

first Avenue



**Sultry
Trends
Styling**
FOR A
**PERFECT
FALL**

**Eventissime
By Julia**
**THE FRENCH
CONNECTION**

**Kaleidoscopic
Dreams**
**BRIGHTEN
UP YOUR
SPACE**

**The
Gourmet
Grind**
**CRAFTING
DELICIOUS
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Exclusive Interview

EMILIA CLARKE

"I AM A VERY HAPPY PERSON AND VERY GRATEFUL
FOR ALL THAT IS HAPPENING TO ME..."



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First Avenue

EDITOR'S NOTE

If we shadows have offended,

Think but this, and all is

mended

That you have but slumbered

here

While these visions did

appear:

And this weak and idle

theme,

No more yielding but a

dream,

William Shakespeare

A MIDSUMMER NIGHT'S DREAM

The long lazy & hazy summer days are upon us! The eternal sunshine seems to last forever from dawn till dusk, but as soon as the sun goes down the mood of our **city of life** changes almost instantly... From sweltering day time to the hip happening night spot, it is as if Dubai transmutes itself and emerges in its real guise of **vibrancy**... For what they say is totally right 'this city never sleeps'!!!

Welcome to our latest edition of the **First Avenue Magazine**, where we bring you the best from around the world, to what's shaking and shaping in our own city... Our cover girl for this month is none other but the very young and relatively fresh, **Emilia Clarke**... Playing lead as Sarah Connor opposite **Arnold Schwarzenegger** in **Terminator: Genisys**. The London-born actress has already established herself as the iniquitous dragon-toting Daenerys Targaryen in the Game of Thrones TV series. We sat down with Emilia and talked to her about her latest venture, fame and everything movies...

Talking about freshness, it is perhaps the hardest thing to accomplish especially during the exceedingly humid and hot day time weather, let alone keep our luscious **locks looking healthy and fresh**. To counter the challenges posed by the sultry conditions, our **beauty feature** is all about **caring for hair** in the hot weather. Moreover, our style roundup feature also talks about 'Styling for a Perfect Fall' and always staying ahead of the game... Our face to face interview with **Lars Skjoth**, the founder of Harklinikken (Hair clinic), further discusses hair problems, their solutions and the ultimate advice on hair loss...

With the fresh take on hair care it is also important to know the stress we face in our day to day lives. Veteran Software Engineer **Lumbie Mlambo**, believes in finding balance for a better life, in the feature 'A balanced life is a better life' she shares with us some of life's hard learned lessons, trying to create harmony and balance essential for healthy living.

Summer is all about color, from coral to candy, there's a certain sense of cheerfulness and vibrancy in the air... To incorporate these elements into your living space, check out our Home Décor feature 'Brighten Up Your Space' and instantly bring a burst of color into your living space with these simple yet attractive tips. On the gastronomic front our Fine Dining feature 'The Gourmet Grind' brings you an exquisite menu of exotic flavors and tantalizing aromas...

With all this and more, including our fashion report - **Haute Couture Autumn-Winter 2015/16**, exquisite Watch and Jewelry Collections, Fashion Must Haves with a myriad of 'got to have it' products and of course I ❤️ Dubai, the pulsating mini guide to the best offerings in Dubai and around, there's just about everything to keep you hooked throughout the month....

Happy Reading!

Lamiya Sami



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CELEBRITY *Fashion*

The looks that captured our attention from the world of movies and the music industry from the red carpet and some of the biggest Hollywood premiers.

Sandra Bullock

at Minions Premiere Los Angeles

Sandra Bullock rocked in a yellow pair of heels while attending the premiere of her new film Minions, held at the Shrine Auditorium in Los Angeles. The 50-year-old actress was joined on the yellow carpet by her co-stars Jon Hamm and Allison Janney. Sandra wore a Roksanda dress and Rupert Sanderson shoes.



Irina Shayk

at Leonardo DiCaprio Foundation party

Irina Shayk looked sexy as she showed off her body at the glitzy star-studded Leonardo DiCaprio Foundation auction gala held at Domaine Bertaud Belieu in Saint-Tropez, France. The stunning model wore a strikingly sheer nude gown to the event.



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Cara Delevingne

at Paper Towns Premiere

Cara Delevingne looked stunning as she hit the red carpet at the premiere of Paper Towns at AMC Loews Lincoln Square in New York City. The 22-year-old actress and model wore a Saint Laurent design with Alejandra G. shoes at the premiere.



Rachel McAdams

at the ESPY Awards 2015

Rachel McAdams looked sexy in a plunging suit while attending the 2015 ESPY Awards held at Microsoft Theater in Los Angeles. The 36-year-old actress was joined on the red carpet by her handsome co-star Jake Gyllenhaal. Rachel wore a Cristiano Burani suit, Christian Louboutin shoes, and Alison Lou rings.



Halle Berry

at 2015 ESPY Awards

Halle Berry looked sexy in a short sheer dress while attending the 2015 ESPY Awards at the Microsoft Theater in Los Angeles. The 48-year-old actress presented the Pat Tillman Award for Service to Danielle Green, a former Notre Dame Basketball player, Iraq war veteran, and Purple Heart recipient. Halle wore Brian Atwood shoes and Sylva & Cie jewelry.



Ali Larter

at Buick Test Drive Launch

Ali Larter looked chic on the red carpet at the Buick's 24 Hours of Happiness Test Drive Launch event held at the Ace Museum in Los Angeles. Ali wore a burgundy mini dress with an asymmetrical hemline, paired with strappy sandals. To complete the look, the 39-year-old actress accessorized with a large, metallic gold clutch...

AnnaSophia Robb

at 'Irrational Man' Premiere

AnnaSophia Robb stepped out in style for the premiere of 'Irrational Man' in New York City, supporting Woody Allen and Jamie Blackley at the screening, hosted by The Cinema Society. AnnaSophia wore a Giamba dress, Nora Kogan and Paola van der Hulst jewelry, Stuart Weitzman heels and a Mark Cross bag.



Jenna Dewan

at Buick Test Drive Launch

Jenna Dewan Tatum, looked hot and sexy on the red carpet while attending Buick's 24 Hours Of Happiness Test Drive Launch event held at the Ace Museum in Los Angeles. Jenna wore a plunging tangerine pencil dress, Brian Atwood shoes and carried a Jimmy Choo clutch.

FASHION *Must Haves*



From cosmetics, shoes to handbags and perfumes. check out the latest fashion accessories and trends that you may want to consider purchasing...



Kurt Geiger

Liven up your summer look with a dash of pink! Bright and funky, Kurt Geiger's current hue highlight says you're confident about your personal style but not overly so that you can't have a little fun with your outfit! It's playful and it's chic – it adds just the right amount of verve to your everyday attire!



Bête Noire by Lipstick Queen

Inspired by the dark sensuality that resides within us all, Bête Noire is a flattering and wearable deep

wine, expressed in three nourishing formulas. Each damson-toned Bête Noire lipstick is imbued with the mysterious glamour and sensuality of the silent movie star – think Louise Brooks – whilst their formulations are enriched with nourishing oils to ensure lips remain soft and comfortable.

ESPRIT SUMMER'15 COLLECTION

Esprit's new summer 2015 collection is inspired by the laidback California style, which is all about sharing, enjoying, and embracing community, family and friends. Follow your heart's desire in all manner of fashionably casual – and casually fashionable – attire for the next season. And if you're still hard at work, Esprit's signature style promises easygoing good looks.



Clarins Radiance-Plus Golden Glow Booster

Clarins' Radiance-Plus Golden Glow Booster for Face, is a unique skin care product that is the first self-tanner for the face which also offers an incredibly natural-looking, made-to-measure golden tan from the first application. For the body the Radiance-

Plus Golden Glow Booster for Body is a formula specifically designed to deliver a made-to-measure, radiant summer tan all year round. A very natural-looking tan, that can be adjusted as desired.



Infallible by L'Oréal Paris

Sleek, transparent, light and breathable the modern mattes, from L'Oréal Paris's new Infallible collection, are all about letting your skin breathe and your face live. Infallible's 24 hour matte technology creates a revolutionary formula that offers a super gliding, ultra soft, melting fluid emulsion which consists of one third water for maximum comfort. It absorbs excess oils in an instant, as well as through the day, while creating an even tone and a smooth finish.





NARS Contour Blush

NARS Contour Blush is a unique formulation with an optimal blend of powders & pigments for a silky feel and contouring effects. A duo of contouring blush shades to create natural-looking dimension for the face with a lightweight luminous finish. The deeper shade enhances definition while the lighter shade illuminates the highpoints of the face. Applies easily, glides on the skin and blends evenly. It has a creamy, silky texture with a lightweight feel.



Alessandro Veggie Nail Cream

As part of their new and ultra-glamorous summer fashion trend for 2015, Alessandro International revealed its three new veggie nail creams in their latest collection that add care to couture. The nail creams come with the vital nutrients and vitamins of the strengthening vegetable essentials and the fresh fragrance and softness of their fruity counterparts. Packed with valuable ingredients and antioxidants, Alessandro's veggie nail creams are all about rich, wholesome and rejuvenating goodness.

QNET's PhysioRadiance Skin Care Range

QNET's latest Physio Radiance beauty range which consists of a complete skin care collection and a facial toning device revives your youthful glow. Developed in Paris, France this breakthrough skin care range is an effective and all natural way to pamper and regenerate your skin at the cellular level. Its unique formulation is an exclusive combination of ingredients to activate your skin cells to work naturally at their best, assisting in restoring your skin's youthfulness and radiance. The skincare range is complemented by Visage+, a facial device developed by skin care experts, based on Korean technology.



Alterna Haircare Bamboo Beach

A perfect companion for sultry summer hair on and off the beach! Alterna's Haircare Bamboo Beach limited edition collection includes beach bag essentials for sexy, healthy summer hair, provides vital UV protection while combating the damaging effects of the sun, pool & saltwater.



Paese Cosmetics beauty range

Paese Cosmetics' summer essentials are an illuminating and beautifying must-have for any woman looking for a classic look to last all season. Free of parabens and allergens, Paese's products add radiance to all skin tones, types, and colors with easy applications and long-lasting, hyper-pigmented results.



Baldinini

Italian luxury footwear and accessories brand Baldinini unveils its promotion during the 45-day Dubai Summer Surprises (DSS), giving fashionistas lots of reason to stock up on this season's must-haves for less. Discounts from 25% to 60% are available on a wide selection of women and men's shoes including accessories.

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|fashion must haves|

Zoella's Pamper Night Guide

Every girl deserves a night dedicated purely to a pamper session, particularly after a busy and stressful day. Zoella's Pamper Night products give people a chance to indulge in some me-time, collect their thoughts and drift away into a stress free environment. The products include Fizz Bar - Fragranced Bath Fizzer, Soak Opera - Bath Soak & Shower Cream, Creamy Madly Dreamy - Body Lotion & Blissful Mistful - Fragranced Body Mist. Zoella products are available from Virgin Megastore.



Eric Favre AEQUO Skin Care range

Eric Favre has developed many ingredients and molecules recognized in the scientific field around the world. The products developed have proven to be effective and have shown great results. This Latest AEQUO range created by using exclusive formulas was inspired by the wealth that nature

has to offer. The skin care line has a range of 4 products, which include The Caviar Day Cream, The Caviar Night Cream, The H.A Serum Wrinkle Filler and The Blue Lotus Stem Cells Serum. All these products work together to give you a younger, more glowing skin that radiates off your beauty and reflects it from within.



Contemporary style at Reveal

Reveal Fashion showcased its latest, elegant and high quality women's wear featuring fresh trends, International brands and attractive style options at the Khalidiyah Mall in Abu Dhabi. With a wide selection of Ready-to-Wear (RTW) custom and knitted apparel for women, Reveal fashion places style at the forefront with the objective; to provide clients a variety of quality clothing that fits each customer like it was tailored just for them. The current collection of casual and evening wear is embellished with beads, lace and stones to bring out the confidence and sensuality of Fashionistas in the UAE.

NEW BRIGHTS COLLECTION BY OPI

Lacquers, gels, and limited-edition nail art kits in this season's most sought-after bright shades. The world's number one salon brand, OPI, is once again taking bold nail color to the next level. OPI's latest Brights Collection brings vivid, of-the-moment color to life with its six new must-have shades!



Bling Noir - by Ajmal

Nothing makes a woman feel more beautiful than the belief that she is beautiful and she is in charge. Bling Noir by Ajmal is the ultimate scent of a woman, a fragrance that captures the way a woman feels when she has discovered herself. Real and true, serene and sensual all encompassed in a sheer bottle of sophistication. A pièce de resistance, Bling Noir exudes all its mystic seduction in a 75ml bottle,



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STYLING

FOR A PERFECT FALL

The summer heat has yet to fade and ebb away but the fashion industry is speeding ahead to understand the hairstyles that will set Fall on fire. Styling the mane makes a considerable difference to one's facial profile, sculpting the impact of one's overall looks. It can mean the difference between drab and dreary strands

of hair that just hang down one's back or chic and trendy cuts that compliment the most elegant and sophisticated looks. Which is why, understanding the current modes for shaping one's tresses is essential for smart, trendy and the most modish of appearances. The well-known hairstylist to the stars, Asgar Saboo has been scouring the Autumn catwalks for the hottest hairstyles of the next season. The cuts and styles noted

on the catwalks are already being worn by celebrities and fashion icons of the world, like Beyoncé and the Duchess of Cambridge. So, the low down on taming the mane based on the latest trends is here ... before it hits the shops in the Autumn season. In the line-up for the hottest hairstyles to look cool during Fall, there is something to suit every fashionista's mood. Asgar Saboo explains the best ways to get each look...



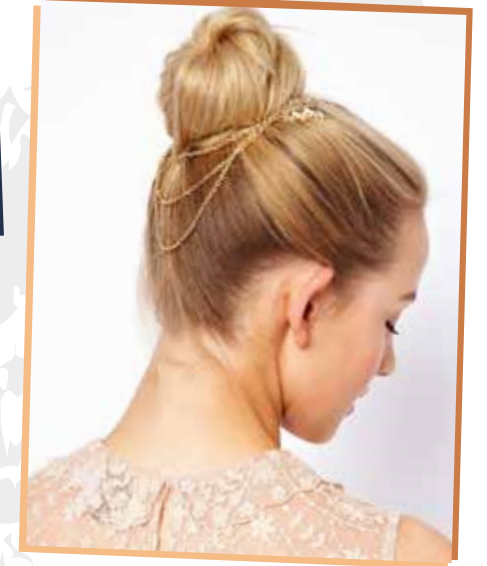
The Blunt Bob

The blunt bob look is fun and sophisticated; with no layers and cut all at one length, you can achieve the volume you have always dreamed of. It is feminine and mature, drawing attention to the structure of your face and really elongating that neck. To understand how it looks, look at Beyoncé and young stars like Margot Robbie and how they wear theirs for some inspiration. This look is so versatile - the blunt bob can be styled with a side or middle parting, or simply slicked back off the face. Don't underestimate this look, whether you want to channel your inner Hollywood goddess or not. Today we're seeing bobs that hit just above the shoulders, so the style can be worn long enough to tie in a ponytail. Note that the blunt bob works well for straight and wavy textures, so you can really make this your own.



Accessorise your look

A look which dominated the Fall catwalks was the use of clips and barrettes. No longer the territory of teenagers, Proenza Schouler and Fendi put headbands on their models for vintage glamour, while other designers went for barrettes and extravagant clips. Take your pick from the wide range, but we recommend you choose something in a neutral toned color to look playful but sophisticated.



Side Ponytail

The side ponytail is often dismissed, but it actually is a very elegant and formal style that can be worn to any event. Side ponytails work best for long hair for the ponytail to sit over the shoulder. You can wear your ponytail straight, curly, wavy, with braids or twist - there are so many ways to style it. My personal favorite is a sleek side ponytail with a quiff or fringe for a lively, voluminous look. Young stars like Cara Delevingne wear theirs on the top of the head, but keep yours at the nape of the neck if you want to look chic like the Duchess of Cambridge.



