounds. Relish traditional turkey, served with all the trimmings and enjoy an eclectic selection of sushi and sashimi, as you indulge in a mixture of Asian delicacies. Children enjoy their own special buffet as well as complimentary access to our Qix Club in addition to a visit from Santa bearing gifts and laughter for the little ones. Date: Dinner – December 24, 2015. Brunch - December 25, 2015. Priced at Dinner - AED 250 per

person, Brunch - AED 325 per person. Usher in the New Year in grand style with the sights and sounds of the Orient combined to create a memorable evening. Revel in the festivities with a culinary extravaganza of palate-pleasing cuisine in a spectacular ambience. Savor a sophisticated buffet of delicious festive specialties including exceptional foie gras, rack of lamb and crispy duck to add a touch of charm to your celebrations. A special Kids Corner will also be provided. Date: December 31, 2015 Time: 7pm to 1:30am Priced at Gold Package - AED 1100 per person, Platinum Package - AED 1,600 per person.



Christmas Carols and exciting surprises at Emirates Grand Hotel

Emirates Grand Hotel, has announced special offers to celebrate this year's festive season for families to enjoy. Give your family and friends a mouth-watering specialty treats with Christmas Day Lunch at Emirates Lounge and Garden Restaurant that will offer a delightful spread of festive favorites such as roasted turkey with chestnut stuffing, roasted strip loin and wide array of desserts for AED 129 per adult and AED 65 per child inclusive of unlimited soft beverages from 12:30 pm – 4:00 pm. Take home a special Christmas

Turkey roasted to perfection with traditional trimmings by the expert chefs priced at AED 399 for 4kg and AED 499 for 5kg and receive 60-minute massage therapy gift voucher from Emirates Grand Spa. This promotion is valid from 1st December 2015 until 15th January 2016. Indulge in the joyful atmosphere with Christmas Carols along with a special visit from Santa Claus. For reservations call +971 4 3230000, or visit the hotel's website www.emiratesgrandhotel.com



The Coffee Club Winter Warmers for the Festive Season



The temperatures are dipping across the UAE and the Australian café chain The Coffee Club has introduced to its menu two Winter Warmers guaranteed to keep those icy cold fingers at bay. The Macadamia Nut Hot Chocolate is a refined take on the universal favorite, the hot chocolate. In keeping with the indulgences of the festive season, The Coffee Club's

revamped caramel latte comes with crunchy homemade honeycomb and is topped with a luscious caramel sauce and whipped cream – guaranteed to put a smile on your face. The Coffee Club is currently open at the Yas Mall and Sheikh Zayed Grand Mosque in Abu Dhabi and at the Wasl Vita Mall and Dubai Airport Free zone Authority in Dubai.

Armani Hotel Dubai Degustation Delights for the Festive Season

Armani Hotel Dubai, is celebrating the festive season by offering an unmatched choice of culinary delights for the whole family and friends. Armani/Ristorante, Armani/Amal, Armani/Hashi and Armani/Mediterraneo roll out exceptional degustation and a la carte menus for the season, while the expert chefs at Armani/

Deli offer seasonal feasts that are good to go. At the Armani/Lounge, stock up on striped candy canes, fruit Stollen, sweet panettone, English mince pies and homemade pralines, before pausing to admire a sparkling tree and spice-scented gingerbread house. Armani/Ristorante, Armani/Amal, Armani/Hashi and Armani/Mediterraneo promise

epicurean extravaganzas for New Year's Eve with unbeatable views of The Dubai Fountain, while Armani/Deli presents delicious culinary classics with a set menu of authentic flavors. For more information, please visit dubai.armanihotels.com, email festive@armanihotels.com, or call 04 888 3388.



Festive Season at Anantara The Palm Dubai Resort



Give your seasonal celebrations a more exotic twist this year and embark on a fabulous journey through enchanting festive moments at Anantara The Palm Dubai Resort. With live cooking stations serving a wide selection of tasty, traditional festive dishes, Crescendo is the perfect place for Christmas celebrations with friends and family. Lively seasonal tunes, atmospheric festive decorations, a special festive raffle draw will ensure the whole family has a day filled with merriment and fun! Starting from AED 345 the Fork & Cork Christmas

Day Brunch is available on Dec 25th. To continue the celebrations at a more relaxed pace, try the Boxing Day Lazy Brunch at Bushman's Restaurant on Dec 26th. Dine on a variety of traditional seasonal Australian dishes with live entertainment starting from AED 275. A special treat for music lovers, over the New Year period, from 28 December to 3 January, X Factor Australia finalist, James Johnston will be returning to Anantara to perform his laid-back acoustic sounds live in Bushman's Restaurant & Bar & at Crescendo.

New Year's Eve at Casa de Tapas

For the biggest party night of the year, Casa de Tapas is hosting a truly entertaining fiesta. The night will host a celebratory brunch party full of Spanish dishes and signature Casa de Tapas favorites. Dance to the tunes of the live in house band and talented DJ Antonio, and welcome the New Year in true Spanish style. To top it all off, enjoy breathtaking views across Dubai Creek with a prime view of Park Hyatt and Burj Khalifa fireworks. The celebrations

start at 8pm and the packages start from AED 549. Casa de Tapas welcomes all guests back to continue the celebrations for the first chapter of 2016. Guests in need of a recovery brunch can enjoy a selection of signature dishes, but the real treat will be its DIY Bloody Mary's. Three packages are on offer for the January 1st party starting from 249 AED. For reservation: reservations@casadetapas.ae or call +971 4 4161 800



Festive Season at zini Restaurant and Lounge Vida Downtown Dubai



Vida Downtown Dubai's chic 3-in-1 Holiday dinner is set to tantalize your taste buds with a scrumptious Mediterranean 3 course shared meal, a perfect incentive to invite family and friends and embark upon a journey of aromatic flavors and create new traditions. Guests can dine inside the fabulous 3in1 or beside the pool on the outdoor terrace, accompanied by live DJ entertainment. Date: December 24 Time: 7:00pm – 11:00pm Priced at AED 265. To spice things up invite friends to indulge

in Vida Downtown Dubai popular Urban Picnic Brunch with a festive twist. Date: December 25 Time: 1pm – 5pm Priced AED 365. And for the finale, bring in the New Year and treat yourself and guests to a wonderful NYE soiree, enjoying a beautiful six course set menu. Date: December 31 Time: 8pm – 3am Priced AED 695 onwards. For bookings and reservations, please contact: Phone: 04 428 6823 or Email: Dine@Vida-hotels.com

Gaucha Christmas Menu with Argentine Flavors

Gaucha, the award-winning Argentinian restaurant located in the heart of DIFC, has designed a special Christmas menu to celebrate the festive season with family and loved ones. The indulgent menu brings together flavors of Argentina, and reinvents the traditional fare for a contemporary experience. Christmas menu at Gaucha is

priced at AED650 for adults and AED350 for children, and will be served from 12 noon – 4PM. Home delivery service from the takeaway menu will remain operational during the festive season. For bookings please contact: katie.heppell@gauchorestaurants.co.uk or call +971 4 422 7898



Tiki Christmas and a Tropical New Year at Trader Vic's



Escape to an exotic island getaway this festive season with special set menus at both Trader Vic's Madinat and Trader Vic's Mai Tai Lounge JBR. Trader Vic's, recognized for its unique Polynesian interior & fusion cuisine invites you to escape to an island paradise this December through their special festive menus. The menus will also feature the best creations from the Trader Vic's menu itself, ensuring that you say Aloha, to 2015 by having a true tiki-style

luau. The three course set menu is priced at AED 298 per person... What's more, for those wanting to see in the new year in true Tiki style, the New Year's Eve menu is set to impress, so you countdown to 2016. Trader Vic's Mai Tai Lounge is also offering a special New Year menu. In true celebratory style, Cuban band Salsa Express will be playing live music and entertaining revelers from 09:30 until 2:00am.

PLACES

Christmas at Mandarin Oriental Hyde Park London



Harrods has partnered with The Mandarin Oriental Hyde Park to celebrate 'A Very Harrods Christmas'. The hotel lobby has been transformed into a festive winter scene, with Harrods decorations and a Christmas tree as the centerpiece. Teddy Bear Tea will be served in The Roseberry, with cakes & macaroons made by head pastry chef Heather Kaniuk. A Harrods pop-up next to Bar Boulud, on the lower ground floor, will be stocked with gifts including Harrods

Christmas Hampers. The Very Harrods Christmas package includes a Christmas welcome gift on arrival, the Harrods 2015 Teddy Bear and a VIP appointment with the Harrods Gift Bureau to help you find presents for your friends and family. For more information, please contact the Mandarin Oriental reservations team directly on +44 (0) 20 7201 3773 or via email at molon-reservations@mohg.com

Fizz, Fire And Spice' Alila Jabal Akhdar Oman

There is something about the hue of the magnificent Hajar Mountains under the winter sun that creates a magical backdrop reminiscent of a picture perfect Christmas card! The jubilation of the festive season abounds at the mountaintop resort, Alila Jabal Akhdar. Full of warm cheer, crackling fires and hearty fare, this snug haven is the ultimate winter wanderlust escape with loved ones at Christmas bringing with it a very special Christmas Eve dinner, a

traditional Christmas feast and a Boxing Day winter sun hike followed by toasty tea whilst absorbing the last rays of the winter sun. Rates start at OMR 395.00 (AED 3,768) per room, per night based on two adults sharing the Mountain View Suite, for a minimum booking of three nights per stay. Rate is subject to 17% GST. For reservations, email: jabalakhdar@alilahotels.com or call: +968 2534 4200 / +968 99104204/9



Christmas Markets and a Festive New Year in Prague

This Festive Season in Prague, one of Europe's most dazzling capital cities, is a delightful time of the year- the Christmas markets are open, decorated trees adorn the town squares and the aroma of mulled wine, cookies and roasted chestnuts create an extraordinary atmosphere in the town centre decorated in its Christmas regalia. Corinthia Hotel Prague is inviting GCC

travelers to join in the festivities and enjoy a perfectly crafted Christmas holiday experience for the whole family. The Prague Christmas Markets Package is valid 5th January 2016. For more information on the Prague Christmas Markets package please visit: <http://corinthia.com/hotels/prague/offers/entertainment/christmas-market/>



The Melting Pot alternative ladies night



The Melting Pot Dubai, is now hosting weekly ladies night every Monday. The dedicated fondue restaurant serves up a three-course signature dish menu, which consists of cheese fondue, fresh salads, and an indulgent chocolate fondue, for just AED 99 per person. Being the only dedicated fondue restaurant in the region, the chef takes the experience seriously. Cheese fondue is met with dipping essentials such as soft breads, apples,

carrots and other savory options. The third course is for those with a sweet tooth. From strawberries, marshmallows, cakes to childhood favorites such as Graham crackers and the chocolate fondue, which is not to be missed. Gentlemen aren't excluded entirely; they can always tuck in to The Melting Pot Dubai's four-course meal. Located in Boxpark, Al Wasl Road, Jumeirah 1, for reservations, please call +971 434 310 20.