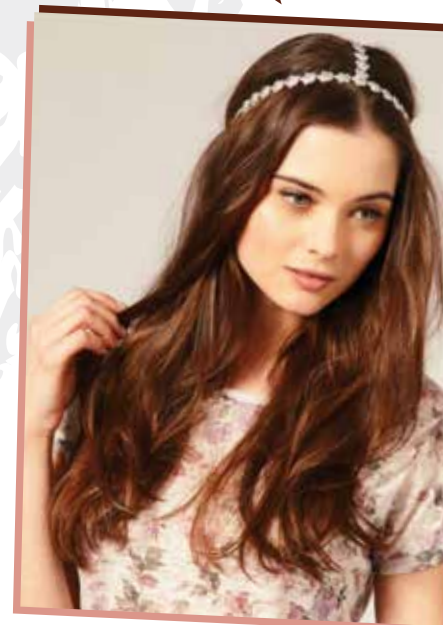
Tying the knot

Forget about buns for this season, because it's all about the knot and getting an undone look. You can style this right on top of the head or the nape of the neck depending on your mood, just make sure it looks effortless and like you've just piled this on your head. If you find this difficult to achieve, then we recommend tying the knot loosely and pulling out a few strands to make sure you're on trend. Fix with a light hairspray so the style looks flawless all day.



Bohemian Waves

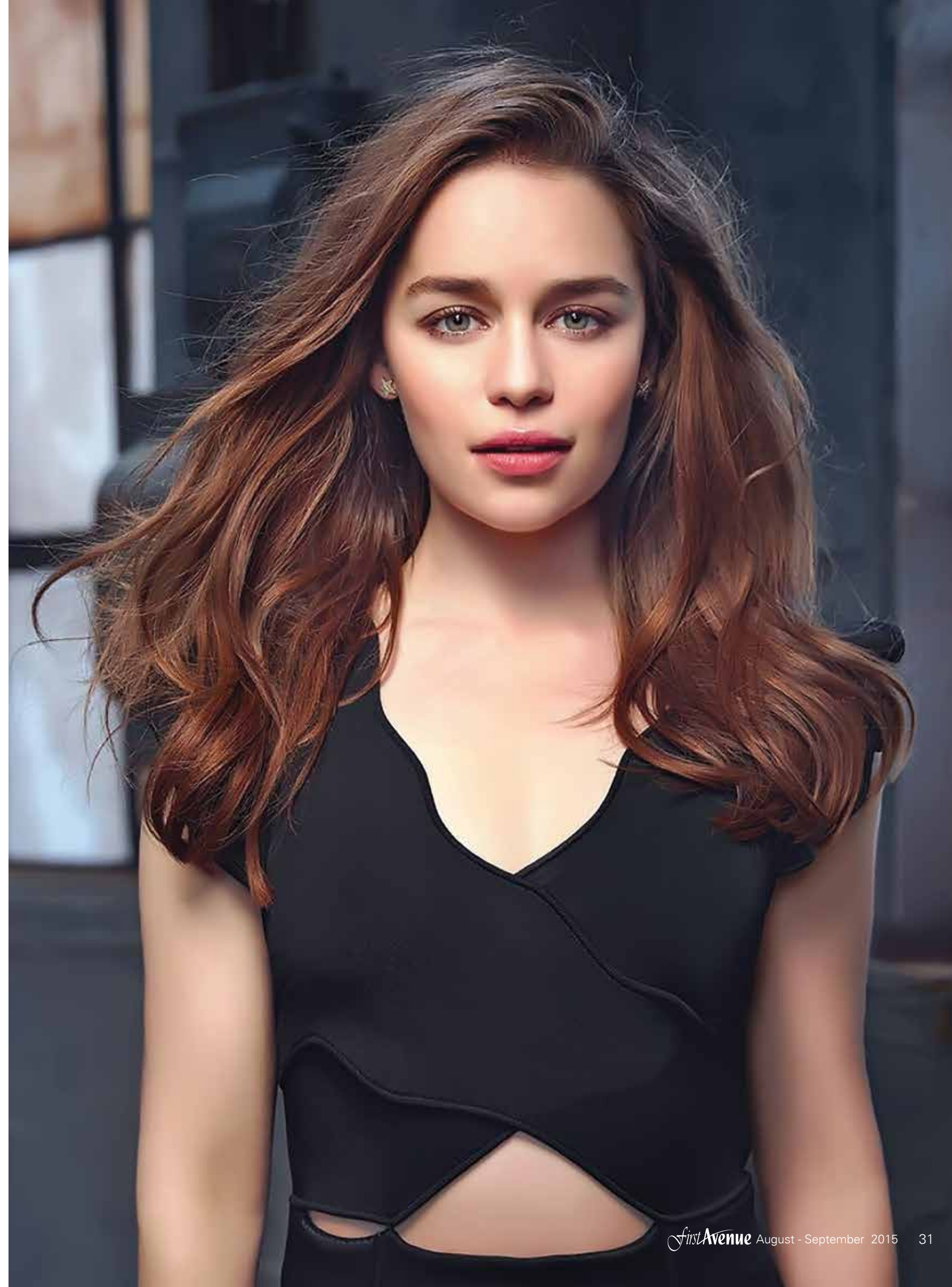
This sultry style gives effortless but lustrous definition for volume and life to any hair type, color or texture, which is the perfect complement to the Bohemian fashions we're predicting for Autumn. These effortless waves work best on mid to long length hair, creating lots of natural movement. To get your bohemian waves ready for Fall, apply mousse to your wet hair and blow dry until you meet your natural hair texture. For bohemian waves I suggest you follow your natural parting. Starting from the bottom take various sized sections of hair and wrap around a curling wand. The hair near your face will have to be curled outwards away from your face to keep with the Boho feel. Spray your locks with a hair mist for texture and volume; add a salt spray if you want something extra tousled.



EMILIA CLARKE

"I am a very happy person and very grateful for all that is happening to me..."

From Game of Thrones to the Terminator as Genisys, British actress Emilia Clarke is fast becoming one of the most recognizable faces in Hollywood. Driven by her role as dragon-toting Game of Thrones vamp - Daenerys Targaryen, the London-born actress went from a small part in Doctors to charming Jude Law in 2013's Dom Hemingway in the blink of an eye. Appearing now in her latest venture as Sarah Connor opposite Arnold Schwarzenegger in Terminator: Genisys, the 28 years old actress is set to cache the mantle of action-heroine in one of the most iconic films, in a role previously played by Linda Hamilton. The role for which, she says, she had to do a lot of gun training with military advisers because she really wanted to "beat the boys" and prepared herself for stunts with a grueling regimen to get into shape for the role - a work ethic that impressed the Terminator icon, Arnold Schwarzenegger. First Avenue met her for an exclusive interview at the very distinguished and chic Bristol Hotel in the French Capital, and talked to her about her roles on screen and the fame it garnered.



How did it feel becoming an international icon all of a sudden, as Daenerys Targaryen in the complex medieval series *Game of Thrones*?
I don't believe I am an international icon. And you know, whenever I go out on the streets with my partners in *Game of Thrones*, Kit Harington and Peter Dinklage, people ask me to take photos of them with the actors, meaning that they don't recognize me at all. Mainly due to the blond wig I wear in *Game of Thrones*, people hardly recognize me. So you see I am everything but an icon.

You have performed the role of Daenerys Targaryen in the *Game of Thrones* for many years and now as the resilient warrior Sarah Connor, do you believe that you need to break your image?

Not at all. I am not the least interested in breaking my image. In fact, I love my image. What I would appreciate though is having the opportunity to get more and more roles in cinema like it happened with *Terminator: Genisys*.

Did you enjoy taking over the part of Sarah Connor in *Terminator: Genisys*?

I did more than enjoy it. You know, I grew up watching *Terminator* and I never imagined becoming Sarah Connor, originally played by Linda Hamilton. Now there is one who is truly iconic, not me! It was a privilege to audition for this part, and a bigger one to get it.



Did you try to imitate Linda Hamilton?

No, especially not. I created my own character as that is what actors do.

Did you meet Linda Hamilton to discuss the matter with her and maybe get some advice?

Unfortunately, no. No one helped me doing that or even getting her phone number. I would have loved it though.

And how about James Cameron, did you have the opportunity to meet the man who created *Terminator* in the eighties?

Well, believe it or not, I never met him

either. I was just happy to learn that he loved our film and appreciated our work, me and my fellow comrades, the other actors.

Did you go back and revisit the earlier movies, in which Linda Hamilton played Sarah?

I already knew intimately what she'd done. But when I really read our script, it's so different. It would have been a waste of time to go back and try to replicate what Linda did, because of the fact that we go way back into Sarah's childhood to change forever the woman she would turn into.



"I don't believe I am an international icon."



"I am not the least interested in breaking my image. In fact, I love my image."

What was the most difficult thing to do during the shooting of Terminator: Genisys, was it to appear with no clothes on in the middle of the highway?

That was not easy indeed. And my father is not happy at all with these scenes. I tried to explain to him that they were necessary for the understanding of the plot, but I hardly convinced him. No, in fact the hardest thing to do was to carry all those very heavy weapons and walk and run with it on my back and shoulders.

Regarding what you say about your father, it makes it clear why you turned down the part in Fifty Shades of Grey.

Oh, I believe that if I had done that, my daddy would not have spoken to me ever again.

How about Arnold Schwarzenegger, how was it facing him in front of the camera?

I was impressed but he knew how to make me comfortable by keeping things very simple and behaving as if he was not the icon he is. In fact I was more impressed by his human and humble behavior.

What would you like to change in your life, had you the opportunity



"I grew up watching Terminator and I never imagined becoming Sarah Connor..."

to go back in time the way your character in Terminator: Genisys does?

Nothing at all. I am a very happy person and very grateful for all that is happening to me. And what's more, I am not so sure going back in time in order to change the future would be such a great idea. What to change and what not to change? That's a very heavy question.

Yet for the fun of it, what period would you like to visit?

For the fun of it? Then let us say the roaring twenties! They seemed to have fun in those days.

Why are you limping?

I broke my foot while practicing a Break Dance exercise. I shall get over it quickly.

Too bad you will not be able to enjoy Paris with your broken foot.

Yes, I regret that. But I hope I shall get the opportunity of coming back soon.



"Had I been in Fifty Shades of Grey my daddy would have never spoken to me again."

CHRISTOPHER KANE

for NARS Collection

The brother sister duo revitalizing British high fashion...



Fueled by an ambition to make history, Christopher Kane partnered up with his sister Tammy Kane to build a fashion house and the Kane Label has certainly achieved that goal. Today, the brand is recognized as the one that helped revitalize British high fashion. This season Kane reworked the designs of the 2007 collection and dedicated it to the late Central Saint Martins MA professor, Louise Wilson. The collections features coils, cord and rope – and these have become the insignia on his

collection, and the way they seem to flow across a fabric, blending the coil twists with fragility, erupting tulle from cones fashioned from fabric, or just simple cascades of tulle down the front held by metal clips, which Christopher Kane calls, ‘controlled explosion’. The aesthetic that defines Kane’s sense of style is an abstract conceptualization of patterns and motifs albeit with a personal touch. Christopher’s process of drawing and his technical skill lies in the way he transforms the simple elements of life, familiar motifs and patterns to add a touch of subversive elements

and chic boldness that define his sense of style. Neon colors, lace from neon vinyl, traditional embroidery motif and patterns on vinyl and leather suggest the blending of timeless with the ephemeral and the sleek with the subversive, the sinister with the sweet. Which is why, people say that Christopher Kane’s designs are all about a woman’s attitude not her age; they evoke the image of a tough girl with a playful and strong emotional heart. Christopher talks to us about the brand NARS, his latest Collections & products and his inspirations...

What was your creative process in developing the Christopher Kane for NARS Collection? Was it similar to creating a seasonal collection?

I wanted the collection to reflect key signatures from Christopher Kane and therefore based the color palette on iconic artifacts brought together from our past collections. The NARS collection was more retrospective; celebrating the history of the brand from past to present day, we wanted it to be a timeless representation of the brand, and not limited to a particular season.

We’ve noticed that neon is weaved throughout this beauty collection, why was it important for you to include this style element in the collection?

Neon is a huge part of the Christopher Kane identity, so much so that it has become a neutral. In order to truly express the nature of the brand, there was no question that it had to be an integral part of this beauty collection.

How have you utilized neon in your collections?

I’ve worked neon into the collection in such a way that it complements the face while still communicating the bold neon impact. It was very important that we make the products wearable, for example the lip glosses in neon shades - you can see they are brightly colored in their glass bottles, then once on the lips they have a high translucent shine with a subtle neon stain. I wanted a harmonious balance between the bold and beauty.

Do you have a favorite product and color?

I love the Violet Atom Illuminating Multiple, the color has this unusual ethereal, celestial beauty that makes it so unique and the multiple is so versatile.

You used the Violet Atom Multiple as part of the beauty look for your Spring/Summer 2015 Runway show, why did you decide to use that product? How did it contribute to the overall look of the show?

I really liked the luminous and almost

transparent quality of the Violet Atom Multiple – when the light hits the face it really glows and feels very fresh and modern.

Do you have a go-to inspiration source, something that inspires you again and again?

I have always worked on instinct and with what surrounds me on a daily basis. I have never searched for inspiration, as I don’t feel this works, I like for inspiration to find me - it’s a very natural and personal thing.

How has the Christopher Kane brand evolved over the past few years? Where do you see the brand in the next 5 years?

The brand has grown so much over the last years, most significantly since we partnered with KERING. There is still a lot of work to be done but we are working hard to achieve these goals and are certainly on the right path and with the right partners. KERING has been such an enormous support to us and now with the opening of our first-ever store in London this March, it is such an exciting and huge step for both the brand and me personally.

How has your upbringing contributed to your artistic creativity?

The landscape of my childhood and my upbringing have certainly had an influence on my work. I love that I can call on certain characters from my childhood as a source of inspiration but most importantly, it is the strong work ethic which was instilled in me by my family from a very young age that I am grateful for; I was raised knowing that in order to succeed you have to work hard and fight for what you want and believe in.

You are in the process of opening your first boutique in London, what has that experience been like?

I am so excited to be opening our very first store and in London - this is the first time we will be able to interact directly with our customer and really get to know and understand them. The entire process has been amazing, and I have really enjoyed it every step of the way. We worked with

John Pawson, a brilliant British minimalist designer whose work I love and admire, and who made me feel extremely comfortable throughout. John and his team are wonderful and so lovely to work with and instantly understood what I wanted to achieve with the store, which has made for a wonderful experience.

You are known for producing clothing that is “wickedly original” with unexpected concoctions and playful patterns—do you think this collection portrays your signature aesthetic?

Every season I like to do something that feels new and different, whether that be through the innovative use of textiles, a cutting technique or experimental fabrics... this has become signature to the brand and to how I work --the Spring Summer 15 collection very much reflects that approach and me.

Why did you decide to work with Nars? Why now?

NARS has been a long-standing and valued partner of ours, so this collaboration was an obvious fit. NARS has the same bold and creative aesthetic that is signature to the brand and I’m excited to share what we’ve created together.

Can you tell us about the color palette for the collection, are these signature Christopher Kane colors?

The color palette is based on artifacts brought together from our past collections, like our signature safety buckle and bolt fastenings. These artifacts naturally communicated three Christopher Kane color themes; our classic bold neons, our brand shade of nude and futuristic iridescence. These colors are signatures of the brand and we wanted to represent that in the purest sense.

Can you tell us about the final products you selected for the collection?

It is a full color collection featuring products for eyes, lips and cheeks and combines NARS’ iconic and bold beauty philosophy with our design aesthetic.

THE FRENCH CONNECTION

Eventissime By Julia the Exclusive Event Management Services



Julia Baudin

Eventissime By Julia is a unique concept, designed with the definitive aim of providing exclusive event management expertise to those who expect exceptional services, personalized experiences and inimitable luxury in private events organized at select venues in France. Now, with thirty years of experience in the

event management industry, Eventissime By Julia has officially launched in Dubai, another city which promises exclusive experiences. The architect of this unique design, Julia Baudin is a well-known expert in events management. She has considerable experience and expertise in creating one-of-a-kind events, managing luxury brands in high-end markets of Europe and North

America as well as promoting France's image globally. Her proficiency paired with the growing desire in the Middle East for savoring magnificence and enjoying luxury perfectly paired with lavish comfort, inspired her to introduce Eventissime By Julia, in Dubai - a brand with the goal of creating *"your unforgettable experience"* as they welcome VVIP's to enjoy France and to *"enjoy exception and privileges"*.



The privileged few can revel in elite venues. Taste luxury while dining in the Hall of Mirrors at the Versailles Castle of King Louis XIV, known as the Sun King or perhaps relish the flavors of Paris at the iconic Eiffel Tower. Arrange a special event amidst 1200 acres of gardens at the incredible Vaux le Vicomte, a castle which made King Louis XIV jealous. Or perhaps for intimate understated elegance and luxury, plan an experience at Le Chateau Crayeres in Champagne, nestled in seven hectares of parkland. Another choice for an evening might be The Bagatelle Vineyard of the Maharajah of Kapurthala. These are just a few of the venue options that include the sumptuously luxurious Orient Express, the Orangerie and Rodin Museum for the artistic touch, and Studio Harcourt for photographs, each one would be fully privatized to host exclusive tailored events for VVIP guests. The company aims to provide all exclusive VIP services from luxury hotels, limousines, helicopters, private jets, gastronomic lunches and dinners to weddings, honeymoons, anniversaries, special celebrations, luxury cruises and even private shopping. Julia has partnered with luxury French brands to bring these extraordinary moments to life. Amongst these are three partners, Maison Guerlain, 68 Champs Elysées, Paris and Petrossian. Each one has a distinctive flair in making personal celebrations memorable and tailored to the individual's tastes and preferences.

Tell us about yourself and your background?

I have been operating in PR & Events for more than 30 years, especially with luxury clients in France and all over the world. I exclusively work by networking, in a confidential manner, and most of the time

"word of mouth". It has always been like this for me during my entire career. I will organize more private VVIP launching in UAE & GCC countries with contacts I have built close associations with. I have always worked by Networking, it is my main force. I have a very great network. Clients and partners always remember me, even after years. "Nothing is impossible for me", this is my personal motto.

How did you come up with the idea of luxury private events?

It was not an idea, it is a reality. My country France, and specifically Paris, is the most famous city in the world, offering so much beauty and culture. When I first went to Dubai to offer Luxury Private Events in Paris, everybody said: "You are in the right place!" And that's it!

How would you differentiate your concept from others in the business? Or what makes you stand out?

My concept "Exception is a Privilege" will make the difference with my clients, and my partners. I have built a very strong network with Luxury Prestigious Brands and venues in Paris, which gives me a chance to offer our private VVIP Guests the Unique Experience they've never had before. My clients have always remembered me fondly, for the personal touch and attention to detail in organizing their events. My obsession with perfection and client satisfaction ensures their loyalty. My strategy is to confidently offer very few exceptional privileges for my VVIP guests and provide them exclusive and private experiences to celebrate special occasions in total confidentiality. I don't want to be like others. I want to be THE ONE, they will call directly.

How would you define French luxury?

I would define French luxury with my favourite quotes by Coco Chanel, *"Some*

people think luxury is the opposite of poverty, it is not. It is the opposite of vulgarity". And another one by Hubert de Givenchy, *"Luxury is in each detail"*.

How do you find the Market in Dubai, and the Middle East as a whole?

I have been to UAE many times before launching my concept in Dubai last April. It is my main target country, plus the GCC countries. Ever since it emerged as a frontier market three decades ago, the GCC has been of great value to luxury brand owners. Today, as its profile matures, it is worth around \$6 billion annually. The Middle East offers great opportunities for luxury. It is a dynamic, fast growing market with a customer base that is wide and diverse. VVIPs here are increasingly knowledgeable, rapidly evolving and extremely demanding. They have high expectations and aspirations and are constantly looking for a unique travel experience.

Do you have expansion plans in the region?

After my successful launch in Dubai, I will organize several more private presentations of my concept to some choicest VVIPs in Dubai, Abu Dhabi, Sharjah, and then in Qatar, Kuwait and Saudi Arabia.

What are the special elements that you focus on while organizing an event for the Middle Eastern client?

The Middle Eastern clients are very particular. As bespoke clients, they always look for new and different experiences, a once in a life time experience - which we can conceptualize and execute to the finest detail. My goal is they should have an unforgettable experience in France. We can provide Exclusive venues to our VVIPs that nobody has fully privatized before. It will be the ultimate privilege in complete confidentiality. My client's wish is always granted with flair and in style.



THE LONG & THE SHORT OF LOSING HAIR & GAINING IT

with
LARS SKJØTH

First Avenue interviewed Dr. Lars Skjoth, the founder of Harklinikken (the hair clinic) in Denmark to get an insight into the major causes of hair loss and how to resolve the dilemma of losing such a significant feature, because twisted, curled or braided, in updo's, waves or ponytails... hair says a lot about who you are. Hair is a very dynamic and versatile feature and it has the potential to enhance your image, your beauty and ultimately your self-esteem. So, we talked to Dr. Lars Skjoth, a scientist with a strong interest in human nutrition and biochemistry, who has devised individually customized treatments for the hair and scalp to ensure re-growth of hair. He has established a series of hair restoration clinics in Denmark, Germany, the United States and the latest, in Dubai.

The Harklinikken (hair clinic) offer individualized treatment for hair loss using a treatment system and a range of products developed through extensive research and clinically tested to treat androgenetic alopecia and physiological hair loss. Using these pioneering techniques, Dr. Lars Skjoth has worked with 60,000 clients from three continents over a period of two decades. Currently, Dr. Skjoth is in Dubai, though he visits Academic Alliance in Dermatology on a quarterly basis to see patients and oversee the Harklinikken operations in the United States.



LARS SKJØTH

Tell us about yourself and your background?

My background is science of human nutrition and biochemistry. For the last 23 years I have focused my studies on hair loss disorders and ways to remedy these problems by addressing each client's hair problem individually, and customising products and treatments.

For the past 7 years I have been doing new research with one of the leading specialists in the USA, Dr. Vasiloudes, whose specialty is Dermatology. Our research is conducted in our laboratories in Tampa, and has brought Harklinikken even further, closer to solving many of the most complex hair loss problems that women and men face today.

How did you come up with the idea of a specialized hair restoration facilities?

Back in 1989 there were very few treatments available for hair loss; I discovered through studies and interviews with hundreds of men and women suffering from hair loss that this problem was massive. There was not much material available on the subject and the different categories of hair loss were not yet very well described in the literature. Since then I made it my aim to help people with hair loss problems. I opened my first clinic in 1992 in Copenhagen and I have never looked back.

Given the fact that you are a scientist, how much are you involved in the research and development of the treatment?

I am head of R&D and involved in all the details of our research on a daily basis.

What are the major causes of hair loss nowadays? Is it lifestyle or simply just genetical?

It really depends on each and every person, but elements of both factors come into play. The most common cause of hair loss is a hereditary condition called male or female -pattern baldness, also known as androgenetic hair loss. In genetically susceptible people, certain sex hormones trigger a particular pattern of hair loss, and this type of hair loss seems more prominent in the UAE/GCC. Certain conditions may aggravate this type of hair loss, like the fact that a large percentage of women and men are covered.

Desalinated drinking water, tap water used for showering with high chlorine content, lack of essential nutrients, not enough sleep, severe heat and humidity, and constant exposure to A/C are some of the factors that may also contribute to the hair loss.



Does geography or the environment play a role in hair loss?

Yes indeed, as I mentioned before there are various elements that can contribute, with levels of stress being the most prominent. It is important to note as well that there are many more issues to take into consideration with women's hair loss as compared to men's hair loss, as women have more hormonal aspects to take into consideration such as pregnancies, breastfeeding-hair loss. Women also treat and damage their hair more than men do with hair straighteners, hair colour, blow-drying, styling products etc., but in general, it is important to understand that we customise all our treatments for women and men, so in our view each client is a unique case.

The earlier we start treating a hair loss problem the more results the client gets and a better chance to completely reverse the problem and maintain good hair.

Do you believe in the idea that 'prevention is better than cure', especially when it comes to hair loss?

Hair loss under the physiological category can be triggered by lifestyle and can to some degree be avoided if the necessary changes are made. Often we see patients where the hair loss problem is triggered by stress, perhaps because of too much work, bad sleep or poor nutrition or a combination of several things but when they become aware of the negative influence these elements have on the hair, it can urge them to act and reverse the negative cycle.

What advice would you give to our readers suffering from some type of hair loss?

A greater part of the people living in Gulf region could improve their hair to some degree with certain lifestyle changes – which

differs from individual to individual. Living in the UAE climate can be tough on the hair; here are a few effective hair care tips:

- Stress Less : Plan well so you stress less! Stress is literally one of the biggest killers as it often leads to other bad things like bad eating habits because you don't have time to cook or eat well and often people who smoke, drink coffee and/or alcohol will do this more when stressed out and sleeping patterns are also disturbed. Lack of nutrients and increased levels of stress hormones such as cortisol can severely increase hair loss. One of the best ways to reduce stress is first to acknowledge that there is a problem and secondly to identify where. Often, a greater part of being stressed can be overcome by being very organised and planning well.

- Natural & Balanced Food: Eat unprocessed food containing right amounts of protein, carbohydrates, fatty acids and water, as imbalances can cause disturbance in all body mechanisms, so make sure that you have good variation in your food intake as lack of certain nutrients can cause problems with the hair.

- Diet Control: If you are thinking of losing weight or if you are already on a diet – make sure you are not losing too much weight in a short period, as this leads to big hormonal changes in your system that may result in hair loss. Crash diets are unhealthy. Go for a healthy diet over a longer period and the weight loss will be more stable and so will your hormonal system. Seek professional advice if you do not know how to balance this yourself.

- Choosing a Shampoo: Wash your hair often with shampoo that doesn't contain perfume, colour and preservatives. It has been said that it is not good to wash your

hair too often as it strips the hair and scalp of its natural oils, but when washing with the correct shampoo, it is not a problem to wash daily or every other day. At Harklinikken we advise clients in how often they should wash and with what, and also how to take care of their hair and scalp in general.

- Tight buns: Do not put your hair up too tight – make sure it is slightly loose. Hair loss from pulling causes scarring in the hair follicles and may result in permanent hair loss.

- Selecting Hair Dyes: When colouring hair, try to keep it to the hair and not on the scalp. Several dyes contain chemicals that are not suitable for contact with skin and scalp, like Para-phenylenediamine (PPD) and many others. If you get a severe allergic reaction it can result in eczema and severe hair loss. The same applies to styling products – make sure you apply them carefully to the hair and avoid contact with scalp to avoid contact allergies, eczema and potential harmful effects.

- Deeper Sleep: Try not to drink coffee after 4 pm to ensure deeper sleep resulting in better hormone balance, better

metabolism, more energy and this way more optimal circumstances for healthy hair.

- Exercise: Exercise minimum three times a week since this increases general health and hormone balance, which optimizes hair health as well. Try to exercise no more than 30 min., as this seems optimal for body balance.

- Water, sunlight and heat from the weather: Dryers and flattening irons can certainly play a role in the hair's appearance. The hair shaft is made up of dead, hard protein called keratin in three layers. The outer layer is the cuticle formed by tightly packed scales in an overlapping structure similar to roof shingles. Bad water quality, sun and heat affect the cuticle and make the hair look more damaged. There are pigment cells distributed throughout the hairs' inner layers (cortex and medulla) giving the hair its characteristic colour. The pigment cells are altered by sun light and water high in chlorine causing bleaching and breakage of the hair. Try to cover the hair from sunlight and if you use a blow dryer – do it as little as possible as it is not only the heat but also the electrical output from the blow dryer that damages the hair.

- Hair Extensions & Scarring: Hair extensions can cause serious permanent damage to hair. Some types of hair extensions cause less damage than others. Avoid hair extensions that are woven/braided into your existing hair and avoid the ones that can be clipped with a curved metal clip that you have to bend when you attach it to your existing hair as both types cause permanent scars in the areas where they are attached after a period of time - and no hair will grow again in such scars.

- Light Absorption: The darker your hair is the more light it absorbs. While, blond or white hair is at the opposite end of the scale. Black or dark brown hairs' ability to absorb light results in a relatively larger portion of the light energy transferred to the hair, which causes the molecules to vibrate faster. This in turn means that temperature rises, as heat is really the result of movement in the smallest particles. The conclusion is that dark hair, even though it is stronger than blond hair types, it is more prone to damage due to sun exposure, easily drying out so it should be protected with a scarf or a hat.

- Fungal Infections: Make sure that your hair is completely dry before tying it up to avoid scalp problems like fungal infections, which can also influence hair quality in a negative way.

Tell us about your product line?

The cornerstone of the Hårklinikken product treatment is a special customised liquid called an 'Extract'. The components in the customised extracts are mainly plant-based but they may also contain specific combinations of food source ingredients such as plant proteins and unique complexes of amino acids, minerals and fatty acids.

We also offer a unique range of specialised shampoos, conditioners, hair hydrators and styling products, which support the effect of the extracts. Exchanging ordinary hair care and styling products for the Harklinikken products is sometimes sufficient to treat a hair loss problem. All products are of the highest quality and are free from perfume, colour, silicone, petrochemicals and problematic preservatives.

Clearly visible results are seen after 3-4 months treatment and documented by photos.

We currently have many new products under development, one of which is called Hair Hydrating Mask. It is a unique mask that rehydrates hair without the use of silicone that merely leaves a layer on the hair. The Harklinikken mask opens the hair shaft and transports moisture into the hair. The product is ideal for those who wish to hydrate and protect their hair, without the use of perfume, colour, silicone, petrochemicals and problematic preservatives.

How do you find the market in Dubai?

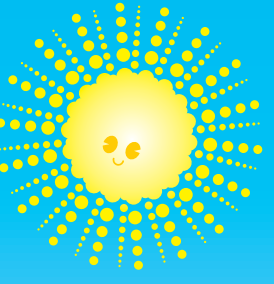
We have a very large number of clients at our clinic in Dubai. Through word of mouth, awareness of Harklinikken products and services spread fast, after we opened in 2012 and clients started to see results from the treatment. We have seen over 10,000 clients in Dubai to date.

Dubai is a modern day melting pot of different cultures and nationalities where many appreciate quality and uncompromising levels of service, which we, at Harklinikken have as our core value. Using our Dubai clinic as a base in the Middle East, we consult clients across the entire region from Egypt to Saudi Arabia and we will be opening other clinics within the GCC in the near future.

Dr. Skjoth's current research pursuits include the influence of nutrients on skin, hair and the aging processes as well as the effects of fatty acids on insulin action, glucose tolerance, inflammation, blood cholesterol and triglycerides



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I ♥ DUBAI

Summer vacations are in full swing and so is our city of lights with what it has to offer, scrumptious restaurant offerings, satisfying spa treatments, great vacation getaways and a lot more... Here's what's hot and happening in Dubai – Now!



THE GRUB

The Friday Party Brunch at OKKU Disco Sushi

Multi award winning OKKU Japanese Restaurant and Lounge introduces - Disco Sushi, The Friday Party Brunch, an entertaining weekly addition to Fridays in Dubai. Expect an original twist on brunch with a stunning bespoke menu and exceptional bottle service set against a backdrop of 80s/90s retro chic music and quirky style from the best party era. AED 599 per person for the full brunch package including cocktails on arrival, twelve course bespoke menu and a generous bottle service and its AED 399 for non-alcoholic package. Minimum group booking of 4 persons.



Manhattan Grill at the Grand Hyatt Dubai



Capitalize on the special promotion running until the 30th of September, 2015. Dine in Manhattan Grill at the Grand Hyatt Dubai until the end of September and order from its à la carte menu and you will have reason to come back! Spend a minimum of AED100 and receive a gift certificate worth half the value of your total bill to be redeemable upon your next visit. Whether its dinner or just drinks, see the Jae Franklin Duo perform live. The restaurant's

menu features premium beef such as marble score 9+ Wagyu beef with "melt in the mouth" moisture and tenderness, a caramel/buttery flavor that is intensely sweet and delicate and the all-time favorite Aberdeen Angus beef alongwith a wide offering of contemporary dishes that are both crisp and creative in appearance and flavor. The offer is only applicable on the à la carte menu at Manhattan Grill restaurant and minimum spending of AED100 is required.

Leila Lebanese Restaurant

Esteemed Lebanese restaurant, Leila has launched its delectable breakfast menu. With traditional Lebanese breakfast offerings such as Labneh, Fattet Hommous, Marinated Chickpeas, Lahmeh Bil Ajjine, Egg with Qawarma and Zaatar, Leila creates a homely ambience, with dishes that

transport you back to historical Lebanon to start your day the right way. Leila's breakfast is available from 9.30 am till 12.00 pm, Sunday to Thursday, across its three locations in Dubai- Arabian Ranches 2, Downtown Dubai and Mirdif City Centre.