EVENTS

Global Village 2015-2016

Tuesday, 3rd November 2015 - Saturday, 9th April 2016



Global Village is the largest seasonal cultural extravaganza in the region that offers visitors an amazing array of festivals, shopping and entertainment in an open-air theme park. This entertainment and shopping destination is open from November through to April and hosts over 70 participating countries presented in over 36 pavilions, with more than 50 fun rides and 26 restaurants offering food from around the world.

New Year Dubai 2016

Thursday, 31st December 2015



Once again the city prepares itself for a celebration unlike any other. After having broken the world record for the largest and longest fireworks display in the world for the NYE 2014 celebrations, plans are on the way to make this year's New Year's Eve, even more spectacular than ever before. Be prepared to experience the city come to life throughout the eve of the year's end, at the stroke of midnight and into the New Year. This year, expect some of the most exciting concerts and shows to welcome in the New Year. David Guetta returns to Dubai's shores with his Listen Tour while the young EDM genius Martin Garrix comes to Meydan for an amazing New Year's Eve concert. Expect more to be announced soon.

Cinderella - The Pantomime

Monday, 21st - Tuesday, 29th December 2015



Imagine the classic tale of the girl with evil sisters and a fairy Godmother told in classic pantomime style. That's what you can expect at this show. Returning due to popular demand is the classic tale of the glass slipper and the stroke of midnight. Amazing sets, costumes, lights and audience participation make this an unmistakable unique theatrical experience.

Dubai Shopping Festival 2016

Friday, 1st January - Monday, 1st February 2016



Celebrating its 21st anniversary in 2016, the Dubai Shopping Festival (DSF) is the largest shopping and entertainment extravaganza in the Middle East. The shopping obsession peaks each year in January during Dubai Shopping Festival, the longest running festival of its kind. Along with unbeatable deals, DSF is home to Guinness World Records, celebrity performances and plenty of amazing events to celebrate the emirate's favorite pastime. From fashion flash mobs to live raffle drawings, there's an event for everyone during DSF 2016. Whether you're exploring the old souks or the grandiose modern malls, there are plenty of ways to save and win during DSF.

GIFTING

The high season is here! There's love, warmth and festivity in the air. Such feelings of passion, affection and celebration find expression most appropriately through gifts. So, we've rounded up the best of the best gifts for this holiday season in this guide. Whether you are looking for stocking fillers or a discerning item for the special someone, these holiday gifts will please even the pickiest people and above all you will really love giving them.

Eclectic Holiday Gifts From Cities

Cities has introduced some elegant new brands for ladies, including luxury scented candles from Welton Design and two new art fashion brands from Italian designers Andrea Turchi and Laura Strambi, perfect for the stylish and fashion forward female. Cities also has exciting new brands designed just for him, from Bellory you can select from a variety of elegant leather wallets, phone covers and passport holders that are perfect for the jet-setter as they contain many compartments for all your travel needs.



Kiehl's Holiday Collection 2015



Kiehl's, since 1851, is proud to name Peter Max as the official artist of the company's 2015 holiday collection - introducing Kiehl's x Peter Max. The whimsical design will adorn a selection of Kiehl's most beloved formulas, including Kiehl's Crème de Corps, Crème de Corps Whipped, Ultra Facial Cream, and a new collection of scented Richly Hydrating Hand Creams in Lavender, Coriander and Grapefruit. Inspired by the art legend's acclaimed work "The Cosmic Runner", this season's limited-edition packaging will impart smiles

and a spirit of celebration amongst Kiehl's customers all over the world. Drawing from a wide range of subjects, Max captures the beauty of nature with sunsets over mountains, rolling landscapes, and puffy clouds, accented by his iconic "Holiday Flyers" that dance across the sky through his signature vibrant color palette. All gift collections, including custom gift-wrapping service with Limited Edition Kiehl's x Peter Max gift boxes, are available at all Kiehl's outlets in the UAE.

Caudalie Beauty Elixir & Premier Cru

Inspired by the "elixir of youth" used by Queen Isabelle of Hungary, Caudalie Beauty Elixir smoothes features, tightens pores, and gives the complexion a burst of radiance. An excellent base for make-up, this water awakens the skin in the morning and livens it up before a night out. Caudalie Beauty Elixir is a favorite of Victoria Beckham's - she uses it on top of her make-up for a glowing complexion! Retail Price: 80 AED exclusive to Sephora.

Premier Cru the eye Cream is a luxurious cream that offers ultimate anti-aging action for instantly transformed eyes. Perfectly hydrated, the skin is smoother and firmer. Say bye to dark circles and puffiness! Our pearlizers and powders will immediately brighten the eye contour for a more youthful look. Perfect for the lip contour area as well. Makeup becomes optional as it can be used as a highlighter too. Retail Price: 327 AED exclusive to Sephora.



Roberto Cavalli Christmas Set!

Gift your loved ones the latest Roberto Cavalli set, which includes a full size signature fragrance, shower gel and body lotion. Christmas set: AED488 Available in perfumeries and department stores.



Laura Mercier New Limited Edition Holiday Collection



This holiday season Laura Mercier brings her festive favorites to the exclusive limited edition Holiday collection comprising Skincare, Bath & Body and Makeup. The Collection includes New Blush and Glow Radiant Face Trio - AED 270, New Fall in Luxe Colour Collection - AED 575, New Infusion de Rose Nourishing Collection - Set AED 505, New Crème de

la Crème Luxe Body Cleanser Collection - AED 150, New Le Petite Soufflés Soufflé Body Crème Collection - AED 275, New Little Indulgences Hand & Body Crème Collection - 150, New Sweet Temptations Almond Coconut Milk Luxe Body Collection - AED 345, New Sweet Temptations Ambre Vanillé Luxe Body Collection - AED 345.

Holiday Collection Brushes from Real Techniques

This holiday season, give the perfect tools for any makeup look to the beauty guru in your life with the Real Techniques Bold Metals™ Collection Essentials. This limited edition makeup brush set includes the exclusive 103 angled powder brush, the 200 oval shadow brush, and the 300 tapered blush brush, the

synthetic bristles of which can be used for creams, liquids, and powders alike. With refined artistry cuts, the luxe brushes in this collection offer high performance and infinite possibilities for every artist. Available at select Boots retail outlets and Landmark/Lifestyle stores nationwide.



Perfect Gifts from Versace Perfumes for Her & Him

The festive season is calling for a new scent and Versace's enchanting fragrances are the best choice. From a powerful and seductive

scent to a sensual favorite, make someone feel loved during the festive season with Versace Eros & Versace Eros Pour Femme

coffrets that encompass the most beloved jewel-fragrances in the world and make the perfect gift for her and him.



Agent Provocateur - Holiday 2015

This holiday season transports you on a glamorous ski expedition inspired by a 1970s alpine adventure, with a special lookbook featuring Abbey Clancy in Agent Provocateur's most seasonal pieces. For the first time, Agent Provocateur is launching a collection of knickers, encompassing the brand's ethos of timeless sexy, whilst making the perfect holiday gift.



Bateel Gourmet Holiday Gifts



Bateel, has introduced a new range of festive hampers, ideal for the upcoming holiday season. Embracing the rich tradition of gift-giving for which the brand is so well known, the new collection includes a variety of luxurious festive gifts, designed to appeal to all ages and nationalities. The selection is available across all Bateel boutiques in the UAE and Saudi till 15 January 2016.

Holiday Gift Set from Eminence Organic Skincare

Your skin deserves the best care nature has to offer, so we've put together a collection of our best selling products just for you. This limited edition gift set includes a travel size cleanser, exfoliant, moisturizer, facial concentrate and eye serum along with a convenient zippered pouch that's perfect for

traveling. It's a complete skin care routine that's suitable for all skin types and makes collecting our most popular products a one-stop shop. Priced at AED 368 the collection is available at leading luxury spas and salons in the UAE.



Burberry Festive Beauty Collection 2015



Burberry introduces a festive edition of My Burberry Eau de Parfum, the brand's iconic fragrance for women, featuring shimmering golden snowflakes and a gold gabardine knot. The collection also includes a limited edition make-up range exclusively to this holiday season.

GODIVA - The perfect gift for every occasion

Whether it's a Christmas, New Year, anniversary or a business gift, Godiva has something for everyone on your list. As an established chocolatier since 1926, Godiva has a long tradition of making fine chocolate and its iconic collections are perfect for every occasion. Godiva's premium collection include; Signature Truffle Assortment 24 Chocolates, Majestic Hamper, The Gold Wrapped Ballotin, Milk Chocolate Carrés, Chocolate Dipped Strawberries, Coeur Grand Chocolates & Connoisseur Dark Chocolates.