Fabulous Flavors at Suq Brunch



Four Seasons Resort Dubai at Jumeirah Beach is delighted to introduce a culinary adventure with its Friday Brunch at Suq, its lively, interactive restaurant. Offering a journey through international cuisines and exciting tastes with six multi ethnic live cooking stations featuring an extensive range of Middle Eastern, Oriental, Asian and Western favourites. Suq offers guests a brunch served with Four Seasons legendary flair and a cuisine prepared to suit all, including special dietary requests such as gluten free and the chance to ask for the recipe of your favorite

dish. Families can fully enjoy themselves with complete peace of mind, as 'Kids for All Seasons' have created an activity area, where children can enjoy a mass of fun and games while being cared for by highly trained staff. Making Suq Friday brunch the ultimate family affair. Suq Brunch is open on Friday from 1.00pm – 4.00pm. Prices range from 350 AED for non-alcoholic beverages, 500 AED for white, red and sparkling wines and 650 AED for premium champagne. 50% for young adults aged 6-12 years.

Around the world in eight dishes with Pantry Café

Pantry Café introduced a globe trotting delectable menu of summer breakfast specials available all day, every day until the end of August. If you're one of the few left behind to brave the UAE summer

climate whilst your friends and colleagues are gallivanting abroad, Pantry Café is sure to provide you with that holiday feeling. Pantry Chef's have taken inspiration from Asia, Europe, the Middle East and America

to create eight mouth-watering dishes, including Cajun Scramble, Canadian Pancake Stack, New Yorker PBJ Donut Waffle, Middle Eastern Shakshuka & more.



New Afternoon Tea at The Lotus Lounge



Lazy afternoons in Dubai will never be the same again as The Lotus Lounge at Anantara Dubai The Palm Resort & Spa presents its Asian take on the traditional Afternoon Tea. Filling the air with scents of tea and freshly baked scones, afternoon is an irresistible treat for the senses. Satisfy your sweet tooth as you make your way from tier

to tier of tempting delights, before you sit back and embrace the Asian surroundings inside The Lotus Lounge, or enjoy the view of the Palm Jumeirah on its breezy outdoor terrace. Afternoon Tea at The Lotus Lounge takes place every Saturday -Thursday, from 2:00pm – 5:00pm and costs AED 145 per person including tea and coffee.

Novotel & Adagio Abu Dhabi Al Bustan

Novotel and Adagio Abu Dhabi Al Bustan is stirring things up in August with a line-up of exciting dining options and activities. The hotel offers local residents, regional

travelers, business personnel and tourists a choice of six impressive F&B outlets including, Pepper all-day dining restaurant, Amber Bar, Caramel Café, Waves Pool Bar

etc . Guests can choose from a relaxed or formal dining experience, set against the breathtaking backdrop of the UAE's capital.



Mikado Café, Abu Dhabi

Mikado Café, Abu Dhabi's preferred destination for Japanese inspired cuisine offers new hot dishes this summer. Diners can choose from such options as Wagyu Ribeye and Spicy Shrimp or a vegetarian delight, the Tofu Teriyaki. The new hot dishes will be available for lunch and dinner.



PLACES

Indulgent Daycation or Staycation Retreat at Meliá Dubai



Meliá Dubai has come up with their special Spa and Suite Summer packages, designed to leave you feeling revitalized and rejuvenated: refreshed with that perfect summer glow. The Suite Summer Spa holiday includes a trip to the award-winning

YHI Spa with a choice of luxury treatments, whilst their Suite Summer Holiday package is the perfect staycation option. The Suite Summer Spa Holiday is priced at 659 AED* till 31 September 2015. The Suite Summer Holiday package is priced at Price 899AED*

till the 31 September 2015. For a Daycation at YHI Spa try out Vitamin C Body Glow package (all month August) at 295 AED or The Detox package (all month September) at 395 AED.

Summer Specials with RIVA and Ignite Surface



During Dubai's summer months RIVA Beach Club and Ignite Surface are striving to keep sun worshippers and water sport lovers busy with their extended hours; now open from 6.00am through to 7.00pm. Perfect for active Dubai residents who enjoy catching the early rays, Ignite offers both Paddle Boarding (SUP) and Kayaking, from private lessons and hire through to SUP beginner classes, both mixed and girls-only, as well as SUP yoga, along RIVA's private beach. RIVA's private stand-alone facilities and stunning coastline provide the perfect setting, for focused and relaxed training, away from Dubai's hustle and bustle and busy hotels. Throughout August guests to RIVA can enjoy beach access, including sun loungers for AED 100, which is fully redeemable on all ordered food and drink.

Summer Getaway with Corinthia Hotel Prague

Travel to Prague this summer and experience the fairytale city's rich culture and bursting spirit. GCC travelers can enjoy a steady stream of festivals and al fresco events that take over the capital city this time of the year. Known as the "golden city of a thousand spires", Prague demonstrates a unique variety of architectural forms from Romanesque and gothic buildings to avant-

garde landmarks. Corinthia Hotel Prague is inviting GCC travelers to make the most of the hotels 'Summer Sale- Last Night for Free' and join the fun and spirit of the Czech capital's summer months. Indulge in the vast array of opera, ballet, theatre and classical concerts that take over the city, all while staying at the luxurious and affordable Corinthia Hotel.



Opulent Luxury at Baros Maldives

This season, relax and rejuvenate on a tropical island paradise surrounded by blue pristine beaches and natural coral reefs rich in marine life. Baros Maldives is inviting GCC nationals and residents to indulge in an exclusive Maldivian holiday experience of opulent luxury at attractive rates. Discerning travelers can now enjoy the boutique resort's most exclusive, Water Pool Villas. The hotel's 15 Water Pool Villas are among the exclusive, luxurious and most favored Villas that provide the ultimate tropical seclusion. Guests can sunbathe and swim in their own swimming pool poised above the serene waters of a translucent lagoon set into a timbered veranda deck, with loungers set to relax and enjoy a view that stretches across the horizon, all from the privacy of the Villa. 25% discount will be available exclusively to GCC nationals and residents booking with Baros Maldives. Rates start from USD 594 per night (excluding tax), inclusive of breakfast.



Sunny Summer Weekends with Corinthia Hotel Lisbon



This summer, Corinthia Hotel Lisbon has gone the extra mile to offer GCC travelers exceptional promotions. With its strategic location, the stunning five star property is offering guests the opportunity to book their room while availing a 33% discount during weekends, in combination with a 10% discount for the rest of the week. Discover the only place in Europe where you can spend your summer with plenty of sun, delicious food and rich urban attractions, merged with a resort beach vibe. Complimentary stay for children on room only basis when sharing parents' room (from 0 to 12 years).

Journey of Discovery with Le Gray Beirut

Beirut is one of the world's oldest cities and has been home to many great civilizations including the Phoenicians and Romans. Le Gray Beirut is the perfect point to begin exploring Beirut, with breathtaking panoramic views of the Mediterranean and Mount Lebanon and its central location in the heart of the city, guests can explore this ancient yet cosmopolitan city with ease. Explore historic downtown Beirut, the heart

of the city, with the utmost convenience as the district is positioned within a minute's walk from the hotel. The Go Solo I & II package is offered at USD 400.00 +10% VAT per night for one person, and is subject to availability. The guest's soul mate can join for an additional USD 80.00 +10%VAT on both packages. The packages are valid until December excluding Sept 23th to 30th and December 24th to 31st.



EVENTS

Swan Lake Acrobatic Ballet by The Great Chinese State Circus

Thursday, 3rd - Saturday, 5th September 2015



Combining the traditional art and skills of Chinese acrobatics with opera and ballet dancing, the Great Chinese State Circus brings the story of Swan Lake to the stage during the Dubai Summer Surprises. They performed over 150 shows around Asia and Europe, they performed in UK for the Queen Elizabeth II, in Monaco for Prince Albert, and in Austria, Germany, Switzerland, and Russia. The circus has won multiple awards, and this talented group have finally made their way to Dubai and will be putting on a show that is sure to amaze all who attend.

Dubai International Dance Festival 2015

Monday, 14th - Monday, 21st September 2015



The Dubai International Dance Festival is a unique multi-arts event and has a reputation for attracting some of the well-known dance companies, classical dance academies, youth orchestras, bands, and music ensembles from around the region and the world. The Festival is also a catalyst for the creation of new work and creative activity, with an educational programme and artistic collaborations with organisations throughout the UAE, the Middle East, and the rest of the world. The 8th Dubai International Dance Festival 2015 features four days of performances, live entertainment, workshops, themed dance parties, dance competitions, international guest DJs and more.

Dubai Music Week 2015

Wednesday, 23rd - Saturday, 26th September 2015



Dubai Music Week is the premier international music festival in the Middle East. The four day program includes celebrity guest speakers, master classes, an interactive entertainment village and four concerts with an award-winning line-up of A-list performers. The concerts feature talent in four categories - Rock, Pop, Urban and Latin and Arabic. This season of DMW is the biggest ever. For Rock Night, Thirty Seconds to Mars will perform and there are plenty more artists to be announced soon.

Eid in Dubai Eid Al Adha 2015

Thursday, 24th September - Friday, 2nd October 2015



Eid in Dubai - Eid al Adha aims to highlight the true values of Eid including giving and sharing; the event caters to the needs of the multinational residents of Dubai, visitors from the other emirates, GCC countries, Middle East and Levant markets, as well as tourists from Iran, India, Pakistan, Bangladesh and South East Asia. There will be a number of activities and shows during this period and plenty of other exciting things to do this Eid. Last but not the least, there will be a fantastic display of Fireworks throughout the Eid Celebrations around the city.

the ABC of skin CARE

A significant marker reflecting your health and the daily stresses endured, whether personal or professional, is your skin. They emerge in the form of the dreaded red beacons pimples on the forehead or the itchy acne that can't be scratched. The triggers may be the heat and dust in the environment or the internal heat built up inside the body. In either case, the skin requires considerable care. The ABC of skin care starts with the knowledge of your skin, its functions and knowing your skin type and texture. Dr. Nathalie Domloj, Dermatologist and Brand Expert for Fair & Lovely Arabia shares with us the expert advice much needed for the current hot and humid weather...

The skin is the largest organ of the body, 2 to 3 mm thick. It has three layers; the epidermis, dermis and hypodermis. Each layer has a specific function.

- The **epidermis** is the outer-most layer that acts as a protective barrier against UV radiation, harsh weather, microorganisms as well as water loss.

- The **dermis** is the middle layer, made up of fibroblasts that produce collagen and elastin giving the skin its form, shape and elasticity.

- The **hypodermis** is the bottom or deepest layer of the skin which is made up of fat cells and fatty tissue that protects the body from mechanical trauma.

The first step in taking care of your skin is to actually know about your skin type which depends on its tone, moisture, and degree of sun exposure.

Melanin is the pigment that defines your skin tone. It is the body's natural defense mechanism against the sun UV rays. Thus

the higher the melanin, the darker the skin color. Based on color, we have 5 skin types ranging from Skin Type 1, which is very fair skin to Skin Type 5, which is a very dark skin tone.

People with Skin Type 1 always burn but rarely tan when exposed to sun whereas those with Skin Type 5 lie in the other extreme - when exposed to sun, they always tan but rarely burn. Skin types 2, 3 and 4 show varying degrees of burns and tans. According to the **texture**, you can be classified as having a sensitive, environmentally-damaged, problematic (acne prone), or hyper pigmented skin that shows areas of dark patchy color. A lot of factors influence your skin texture, as well as skin tone, including genetic make-up, hormonal changes, and environmental factors like UV radiation, weather conditions or certain medications as well as diseases.

The ABC of skin care starts with the knowledge of your skin, its functions and knowing your skin type and texture.

So, how should we take care of our skin?

There are basic steps that you can take care of keeping in mind your skin tone and type.

- **Cleanse** – Cleansers remove makeup, dirt and oil from your skin, hydrating and revitalizing your skin. Depending on your



skin type, there are 4 types of cleansers - gel for oily skin, lotion for normal skin, foam for men, creams for dry skin and soap-less cleanser for sensitive skin.

- **Tone** – Toners remove all impurities from your skin and shrinks your pores thus preventing pimples. It refreshes and prepares the skin for moisturizing. People with acne prone skin need a toner the most.

- **Moisturize** – Moisturizers hydrate your skin making your skin soft and supple, preventing wrinkles. They stimulate new cells giving you that healthy complexion. It is recommended to use rich creams for the night and light cream or lotions for the day. Regardless of your skin type, everyone needs to moisturize.

- **SPF** - An ideal sunscreen provides broad spectrum UVA and UVB coverage. Choose a product according to your skin type with SPF such as an advanced multi vitamin cream with SPF 15 and apply generously. Cleanse, tone, moisturize and guard your skin against exposure to ensure that you always look beautiful.

FLAWLESS SKIN

REGIMEN

A basic skin care routine for normal to dry skin that promotes a luminous, and vibrant, "I-know-you-wanna-kiss-my-face" look.

3x Per Week



Drink Lemon Water

Squeeze 1 lemon and mix its juice with equal parts water. Drink once a day, at least 3 times per week as an internal cleansing agent.

1x Per Week



Aloe & Honey Mask

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Every 3 Days



Exfoliate

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Everyday



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A BALANCED LIFE IS

A BETTER LIFE

*At Work And At Home, Success Depends On
Finding Equilibrium...*

Life sometimes can seem off kilter as responsibilities mount and people plow all their physical and mental resources into what seems to be the most pressing crisis of the moment. Veteran Software Engineer Lumbie Mlambo, editor of Equanimity Magazine and a stroke survivor, says that it actually is a good time to take a step back. The Zimbabwean-born entrepreneur bucked the odds to create a renowned publication dedicated to regular people's stories of success and hope, she believes that everyone has the potential to shine in life's darkest moments, but the key to achieving goals and an overall better existence is to maintain a balance so that one aspect of your life isn't consumed by another. While some people might say balance in life is an impossible goal, she disagrees and says when each of us find our equilibrium, we become more productive and a greater asset to our communities.

"There's balance in everything we do, be it walking, talking, eating, sleeping, working or spending time with family," says Mlambo. "For example, look at how we try to deal with our work-life situation. We balance our workload so that we can still make room for other activities, to spend more time with our spouses or our children. We do that because we understand how important it is."

Reasons for why living a balanced life is essential...

- The health factor. Staying balanced is key to a healthier and successful life. Both mental health and physical health benefit, and as a result, so do our overall lives.

"When we're healthy, we're able to care for ourselves and others in our community," Mlambo says.

- The empathy factor. When we find balance in life, we can better understand the importance of helping the underprivileged, says Mlambo, who grew up in a rural area in Zimbabwe. You begin to realize that someday you could be in their situation, which makes you a more empathetic person. "Your economic situation is like your health," she says. "Nothing is guaranteed."

- The role-model factor. Sharing our stories – whether it's a tale of success or even a tale of failure – is important because others can learn from us or be inspired by us as they too strive for a balanced life. "When you tell your story, it empowers, motivates and encourages people to not give up on their dreams and goals," Mlambo says.

"Maybe you think your story is just not that interesting or important. But for someone out there, it may be the spark that ignites them to great things." Mlambo always strove to find balance in her life. But she became even more passionate about it after she suffered a stroke in 2001 that left her partially paralyzed. She since has recovered, but says the event had a profound impact on her and she will always consider herself a stroke patient.

"Before the stroke, I thought my life was balanced in a way," she says. "I mean, I ate healthy foods. I exercised seven days a week. But it was not balanced in the way I wanted. I had been too focused on myself. I realized that life was not just about me, but about others."

Finding balance in life isn't just a feel-good concept, Mlambo says. As people achieve balance, they realize they have the potential to rise above their circumstances. They can become more productive in their



communities and that is good for everyone. "Staying proactive and shifting the way we think can even help the economy to grow and can help create more jobs," she says. Certainly, maintaining a balanced life may be tougher than ever because technology allows work – emails, text messages, telephone calls – to intrude on people's "off" hours. But that's just all the more reason to make a concerted effort to strive for balance, Mlambo says. She says it's become popular in some circles to argue that a balanced life is a myth and can't be achieved. But regardless of their views, she says, most people seem to be trying to bring balance to their lives, even if they don't think of it that way. "We eat healthy to stay balanced, we get enough sleep or rest to avoid stress, we juggle our daily activities to stay balanced," Mlambo says. "To be successful in anything we do, we must have some sort of balance."

Explore the pleasures of life
surrounded by true luxury.



Discover the Dubai Polo & Equestrian Club, a unique destination where polo players and fans can gather together in a world-class venue, designed to showcase the finest the sport has to offer. The Club is an ideal venue for private parties, special events and corporate sponsorships. Ideally situated opposite the Arabian Ranches, the Dubai Polo & Equestrian Club presents the ultimate lifestyle destination, whether it's for horse riding, relaxing or social events.

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- Show jumping and dressage arenas
- Swimming pool, gym, fitness classes and a spa
- Exceptional restaurants and lounges

BEAUTIFUL SUMMER HAIR



Want strong, beautiful hair that can withstand the summer heat? Don't waste valuable time in the sun getting stressed out about how to protect

your scalp and strands! It is essential during the summer - and really, always - to care for your scalp and hair with products designed to nourish and strengthen them. Start early, for hair that is strong, shiny, and ready to

battle the heat! Check out the top three tips by CLEAR (Unilever Arabia) to help nourish scalp and damage proof strands so you can achieve a whole season's worth of gorgeous hair days.

Condition daily

Conditioner is like a moisturizer for your scalp and hair, so be sure to condition every time you shampoo. After cleansing with shampoo, follow with conditioner, suitable for your hair type. The truth is, all conditioners smooth the cuticle, soften hair, add shine, and restore moisture. But using the right product for your particular hair type is the key to keep your hair healthy and your style looking great.



Cover up

This might be one of the easiest ways to protect the scalp hair from the sun's damaging rays. Spruce up your wardrobe and wear a fun beach hat to avoid a sunburnt scalp. Wearing a hat or head scarf while outdoors can help minimize frizz and split ends and keep your hair color from turning brassy. Plus, you can't be too careful by spritzing your scalp with SPF to reduce your risks of developing skin cancer. A cool and colorful scarf will not only cheer you up, but look oh so chic as well. Wear a headscarf styled as a headband or a bandana draped over your head for an old Hollywood feel. If hats aren't your thing, you will want to put sunscreen where your scalp is exposed. Spray a makeup sponge with sunscreen and dab it along the part to keep your scalp protected.



Take a break.

Summer is a great time to lay off the blow-dryer and air-dry instead. Ponytails and braids are perfect for when you need to throw hair back in a pinch, or try a no-fuss top knot for instant sophistication. Simply pull hair into a high ponytail, twist the hair into a circular shape around the elastic, and secure with hair pins. Turn a bad hair day on its head by adding cheery pins and accessories to your hair. If your fringe is not cooperating, then pin it back with a cute barrette or bobby pin for a sleek and simple fix.

As the temperature rises, spend less time worrying about your scalp and hair by following these simple, summer hair care tips!



Strolling through

ASIA



Exploring Southeast Asia is a treat for travel lovers as this region is full of scenic beauty, picturesque beaches, rain forests and exotic

luxuries. Even, if you want to enjoy the hustle and bustle of lively cities or want to escape into the serenity of nature, or want to explore the culture and history, this region

has much to offer. Here is just a glimpse of some of the major capital cities of the region and their striking attractions.

MALAYSIA - KUALA LUMPUR

Malaysia's capital, Kuala Lumpur is a blend of modern lifestyle and traditional existence; an intriguing colonial history and the diverse cultural mix, makes Kuala Lumpur one of Asia's most enthralling capitals.

Strolling through the streets of Kuala Lumpur you can get a glimpse of some of the most unique religious, cultural and historical attractions.

The Twin Towers or Petronas Towers have now become a landmark sight as these towers had the privilege of being the world's tallest building from 1998 to 2004. These towers are linked with a glass walkway on the 41st floor and give a bird's eye view of the surroundings. The buildings host many other attractions such as an aquarium, and the mall, which are worth visiting. Menara Kuala Lumpur or Kuala Lumpur Tower is another popular and recognizable structure as the fourth tallest telecom tower in the world. The interior is a vibrant reflection of Islamic heritage with archetypal floral and abstract patterns. The Friday Mosque, Masjid Jamek, and National Mosque, Masjid Negara are popular sights to visit because of their grand design and stunning structures. Similarly, Sultan Abdul Samad

Building with its unique and distinctive design has been a famous attraction for Kuala Lumpur. The Old Railway Station with its domes and minarets is a compelling sight and the perfect backdrop for some memorable pictures of this amazing place.

In contrast to these modern structures, National Museum or Muzium Negara is a must see to get interesting information about Malaysia's rich history and culture. Kuala Lumpur's Central Market and The China Town at the vibrant and bustling Petaling Street are excellent places for shopping and exploring local and Chinese culture. The blue and pink pastel Art Deco Central Market originally served as the city's largest fresh produce market, built in 1888 but since then it has expanded considerably from its original size. Today, its many sections house a stall-style market, the Lorong Melayu, Straits Chinese, and Lorong India located in the west wing. At the back of the building, there is The Annexe, it houses art galleries, theatre and music performance spaces, and arts and craft shops. So, it serves as a major hub of artwork and traditional performances from the region and by international artists.

Kuala Lumpur is full of art and cultural

attractions. With its Islamic Art Museum, Istana Budaya- the National Theatre, and National Art Gallery - Kuala Lumpur certainly becomes a treat for art enthusiasts and gives excellent exposure to contemporary art and cultural heritage of this area of the world in particular.

One religious structure to admire is Sri Mahamariamman Temple. It depicts legends of early Hinduism and has decorative designs and carvings of Hindu god and goddesses with accompaniments in gold and precious stones. Another religious must visit place Thean Hou Temple is one of the largest Chinese temples in the region. Kuala Lumpur is not just about religious or historical places or sky scrapers, in addition it has wonderful parks to admire and visit. One of the most popular parks is Lake Gardens, where one can enjoy world's largest Bird Park, Butterfly Park which hosts thousands of colorful creatures in natural habitat, Deer Park with roving variety of deer, Orchid Garden or Taman Orkid, is a floral paradise on earth. Last but not the least, it has the National Planetarium and Observatory with a telescope to observe heavenly bodies, while exhibits include displays from the world of space sciences.





• SINGAPORE

One can think of Singapore as the city of sky scrapers with modern and vibrant shopping malls but it has much more to offer. To get a panoramic view of Singapore, Singapore Flyer is the right choice since it is the world's highest Ferris wheel. The city's tropical weather and the assortment of Chinese, Malay, and Indian culture provide an opportunity to explore an array of exotic food, vibrant city life, and experience different cultures in one place. Visits to Chinatown heritage Centre and National Museum of Singapore are worthwhile. Both the venues have ample resources on history and culture worth exploring. To experience the religious diversity, there are numerous temples,

mosques and cathedrals to visit. Fort Canning Park is another wonderful place which is a landmark sight to trace the history of British rule and its ruins. One of the landmarks of Singapore is Orchard Road with its luxury shopping malls, cafés and a variety of restaurants, it is not a sight to miss. Marina Bay is another place where one can experience world class casinos and bars. For more historic experiences, Club Street and Ann Siang Hill are the best available options. If you are in the mood to explore the outdoors several options are available such as hiring a canoe or taking a trip along Singapore river on a bumboat. These could be one of the best ways to explore contrasting historical and modern

architectural styles in the city. Singapore is known as the Garden City since it has Gardens by the Bay which enclose a series of open air gardens, conservatories, and aerial walkways. For those who love nature, Jurong Bird Park has one of the largest aviaries in the region, where people can see several species of birds and experience organized bird shows. Another such place, in the Botanical Gardens of Singapore is National Orchid Garden which has the largest collection of orchids in the world. Free guided tours are also available at different times of the day particularly on the weekend. Another thing not to miss is the Night Safari as it gives an exciting opportunity to experience nocturnal wildlife, which is one of its kind.



• THAILAND - BANGKOK

With great food, a tropical climate, fascinating culture, majestic mountains and great beaches, Thailand is a magnet for travelers around the world. Bangkok, Thailand's capital, is a sprawling metropolis known for its ornate shrines and vibrant street life. Lively, striking and ever changing, Bangkok is a grand city where glorious shrines, historic markets, rooftop bars and amazing skyscrapers create an invigorating vibe that becomes an unforgettable experience. Among the glorious shrines and magnificent palaces, The Grand Palace and Wat Pra Kaew with their intricate architecture and astonishing

carvings are the most interesting sights that dominate the landscape. Wat Pra Kaew is the shrine that has the sacred Buddha image scrupulously carved from a single block of emerald. One place not to miss is Damnoen Saduak- one of the world's premier floating markets. This is where one can get firsthand experience of floating wooden row boats carrying fresh supply of fruits, vegetables, flowers and sea food. Another such place but with more color and vibrancy is Bangkok Chinatown. It has the maximum number of gold shops in the city and varied stalls selling numerous and exotic goods. Chatuchak Weekend Market is another must visit place. People gather here on

weekends to get good deals on household goods, souvenirs, Thai art, clothes, and food items. Even one can get the famous Thai massage here. Chao Phraya River and waterways is one of the most scenic areas. Traveling along the river on a boat gives one an opportunity to see the cultural life of the city from another angle. Bangkok holds many attractions be they in the form of architectural masterpieces, temples, stupas, museums, historical and cultural places or the bars, clubs, restaurants and exotic food stalls. It is certainly a place where east meets west and one finds that there is very little time and there's a lot more to explore.

• PHILIPPINES - MANILA

Manila has always been thought of as a crowded and polluted jungle of concrete and has never been recognized as a tourist destination. Even so, Manila is rapidly developing and has its own rich history and offers an exotic colorful experience of its multi-cultural heritage. The main tourist sites of Manila are located along Manila Bay. The Baywalk, a linear park adjacent to Manila Bay is famous for its legendary sunsets. At the northern end of the Bay, lie remnants of the old Spanish settlement of Manila, Intramuros. Intramuros contains some of the city's most interesting museums, ruins, and churches including the Manila Cathedral, the most

important church in the country. Another place worth visiting is Plaza San Luis, a reconstructed complex of buildings originally housed in Intramuros. It is a commercial complex consisting of Casa Manila, Casa Urdueta, Casa Blanca, Los Hidalgos and El Hogar Filipino. It gives excellent opportunities to explore Filipino-Hispanic Architecture, historic museums and souvenir shops. Manila also has one of the largest Chinatowns in the world, where one can find exotic Chinese goods and delicious cuisine. Best way to explore Manila is via Metro Manila. This do-it-yourself tour provides a panoramic view of the city almost 15 feet above the ground level,

altogether a different angle and perspective. To experience true culture and heritage of the country one must visit Manila Central Post Office, National Museum of the Filipino People, Bahay Chinoy (Chinese House), and Manila Metropolitan Theater. Above all one shouldn't miss Rizal Park more widely known as the Luneta. The Luneta is the venue for the national museums, bayside restaurants, an open-air theater featuring free classical music concerts and acclaimed international films, a planetarium, a night ballroom, as well as Japanese, Chinese, Filipino gardens, an aquarium, and a children's museum.



• INDONESIA - JAKARTA

Indonesia with its string of 17,000 islands ensures an interesting experience in terms of landscape and with only 800 of those, actually inhabited islands, there is considerable variety in choice of adventures, whether historical, cultural or the wild. Traditional at one end yet modern at another, Jakarta, the capital city of Indonesia exhibits clear diversity in its contrasting linguistic, cultural and religious traditions.

The Old City area known as Kota in the old Batavia quarter is surrounded by colonial structures which have now been converted into history and art museums. The main square bustles with street entertainers, old-fashioned bicycle rentals, artists and food vendors – a treat for tourists to experience and explore the local culture and life style, on the weekends. Visit the Sunda Kelapa Harbour, the old spice trading seaport which is rich in history and the best way to explore it is, on foot.

For another trip down history lane and a must see sight is the Maritime museum known as Museum Bahari in the native language. Other places worth exploring are Freedom Square, the largest mosque in Southeast Asia Mesjid Istiqlal (Istiqlal Mosque) on Jalan Veteran, and the National Museum – Museum Gajah at Medan Merdeka. The museum houses valuable collections of antiquities, books, ethnographic artifacts, Hindu-Javanese stone statuary, prehistoric bronze ware and Chinese porcelain among other valuable pieces. If you are in the mood for something wild, a good option is to go on a monkey or tiger safari in dense forests on secret islands with white sandy beaches, swaying palm trees and emerald green waters.

• Conclusion

There is more to these capital cities of Southeast Asian nations. Every capital is distinct in its nature, feel and background. These pages are not enough to give details of what you can enjoy and explore by traveling to these multicultural capitals of the world. To get a real taste and experience, one must travel to these beautiful capitals of the world, personally.



BRIGHTEN UP *your* SPACE

A afraid of using color in your own home? Don't know how to handle the rainbow outpour? The truth is, it may appear a daunting task to accomplish, or may seem a gaudy option with a seemingly obvious outburst of an intense, flashy kaleidoscope, but this outburst of color isn't as gaudy as it sounds

and neither is it difficult to achieve. These splashes of color are the most sophisticated and articulate way to add accents to your space. As the weather is changing, it might as well be the perfect time to change the look and the décor of your living space, with splashes of colors here and there, to keep the drab away and bring in some sunshine. Here are some easy tips and tricks to add some pop of color to your home...



Artsy Art

A big bold & colorful painting can bring an instant flair and immediately change the vibe of any space. Whether hung on the wall, over the sofa, or elsewhere in the room, a painting can create an impact with a strong focal point and simultaneously add color and dimension. To add a professional touch to the décor, pick up a few of its colors in accessories, like pillows, to highlight the piece even more. You can also create your very own colorful master piece just by picking up a pre-stretched canvas and some paint at a crafts store and splash on the colors you desire.



Throw Pillows

To perk up the palette of your home with colorful design and decorating ideas, throw pillows in contrasting colors are key to creating stunning, dramatic rooms. Pair purple with yellow, blue with orange, and red with green. These combinations — while not for the color-shy — are guaranteed to really show off a space. A vibrant throw pillow can transform an entire room's decor and deliver a bold color statement. Throw pillows are a simple way to add a splash of color and comfort to any room. Mix and match patterns and solids to create a dynamic contrast. Combining colors that are direct opposites on the color wheel intensifies their impact. Pillows should be generous, overstuffed and formable, make sure to use soft, plush, down-filled pillows that can take a shape.



Plant Kingdom

They not only clean your living space, but plants also tend to go beyond their primary purpose; they add nature's most naturally colorful element into the monochromatic walls. Place any type of fern or the wide range of indoor plants and see the difference instantly. The plants and miniature trees are making a huge comeback on the design front... Top designers are putting plants and trees into living spaces not just as an afterthought but as an intentional part of the design. The good news is there are innumerable varieties to choose from, whether you are drawn towards the floral variety of plants or ferns are what fascinates you the most, the leafy greens are the best organic décor option to try out now.



Floor Fashion

A beautiful and bold area rug can definitely pull together a complimentary colorful look. To coordinate your overall design style, make sure that the size of the rug is not menacing, otherwise it will dominate the room. A colorful rug of average size instantly adds color, texture and style to your space and provides a focal point to capture interest. It can also change the look of the space in a whole different way, for instance horizontal stripes on the rug help a narrow space feel wider, similarly a long rug, instantly complements the room with a dramatic impact. A large, colorful patterned rug really anchors a room and makes it more vibrant. You can base a whole design theme on one gorgeous rug; clear out the space, add the rug, and in that single move, you've added color, softness, and a palette to work from. Layer in neutral furniture, window treatments and accessories to complement the rug's color tones, to balance and harmonize the final look.



Freshen With Flowers

Flowers perhaps are the best and easiest solution to perk up any space. Whether fresh or faux, flowers are the most natural and versatile way to add color. They not only add color but texture as well, in addition to lending a fabulous freshness to your living space. In making your choice you can go seasonal or opt for a favorite hue or type of a flower. Summer flowers are the most diverse, offering a range of colors and arrangement ideas for decoration. There is also a considerable range of styles in which you present them, for instance one can do so much with wooden boxes, colorful planters, hanging baskets, pretty colorful vases and unusual containers. Tall stems with blue flowers in a tall urn or white daisies in a glass vase tinted blue or orange, orange lilies in a simple glass or orchids, purple lilacs in a woven basket or pink carnations in green bottles, a mixed bouquet of flowers and the options are endless to express your personality in elegant, colorful and joyful ways.