Christmas with Fortnum & Mason

At Fortnum & Mason, Christmas is all about wonder, about celebrating the ritual and traditions of the season. The flagship Piccadilly store has been making Christmas, all the merrier for over 300 years, and

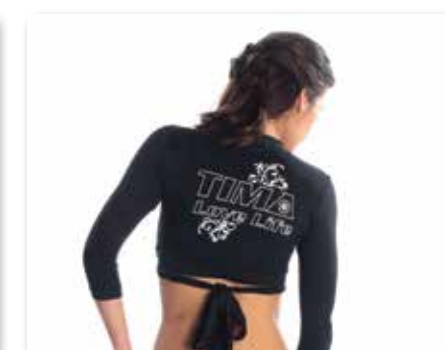
now Fortnum & Mason Dubai is excited to bring some festive cheer to the UAE. Offering an all-round joyous experience, Fortnum & Mason will be sure to make this Christmas a truly memorable one with

a complete range of gift inspirations, from foodie treats to delectable Hampers and exclusive handcrafted Home Decorations, to Christmas Feasts in the Tea Salon & Restaurant.



Festive Gifts by TIMA

For the strong, hardworking, fun loving woman! The idea of the first Saudi brand for sport apparel made in Brazil, TIMA®, is the brain child of the Saudi Fitness Professional Fatima Batook with the mission to spread a healthy and positive lifestyle to shift people to a state of "Self-Love".



Give the gift of choice this festive season!

Rather than spend hours trawling the city's malls to try and find your loved one a gorgeous gift, why not give them something that will really bring a smile to their face – a chance to indulge in some me-time and enjoy a pampering treat at

one of the city's finest and most luxurious hair and beauty destinations? And best of all, they can choose where and when to go and what to have! A Vaniday gift voucher promises this and so much more, including the convenience to book 24/7. The gift

vouchers start from AED100, ensuring there is something to suit all budgets. Vouchers can be purchased at www.vaniday.ae or via the Vaniday app.



Happy Hunting...

DECODING SENSITIVE SKIN



Following the launch of the new AQUAporin ACTIVE range, Eucerin® invited us to an exclusive morning dedicated

to the blues associated with sensitive skin, sharing the nitty gritty of what sensitive skin is, how to prevent it and what to use to enhance the skin texture. So, we met Susanne Kraus; Senior Brand Manager Eucerin, at the event and asked her more about the brand, the products and dealing with sensitive skin.

Tell us about the Eucerin brand?

Eucerin is the first brand of skin care body stuff, launched in 1900 and it's a dermo cosmetic skincare brand. It's present in UAE since 2000 and is quite a young brand in Middle East but we are growing quickly and making good connections with the dermatologists and pharmacists.

What is the brand's unique selling point?

Eucerin is a problem solver so whenever you have a skin problem you will find a solution with Eucerin and it is recommended by the professional dermatologists and pharmacists.

What type of skin solutions the product line includes?

It includes solutions for acne prone skin, dehydrated skin, sensitive skin, dry skin solutions and solutions for aging and hyperpigmentation.

Do you have a gender specific product or it is for everyone?

It is a family specific brand and we haven't launched the men's range in UAE but it is available globally. Basically many of our products are fragrance free so they are unisex hence the men can use them as well,

specially the AQUAporin ACTIVE range. Many men like it since basic hydration is also relevant for them and because it has light texture and is fragrances free. It is a family range, for kids as well, when it comes to sensitive skin with PH5.

According to you what is the major problem that UAE is facing right now when it comes to skin?

One particular concern that this region has is Diabetes and everybody is aware of that and Diabetes often has the side effect of dry skin, especially at the leg and foot area. Our products are clinically proven for this problem. Also, air conditioning in this region leads to dry skin problem and we are told by the dermatologists that patients often cite this as one of the reasons for dry skin.

Do you have any plans to launch

products specifically in color cosmetics?

No, not at the moment.

Do you believe in incorporating the organic and natural ingredients into your range?

Yes, we use it particularly where ever it is applicable but maybe in future we might use them in many more products of Eucerin.

Who are your competitors in the market?

Dermatologist competitors are global like Avon, Vichy and Bio Derma.

If you compare yourself where do you find yourself with them?

Our advantage is that we were the first derma cosmetic brand so we have the most experience and nobody else can claim more than 100 years experience in Research and development as we can...

Give your skin what it needs – at the right time by following these skin care tips garnered from 100 years of experience...

Skin Care Tips from Eucerin

For many people, tight and uncomfortable feeling skin is a well-known problem.

The reasons can be diverse such as cold weather, heat, skin treatment and cleansing with harsh products, a poor diet or smoking. These factors can harm the skin's protective barrier and intensify the loss of

"Every cell, every tissue of our body has an internal clock."

skin moisture, leaving a feeling of tension and discomfort. Many people suffering from these symptoms state that their skin is sensitive, dry, or dry and sensitive at the same time. No matter if the skin is described as dehydrated or sensitive, what it really needs is deep, long-lasting hydration that makes it smooth and radiant while respecting its special needs.

Understanding your skin's own internal clock can help to care for your skin's well-being and appearance in the best possible way.

Our inner clock – The control center of our body

"Every cell, every tissue of our body has an internal clock," explains Prof. Dr. Achim Kramer, head of the research group on chronobiology at the Charité Berlin. In cooperation with Beiersdorf, he discovered that not only humans, but also the skin possesses an internal clock and adapts its activities to the time of the day. "So we know today that the supply of moisture in our skin changes during the day," concludes Professor Kramer. Anyone who went to bed too late or did not take care of their skin in the evening knows the effects that show up in the mirror the next morning: baggy

"Throughout the day the production of aquaporins falls while the exposure to UV rays rises."

eyes, dull and tired looking skin. Although the internal clock is not the first thing that comes to your mind when thinking about your skin, science suggests that it plays an important role in maintaining a radiant looking complexion.

Take care of your skin respecting its inner clock

There are several reasons for dry skin. One of them is the trans-epidermal water loss (TEWL). "The TEWL is a unit of measure for the skin's permeability – in other words: the possibility for water to evaporate from the skin and the possibility for substances to penetrate it," explains Professor Kramer. It also depends on the time of the day. In the evening it is highest. That means that face care can work most effectively in the evening and at night, because it will penetrate better into the skin and at the same time protect it from further evaporation of water. At noon the skin's



Susanne Kraus

permeability is the lowest which means face care will not be absorbed into the skin very well. So it is very important to use your day-care product in the morning before permeability drops and decreases absorption of the active ingredients. "The other reasons for our skin becoming dry are low humidity, for example in winter, age and lack of UV protection," says Professor Kramer. "But if our skin has enough aquaporins it will be hydrated sufficiently." Aquaporins, skin's own moisture distribution channels, provide skin cells with moisture and other essential elements, like glycerol. "Aquaporins are produced rhythmically according to the inner clock of our skin: the production is high in the morning and low in the evening," points out Professor Kramer. So there are some simple rules to care for your skin. Throughout the day the production of aquaporins falls while the exposure to UV rays rises. So in the morning, just after cleansing, apply a day-care product with a broad spectrum sunscreen to protect your skin and support its natural antioxidant defense. In the evening the skin's permeability rises, so it is the perfect time to treat your skin with an intense dose of hydration – especially because the natural production of aquaporins is lower as well. Last but not least, until skin care with time-released active ingredients becomes available, your best strategy to balance a hectic lifestyle with maintaining a supple, radiant looking skin is to eat well, sleep well and support the skin's own activation processes.

DINING OUT THE HEALTHY WAY

The festive season is right around the corner, the Christmas dinner parties with tempting treats and lots of delicious candy that are designed to entice the senses, make a pleasingly strong argument in favor of indulging our palate, but, to add the spice of guilt, the question your conscience raises is, to give in or not to give in.... to enjoy yourself or to take arms against the sea of delectable delicacies rich in calories or one of those unhealthy choices we make during festivities and in doing so, resist the challenges of an expanding waistline...

The struggles of weight loss are innumerable and the attractions are sinfully attractive. We are often caught up trying to manage our desire to stay in shape with our hankering for food... it is very easy to give in to the gastronomic pleasures that are most of the time loaded with calories and fats. In a country like the UAE, one of our greatest guilty pleasures is dining out, and we frequently struggle to decide what right and healthy choices to make...

Farah Chabib, a Clinical Dietitian at MEDI Weight Loss, shares with us rules to help us make healthy choices while eating out.

Rule 1 Choose the right salad

As the salad dressing could be very high in fat, ask for the salad dressing on the side and add a small amount as you go. Alternatively, you can request for balsamic vinegar or simply lemon juice, since you can add as much of them as you want, without worrying about adding extra calories.

Rule 2 Ask for the sauce on the side please!

When you order grilled meat, chicken or

By Farah Chabib

fish, remember to ask for sauce on the side. Sauces are either cream-based or heavy gravies. Avoid them or just add a small amount to flavor your food.

Rule 3 Who said Italian can't be healthy?

Let's admit it, we all love Italian food. Real thin crust Italian pizza with fresh tomato sauce topped with mozzarella cheese and a plate of al-dente penne arrabiata are not unhealthy choices; however, the portions served in restaurants are too big and can lead to an excessive calorie intake. If you go for Italian, share your pasta plate or your pizza and have a light salad with balsamic dressing as a starter. It is low in calories, rich in nutrients and will make you eat less from your main course.

Rule 4 Want a sandwich!

Sandwiches are ideal for lunch since they are practical, fast and light! Keep your sandwich light by making sure it doesn't contain both mayonnaise and cheese. Give up one of the former since both of them pile up the calories in your sandwich.

Rule 5 Avoid appetizers!

Whether you're eating Arabic food or any other cuisine, the appetizers (such as hummus, moutabbal, cheese bourak, mozzarella sticks, nachos and french fries) can stack up more calories than your main course itself. Always choose healthy salads for appetizers, preferably those minus mayonnaise.



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PUSH YOUR WAY UP TO A *BRAND NEW YOU*



Holidays and occasions sure do give most of us an excuse to gain a few happy extra pounds. Some may indulge their sweet tooth or their craving for rich cuisine and drink their night away. While others may enjoy the cold weather outside strolling or having barbeques with family and friends. The party binge that takes the shape of a wobbly bulge... But now it's time for a change and to feel the fresh breeze of the New Year. Kick-start

2016 with this simple work out designed by Eric Favre Paris to shake off those extra pounds. The 30-minute exercise is easy and will help you shape, strengthen and tone your lower body. This can be done in the comfort of your own home, 2 or 3 times per week. No equipment is required as this is bodyweight based training. In just a short period of time you can achieve a new version of you, leaner and with a much fuller bum. To help you take care of your behind

while you work out, Eric Favre Paris have developed a Push-Up Buttocks Sculpting Gel, which can do the trick for you as it can reduce the appearance of stretch marks by 72%, reduce fat by 43%, improve dermal collagen by 102% and shape up your butt by 69%. Becoming a better you is always as exciting as welcoming the New Year. Love your body and embrace a healthier and fitter you. So wait no more for any signs to see some changes in your life, just do it!