All Lit Up

Light fixtures and lamps are another decorating tool in your toolbox to pull out and change the look and the feel of a room entirely. When you think of jazzing up a room, lamps are bright, they're functional, plus the fashion and fabric of a shade offers lots of design possibilities. Choose a great vintage base and keep it cool with a white drum, or top a mellow black base with a funky design of your own. The ceiling's the limit, really. Why don't you splurge on that funky chandelier or the intricate crystal one you've had your eye on? Introduce a pop of color to your color scheme by matching a colorful wall lamp, or add an elegant touch with a floor lamp. Designers often use monochromatic colored lights to delineate or set apart one space from another. You can also create mood with adjustable lighting and drive focus with spotlights.



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GOURMET GRIND

There's a sense of panache to the word gourmet. It nudges the mighty buds with visions of refinement, satiety and comfort... fires up one's imagination and stirs the senses that drive one to experience the ingenuity and creativity of the art that invites, stimulates and gratifies, from the plate to the palate. The flavors and aromas of spices, vegetables and the choicest of meats blended to perfection, aesthetically balanced

to complement each other and designed to tempt the most discriminating of palates, make up epicurean finesse. Whenever one talks about crafting delicious meals, a popular choice for more than half of the population around the world is made up of a variety of meat proteins... from a number of proteins being sourced from the sea to the ones that are found on land, with some types of proteins geographically more penchant than others. When it comes to the Middle East the

most desired form of meat is undoubtedly lamb... Lamb meat typically offers a mild flavor preferred by the meat connoisseurs. Lamb is also a staple in Mediterranean diets, which is believed to be the world's healthiest diet because of its ability to lower the risk of cardiovascular diseases. We have selected some of the finest Lamb recipes for you to try this season and bring the delicate taste coveted by many directly to your table... with an Arabian/Mediterranean twist and a Moroccan finish!

Greek Style Roast Lamb



Ingredients

2 kg leg of lamb
1 lemon, halved
2 1/2 tablespoons olive oil
1 large garlic clove, crushed
6 brushed (seabago) potatoes, peeled, cut into thirds
1 tablespoon dried oregano
1 bunch baby carrots, trimmed

Method

Preheat oven to 220°C. Place the lamb in a large baking dish. Use a sharp knife to make 10 x 4cm incisions into the lamb.

Juice 1 lemon half. Combine with 1 tablespoon oil, garlic, salt and pepper. Cut remaining lemon into 10 small pieces. Push lemon pieces into incisions. Brush lamb with oil mixture and roast for 15 minutes.

In the remaining oil, toss potatoes, oregano, salt and pepper. Arrange potatoes around lamb. Return to oven and roast for 40 minutes.

Add carrots to roasting pan with lamb and potatoes. Roast a further 20 minutes. Remove lamb from oven. Increase oven temperature to 230°C.

Cook potatoes and carrots a further 15 minutes or until crisp. Cover lamb loosely with foil and rest for 15 minutes. Carve lamb, serve with potatoes and carrots.

Courtesy: www.taste.com.au

Ingredients

1.5kg lamb shoulder, diced
1 large Spanish onion, grated
2 garlic cloves, crushed
1 bunch coriander, leaves chopped
1 cinnamon stick
1 teaspoon ground cumin
1 teaspoon ground ginger
1 teaspoon paprika
1 teaspoon saffron threads
120ml (6 tablespoons) olive oil
1 large piece orange peel
800g chopped diced tomatoes
2 tablespoons tomato paste
375ml Beef Stock
1 bay leaf
30g butter, diced
2 tablespoons honey
240g can chickpeas, drained, rinsed
1/2 cup green olives
Chopped mint, to garnish

Method

Combine lamb, onion, garlic, coriander, spices, oil and 1 teaspoon salt in a bowl. Cover and refrigerate overnight. Preheat oven to 160°C. Heat a non-stick frying pan, add lamb in batches and fry until lightly browned all over. As meat is cooked, place in a tagine or casserole dish. Add orange peel. Drain tomatoes, reserving juice. Set tomatoes aside. Combine juice with tomato paste, then add to meat with stock and bay leaf. Cover and cook in oven for 1 1/2 hours. Use a slotted spoon to transfer meat to a plate. Place dish over high heat (if you are using a tagine you will need to transfer the liquid to a frying pan). Add diced tomatoes and butter and reduce for 2 minutes, then add honey, chick peas, olives and meat. Cook, stirring, for 1-2 minutes. Garnish with mint.

Courtesy: www.taste.com.au

Lamb Tagine

Ingredients

1 1/2 cups Chicken Stock (Reduced Salt)
A pinch of saffron threads
1 teaspoon olive oil
1 medium brown onion, finely chopped
2 garlic cloves, crushed
300g lean lamb mince
1 cup Basmati Rice
1 cinnamon stick, broken in half
1/3 cup sultanas
400g butternut pumpkin, peeled, cut into 1cm pieces
125g green beans, trimmed, halved
3 medium tomatoes, chopped
2 tablespoons slivered almonds, toasted

Method

Bring stock to the boil in a saucepan over medium-high heat. Stir in saffron. Heat oil in a large, heavy-based saucepan over medium heat. Add onion and garlic.

Cook, stirring occasionally, for 6 to 7 minutes or until onion has softened. Increase heat to medium-high. Add mince. Cook, stirring with a wooden spoon to break up mince, for 4 to 5 minutes or until browned. Add rice, cinnamon, sultanas and stock mixture. Bring to the boil. Reduce heat to medium-low. Cook, covered, for 12 minutes or until liquid has almost been absorbed. Meanwhile, place pumpkin in a heatproof, microwave-safe dish. Add 1/4 cup cold water. Cover and Microwave on high (100%) for 4 minutes or until just tender. Drain and transfer to a plate. Cover and set aside. Place beans in a microwave-safe dish. Drizzle with 2 tablespoons cold water. Cover & Microwave on high (100%) for 2 minutes or until tender. Stir pumpkin, beans and tomato through rice. Cover and set aside for 5 minutes.

Lamb Pilaf



Remove and discard cinnamon stick. Serve, sprinkled with toasted almonds.

Courtesy: www.taste.com.au

For that perfect end to a hearty lamb meal, we suggest you try the flavorful Moroccan mint tea at home. It is sure to bring that minty taste much needed after a heavy meal, and of course the very idiosyncratic appeal of the tea drinking ritual...

Maghrebi (Moroccan) Mint Tea

In a teapot, combine two teaspoons of tealeaf with half a liter of boiling water. Let it steep for at least 15 minutes. Without stirring, filter the mixture into a different stainless steel pot to remove the leaves and coarse powder. Add sugar if you prefer sweet tea. Moroccan tea is usually very sweet, with approximately one teaspoon of sugar per 3

ounces of tea. Bring to a boil over medium heat. This important step allows the sugar to undergo hydrolysis, a process that gives the tea its distinct taste. If desired, add fresh mint leaves to the teapot or directly to the cup. Remove the fresh mint within two minutes, otherwise it might give some people acid reflux. Traditionally, the tea is served in small glass vessels and the flavor evolves from gentle to strong to bitter as the ritual unfolds. Pour the tea into the glasses while holding the teapot high. This creates foam on top of the glass, aerates the liquid and enhances its flavors, while showing off your skill as a tea master. Enjoy. Courtesy: www.organicauthority.com



The Perfect ending!



HAUTE COUTURE

Autumn-Winter
2015/16

*Check out the exclusive photos of the Haute Couture
Autumn-Winter 2015/16 collections from top fashion
designers of the world*

ELIE SAAB

Jean Paul
GAULTIER

ATELIER
V E R S A C E

VALENTINO

RALPH LAUREN

ZUHAIR MURAD

RAMI AL ALI

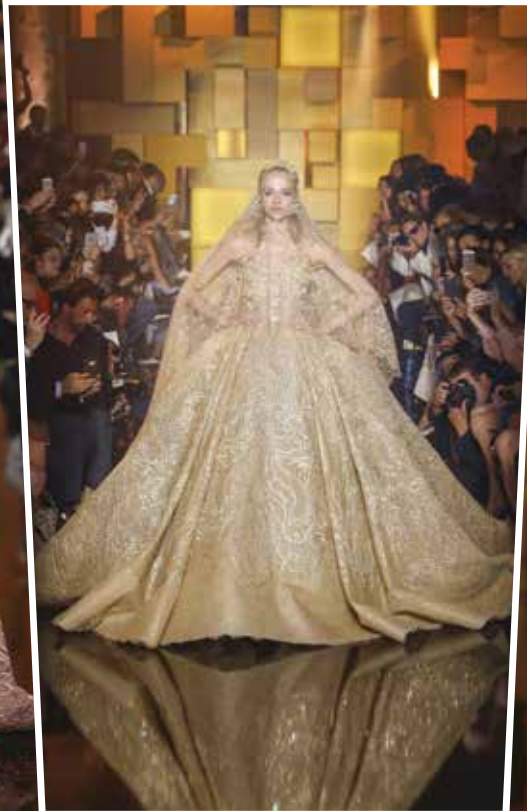
ELIE SAAB

Haute Couture Autumn-Winter 2015/16

Garlands laced the golden locks of the models' hair, their silhouettes cast in a Midas touch of gold leaf and intricate embroidery. With this Fall-Winter 2015 Haute couture collection, the designer came back to his beginnings, to the birth

of his couture maison, with a touch of gold everywhere. The House has always been synonymous with pure refinement, extreme femininity, and unique artisanal know-how. Gold being the common thread of this collection: embodying everything luxurious,

it was present in many forms, on beautiful arabesques sewn on the dresses or as exquisite headpieces. With each look, there was something of the Byzantine elegance and luxury.



Jean Paul GAULTIER

Haute Couture Autumn-Winter 2015/16

Jean Paul Gaultier's new haute couture collection is deeply influenced by the region of Brittany in France. The traditional Breton striped sailor sweater has become his brand's trademark, adorning everything from his perfume bottles to the

poster for his fashion Retrospective Exhibit in Paris. On the stage the references multiplied with pinafores, sailor jackets, and clogs... The trouser suits celebrating the famous costumes follow one after the other with velvet as the material in focus,

whilst the distinctive embroidery is found everywhere even on the boots. The round shape of the galettes is evident in the shape of the skirts, and of course we find mariner stripes, even on the tights.



ATELIER

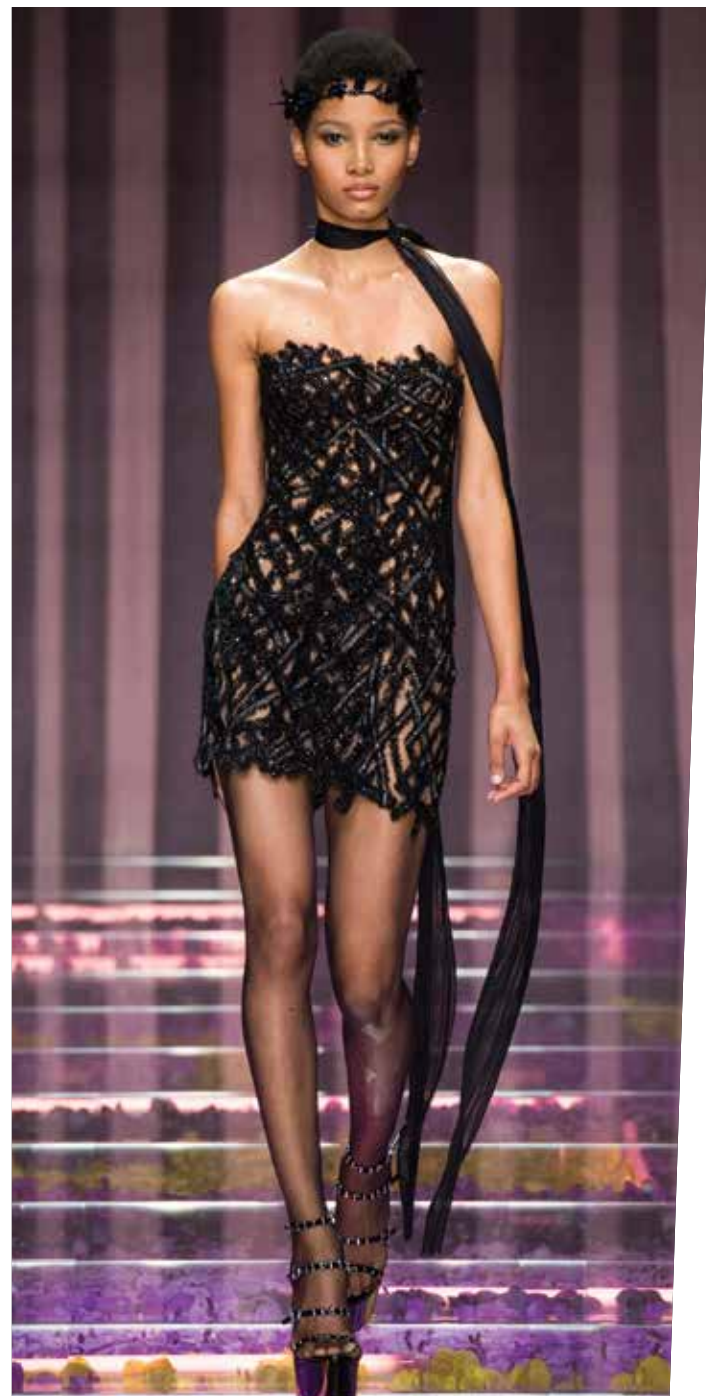
V E R S A C E

Haute Couture Autumn-Winter 2015/16

The house of Versace was the first to lead the haute couture festivities in Paris, launched with the new Atelier Versace collection showcased on a runway embellished with multicolored orchids.

Playing down the house's signature sexiness making it less fierce, Donatella Versace came up with a collection that played with controlled abandonment. Loose hair, with a floral crown around the head, the girls

marched in dresses, embroidered with Swarovski crystals on layers of chiffon and silk, all in shades of deep dusty pink and sea green.



VALENTINO

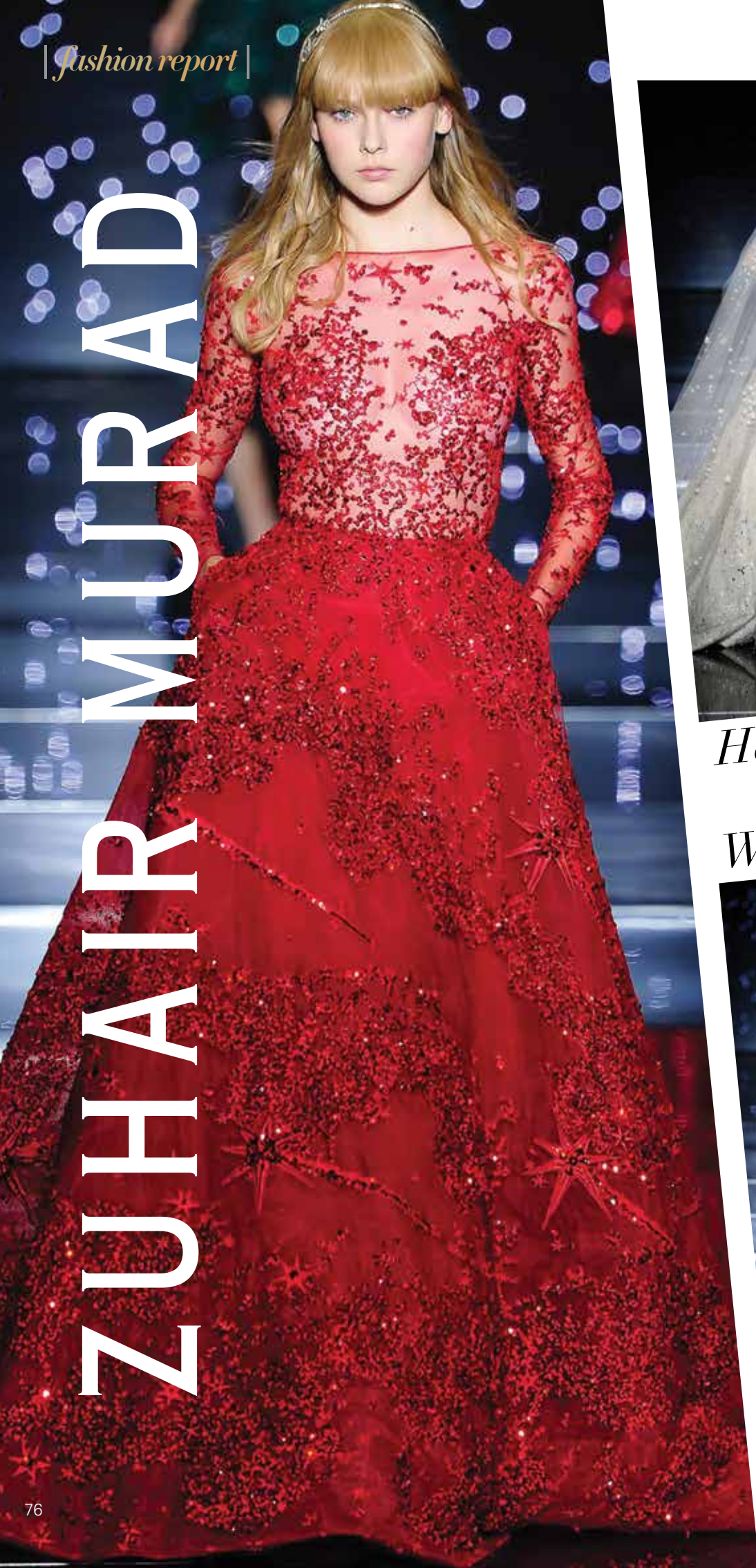
Haute Couture Autumn-Winter 2015/16

Valentino showcased their haute couture collection in their native hometown, Rome. The designers Maria Grazia Chiuri and Pierpaolo Piccioli paid homage to the Italian city with a succession of asymmetrical

dresses in black lace and plain velvet, floaty sun pleats and pointed shoulders, decorated in graphic designs or bearing an eagle motif or suggesting it, worn with flat gladiator sandals, jeweled crowns and gold necklaces.