1- TRX Side Lunge

Sinking side to side in a controlled manner for 1 minute, while holding onto TRX grips. This can be done without a TRX suspension trainer, with arms extended in front



2- Glute Stretch

Seated on the floor once you have crossed one leg over the other leg, raise the bottom off the floor and sink into the heel. *15 seconds hold each side



3- Glute Bridge

Lying on the floor with arms beside the body, push the hips off the floor maintaining a straight line. Focus on squeezing the glutes. *Hold for 20 – 30 seconds



4- Side Plank with leg lift

Lying side ways, maintain the side plank and raise the top leg fully extended. *Hold for 20-30 seconds



5- Crossovers Lunge

Step forward, stepping across the front foot and lunge while maintaining an upright position. *Repeat for 10-15 repetitions.



6- Plank with kick

Assume the Plank position, with your elbows bent at 90 degrees and use your forearms to support your body. Then, bend the leg by the knees to perform kicks without arching the lower back. *10-15 repetitions on each leg. Rest in between sides.



7- Forward Deep Lunge

Stepping forward as far as you can assume a lunge position and while leaning reach forward with your arms. *10-15 repetitions each leg.



8- TRX Cross Lunge

Holding the TRX grip; lower the body while crossing one leg behind you. *Pause at the bottom and rise slowly.



SECRETS TO YOUNGER

Looking Skin All Year Round

Dr. Lillian Khan, Dermatologist & Pond's Arabia, Brand Expert

Younger glowing skin seems to have become a challenge, but this youthful glow on your skin must begin at home with your overall health

and reviewing the contents of your beauty cabinet. Having younger looking skin needs constant care and a change in your skin care routine on a regular basis. Time will not stop but we can delay its affect now better than before. Here are some tips to help you maintain younger skin for longer:

Determine your skin type:

The first step is to get yourself checked by a skin expert and find out what is your skin type. Many people use products which are not meant for their skin type which causes adverse effects resulting in problematic skin that is not youthful.

Use Cleansers: Cleansers with exfoliants remove dead skin, daily debris, help with better penetration of active anti-aging ingredients and give a clear base and it is advisable to do an exfoliating cleanse at least once a week. Physical exfoliants like micro-beads or chemical exfoliants like AHA found in products are good for the skin. However, exfoliants are not suitable for sensitive skin types. So, people with sensitive skin should not use physical exfoliates.

Anti-Aging Concentrated

Serums: These are a must-have in your skin care routine. Try to include serums that can be applied at night after thoroughly cleansing your skin and removing makeup. This helps better absorption because you

will get more contact with the concentrated ingredients while sleeping. A major point of focus in skincare products is the area of the jaw line and neck. I recommend using products with active ingredients that concentrate on these specific areas.

Sun Protection: It is essential to apply sunscreen before stepping out of the house to protect the skin from any DNA damage or collagen break down. Look for sunscreens that have UVB, UVA, and infrared protection.

Antioxidants: Even with protection we are still exposed to damaging oxidants and environment particles just by being outdoors. To reverse some of that damage it is better to choose products with Vitamin C, Vitamin E, Green or White tea extracts.

Dermatologist Visit: It is recommended that you see your dermatologist every now and then to get a proper evaluation of your skin. By doing so, your skin issues can be identified and addressed properly with treatments customized to the specific needs of your skin.

Diet: Trend Diets are becoming popular these days, however, diets that include antioxidants are highly recommended. For example, the Mediterranean diet is a diet based on olive oil, whole grain, dark greens, legumes, nuts, fruits, natural herbs, and sea food as a major protein source.

Exercise: Just like your body functions better when you are pumping blood to all its parts, so does your skin. Regular exercise will ensure a proper flow of oxygen



throughout the body, including the skin, allowing the skin to function properly and to renew itself.

De-Stress: Stress causes quick aging. Work, family, and social commitments make us forget our own body needs. But it is important to rest, get your beauty sleep, and find time to unwind, relax and totally switch off. Turning all the technological gadgetry off from time to time, will help you focus on your own health needs.

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TALKING TOURISM

A Talk with Vincent Miccolis



Vincent Miccolis

Dubai, undoubtedly, is the hub of tourism in the Middle East. Whether you are a tourist, living in Dubai or on a business trip planning an extended stay, there's always something for everyone to enjoy, to relish and to remember the city as one of its kind. Now, that the best time of the year to be in Dubai has arrived, we delved into industry

trends and offerings with none other but an industry insider. Vincent Miccolis is the Area General Manager for the Gulf Cooperation Council (GCC), appointed by the international serviced residence owner-operator, The Ascott Limited. Having been with the company since 1997, with senior roles in London, Brussels, Marseilles and Paris, he is responsible for overseeing the operations and driving market growth in

the GCC. The demand for international-class serviced residences from expatriates and travelers is immense in the GCC. We talked with Vincent about industry trends, the tourism and hospitality industry in the region and the idea behind staycation!



Tell us about yourself, what you do as well as how and when did you join the Ascott group?

I currently oversee Ascott's operations and drive growth of Ascott's presence across the GCC. As an area manager for the region, my main focus is to ensure properties deliver service excellence to our residents as efficiently as possible. The growth plan in the region also demands time through acquiring new management agreements and opening new properties, of which we have 8 in the next two years.

How do you find the tourism and hospitality industry in the UAE?

The rise of hotel/serviced apartment sector across the UAE continues to get stronger with both consumers and investors. We see four major areas generating this growth and demand, tourism & leisure travel, mega infrastructure projects, population growth and rising investment interest in hotel apartments. UAE's tourism

contribution in 2014 to the GDP recorded AED126.7billion and is projected to grow by 5.1% in 2015 reported by the World Travel Council. Tourism arrivals continue to increase across the UAE, Dubai and Abu Dhabi

now both global transit hubs to other destinations. The standout emirate being Dubai, Dubai International airport is emerging as the busiest airport in the world for International traffic, surpassing London's Heathrow airport. The hotel apartment



sector is benefiting from an increased influx of expatriates working on longer term assignments, requiring accommodation of up to a year. Security and International quality of accommodation and service standards are key drivers responsible for the increased demand of hotel apartments across the region. With the DTCM tourism strategy roadmap geared to see 20 million visitors per year by the 2020 World Expo, the serviced apartment market will continue to reap the rewards of this growth.

Where would you rank Dubai as a tourist destination?

Dubai Tourism & Commerce Marketing (DTCM) reported that 2014 saw 13.2million visitors, an 8.2% increase year on year. This was reflected in a 7.4% increase to 44.6 million nights being

recorded. The average length of stay has grown to 7 or 8 days which is longer than both London and New York City, showing that Dubai is not only a transit city but a holiday destination.

Do you think that the hospitality industry has reached service excellence in the Middle East especially Dubai?

The service levels vary considerably across the Middle East, Dubai specifically displays some of the best services in the world. With the intense concentration within the luxury market, competition is great and through competition excellence and service innovation continues to exceed and redefine industry standards.

What are the major challenges you

see that the tourist industry faces in the UAE?

Investment continues to be robust with 26,000 rooms under planning and construction in the UAE, leading up to 2020. We are already seeing rate pressures and discounting in the market.

What is the peak tourist season in the UAE and what do you think attracts tourists to Dubai?

The winter season is definitely preferred by leisure travelers, with more appropriate temperatures to do outdoor activities. Business travelers also have their peak throughout the winter months, with the majority of exhibitions being held at this time.

Dubai is marketed as 'the city of the future' and it has something for everyone, from family holidays to shopping, adventure, beaches, heritage & culture, spa's, food & beverage. With such diverse offerings and unique experiences, leisure travel to Dubai is on the rise.

What are the pros and cons of serviced hotel apartments compared to the luxury hotels?

The business model of a serviced apartment proves a very cost effective strategy for investors due to the flexible operating structure. With the capability to cater to both short and long staying guests and with Dubai being such a seasonal market, serviced apartments maintain a more steady occupancy throughout the year.