ZUHAIR MURAD



*Haute Couture
Autumn-
Winter 2015/16*



Lights on the runway acted as stars in a galaxy as the models floated down the runway in Zuhair Murad's Haute Couture collection. Jeweled belts, evening gowns embellished with crystals and shimmering appliques, the collection pays tribute to the fusion of light and stars... resembling the starry night painting by Vincent Van Gogh. Fluid, light fabrics complemented by lavish velvet ones and tight, embroidered dresses paired with tone on tone furs. While, the finale was truly a fairytale ending with a Cinderella wedding gown.



RALPH LAUREN

FW 2015 Collection

“For Fall 2015 Collection I wanted to create a sensual, textural world, a warm cozy winter wonderland of strength and dimension. From lush sophistication to the nomadic romance of artisanal shearlings to the pure spirit of simple elegance, I’m

inspired by the woman who dares to express her individuality with bold creativity.”

An inspiration that led to the creation of a sophisticated and glamorous collection of turtle-necks, cable-knit tops, ponchos, slim skirts subtly embellished with native

American beadwork and the resulting artisanal looks complimented by straight pants of worsted wool, flannel and leather. The outerwear including trapper hats and pelt ponchos were crafted using shearling, as the designer plans never to use fur.



RAMI ALI

Couture Collection Autumn - Winter 2015/16

Rami Al Ali returned to Paris with his Autumn/Winter 2015/16 couture collection. The Syrian designer's eighth consecutive presentation in the French capital, the twenty-piece collection drew its inspiration from the iconic 40s and 50s, re-imagining silhouettes with graphic interpretations of art deco. Echoing the timeless elegance of Hollywood's golden era, fabric manipulation was key as stiff boucle and satin de chez were deconstructed, modernized with regal capes and sharp cuts which contrasted with vertically draped skirts in soft muslin. Befitting Al Ali's signature feminine aesthetic, full length gowns artfully cascaded and shorter cocktail dresses were moulded to curved contours, whilst coquettish pleats and flourishes projected from hips, reminiscent of the quirky elegance embodied by classic muse Audrey Hepburn. Luxurious fabrics swept around the body, offset with structural elements and peppered with geometric beadwork, lending the collection a sumptuous yet functional feel and emphasizing the raw beauty of the feminine figure.



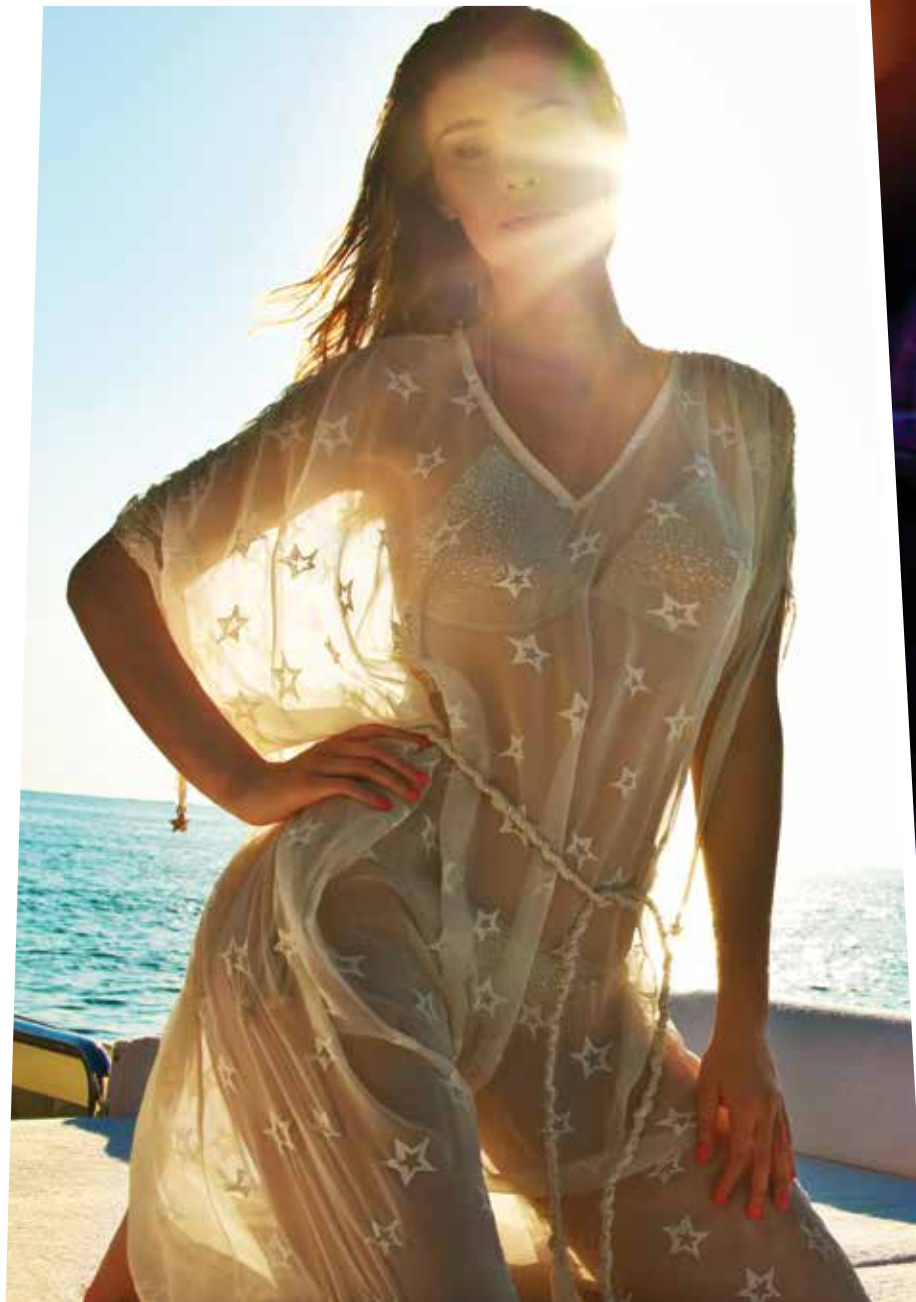
GLAMONYOU

Luxury Resort Wear

Dubai based design house GlamOnYou has launched its 2015/16 chic and sophisticated resort wear collection designed to give a confident and effortless look from top to bottom! Nadine Arton, the

talented designer behind these beautiful creations was inspired by luxurious holiday destinations such as the stunning Maldivian islands, the tropical Seychelles and the vibrant city of Marrakesh, with

each influencing the collection in different ways. Attention to detail when it comes to fabrics and creating each piece is something Nadine feels very strongly about.



WATCH & JEWELRY



Collections

Inspired pieces to unique and exceptional creations, contemporary gem stones to innovative and revolutionary designs; check out our selection from the latest high-end jewelry and watch collections

Jaeger-LeCoultre - Rendez-Vous Ivy collection

Jaeger-LeCoultre's Rendez-Vous Ivy collection is truly unique, every timepiece in the collection benefits from an integration of three elements: classic aesthetics, a mechanical calibre equipped with one or more complications, and Métiers Rares® (Rare Handcrafts), bringing their own particular touch of grace. With its leaves that never fade, ivy exudes a special vitality, making it the very embodiment of eternity in many cultural fields. Jaeger-LeCoultre chose an elegant, contemporary plum shade to enhance the complication as well as the organic lacework decoration. Highlighted by translucent enamel, this plum color is further enhanced with the sparkle emitted by the bezel setting, lugs and the crown.



KARL LAGERFELD Summer 2015 Collection

Effortlessly fashionable and stylishly chic, KARL LAGERFELD's Kolor collection consistently delivers uniqueness and style. Kolor tastefully blends sleek neutrals with vivid shades of purple and reddish-pink for a truly unique look. Collection favorites Graphik and Petite Stud stand out in dynamic new ways in this KARL LAGERFELD story.

Jade – the Ulysse Nardin Manufacture Caliber

Jade is the signature timepiece in the Ulysse Nardin collection for ladies and marks a first in Ulysse Nardin history. Unique in concept, it is designed and built in such a way that it does not call for pushing or pulling of the crown to set the date and time. Drawing on the inventive spirit of Ulysse Nardin, silicium technology is used in the development of the base caliber, escapement wheels and Swiss anchor.



SAINT HONORE Audacy

The new Audacy watch by SAINT HONORE captures the attention with its resolutely innovative character. The perfectly round 37mm case is particularly eye-catching. So too is the "Clous de Paris" decoration that embellishes the bezel. Audacy features sublime guilloché dials in charming colors, in red, navy, silver, beige or black. Each one is decorated with hour-markers and silver-plated hands for perfect readability.

Trussardi watches T01

The two Italian companies Trussardi and Morellato Group, have established a partnership for the design and production of new Trussardi timepieces. The T01 collection is composed of ten men's watches and eight women's watches, all Swiss-made and water resistant. The understated, refined ladies' watch collection features bracelet watches with a butterfly clasp and a push button as well as watches with a leather watch band and prong buckle, which is a signature detail of Trussardi accessories. Steel is paired up with a refined dusty blue dial, while a black crocodile leather watch band adds a distinctive touch to an elegant rose gold and diamond case.



Fendi Crazy Carats Limited Edition

The 2015 limited edition Crazy Carats watch is all about elegance, luxury and craftsmanship. Precious diamonds and colored sapphires glint from the softness of mink, in a tribute to the timeless heritage of the fur at the Roman Maison. The luxurious Crazy Carats limited editions are rare pieces - only fifty will be made, each engraved with its own number and with a signed note from designer Silvia Venturini Fendi.



Roger Dubuis Velvet Haute Couture

Precious and exclusive Haute Horlogerie is a theatre in which the Manufacture Roger Dubuis has every intention of playing a starring role. The three new Velvet Haute Couture limited editions, include Velvet Mink Fur, Velvet Corsetry and Velvet Passementerie – illustrates an evocative facet of the Diva that lives in every woman. Taken together, they create a dressy, sophisticated and eminently feminine look that appeals to contemporary "femmes fatales"... Women who are fully aware of their seductive powers and attracted to glamorous designs and ultra-feminine materials, yet who are also drawn towards timepieces with a mechanical heart such as the self-winding RD821 calibre, setting the pace for these three Velvet Haute Couture 88-piece limited editions.



Charmex Gold Ingot collection

Captivating the senses with its luster, the Ingot collection by Charmex boasts timepieces with a fineness of 999.9 1g or 2g solid Gold bullion set inside a rich champagne colored dial that adds a matte sheen against the glossy gold of the bullions. This collection comes with a 5 micron yellow gold plated bracelet or a genuine leather strap.



ARMANI / Dada

Seven Seas - Van Cleef & Arpels

From peaceful shores to the open sea, the ever-changing spectacle of the waves and the grace of the sea's denizens have captivated the senses to inspire a new collection of High Jewelry: Seven Seas Van Cleef & Arpels. Like a travel memoir, it brings together treasures and impressions, transposed into jewelry in the language of gems like sapphires and pearls. In a cascade of blues, the distinctive sparkles of the Adriatic and the Mediterranean stand alongside those of the Caspian and Arabian Seas captured in the form of waves rising high. The far reaches of the Atlantic and the Indian Ocean have inspired streams of light, while dazzling associations of materials evoke the Red and Black Seas.



Carrera y Carrera Alegoría

Dream jewels that create a universe of mystery and sensuality, Alegoría by Carrera y Carrera is a collection composed of earrings, rings, and necklaces that stand out for their trendy combination of white and yellow gold with pink sapphires and diamonds. Alegoría collection by Carrera y Carrera pays tribute to eternal femininity with jewels that are characterized by dynamic volumes and harmonious profiles full of movement.



Summer Glamour by Mouawad

Mouawad's glamorous yellow diamond engagement collection sparkles with warmth, shimmer and elegance. Exceptionally beautiful and graceful, the range of earrings, rings and pendants put the unique yellow diamond at the center of an artistically wrought 18k white and yellow gold setting. The results are irresistibly romantic, luxurious and a la mode. There's no better way to celebrate summer love.



Secrets & Lights – A Mythical Journey by Piaget

Entitled, "Secrets & Lights – A Mythical Journey by Piaget", the new Piaget Haute Joaillerie and Haute Horlogerie collection celebrates the history of the silk route and the wide expanse of cities and cultures that the ancient route encompasses. The new collection is inspired by two legendary cities, Venice and Samarkand. Chosen for their cultural wealth, architecture and creativity, each place provides a remarkable field of expression from which the exceptional artisans in the workshops of the Piaget Manufacture have been inspired.



Chantecler - Maiolica collection

The latest collection from Chantecler - Maiolica presented by ISTANA, is inspired by the brightly decorated and glazed terracotta tiles found on the island of Capri, the luxurious Italian seaside town which is the jeweller's home and his inspiration. The Maiolica Collection represents the core elements of Chantecler's timeless creations, unique pieces of high jewelry and exclusive iconic prêt-à-porter jewels. The latest collection was created using precious materials combined in a creative pattern of pure white kogolong, dark blue sapphires, prized diamonds and glowing turquoises, along with gold and titanium, which together give these works of high jewelry a unique appearance.