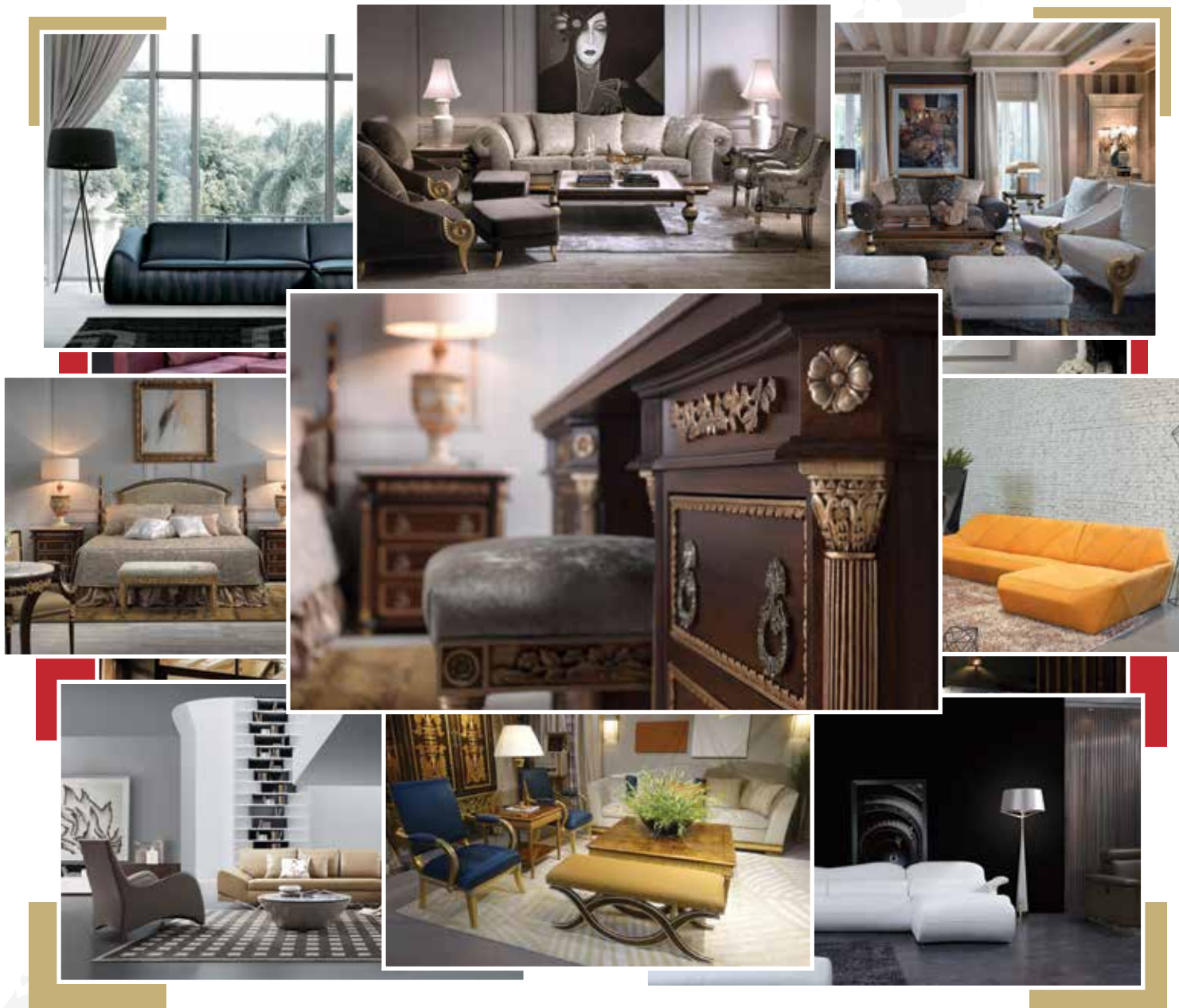
What advice would you give to vacationers and staycationers when planning a getaway in the Middle East?

There is actually a lot to do, so have a plan of activities you would prefer to do, as you can't see it all if you come for a week-end or even a week.



FURNITURE FEST

Dress up your home with these fine & artsy pieces...



Arteriors - Collection by Barry Dixon

Inspired by nature's dichotomy of function, elements meant to both protect and attack, designer Barry Dixon has looked to 17th and 18th century armor and combined that influence with nature, taking inspiration from horns, talons, scales and nests. The 31 piece assortment of lighting, mirrors and furniture features a mixture of bronze, burned iron and brass mediums with irregular edges, ridges and textures to reflect a strong, protective beauty. The Barry Dixon Collection will also be available to order on arteriorshome.com



Burgundy Designs Blanche Couture collection

Burgundy Designs, a luxury interiors brand with expertise in European-style luxury lifestyle décor sector, unveils its Blanche Couture collection of soft and sensual lace-patterned French artisan patchwork sure to add glamour to any living space. With designs that could furnish a sophisticated urban desert ranch or a quiet lakeside chalet, a slick city apartment or a private penthouse in the clouds, Burgundy Designs are dedicated to achieving the artful integration of the urban lifestyle in a way that lives in harmony with its architecture and surrounding environment. For more information, visit: www.burgundy-designs.com. Or the Burgundy Designs showroom at Dubai, Al Wasl Road, Villa 1130 opposite J3 mall.



Coleccion Alexandra at Interiors

Interiors' new collection from Coleccion Alexandra offers contemporary and classic furniture and accessories with designs. Famous for its handcrafted luxury collections, Coleccion Alexandra pieces are refreshingly unique, combining traditional elegance with sophistication, making it one of the most sought after design houses in the world. Coleccion Alexandra has graced some of the world's most prestigious interiors from country estates, palaces and luxury apartments to corporate headquarters, aviation marvels and super yachts. Coleccion Alexandra is available at all Interiors showrooms located in Dubai, Abu Dhabi, Al Ain, Sharjah and Ras Al Khaimah. For more information visit www.interiorsfurniture.com



Al Huzaifa's new Sofa Collection

Al Huzaifa Furniture, has introduced its latest sofa collection with soft, plush and warm upholstery. A fusion of fashion and contemporary times, these plush sofas and love-seats are woven to meet the playful expectations of the current season and style of interiors. With geometric styles and symmetrical aesthetics, the new collection is sure to add fashionable fluidity to any home. For more information, please visit www.alhuzaifa.com & Al Huzaifa Furniture showrooms at Abu Dhabi, Dubai & Sharjah.



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DECORATING FOR THE HOLIDAY SEASON

Chalk up your holidays in style

As the festive season approaches, it's time to put up the tree, drape the tinsel and hang up the stockings. Founded in 1883, Benjamin Moore, the North America's favorite paint, color and coatings brand shares with us some of the most

exciting home decorating tips to avoid the holiday clutter and save on decorating costs. Benjamin Moore's Chalkboard Paint is tintable in almost any color you can dream of, and can turn any space in your home into a writing surface. Unleash your inner artist this season with creative customized gift

packaging, imaginative ornaments, festive door signs, creative wall wish lists, canvases with beautiful messages, and more. Safe for your family and the environment, it is easy to apply, washable with soap & water, formulated to minimize lingering odors, quick drying, and contains Zero VOC.

Fun for the whole family decorating Ideas:

- Create a changeable backdrop wall for your family photo, holiday photo shoot
- Add a personal element to a dining room wall with your holiday menu or let the kids write-up their own wish list
- Customize your table service by adding guest names to place settings, and label the cheese platter & serving trays
- If you prefer to go down the super eco-route, chalk-up a tree on your wall that can be re-created for the new year, and over-again each season
- Create personal & creative gifts for those on your list that seem to have everything



If you're feeling artistic, but not sure from where to start, then check out these quick tips for creative chalking:

- Get the right writing tools with a wide variety of size & saturation for dimensional chalking. We suggest: traditional chalk, sidewalk chalk, teachers chalk, and bistro wet chalk markers
- If you could use a creative boost, do some research to update yourself on chalking trends. There is plenty of inspiration online. We suggest searching 'chalk art' on Pinterest.
- Templates are available online, download for quick and easy designs. Blogger posts, Pinterest, and even Etsy have plenty of downloadable free & for purchase templates for font and art.
- Be sure you apply the chalkboard paint to a clean surface and follow instructions on the can, wait a few days before using it, prep your new surface for art by rubbing chalk over it and cleaning it (only the first time).
- We also suggest washing it with a mild diluted dish soap and clean water, then let it dry before creating new art again.
- Darker colors will show chalk much better, so go bold! Also try using a variety of chalkboard colors, or even a multi-colored mural for the more advanced.

Be creative and have fun with your family and friends- with these decorating ideas, you can make just a few changes and your house will suddenly seem very jolly.



FESTIVE RECIPES

Get into the holiday spirit with the best cherished recipes and Christmas favorites....

Nothing compares to baking simple yet delicious sweets at home during the festive season. It shows love and gratitude towards your loved ones, and also a sense of sharing something special during the most happy time of the year... It often is a little handful to pull a whole dinner menu together, but the home made simple recipes can put a perfect finish to Christmas feast. Looshi's, a full service bakery which specializes in Macarons, Cakes and Pies located in the urban JLT district, shares some of the most indulgent, festive desserts with us.

Snowflake cake treats

Ingredients

½ cup melted white chocolate
1 cup shredded coconut
½ cup caster sugar
½ cup margarine
½ cup flour
3 eggs
1 teaspoon vanilla

Method

Preheat oven to 180 C
Mix the sugar with the Margarine until blended.
Add the eggs one at a time, then add vanilla. After that add flour.
Pour batter in the cake pop molder - half way through only
Bake for 15 to 20 min.
Set to cool
Dip each cake treat in melted white chocolate, then cover with coconut. Repeat for the rest.



Christmas tree brownies

Ingredients

½ cup vegetable oil
1 cup sugar
1 teaspoon vanilla
2 large eggs
¼ teaspoon baking powder
⅓ cup unsweetened cocoa powder
2 tablespoon dark chocolate (broken into chunks)
½ cup flour
Pinch of salt
Colorful Sprinkles (for decorating)
Decorative colored icing

Method

Preheat Oven to 170 C
Mix oil with sugar until blended, add eggs and then vanilla.
Mix baking powder, cocoa powder, salt and flour, together.
Add the wet ingredients to the dry ingredients.
Add chunks of chocolate.
Pour into a pre-greased pan.



Bake for 15 to 20 min. Place a toothpick inside to check its doneness, i.e., it should come out clean.
Set to cool, cut the brownie cake into bite

size triangles; and place them in the shape of a Christmas tree.
Decorate with colored icing and top off with sprinkles.

Christmas tree chocolate cupcakes

Ingredients

1 ⅓ cups all-purpose flour
¼ tsp baking soda
2 tsp baking powder
¾ cup cocoa powder unsweetened
Pinch of salt
3 Tbsp butter
1 ½ cup of sugar
2 eggs
1 tsp vanilla
1 cup milk

Icing

2 cups icing sugar
2 tablespoons butter
2 tablespoons milk
½ teaspoon vanilla
Green food color
Decorative pearls

Method: (icing)

Beat butter with sugar, add milk and vanilla.
Add green food color.
Method: (cupcake)
Preheat oven to 170 C
Mix flour, baking soda, baking powder, cocoa powder and salt together.



Beat sugar with butter, add one egg at a time. Add vanilla and mix with the dry ingredients.
Slowly beat milk into the batter.
Line cupcake molder with cupcake liners, then pour batter in.

Bake for 15 min. And set to cool
Use Grass piping tip, and create leaves all over the cupcakes, to make it look like a Christmas tree.
Decorate with color pearls.