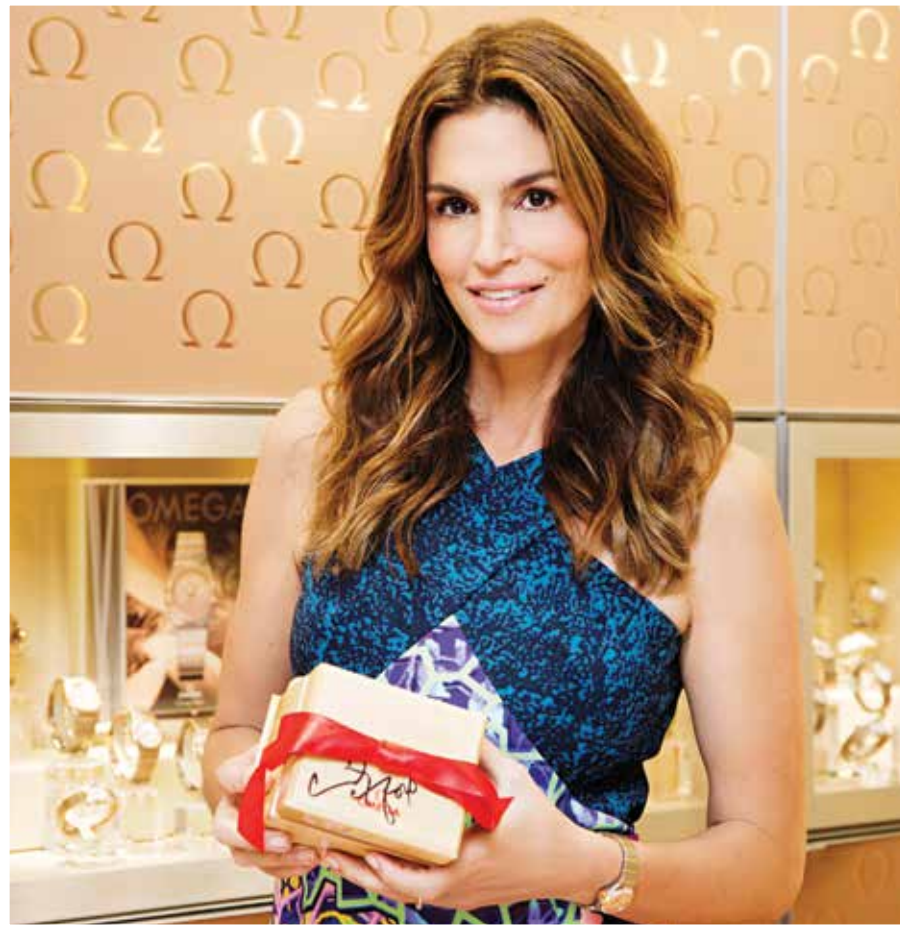


Gemme Couture - Gem Candy Love

Just in time for summer, Gemme Couture's Candy Collection is elegant yet fun and tasty. A beautifully designed range of exquisite gemstones, set in hand-hammered gold, bezel settings in eye-catching colors; playful, stylish, unique, versatile and absolutely full of joy. There is a stone and design for everyone. The colorful collection is ideal for elegant and fun every day wear, conveniently adaptable from home to work, to beach, to party.



CINDY CRAWFORD at OMEGA Boutique in Mumbai



With her world renowned elegance and style, OMEGA brand ambassador Cindy Crawford was at the OMEGA boutique in Mumbai to launch the new Constellation Pluma Collection. Looking as stunning as ever, the model graciously posed for photographs while showcasing the new timepieces by the luxury Swiss watchmaker. Celebrating her 20 year partnership with the brand and the launch of the new collection, Cindy said, "I am amazed to see how Mumbai has changed since 1998 and yet it feels so familiar, bringing back some beautiful memories from my last visit here. The warm and welcoming nature of this city has drawn me back again, and I'm so happy I could be here to celebrate the launch of this magnificent collection."

STELLA MCCARTNEY & Sally Hansen

As the exclusive nail sponsor of Stella McCartney Collections in 2015, Sally Hansen continues to collaborate with the designer to present clean, sleek head-to-toe looks for the New York runway. Sally Hansen compliments Stella McCartney's silhouettes of modern femininity with a gorgeous bare look that adds the perfect glow that is trending this spring season. Global Color Ambassador, Madeline Poole, added a natural light-infused shimmer to the runway, boasting a semi-transparent nude, manicured nail with a pearly silver dimension. The perfectly illuminating shade choice was from Sally Hansen's Complete Salon Manicure Collection.



ABDULLAH AL GHURAIR Education Foundation

Reflecting his commitment and dedication on the occasion of UAE Humanitarian Work Day 2015, one of the UAE's most respected business figures Abdullah Ahmad Al Ghurair donated one third of his assets to equipping Arab youth with the knowledge and skills they need to become the leaders of tomorrow and drive the sustainable development of their communities. The Foundation will invest in innovative high impact programs that improve the quality of education at the primary and secondary levels while also helping a minimum of 15,000 promising Arab youth from underprivileged backgrounds pursue quality higher education for a value of 4.2 billion AED over ten years. "Education is the cornerstone of prosperous, progressive and inclusive societies, and essential for the sustainable development of our nation and the empowerment of our future leaders," said Abdullah Al Ahmad Ghurair.



AMERICAN HOSPITAL DUBAI earns record 6th accreditation



The American Hospital Dubai has earned its 6th accreditation by Joint Commission International (JCI), the worldwide leader in improving the quality of healthcare, following a recent JCI on-site survey by a team of international health care experts and representatives from medical, nursing and hospital administration. The American Hospital Dubai became the first hospital in the Middle East and the second in the world to be awarded JCI accreditation in May 2000 and since then it has successfully maintained its accredited status. JCI carries out surveys on its accredited hospitals every three years. Mr Peter Makowski, CEO of the American Hospital Dubai, said: "I would like to congratulate the entire hospital staff for presenting and representing the hospital so magnificently and showing the JCI survey team the high quality of care that our patients receive here. This is a very powerful testament to the quality of all our people and the pride we take in our work. JCI accreditation is an important way of assuring all our patients, corporate clients and the wider community, that we are providing the highest standards of US quality health care."

NEW EXCITING AND BIGGER RACE GRIDS for the *Radical Middle East Cup*

Radical Middle East Cup's distributor in the United Arab Emirates, AUH Motorsport is actively setting up great races with an impressive Radical driver line up for the coming 2015-2016 Radical Middle East Cup series. The extremely successfully race series that has been running for several years now has made a remarkable footprint in the motorsport world in the region. Carl Rolaston, Managing Director of AUH Motorsports stated, "The previous seasons of the Radical Middle East Cup have been very rewarding for us. We are really glad for the support of our sponsors to the sport as it attracts and arouses the interest of media and the public. Also, we are thankful to our drivers and supporters for being with us all these years."



DINEEQUITY INC. *Complete International Brand Evolution*



DineEquity Inc., one of the world's largest full service restaurant companies and the only franchisor with two leading brands in their categories: Applebee's® Grill and IHOP® Restaurants, is continuing its successful international expansion by announcing a brand evolution for both brands that will include every touch point of the guest experience. This evolution will be evident to guests who will see changes in everything from new creative positioning and advertising campaigns to

new restaurant and remodeled designs, food innovation, service culture, uniform, plates, cups and service items even music programming. These changes come as DineEquity plans for greater expansion of both brands in the Middle East which includes recent commitments from multiple existing franchisees to bring 24 additional Applebee's restaurants and 17 IHOP restaurants to the region over the next several years.



MULLINER LAUNCH LIMITED EDITION *Breitling Jet Series*

Bentley Motor's Mulliner division, Bentley's specialist bespoke department is taking luxury and performance to new extremes with the launch of the Continental GT Speed Breitling Jet Team Series. This exclusive series is available only in the

USA and is limited to just seven cars, each inspired by one of the seven Breitling Jets. Renowned for their precision, speed and daring stunts, this summer the Breitling Jet Team will be performing across the United States and Canada in a grand tour

of epic proportions. To commemorate this spectacle, Bentley's Mulliner division has re-imagined the Continental GT Speed to mirror the distinctive look of the Breitling Jets, fusing extreme customization with immense speed.



NAOMI CAMPBELL *Wears TheImpossible Lace*

Naomi Campbell wears the same look that closed the Atelier Collection catwalk during the Parisian couture fashion week, photographed by Mert Alas and Marcus

Piggott. A breath-taking ensemble made up of a long night robe and trousers in the 'Impossible Lace'. The exclusive theme of the La Perla collection was born from the

seemingly impossible task of reproducing a delicate and refined lace that dates back to the early 1900s, found on a vintage market. The difficulties created by the particularly elaborate design, not suited to the looms used today, were overcome by a maître dentellier from Calais, allowing La Perla to add garments as precious as jewels to its Made to Measure line. The modern charisma of Naomi brings out the uniqueness of the iconic one-piece for 2015, dubbed, 'the anchor' inspired by the shape of a stylised anchor reproduced in golden thread using the soutache technique. This couture interpretation of the world of beachwear forms part of the Atelier Collection and it has become a key component of the perfect look for a pool party, teamed with garments such as the sahariana jacket in silk organza.



LA MONTRE HERMÈS

partners with Al Manara International Jewelry



La Montre Hermès expands its presence in Abu Dhabi by partnering with Al Manara International Jewelry, the leading luxury timepiece and jewellery retailer. Hermès timepieces are now available at Al Manara International Jewelry's showrooms in Marina Mall, The Galleria and Yas Mall. The showrooms will house a selection of La Montre Hermès novelties and exceptional pieces, as well as its most iconic collections including the Arceau, Cape Cod, Dressage, and Heure H lines.



MAKE UP FOR EVER

with Cyrene Abdelnour

MAKE UP FOR EVER tied up again with the renowned award-winning Lebanese actress, Cyrene Abdelnour this year in Ramadan series "24 Kirat". The 30 episode series was aired this Ramadan on OSN Yahala HD and MTV, starring Syrian actor Abed Fahed, Lebanese actresses Maguy Bou Ghosn, Takla Chamoun and Lebanese actor Bassem Moughnieh and others. During the filming, MAKE UP FOR EVER brought the world of professional makeup from backstage onto the cameras where Cyrene appeared in the best looks for each episode.



TONI&GUY

new salon in Abu Dhabi



World-renowned hairdressing group, Toni&Guy has launched a new salon in Abu Dhabi. Conveniently located in Al Bandar, the salon is at ground level and boasts a sleek façade and contemporary interior in keeping with the brand's image, as well as scenic views of Al Bandar marina. The full scope of Toni&Guy's signature services, including expert cutting, styling and coloring along with in-depth, personalized hair care advice offer the complete, professional service the brand is celebrated for.

MONTBLANC

Launches Bohème Moongarden Under The Stars

Montblanc transformed the Orangerie in the heart of the famous Jardin des Tuileries in Paris into a magical and captivating Bohème Moon Garden. Under the stars, VIP guests including Montblanc brand ambassadors, Charlotte Casiraghi and Gwei Lun Mei joined the Maison for an unforgettable journey on which they discovered the elegant and feminine timepieces as well as jewelry from Bohème Moongarden. Evoking the captivating romance of the moon, the new collection is a poetic and alluring extension to the Bohème line launched in 2014, giving the contemporary Bohème lady new ways to express her femininity, sophistication, and her passion for fine watchmaking.



EMIRATI BUSINESS WOMEN *bring Talli craft to Italy's fashion week*

Sharjah Business Women Council (SBWC) attended Accademia Italiana's fashion show in Rome recently, where they showcased the Emirati craft of 'Talli' in their designs for AltaRoma AltaModa, Rome's celebrated Fashion Week. Accademia Italiana students, who showcased their flair for fashion, incorporated 'Talli' in their designs and a delegation from SBWC, who brought the craft to them, were there to cheer them on including Her Excellency Ameerah Bin Karam, SBWC Chairperson; Olimpia

Z. Tabbach Mascolo, SBWC Secretary General, Raghda Taryam, board member of Sharjah Chamber of Commerce and

Industry and Sally Denton, Development Senior Manager on Irthi ethical crafts council.



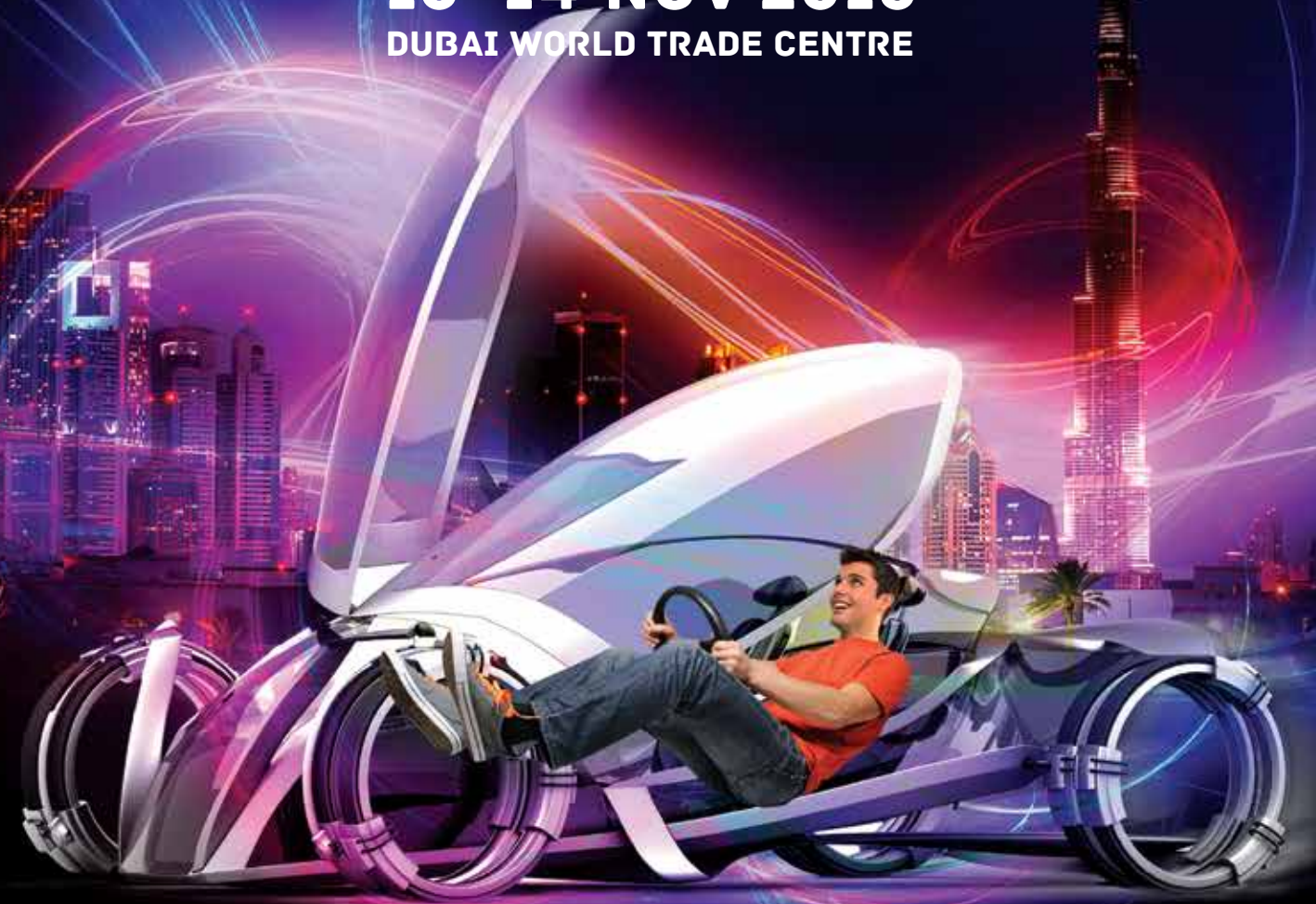
VACHERON CONSTANTIN *Collector's Dinner in Oman*



Vacheron Constantin, the world's oldest Haute Horlogerie manufacture recently held an elite and exclusive Collector's Dinner at the Chedi Hotel in Oman in collaboration with its retail partner in the country, Mistal. This exceptional event heralded the unveiling of Vacheron Constantin's New Harmony line and was graced by the brand's CEO, Mr. Juan-Carlos Torres and Managing Director of Mistal Mr. Dharmesh Khimji. At the event, the very first piece of the new collection was revealed and the launch was attended by niche collectors and VIP guests from all over the country.

DUBAI INTERNATIONAL MOTOR SHOW

10-14 NOV 2015
DUBAI WORLD TRADE CENTRE



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DDF IRISH DERBY



Colm and Breeda McLoughlin with HE Dr. Saeed Ali Al Shamsi



Tom, Jacqui and Ross Barry



Irish Ambassador to the UAE HE Patrick Hennessy with Pauline and Orla Hennessy



Carmel Horan, Breeda McLoughlin, Mary Crosby and Sinead El Sibai



Gillie and Stephen Lamprell



Gerald and Neasa Lawless



Siobhan, Annie and Donal Kilalea



Sinead and Jihad El Sibai



Herta and Ghaleb Farha





McLAREN 650S RAW POWER, REFINED.

Nothing drives like a McLaren because nothing has been designed like a McLaren. Our unrivalled knowledge of carbon fibre and race-honed techniques and technologies, enable us to innovate where others stick to well-worn methods. Reducing weight doesn't reduce strength. Power need not come at the expense of efficiency. Dynamic handling doesn't mean sacrificing ride comfort. A compact exterior doesn't have to result in a cramped interior. No other supercar adheres to such uncompromising philosophy. But then there are no other technology companies as uncompromising as McLaren.

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