Pumpkin pie

Ingredients

750g cooked pumpkin, cut into pieces
350g sweet short crust pastry
2/3 cup caster sugar
½ tsp salt
Pinch nutmeg
1 tsp cinnamon
2 eggs, beaten
2 tablespoon butter, melted
2/3 cup milk
1 tbsp icing sugar

Method

Preheat oven to 180 C
Roll out pastry and line baking pan that is 20cm. Set in fridge to cool.
Place baking beans on top of parchment paper and bake pastry for 15 min, remove beans then bake for another 10 min
Increase oven temperature to 210 C
Blend the pumpkin.
Add sugar, salt, nutmeg, cinnamon to the pumpkin mixture and mix.
Add one egg at a time. Add butter and



milk. Mix until blended.

Pour onto the pre-baked crust and bake for 40 min.

Set to cool. Sprinkle icing sugar and a pinch of cinnamon.

Shortbread biscuit Reindeer

Ingredients

150 g flour
100g butter
50 g sugar
Decorative icing colors white black and red

Method

Preheat oven to 150C
Beat butter until smooth, add flour and sugar gradually.
Knead the dough until dough sticks together.
Roll out the dough, and cut 5cm circular shapes.
Place on a baking tray and bake for 20 min.
Set to cool
Decorate to look like reindeers with decorative icing.



Explore the pleasures of life
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Discover the Dubai Polo & Equestrian Club, a unique destination where polo players and fans can gather together in a world-class venue, designed to showcase the finest the sport has to offer. The Club is an ideal venue for private parties, special events and corporate sponsorships. Ideally situated opposite the Arabian Ranches, the Dubai Polo & Equestrian Club presents the ultimate lifestyle destination, whether it's for horse riding, relaxing or social events.

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- Exceptional restaurants and lounges

FOOD FETISH

Discovering Metro Millennium Plaza Hotel Dubai



Sometimes the most obvious, is not the choicest, but given a chance they often exceed expectations... Serving International cuisine, Metro Restaurant at the Millennium Plaza Hotel Dubai, is a simple yet warm dining spot, nestled just at the cusp of the holy grail of hospitality; the Sheikh Zayed Road, just behind the metro station, which gives it an edge for fast commuting. With a seating capacity of around 150 to 200 guests, the most astonishing aspect of this hidden gem is the 360 degrees view it gives of the Sheikh Zayed Road and the Al Wasl Road. It is beguiling to witness the concrete jungle alive with hot wheels and the hubbub of urban life and yet another view reveals the mystical side of the desert; untouched and unsullied... The airy atmosphere immediately lightens the mood that is

quintessential of Arabian hospitality, doubled with the dose of courteous and friendly staff. The all-day dining restaurant serves outstanding (Continental, Indian & Far Eastern) buffet featuring live cooking stations, scrumptious main stays and an extensive selection of freshly baked breads and desserts. Amongst the many buffet offerings the Far Eastern buffet, tantalizes with its aromas and the flavors of the orient... Using fresh ingredients typical of the oriental world, the dishes include a variety of Dim Sum, Jasmine Rice with Chicken & Fish Curries, Sweet & Sticky Ribs, Roasted Duck wrapped in Pan Cake, and an array of appetizers and salads, the hardest part is to decide what to savor first. The equally exciting dessert station is a melting pot of sweets from various Far Eastern destinations. From the soft and fluffy Japanese Cheese Cake, crunchy Thai

Coconut Desert, Fruit Salad that plays on the tropical taste, to Homemade Ice Cream, the freshness of the ingredients along with the distinctiveness of flavors, the sweets and desserts are sure to leave one wanting for more. With all this don't forget to try the Lychee Shot (non-alcoholic) which instantly delights the senses with freshness and flavor. Humble yet full of delicious flavors, warm ambience and amazing view, Metro Restaurant Millennium Plaza Hotel, is a perfect place to dine with family and friends, enjoy delicious food and convivial atmosphere. Opening Hours Breakfast 06.30am - 1030 am, Lunch 1200 noon - 330pm, Dinner 700pm - 1130pm. For more details visit <http://www.millenniumhotels.ae/millenniumplazadubai> or call T. +971 4 387 7777.



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Ho-Ho-Holiday **FASHION**

*This Holiday Season; it's all about luxe, sophistication,
sparkle & glam*



Location: Habtoor Grand Beach Resort & Spa

Photographer: Imran Mohideen

Makeup Artist: Amna Suhail

Makeup provided by: Karaja and Misslyn Cosmetics



Special Thanks to:

Josh Jr Mangila

Aldea Filipe (Habtoor Grand Beach Resort
& Spa)

Aziza Al Banna (Life Cosmetics)

Ahmad Ali Sayed (Amwaj Jewellery)

Amor Limpin (Gisella by Nana)

Rishad (Gisella by Nana)

Cielo Salazar

Lea El Houssami





The Ultimate Holiday Sparkle

Model: Lenka Josefiova
 Pippa Panelled Dress from Gisella by Nana
 Metallic effect gold lurex jersey cut on the bias creating chevron stripes.
 Jewels provided by Amwaj Jewellery Abu Dhabi



The Femme Fatale

Model: Rania Gamal
 Dress by Parah
 Jewels provided by Amwaj Jewellery Abu Dhabi



La Vie en Rose

Model: Lenka Josefiova

Isadora Cape Dress in candy pink from Gisella by Nana
Silk chiffon full skirted dress with detail at the back and a full sweeping
attached cape.

Jewels provided by Amwaj Jewellery Abu Dhabi



All I Want For Christmas Is You

Models: Rania Gamal & Alexei Voitovici
Rania's dress by Parah and Jewels from Amwaj
Jewellery Abu Dhabi

Alexei's wearing tights, shirt & jacket from La Perla
and shoes from Baldinini

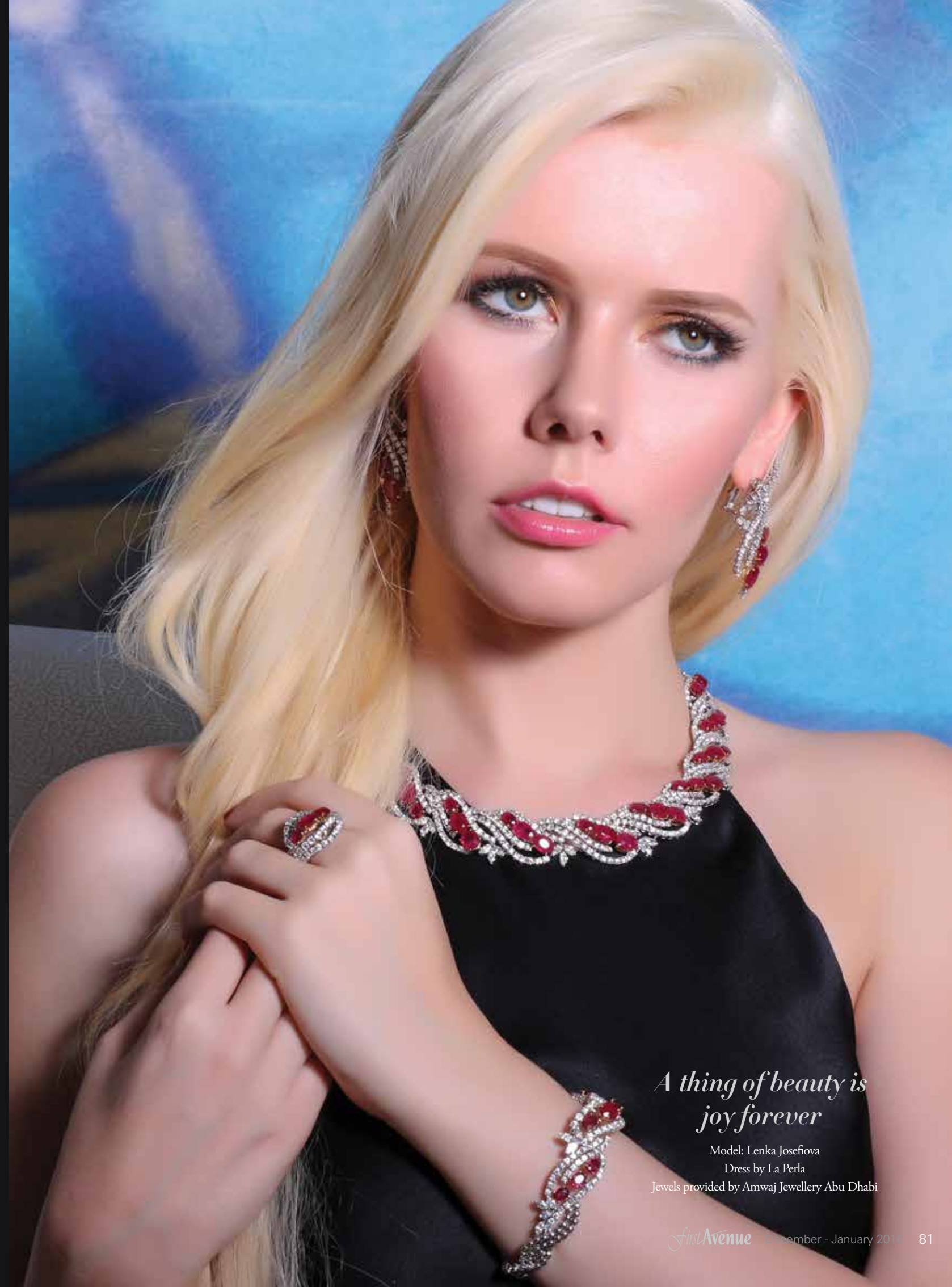


Pearl Perfection

Model: Lenka Josefiova

Dress by La Perla

Jewels provided by Amwaj Jewellery Abu Dhabi



*A thing of beauty is
joy forever*

Model: Lenka Josefiova

Dress by La Perla

Jewels provided by Amwaj Jewellery Abu Dhabi



*For your eyes
only...*

Models: Lea El Houssami & Alexei Voitovici
Lea's wearing a Diana Trapeze Maxi Dress of Silk Chiffon, hand pleated with a quilted gold lurex belt from Gisella by Nana.
Alexei's wearing tights, shirt & jacket from La Perla and shoes from Baldinini
Jewels provided by Amwaj Jewellery Abu Dhabi



*"Miss European
Tourism"*

Lenka Josefiova
Jewels provided by Amwaj
Jewellery Abu Dhabi



Let's get it started!

Models: Julia Milan & Oana Aerdna
Dresses by Julia Milan "Love & Fame Collection"
Julia's shoes by La Perla



The Queen & the party entourage

Models: Julia Milan, Oana Aerdna & Kristine Joujou
Dresses by Julia Milan "Mona Lisa Collection"
Julia's Shoes by La Perla



*Won't you take me
to funky town*

Model: Kristine Joujou
Dress by Julia Milan "Love & Fame Collection"



Can't buy me love

Models: Julia Milan
Julia's dress by Julia Milan

WATCH & JEWELRY



Collections

Inspired pieces to unique and exceptional creations, contemporary gem stones to innovative and revolutionary designs; check out our selection from the latest high-end jewelry and watch collections

Piaget Limelight Stella

The first complication watch dedicated to women, the Limelight Stella watch is writing a new chapter in Piaget's enduring love story with women. While the Moon has been a symbol of timeless femininity since the dawn of time and in all four corners of the earth, Piaget expresses a new approach to this theme focusing on its aesthetic and above all its lyrical nature. Dreams and imagination pervade time's relentless march, infusing it with a unique touch of soulfulness.



SAINT HONORÉ TOUR EIFFEL LADY

Nicknamed the "la Dame de Fer" ("Iron Lady"), "la Grande Dame" or "la Dame de Paris", the Eiffel Tower is a majestic presence on the new women's watch from SAINT HONORÉ, powered by an automatic caliber. Not only has a fragment of one of its metal girders served to craft the bezel, its pale brown color and characteristic lattice structure serve as motifs on various parts of the watch such as the dial and crown, the oscillating weight in the movement and the strap clasp. Elegant and different, this limited edition of 500 pieces, among the 1,885 pieces in the range, of many geometric shapes and curves in reverence to its historical provenance and the glamorous spirit of the age.



CONCORD Saratoga Lady Diamond Petal

The Concord Saratoga Lady exudes femininity. This brilliant timepiece has been re-imagined with a shimmering white mother-of-pearl dial detailed with a flower petal design set with 31 VS quality diamonds. The 31mm stainless steel case is adorned with an additional 32 VS quality diamonds and the case-back is finely embossed with the collection's signature emblem of two racing horses. The Calibre quartz ETA 8 3/4 956.412 movement is equipped with hour, minute and second functions. This glamorous watch is a tribute to iconic femininity, crowning the wearer as the queen of elegance.



Fendi New Limited Edition Selleria

The only thing 'limited' about the shimmering new Selleria timepiece, is the number of timepieces with the new diamond-enriched case design and very feminine bi-colored strap options, a mere fifty in the world. With its nearly infinite range of gorgeous watch straps in a palette of contemporary colors, the new timepiece has an inimitable and sophisticated appeal. Hand-crafted in precious haute-couture materials by Fendi's master artisans with a feminine and contemporary allure of the new dial design and the refined streamlined silhouette, the Selleria watch is as multifaceted, versatile, daring and elegant as the modern woman.



Longines Dolce Vita

The Longines Dolce Vita collection illustrates contemporary elegance inspired by the Italian sweet life, the "Dolce Vita". Longines has decided to offer a new interpretation of this collection, subtly combining geometric lines with soft curves. The lines of the rectangular case have thus been elongated and arched, some models enhanced with diamonds, to magnify the elegance and femininity of these new pieces.



EBEL Wave – Diamond Wave Edition

The Jewel in the EBEL 'crown' of luxury timepieces, the new EBEL Wave Steel and Gold Wave Diamond Dial is a stunning steel and 18K yellow gold women's watch. Its luminous white mother-of-pearl dial is inlaid with diamonds in an undulating wave design inspired by the collection's iconic bracelet with its wave-shaped links. The EBEL Wave Diamond Dial captivates through its beauty and innate glamour. Refracted light shimmers off the diamond and mother-of-pearl dial, and gleams off the 18K gold case. Brushed and polished, its smooth and sinuous steel and yellow gold PVD-finished wave-link bracelet wraps sensuously around the wrist.



Philip Stein Gold Cocktail Collection

Philip Stein's gorgeous Cocktail Collection in gold, embellished with up to 216 diamonds, is the ultimate party accessory to ensure you sparkle, while keeping you in balance with natural frequencies. Fitted with interchangeable calf leather double or single straps, the wearer can opt for different colours in order to change the look of the watch, to match their outfit or their mood. 18k rose gold set with a unique dual time zone, ensures that you can keep local time, while knowing your time in your home country, or your favourite city.



de GRISOGONO NEW RETRO LADY

de GRISOGONO explores the timeless refinement of the 1950's with the introduction of their latest collection; New Retro Lady. With a large rectangular model that is at once minimalist, atypical and intrinsically elegant, the timepiece asserts the inimitable de GRISOGONO style. It appears in colorful or understated versions, the New Retro Lady is all about bespoke and finely tailored details.



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Hermès Pendentif Boule

Hermès has introduced an unusual interpretation of its Pendentif Boule by exploring the art of cloisonné enameling. Dangling gracefully from a white gold chain, the Pendentif Boule whirls and twirls, presenting its two faces as desired: a multi-colored corolla motif on the back, or white mother-of-pearl on the dial side, where time ticks by with exquisite delicacy.



Piaget Rose Passion Collection

The rose has been an integral element of Piaget's jewels for over half a century, and the Limelight Rose Passion collection is a magnificent tribute to the 'Queen of Flowers' but with an unexpected tropical and colorful twist. Bold, contemporary and glamorous, the Piaget Rose Passion high jewelry collection comprises an astonishing 75 pieces of jewelry and 25 watches that echo Yves Piaget's love of roses.



Versace Fine Jewellery: Iconic Limited Edition Collection

Versace's Iconic Limited Edition collection of high-end fine jewelry is inspired by the early creations of Versace, revamped by Donatella Versace. At the heart of the collection is the Medusa, the eternal symbol of power, and the iconic motif of Versace. Also highlighted is the legendary Greek key, which sets the graphic tone of mythology and classicism.



Carrera y Carrera Prisma

Angles, lines, curves, and spheres: architectural contrasts transformed into jewels. The new collection from Carrera y Carrera perfectly symbolizes the reflection of the eternal light of the Universe in each of these baroque carved pieces. White gold, diamonds, and onyx are the stars of a line fraught with innovative geometric patterns and a strong avant-garde character.



La Marquise Jewellery's Petra Collection

La Marquise Jewellery's new Petra collection comprises eight exquisite semi-precious gemstones beautifully carved like the Lost City of Stone itself. Featuring rich green malachite, celestial lapis lazuli, deep red coral, black onyx, and iridescent mother of pearl; no desired stone has been left unturned!

Statement Rings in Festive Colors by Gemme Couture

Gemme Couture is an exclusive jewelry line created from precious and semi-precious stones and fine South Sea and Tahitian pearls, integrated in unexpected settings of gold and leather. With the festive season around the corner, Gemme Couture's three statement rings in the festive colors red, green and white are the perfect match for any holiday outfit.



ARAB WOMAN AWARDS

UAE 2015 winners

Held under the Patronage of the UAE's Minister of Culture, Youth, and Social Development HE Sheikh Nahayan bin Mubarak Al Nahayan, 20 inspirational women were celebrated at a glittering gala dinner for the Arab Woman Awards UAE 2015 held at the Ritz-Carlton DIFC Dubai. Over 350 female VIP guests and members of the UAE royal family attended the red carpet event presented by NET-A-PORTER, the world's premier online luxury fashion destination. The Arab Woman Awards were established by ITP in 2009 to recognise successful women in business, education, entrepreneurship, media, government, literature, and other

fields. Since launch the awards have become a powerful platform for recognising role models for a new generation of young women. The winners included HH Sheikha Fatima bint Zayed bin Saqr Al Nahyan under the Lifetime Achievement Award who was acknowledged for her humanitarian work that has spanned over 15 years. deNovo CEO & Founder May Nasrallah won Businesswoman of the Year and Masdar's Director of Sustainability Dr Nawal Al-Hosany was awarded under the Energy category. In one of the final awards of the evening Professor Rafia Ghabesh was named as the UAE's Inspirational Woman of the Year 2015.



'ONCE UPON A CHRISTMAS'

HARRODS' Christmas Theme for 2015



Harrods the upmarket department store located on Brompton Road in Knightsbridge, London, is the ultimate festive/shopping destination. The store has unveiled its Christmas theme which includes tons of festivities, offerings and holiday cheers. The Festival of Christmas begins with the launch of the Harrods Christmas Windows and the opening of the Christmas Grotto. The Christmas windows on Brompton Road evoke a

world of puppets and performers. Inspired by the Harrods Christmas theme, each window contains a spectacular stage complete with lights, scenery and red velvet curtains. Harrods Christmas World is full of exclusive decorations and gifts. This year, the department celebrates the festive season with seven themes, including the vibrant, Venetian-inspired Magical Marionettes. Christmas World is now open on the Second Floor.

CIRCLE CAFÉ OPENS

at the Dubai Mall

Circle Café, the simple, fresh and delicious casual dining restaurant owned by the Radius Investment Group, has brought its extensive menu of homemade dishes to Dubai. The Café's opening ceremony included a media mingle breakfast in the morning, followed by a formal ribbon cutting ceremony under the patronage of H.H Sheikh Nahyan Bin Mubarak Al Nahyan, in the evening. The cozy outlet, situated on the ground floor next to the mall's iconic indoor waterfall, stands to benefit from the mall's approximate 65 million annual visitors.



HONDA ANNOUNCES

the launch of All New Pilot

Honda Motor Co. Africa and the Middle East Office announced the launch of All New Pilot at a press conference at Intercontinental, Dubai Festival City. Available across all Honda showrooms in the GCC, Lebanon and Jordan, the third generation Honda Pilot brings a new standard of comfort and quality to SUV driving. With its comfortable seating of up to eight passengers, Honda Pilot has helped set industry standards in fuel efficiency, spacious and luxurious interiors and now also boasts of highly improved off road performance with Intelligent Traction Management vs existing Pilot.



NOBEL PEACE PRIZE WINNER MALALA YOUSAFZAI

Received Standing Ovation After 'He Named Me Malala' Premiere In UAE



Nobel peace prize winner, Malala Yousafzai appeared on stage to a standing ovation at the UAE premiere of the documentary, He Named Me Malala. Malala surprised the 700-strong audience, comprising dignitaries, VIP guests, educators and university students, by appearing on stage at Abu Dhabi's Emirates Palace after the closing credits to take part in a conversation covering how the film was conceived. Malala was joined by her father Ziauddin, director Davis Guggenheim, film producers Walter Parkes and Laurie Macdonald and Image Nation Abu Dhabi's CEO Michael Garin. Four young people from the

Crown Prince Court Abu Dhabi's Youth Ambassadors program were also invited to join the conversation, and asked Malala questions about her journey as well advice on how young people can help to affect change. Malala said: "This is not just a film, it's a movement. Every girl deserves the right to go to school and I hope this will raise awareness about the mission for every child to get their basic human right of education. Refugee children in Syria and Iraq: we have ignored them for too long – we need to highlight the issue for world leaders so we do not see a generation lost."

LUXURY TEA PURVEYOR AVANTCHA

introduces new Japanese 'Super Tea'

UAE premium tea retailer Avantcha has expanded its online and locally available repertoire of international teas, with the addition of a globally trending favorite – Japanese matcha. An ultra-healthy beverage, matcha, which literally means 'powdered tea', contains the nutritional equivalent of 10 cups of regular green tea and has been dubbed the 'ultimate superfood' by nutrition experts. Made from green tea leaves, matcha comes in concentrated finely ground powder form, which makes it one of the more unusual, yet most versatile teas around. Avantcha is available online at www.avantcha.com



SECRETS & LIGHTS

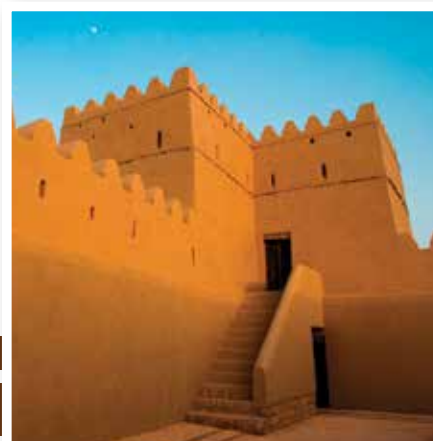
A Mythical Journey by Piaget, Gala dinner

Radiance and legend come alive in Piaget's new Haute Joaillerie and Haute Horlogerie collection, "Secrets & Lights – A Mythical Journey by Piaget" that witnessed a worldwide launch in the city of Dubai. A first of its kind event for the brand in the metropolis, the exquisite launch took place on the 3rd of November at the One & Only Royal Mirage hotel. The glittering event had in attendance Dorothee Gilbert, Paris Opera Ballet ballerina and Richart Attias, the business man and his wife, Mona Zaki, Joelle Mardinian, Piaget's CEO, Mr. Philippe Leopold Metzger and more. In addition, Piaget's international clients and VVIP guests from the region and abroad especially graced the occasion that featured a spectacular performance by award-winning British Lebanese singer MIKA as one of its highlights.



HISTORIC QASR AL MUWAIJI TO OPEN DOORS AS MUSEUM

Celebrating Birthplace of His Highness Sheikh Khalifa bin Zayed Al Nahyan



As a symbol of Abu Dhabi's heritage and a component of the UNESCO World Heritage Site of Al Ain, Qasr Al Muwaiji, birthplace of HH Sheikh Khalifa bin Zayed Al Nahyan, President of the U.A.E., has opened as a museum with an exhibition celebrating his leadership and as a monument to the progress of the Nation. Under the patronage of His Highness Sheikh Mohamed bin Zayed Al Nahyan, Crown Prince of Abu Dhabi and Deputy Supreme Commander of the UAE Armed Forces, and following an elaborate

conservation process undertaken by Abu Dhabi Tourism & Culture Authority (TCA Abu Dhabi), Qasr Al Muwaiji presents a permanent exhibition and a public programme which explores Al Ain's influence on the culture, tradition and history of the United Arab Emirates. As a historic fort and place of rule within the city of Al Ain, Qasr Al Muwaiji was home to generations of the Al Nahyan family including HH Sheikh Khalifa bin Zayed Al Nahyan, who was born there in 1948.

SAHER DIA LAUNCHES HIS WEDDINGS

collection "Secret Gardens"

The Lebanese fashion designer Saher Dia launched his weddings collection for 2015 \ 2016, which is inspired by the idea of secret gardens. 'Secret Gardens' collection consists of a charming dream dresses that are sure to grab everyone's attention. The wedding collection of Saher Dia lineup and is inspired by ideas from the gardens, which he visited in different countries, 8 dresses are made of bright white and interferes with beige White, where Dia believes that

the option of bright white bridal gown and although it is a classic option, but is the most elegant and feminine. In terms of the cut there is the ball gown cuts and the Princess Cut. In terms of fabrics Dia focused on the tulle, and lace, furthermore in terms of embroidery he has focused on Handwork of soft tailoring, beads and Crystal mild manner and flowers from the fabrics.



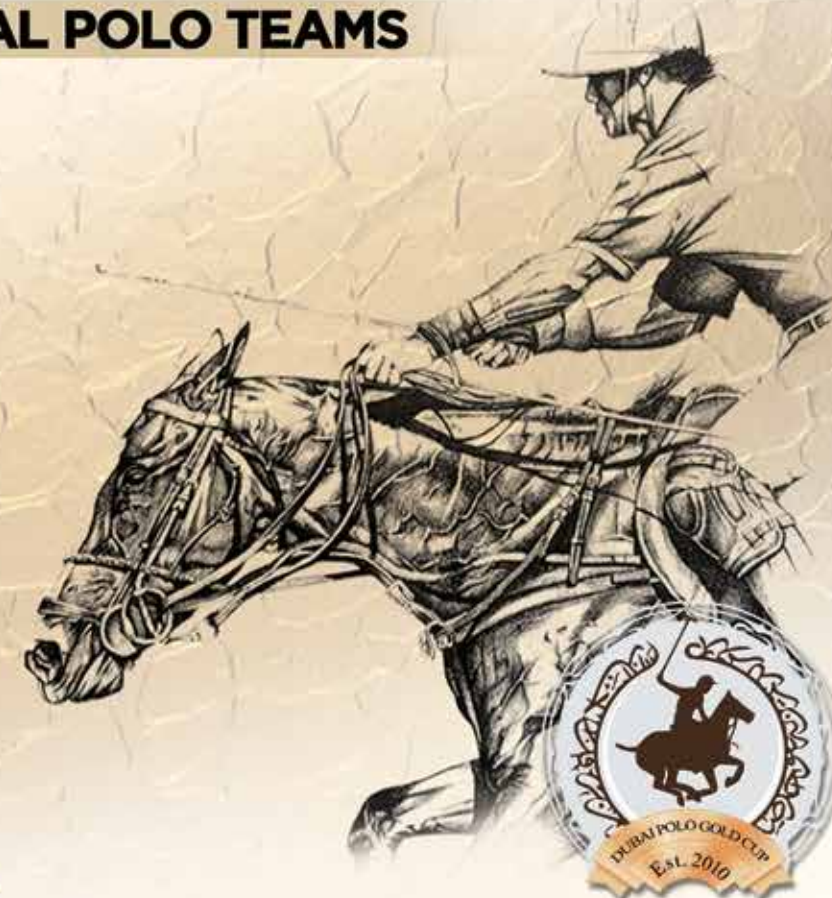
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18 GOAL HANDICAP

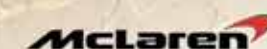
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NEW HAUTE COUTURE BRAND GISELLA by Nana launches in Dubai

Gisella by Nana, a British luxury fashion label has launched its new 2016 Luxury Collection in Dubai. The official launch took place at Fortnum & Mason near Dubai Mall, graced by models showing fluid Haute Couture dresses in soft and exclusive fabrics such as silk and chiffon in a mini fashion show. Co-founded by Ms. Nana Agyeman Ennusun; Gisella by Nana, exude classic elegance, femininity and grace, for powerful women of the world. "I've launched the Gisella by Nana brand after having worked with several top fashion groups as head designer in London and Dubai. I believe it is the right time for me to build my own brand after years of experience in the London fashion scene. The Middle East is a hot fashion hub and the growing appetite of women for luxury goods shows there is huge potential for fashion labels to thrive and achieve success. We are also dedicated to support the Emirate's fashion, design and luxury sector..." said Ms. Nana A. Ennusun.



iluminageTOUCH at CitrussTV



CitrussTV has recently announced its exclusive distribution in the region for the iluminageTOUCH, a ground-breaking cosmetic device that quickly and gently works to disable hair follicles for permanent and painless hair removal. Customers looking for safe, speedy and permanent hair removal are now able to painlessly and successfully treat themselves in the

comfort and privacy of their own homes. iluminageTOUCH's patented technology uses energy to target and disable hair follicles while at the same time deliver heat deep into the skin to effectively inhibit hair regrowth. The device is used by simply gliding it over the skin, with an average treatment taking between one and 10 minutes.

AAVVA FASHION at Swarovski Sparkling Couture Exhibition

AAVVA Fashion recently participated at the opening of Swarovski Sparkling Couture Exhibition, designing a dress, using 150000 pieces of Swarovski Crystal. Ahmad Ammar, AAVVA Fashion Designer expressed his pride and said: "It's our pleasure to get a chance like this and participate in this huge event, which includes over forty couturiers, jewelry and accessory designers from Middle East and South Asia, to showcase bespoke pieces in Dubai for Swarovski exhibition".



Elegance is an attitude

Aishwarya Rai
Aishwarya Rai

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